

More debate on Mountainview traffic problems

BY FRANCES NIBLOCK
The Georgetown Gemini Members of the Mountainview Road Public Liaison Committee will find out tonight what the public thinks about its proposals to calm traffic on Mountainview Road from Hwy. 7 south to

the 10th Sideroad. Those nine proposals, including pedestrian crossing signals at Sargent Road and Pennington Crescent-Comset Gate; improvements at the Sinclair Road intersection; and a reduction to three lanes of traffic between Eden Place,

Summit Lane and Campbell Gate, were unveiled at a public meeting last Tuesday. Responses to the recommendations will be discussed at tonight's meeting with the final committee report going to Regional councillors for debate before the end of the month.

Although the Region has heard concerns about traffic speed and flow on Mountainview Road since 1984, some local residents are worried the situation will get worse on the arterial road once the new four-lane bridge over Hungry Hollow is open later this year.

Halton Region Transportation Technician, Matt Krusto, acknowledges that there are many conflicting interests and that they won't be able to solve everyone's issues.

"We're hoping for this committee to solve some of the concerns, maybe alleviate some of the concerns, but not everyone is going to be happy," Krusto explained Thursday, noting they may have to hold off on some of the suggestions until the bridge is fully open and its impact on traffic is known.

One major contentious issue at the open house was the

proposal to reduce traffic to three lanes from Eden Place north to Campbell Gate, which would mean that many residents would lose the existing parking in front of their homes on the street.

Halton Region has earmarked \$40,000 for the intersection pedestrian crossing - also called an IPS - at Sargent Road in response to concerns from seniors living at the intersection who claim it's unsafe for them to cross Mountainview.

Public liaison committee co-chair Jim Bray cautioned that the implications from the Mountainview study are Town-wide.

"It's not just the residents on either end of Mountainview. Essentially all the people in town and all the business owners will be affected by whatever changes to traffic speed and patterns are made," Bray explained last Wednesday.

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HEALTH CARE SEMINAR

Education is the key to Diabetes management

BY JAMIE HARRISON
The Georgetown Gemini

In a continuing series of meetings centred around understanding and improving health, Young's Pharmacy hosted a forum Thursday concerning diabetes management.

Host Neil Young welcomed about 30 attendees of all ages, introducing Jean Ross, a nurse educator and member of the Victorian Order of Nurse, and Greg Lawrence, a local chiroprapist.

"Diabetes management is a team effort," Young said, adding, "It involves the doctor, dietitian, patient and the people that look after them."

Studies indicate that after 45-years of age, as many as one in four people may be diabetic. They also show that up to half may be diabetic and not realize it.

He also stressed that diabetes is a disease which can involve a myriad of health care professionals in its diagnosis and maintenance. Dentists and Ophthalmologists often notice irregularities in patients and recommend they visit their family physician.

Jean Ross, herself a diabetic, lectured the packed room that management is easily maintained working with a dietitian and a commitment to good health. Among the recommendations were following a balanced, sensible diet, quitting smoking, losing weight (if necessary), and exercising.

Ross also said that the prognosis for those with diabetes has improved greatly over the years.

In differentiating between Type I and Type II Diabetes, Ross explained that Type I symptoms include increased hunger, thirst, and frequency of urination, weight loss, fatigue and blurry vision.

Type II has the same symptoms as Type I, including numbness, slow healing processes and impotency.

"Diabetes is one of the few diseases where the client's participation is paramount. It's not up to the doctor," Ross said.

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