

The Acton Free Press.

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The Acton Free Press

VERY THURSDAY MORNING.

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J. W. BARBER & BROS.,
ACTON, ONTARIO.

SUBSCRIPTION RATES.
FOR ONE YEAR, \$1.00
FOR SIX MONTHS, .50
FOR THREE MONTHS, .25

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FIRE INSURANCE.

The subscriber is prepared to insure...

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DRAY LOAD OF BABY CARRIAGES.

New Styles for 1890.

PRICES AWAY DOWN.

Also 100 Iron Wheel Wagons.

Strong, Good and Cheap.

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COUNTY OF WELLINGTON.

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Insurance Building, Merchants' and Manufacturers' Buildings.

W. STONE, CHAS. DAVIDSON, President, Manager.

JOHN TAYLOR, AGENT.

Select Family Reading.

The Corner Cupboard.

Money! Money! Money!

SPOT CASH.

Patent Medicines, Fancy Goods, Jewelry, Silverware, Books, Stationery, Library Books, Bibles, Hymnals, &c.

M. CARLISLE, Mrs. Secord's Block, Acton, Ont.

Coal & Wood.

JAMES BROWN.

YES! WINTER IS HERE.

W. J. LEE, The Tailor.

East End-Clothing Store.

W. Williams, Acton.

PUMP FACTORY AND PLANING MILL.

THOS. EBBAGE, Man.

Wellington Marble Works.

CLARK & CARTER.

Lumber and Shingles.

Agents Wanted.

FOUND IN GUELPH.

YOUR MONEY.

WANTED.

SALEMEN WANTED.

WATERS BROS.

THE PICTURE GALLERY.

Poetry.

What one will you marry?

But Mrs. Blackbridge was immovable.

For a week the Blackbridges never spoke to each other.

She stubbed to cook and look after things.

That he could not look his disapprobation of things.

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CHINESE BOYS AND GIRLS.

Rev. D. McCallister writes from Liching to the Presbyterian Record.

As I write I sit at a very good Chinese table with my Chinese teacher opposite me.

We have stopped studying, for I thought of the many dear little friends who like to hear missionary letters.

How nice it is that we can stop a while staring at my little bundles of cloth strokes they call Chinese words, and saying with a tongue which never wags as we wait, the sounds which issue from the mouth of our teacher.

We are learning Chinese, A, B, C, but you might learn 5,000 A, B, C's and yet you would not know all the words in the big dictionary at my elbow. I talk much more easily with you than I can with the man opposite, my teacher, who is always called Elder-How, not because he is older than you, but because the older you are the older he is.

The Chinese language is very musical if it is spoken right. The children do speak it so sweetly; the men speak more rapidly and use a great deal of "stang" as you Canadians say; this stang is very hard to understand; we must always ask our teacher to explain the Chinese.

What a gentleman? Say it is one of those who will talk at sessions and trust!

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COOKING MEATS.

BY ELIZABETH D. FARRAR.

Few housekeepers understand fully the importance of properly cooking meats, not only as a matter of taste, but of health.

It is a common error to suppose any one can boil a joint, roast a piece of beef, or broil a steak, yet few cooks ever attain perfection in the art.

Boiling is a very general mode of cooking meats, and in this way they may be made very palatable if properly done. Instantaneous to the temperature of the water and too early application of salt cause great waste of the meat, as well as injuring the flavor of the meat. To have a joint nutritious to the appetite, it should be placed in a large quantity of water, and when it begins to boil, and kept there until it will boil slowly but constantly until done. There should always be sufficient water to entirely cover the meat, which should be occasionally turned and closely covered. Salt should not be added until the meat is nearly done, as it extracts the juice, and renders the flesh hard and tasteless. The meat should be allowed to cool in its own juice, and then be served.

Roasting is a very delicious mode of cooking meats, but is almost unknown in these days, except an open fire place is convenient, and the following recipe may be given: Keep the meat at a moderate distance from the fire. See that it is kept continually turned and well basted with butter or meat drippings, as much of the richness and flavor depends upon this matter. When ready to remove from the oven, the fat should be evenly fried over it.

Baking is a more inferior way of cooking meat than roasting it, but is the usual method. To bake a joint, place it in a pan on a tripod, or clean block of wood, to keep it from the fire, and put in a hot oven; baste frequently. Allow fifteen minutes for every pound of beef, mutton and veal, and twenty minutes for the pound for pork and lamb. When ready to remove from the oven, the fat should be evenly fried over it.

Broiling is the most healthy and acceptable method of cooking meats, yet few cooks broil properly. A clear fire made with cinders or charcoal is necessary for cooking with a gridiron, the bars of which should be kept clean and smooth. There should be a space of four or five inches between the top of the fire and the gridiron; the latter should always be well greased with fresh butter. The meat should be turned quickly and often, to prevent waste of juice or scorching. Salt and pepper should be sprinkled on the last thing before serving. Broiled steak, ham or chicken for a meal is the last thing to be done, so it may have the cook's undivided attention, which is very necessary if dressed in perfection.

THE CRY CLOSET.

One of the rooms in a certain comfortable house is so small that I think it must be the boys and girls about it, in order that they may select one in their own homes for the same purpose. If their elders have not already thought to do so.

The room is a small dimly lighted one, known by the name of the "cry closet," and it is devoted to the use of such little people as are in trouble and quite likely to disturb the rest of the family.

Johnnie begins wailing at breakfast because he can't eat sugar and oatmeal with cold oatmeal and sugar.

"Go into the cry closet, Johnnie," says papa, and Johnnie pines, still wailing and shivering himself into his retreat. Presently, having been sufficiently doctored by silence and darkness, he emerges, rosy and smiling.

"Well, Katharine, who is prone to have little fits at unexpected intervals, refuses to answer when I address her. Mama neither reasons with her nor speaks her.

"Go into the cry closet," the recommendations, and Katharine disappears. Contemplation proves the best medicine, and it is not long before mamma hears a broken voice from the closet:

"I've got my cold, mamma. What did you say?"

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