

The Action Free Press.

THURSDAY, AUGUST 16, 1888.

The Young Folks.

I KNOW A BANK.
There's a Bank that I hear about now and then.

Whales take deposits from working-men; it has glazing mirrors and flaring gas. And its drifts are in a jut or pier. The whale's bones are for the backs of chairs and a bating couch. Keep out of its books, for I've come to learn. The Old-Palace Bank is a queer concern.

There's a Bank that I hear about now and then, which takes deposits from working-men. A shake of the hand, a smile, and a book.

Good words are its silver, good deeds its gold. And its virtues never fail, nor its base wax old. O think of that Bank, for I've come to learn. To have treasures above is our chief concern.

"Poor Folk" by Fred L. Lester.

THE PRATING ENGINEER.

One winter, several years ago there was a good deal of religious interest in a certain Western town, and among those who joined the church was Albie Forsyth, a little fellow twelve years of age. His mother was a widow, and had removed four years before from their home in Vermont to this town in Wisconsin.

On the Sabbath evening of the day he joined the Church Albie was sitting in the twilight with his mother, when she said to him: "Albie, tell me what led you to be a Christian?" "Was it your home teaching, your lessons in Sabbath-school, the regular preaching of your pastor, or has it all come through the influence of revival meetings?"

Looking up into his mother's face, he replied: "Mamma, it was none of these. Do you remember when we were coming from St. Albans to live here that I wanted to ride on the engine with the engineer? You were afraid to let me, but I the conductor, whom you knew well, told you that the engineer was a remarkable man, and that I was just as safe with him as in the parlor car with you." Then," continued Albie, "when we were ready to start from the station where I first got on the engine, the engineer knelt down just a little bit, and then got up and then started his locomotive. I asked him many questions about its different parts, and things we passed; and he was very patient in answering. When we reached the next station, he knelt again before he started. He did this before leaving every station, and I asked him after while what he was doing. He looked at me very earnestly, and said: 'My little lad, do you ever pray?'

"I replied: 'Yes, sir. I pray every morning and evening.'

"Well, my dear boy, when I knelt down I pray. There are, perhaps, two hundred lives now in this train instructed to my care! A little mistake on my part might send all or many of those souls to eternity! So at every station I knelt down and ask the heavenly Father to help me. He has helped me, and in all the years I have been on this engine not a single human being of the thousands that have ridden my train has been harmed. I have never had an accident."

For four years the life and words of that praying engineer had been constantly present with this boy, and became at length the means of leading him into a Christian life—David Gray.

GOOD MANNERS.

Never try to catch him, but to please. Never press a favor when it seems undeserved.

Never intrude ill-health, pains, losses or misfortunes.

Never intentionally wound the feelings of a human being.

Never talk or laugh aloud in public places or upon the street.

Never forget that vulgarly has its origin in ignorance or selfishness.

Never urge another to do anything against his desire unless you see danger before him.

Never omit to perform a kind act when it can be done with any reasonable amount of exertion.

Never needlessly wound the vanity of another or distract unnecessarily upon a disagreeable subject.

Remember that good manners are thoughts filled with kindness and refinement and 'seen translated' into behavior.

Not ostentation in dress or deportment; nothing can be more vulgar. See that costume fits the time and occasion.

Be rude to none; rudeness bears not even the humblest and poorest to whom it is directed, but injures the exhibitors.

In Water And To The Point.

Dyspepsia is dreadful. Disordered live misery. Indigestion is a foe to no good nature.

The human digestive apparatus is one of the most complicated and wonderful things in existence. It is easily put out of order.

Greedy food, rough food, sloppy food, bad cookery, mental worry, late hours, irregular habits, and many other things which ought not to have made the American people a nation of dyspeptics.

But Green's August Flower does a wonderful work in reforming this sad business and making the American people so healthy that they can enjoy their meals and be happy.

Remember—No happiness without health. But Green's August Flower brings health and happiness to the dyspeptic. Ask your druggist for a bottle. Seventy-five cents.

ADVICE TO MOTHERS.—Are you disturbed at night and broken by your rest by a sick child suffering and crying with pain of Cutting Teeth? If so, send at once and get a bottle of Mrs. Winslow's Soothing Syrup for Children's Teething. Its value isinalable. It will relieve the poor little sufferer immediately. Depend upon it, mothers: there is no mistake about it. It cures Dysentery and Diarrhoea, regulates the Stomach & Bowels, cures Wind Colic and tones the Gums, reduces Inflammation, and gives tone and energy to the whole system.

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The largest assortment of medicines ever offered.

Gentlemen kindly call and examine Kelly Bros. spring snuffins and pastilles.

JINGLES AND JOKELETS.

Half an Hour With the Wise Men, the Wits and the Jokers of the Day.

It is the principal, and not the master, that makes the man. The principal is the mainstay; the master are only the figures on the dial.

A Patriotic subject.

"I was suffering for three months with pain in my back, and was advised to use B. B. I. had not two bottles before I became as well as ever. I advise all who suffer from pain in the back to use B. B." Mrs. Paul Brundage, Lenoxville, P. Q.

James H. Gilmore, of T. Gilmore & Co., Wholesale Grocers, Brockville, says—I have used Tamara Elixir for a severe cold and cough, which it immediately relieved and cured.

Our Annual Picnic.

"Will occur in August this year. In preparing your lunch we suggest you use Cream Tarter Baking Powder (Sold by all grocers) in making the biscuits eaten etc., it is the moistest and perfect. M'd by E. W. Gillett, Toronto, Ont.

Fremont's Worm Powders are safe, sure and speedy to remove worms from children or adults.

Like Magic.

"It always acted like magic. I had scarcely ever need to give the second dose of Dr. Fowler's Extract of Wild Strawberry for Samson complaints." Mrs. Walker-Gorelock, Ethel, Ont.

Pleasant as syrup, nothing equals it as a worm medicine; the same is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

Ayer's Sarsaparilla, by purifying and enlivening the blood, improves the appetite, aids the assimilative process, strengthens the nerves, and invigorates the system. It is, therefore, the best and most reliable alternative that can be found for old and young.

Whooping, sneezing suffers from Asthma, receive quick and permanent relief by Southern Asthma Cure. Sold by all drugists or by mail on receipt of price.

Nothing But The Truth.

Sirs—I have found Dr. Fowler's Extract of Wild Strawberry to be the best remedy for me. I have been using it for many years to cure dysentery and all summer complaints among children, and I think it is recommended none too highly. Abbie A. Reagh, Victoria Vale, Annapolis Co., N. S.

If you want to buy or sell a Farm, advertise in the Toronto Weekly Mail. That paper reaches 100,000 Farmers' homes every week, and your advertisement should be the eye of someone who wants to purchase. Advertisements of this class are inserted in the Toronto Weekly Mail for Five Cents a word each insertion, or Twenty Cents a word for five insertions. Address The Mail, Toronto, Canada.

Mecham's Beef, Iron and Wine. If you are languid and weak, and your appetite poor, my Beef, Iron and Wine is the tonic, be sure.

An invigorating tonic it is recognized by the Medical Profession as the best strengthening medicine thus far produced. It is invaluable as a blood-and-muscle maker, especially in those cases where weakness is the result of imperfect or insufficient diet. It contains all the constituents of meat, including the blood, and invigorates the system.

KIDNEY DRUGS. Dr. Chase's Pills are the only Kidney pills ever made.

LIVER COMPLAINT. Pain under the liver, and pain in the back; a dull pain or weight in the liver, and pain in the right side of the abdomen, frequent desire to urinate, especially at night, among aged persons, especially women, are symptoms of Liver Complaint. Dr. Chase's Liver Mixture, prepared by J. B. MacLean, 135 Yonge street, chemist of nineteen years experience.

DR. CHASE.

He is a world renowned authority on Medicine and Drugs, and his Chase's Liver Cure is a triumph of medical skill, curing all the diseases of the liver.

SYMPTOMS OF KIDNEY DISEASE. Counterfeits. Counterfeits are always dangerous, more so than they always closely imitate the original in appearance and name. The remarkable success achieved by Nasal Balsam for Cataract and Cold in the Head has induced unprincipled parties to imitate it. The public are cautioned not to be deceived by nostrums imitating Nasal Balsam in name and appearance, bearing such names as Nasal Cream, Nasal Salve, etc. Ask for Nasal Balm and do not take it. Nasal Balsam is the only Kidney Pill.

LIVER PILLS. Dr. Chase's Pills are the only Liver pills ever made.

HOUSE FURNISHINGS.

With or without Dun's Patent Index.

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THE TEACHER.

Who educated her pupils to strengthen their minds by the use of Ayer's Sarsaparilla, appreciated the truth that bodily health is essential to mental vigor. For persons who are unable to feel the stimulating properties of Food, and the tonic power of Iron, and is admirably calculated to build up the emaciated system.

Low's Sulphur Soap should be found with every toilet. It is cleansing and healing.

The best form in which electricity is embodied is Dr. Thomas' Electric Oil & sovereign and highly sanctioned specific for rheumatic pains, and thoroughly reliable remedy for all affections of the throat and lungs, used externally and internally.

A Confirmed Grumbler.

generally so because of confirmed dyspepsia or indigestion, caused by eating too rapidly, bolting food without chewing it sufficiently, overloading the stomach, and Ayer's Blood Bitters cure dyspepsia and all kindred diseases.

Nature Makes No Mistakes.

Nature's own remedy for bowel complaints, cholera morbus, colic, cramps, exciting sea-sickness, cholera infantum, diarrhoea, dysentery, and all diseases of a temporary nature belonging to the summer season.

A few weeks ago I began using Ayer's Sarsaparilla as a remedy for my dyspepsia, and was greatly relieved. I am now in full health again, and am able to eat and digest my food with great pleasure. I am now in full health again, and am able to eat and digest my food with great pleasure.

General Difficulty.

"I take much pleasure in stating that since using Burck Blood Bitters, I have entirely recovered. I suffered from Impure blood and had over 500 boils. I can confidently recommend B. B. B. to any sufferer from the same complaint. David F. Mott, Spring Valley, Out.

The Teacher.

Whoever has been a student of Dr. Thomas' Electric Oil & sovereign, and has been successful in its use, will be satisfied with the results.

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Establishing Success.

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