COBALT GIRL GUIDE NOTES

any of Cobalt Girl Guides was Serve with chili sauce. 5 to 6 held in the Community Hall on servings. Monady evening, at 7 p.m., under the leadership of Acting Captain Giovanella.

Jean Male, Lt. A. Coty and cording to your usual recipe. Company leader for the evening Between 2 sheets of waxed was Miss Erica Johnston.

patrol formation, dues, and 24 angular sheet about 1/2 inch

The Queen.

Taps.

THE COOK BOOK

For tasty main dishes-Bake meat and potatoes together.

blizzards bring ideal "oven- swamp there are headlines and weather", wouldn't you say? So, everyone hears about it. But, what better time than right now points out The Financial Post, a for trying out these three potato score of car accidents scattered and meat combinations. They'll over the continent on the same be welcomed at either dinner day and killing just as many or supper, and if you're thrifty people will only get a few lines about time, effort and fuel you'll in the local press. Yet statistics bake a vegetable and dessert show that the risk of a fatal acright along with them!

Potato and Meat Pie

21/2 cups mashed potato 1 egg, slightly beaten 11/2 teaspoons salt 1/8 teaspoons pepper Few grains garlic salt 1/3 cup grated cheese

Mix mashed potatoes, egg and seasoning together. Line bottom and sides of a greased 9-inch pie plate with potato mixture. Sprinkle the cheese over the potatoes. Press diced meat into

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potato. Heat in a moderately hot oven (375°F.) 15 to 20 minutes, until meat is heated A meeting of the First Comp- through and cheese is melted.

Meat and Potato Pinwheels

Using I pound ground beef Guiders in charge were Lieut. prepare a meat loaf mixture acpaper press or roll out meat The meeting opened in form with a rolling pin into a rect-Guides responded to Roll Call. thick. Remove the top piece of The Horse-Shoe was then for- waxed paper and spread the med and the girls sang God Save meat with 1/2 cup grated carrots and a layer of mashed potatoes, The Guides Promise and Pra- about 11/2 cups, keeping porato yer were repeated and announ- layer 1/2 inch away from one end cements were made. The Guides of rectangle. Roll up firmly like then worked on second class a jelly roll, towards the end tests. This included First Aid without potatoes. Wrap in wax-Square Lashing and Tenderfoot ed paper and chill well. Cut roll work. The meeting closed with into 1-inch slices. Bake on singing Camp Fire songs and greased baking sheet in center of hot oven, 400°F., 30 minutes. 6 servings.

SAFER ALOFT

When a passenger plane February's cool breezes and crashes into a mountain or a cident is far higher on the highway than in the air.

In Canada and the United States last year almost 42,000 people were killed in auto accidents, or nearly 6 per million miles of travel. In fatal civilian air crashes in the two countries during the same period 145 peo-2 cups finely diced, cooked beef ple were killed or well under .2 per 100 million miles of travel.



F YOU want to keep your cast I iron utensils "seasoned" use only soap for washing them. If you regularly use a detergent for dish washing, keep some soap powder in a shaker top container to use on cast iron.

Scouring powder removes many stains from the sink, but yellowish discolorations must be bleached off. Sprinkle bleach over the sink

RECIPE OF THE WEEK

Caramel Apples (Makes 6)

1 cup sugar 1 cup light corn syrup 1/4 cup butter or substitute Few grains of salt I cup evaporated milk 1/2 teaspoon vanilla

6 small eating apples

Combine sugar, syrup and salt in heavy saucepan. Bring to a boil and cook to firm ball stage (245°F.) Add butter and evaporated milk slowly so that mixture does not stop boiling at any time. Cook constantly until a medium firm ball stage is reached (236°F.). Remove from heat; add vanilla. Dip washed and dried apples (on sticks or skewers) in mixture, twirling to let excess caramel drop off. Dip in ice water to harden caramel quickly. Place on waxed paper or buttered

and let stand for a while before rinsing off. Liquid & powdered bleaches may be used.

Save yourself a lot in cleaning time by putting the broiler pan to soak right after you take food from it. By the time you're ready to wash, the pan will be soaked almost clean.

Remember to grease casseroles before you put food in them to bake. Food doesn't stick to utensils which are greased, and this will save washing and scraping.

FACTS AND FANCIES

The pessimist has been well described as the person who only sees the hole on the doughnut. That seems to be the way these gloomsters look or rather half look at business satistics too, declares The Financial Post.

In recent weeks they have been trying to chill all foolish enough to listen with the rawest of raw statistics on business failures. They cite the total number of failures and make shuddering comparisons with the dark days of 1932. They completely ignore the fact that a lot more people and a lot of business firms have been added to Canada in the last 25 years, that totals which might have been grave for 11 million people in 1932 are little more than narmal for the almost 17 million people in Canada today.

10,000 concerns. Business failures in Canada for 1956, says same authority, were 53 per 10,-000 or less than a third the depth of the depression rate.

As a very wise man once observed: "Figures don't lie but liars figure".

From The Financial Post Issue of January 11, 1958

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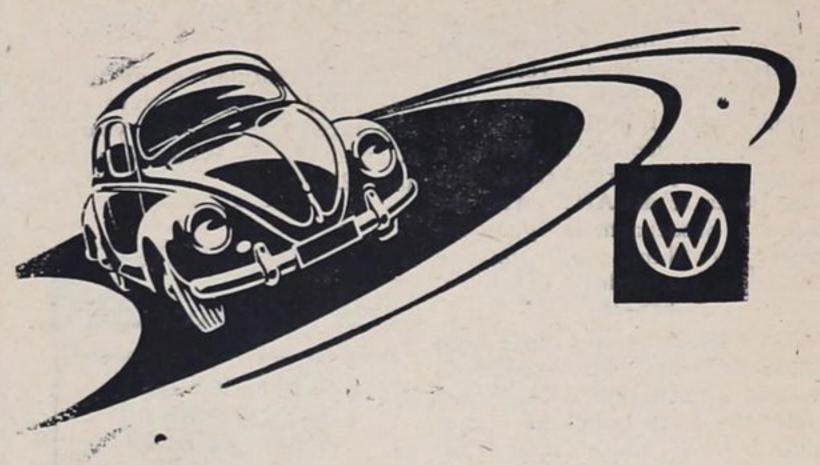
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