

## Brigadier and Mrs. Cassidy Honored by Militia

"The proficiency of the Lorne Scots has long been recognized throughout the group, and I am going to sincerely miss working with you," declared Brig G.L. Cassidy, DSO ED, Commander of 16 Militia Group, at a farewell gathering last Saturday. The event took the form of a garden party at the home of Lt Col and Mrs. Arthur Kemp at Burlington.

Brig and Mrs. Cassidy of Haileybury were guests of honor and the party was attended by officers of the regiment and their ladies from Orangeville, Oakville, Brampton, Port Credit, Georgetown and other communities affiliated with the unit. The guests included Lt Col John R. Barber of Georgetown, honorary Colonel of the regiment, and Major and Mrs. Robert Stock of Toronto.

Following a delicious buffet dinner, concluding with renditions by the pipes and drums who paraded on the lawn, Col Kemp, CO of the unit, addressed the guests of honor. He reminisced about his long and pleasant association with Brig Cassidy, and described him as a "man of many achievements, both in uniform and mufti."

Acquitting himself with distinction overseas in World War II, Brig Cassidy went on to serve in the militia, and from Octo-

ber 1954 until June of this year, it was his 16 Group with which the Lorne Scots served and won efficiency awards. In June, the Peel, Dufferin and Halton Regiment was transferred to 17 Group.

In civilian life, Brig Cassidy is principal of the Haileybury High School, and is district civil defence co-ordinator. In his brief moments of leisure, he has won recognition as an artist.

Further tribute was paid Brig Cassidy by Maj. R. J. Honey of Brampton, president of the Mess Committee, which arranged the successful outing. Maj. Honey recalled being on active service with Brig Cassidy, serving with him him at war's end in Army Counselling service at the Toronto depot.

On behalf of the unit, Maj. Honey presented a suitably inscribed silver cigarette box to Brig Cassidy. Then the regiment represented by Major Charles Guy of Brampton presented an orchid to Mrs. Cassidy, expressing appreciation for the "many evenings when you must have sat home while Brig Cassidy went off to the armoury."

Mrs. Cassidy thanked the Lorne Scots for their remembrance, but with a smile, informed them that "I didn't wait home for Brig Cassidy - I joined the militia myself."

## Natural Gas

Three Lakehead mills of the Abitibi Power & Paper Company Limited have been converted to natural gas, and are now using the new fuel as their main heat source.

Joint announcement of the completed switchover was made today by Abitibi and Twin City Gas Company Limited, natural gas distributors at the Lakehead.

The three mills included in the conversion from coal to natural gas are the Thunder Bay mill and the Provincial Paper mill at Port Arthur, and the Mission mill at Fort William.

Combined gas consumption

of the three mills could go as high as 7,700,000 cubic feet daily, under a long-term purchase contract signed earlier this year with Twin City.

### BRIEFS

A lot of marriage knots were tied in June and now a lot of men don't have as much rope.

## Skinny men, women gain 5, 10, 15 lbs.

What a thrill! Bony limbs fill out; ugly hollows fill up; neck no longer scrawny; body loses half-starved, sickly "bean-pole" look. Thousands of girls, women, men, who never could gain before, are now proud of shapely, healthy-looking bodies. They thank Ostrex Tonic Tablets. Help build up body skinny because of lack of iron. Improved appetite impeded by lack of iron. Improved nourishment helps put flesh on bare bones. Don't fear getting too fat. Stop taking when you've gained the 5, 10, 15 or 20 lbs. you need for normal weight. Then avoid overeating of starches, sugar and fattening foods. 6-day "get-acquainted" size costs little - or buy economy size and save 75¢. Try famous Ostrex Tonic Tablets for more vigor and added pounds, this very day. At all druggists.

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**EVERYTHING FOR FUN!**

**COBALT KIWANIS FIELD DAY**

**Bass Lake Aug. 4th**

COME AND ENJOY THE FUN  
Starting at 10 a.m.

Fastball tournament, Open air bingo  
Kiddies' races Boat races  
distance men's and women

Pie eating contest

Dance Com. 9 p.m.

## Attention Golfers

**N.O.G.A.**

**Professional's Day**

**Wednesday Aug. 6**



The leading Northern Ontario Professional's will play 27 holes of golf commencing at 8 a.m. and will conduct a golf clinic at 3:30 P.M.

This is an excellent opportunity for you to absorb some of the finer points of the game and to watch the "Pro's" in action.

**Admission to the grounds \$1.00 per person**