

Playground Activities

By Suzanne Lecky

Last Friday, shopkeepers wondered what the town was coming to when the play ground wheeler parade passed, no, whizzed along Ferguson Ave. in gay trim. Winners for the bicycles were Real Sanche and Diana Lazarus. There were two prizes each for doll carriages, wagons and tricycles, as well. Dr. J. C. Crawford and S. Johnston kindly acted as judges.

Wild West Week is in full swing. The outfits are super-duper and so are the yells. Our mornings are spent learning just Indian in cowboy things like the wrestle and the mudway crawl, and how to lasso, and we make costume musts, like cowboy cuffs, and Indian headdress in the afternoon. We have some lovely cardboard teepees and arrowheads too.

Tuesday night at seven o'clock we had our rodeo with about a hundred children attending. There was some question as to Indians wearing lipstick and "I chief. I no dance". However, the Indians won the lasso throw, the Ranchers won the mudway and in the wrestling there was a tie, so that made the evening even.

For Thursday evening we want all in costume at seven o'clock again for the Indian ceremony in the gym with more contests. On Friday we'll know which team won the week.

COUNCIL BRIEFS

Monday night Haileybury council approved a chip stand license for William Troke of North Cobalt.

Heard G. Davies complain that the culverts in front of his store are blocking and causing flooding in his basement. Council promised to do something about it.

A lot was sold on Albert Street to M. Cooke of Little street. Mr. Cooke intends to move his house on Little street to Albert street, where he will be able to get water supply.

The council also sold a lot to L. Gravelle on Little street.

The police reported that they had a quiet month in June.

Councillor Fleming wanted to know whether the parking lot on Broadway street is a parking lot or a storage lot. He said four young men pushed their car into a parking space, and it has been there four or five days.

The town's garbage collector wants a week's holiday, and the council agreed that the town men will probably have to collect the garbage. But they wondered about the garbage collector's holiday, as he is an independent contractor and not a town employee.

The town fathers hastily filed and forgot a request for a \$110 membership fee from the North-eastern Ontario Development Association.

Town Clerk C. D. Pringle asked for Saturday mornings off in August. He got them, as well as any Saturday's left in July, but the council refused to close the town office Saturday mornings all the year around.

Councillor Simard complained that the street lights ordered for Meridian avenue and the cemet-



The town gang can claim to be the muddiest men in Haileybury these days. Installation of the new water lines at the south end of Haileybury are nearing completion. Above, Verdon Cooke takes time out to swat a pesky fly. Albert Palmer looks on, while sidewalk superintendent Hilliard Cooke heckles from the sidelines.

ry area have not been installed yet. The town clerk will check with the hydro.

FORMER RESIDENTS RETURN TO HAILEYBURY

Well known residents of Haileybury for many years, Mr. and Mrs. M. H. Tuke have returned and taken up residence on Latchford street.

Mr. Tuke has been teaching at the Noranda, Quebec, Protestant High School for the past seven years. He is best remembered in Haileybury as the principal of the Haileybury High School for 28 years.

Golf Championship

Why do so many of North America's top golfers so arrange their affairs that they are able to compete, year after year, for the Canadian Open Golf Championship?

The answer is in two parts—the prestige of winning the Seagram Gold Cup, and the \$15,000 in prize money that is distributed amongst the top 30 golfers in the tournament.

This year, the Canadian Open is being played over the Weston

(Toronto) Golf and Country Club course and it will be the first time that the Gold Cup is to be defended by a Canadian - Pat Fletcher, of Saskatoon, Fletcher surprised the critics of goldfom last year by winning the Open after it had become traditional that the heavy guns of American golfing had much the best of the odds.

The 46th Canadian Open Offers \$15,000 in prize money. The winner takes temporary possession of the famed Cup plus \$2,400, plus a gold replica of the trophy for his permanent collection. Second money is \$1,800; 5th is \$1,000; 10th is \$440; 20th prize money is \$200, and the lowest cash award (\$100) goes to the golfer who stands 30th in the tournament listing.

Aside from the honor of winning the Canadian Open, a year's possession of the Seagram Gold Cup is a rich reward in itself. The trophy is an exquisite example of craftsmanship standing 22 inches high. Commanding first attention is the golden casket containing the parchment scroll of winners, mounted on heavily-chased silver feet and set on a massive onyx base. Two

golden beavers act as additional support, and the Canadian coat of arms and the words "Seagram Gold Cup" are executed on the front.

Supported by the gold casket is the Seagram Cup itself, executed in gold in a Grecian designed. The cup carries the crest of the Royal Canadian Golf Association and the inscription "Canadian Open Golf Championship - For Annual Competition."

While the Canadian Open will be 46 years old this year, the Seagram Gold Cup was first offered in competition during the Open of 1936 when Lawson Little walked off with first money at the Toronto St. Andrew's course. Conceived and wrought in Canada, the Cup seemed destined to become a permanent "exile," won year after by U. S. competitors and brought back to home territory for a few fleeting weeks each

year - only to be taken out of the country again.

So it went for 18 years until Saskatoon's Pat Fletcher put the "Canadian" in the Canadian Open with his unexpected win in 1954. Fletcher will be out again this year to defend the Seagram

Gold Cup and he will have some promising Canadian company in the drive to keep the Gold Cup in Canada.

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THURSDAY, JULY 28th at 5 p.m. and 7 p.m.

HAILEYBURY GOLF CLUB EVERYBODY

WELCOME

Joe Kirkwood, acknowledged as the world's greatest trick golfer will be here to play a 9-hole exhibition match with 3 crack local golfers at 5 o'clock next Thursday.

At 7 p.m. he will devote a full-hour to Trick Golf Shots and then a "Golf Clinic"—questions and answers about your golf problems.

You are cordially invited to see this great exhibition.

FREE PARKING

Admission:

\$1.00 Adults

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Spotlight on HEALTH Science Features

What About Ulcers?

Even though an ancient physician described ulcer of the stomach almost two thousand years ago, this disabling condition is particularly associated with the fast pace of modern life. About 10 per cent of all Americans develop an ulcer some time during their life. The disease is actually an eroded crater in the lining of the stomach or its exit passage, the duodenum. The crater is created by over-production of potent digestive acids.

Fortunately, medical scientists are finding new ways of helping ulcer victims overcome this painful, sometimes fatal, gastric ailment. If you have an ulcer, luckily, you'll have pain. This is nature's warning. The pain is usually localized right under the ribs and occurs in bouts of fifteen minutes to an hour's duration.

Unchecked, the gastric acids, which have penetrated the membrane lining of the stomach, will eat their way right on through the rest of the muscular tissue, sometimes causing a dangerous hemorrhage or a dumping of the stomach's contents into the abdominal cavity and so bringing on peritonitis.

We know that highly seasoned foods, smoking and other indulgences can help cause peptic ulcer, but the mind is evidently just as important. Persistent worrying over business or personal affairs plays an important role too.

What can be done for ulcer sufferers? Physicians know that diet is very important, that snacks between meals put something between the stomach and the potent acids it secretes. Surgeons have tried cutting certain nerves which stimulate acid production, and drugs have been developed which inhibit these nerves.

None of these techniques, however, completely shuts off the destructive effects of acid, and the

stand-by of the ulcer sufferer is still the antacid. The most commonly used antacid is bicarbonate of soda, which acts to take the bite out of stomach acids by neutralizing them to form harmless compounds. A more effective substance is Gelusil, which combines two acid-neutralizing substances, aluminum hydroxide and magnesium trisilicate. Such a drug combines with the acid and also physically coats the ulcer crater to protect it from further erosion.

One of the newest methods of ulcer medication is the use of the anti-secretory drugs, which inhibit over-secretion of gastric juices. Another line of attack on ulcers is the use of sedatives such as phenobarbital to cut down anxiety and nervous tension. If all these measures fail, the physician may recommend surgery, particularly if the trouble is located in certain areas of the stomach. Under surgery, all or part of the stomach may be removed or a new exit from the stomach to the intestine may be formed by the surgeon.

Most doctors agree that the ulcer patient can do a great deal to help himself live with his essentially incurable condition. He can watch his diet, trying to avoid irritating foods and stick to the bland ones. He can also try to avoid nervous stimulation and emotional crises. New medical techniques, in the long run, can only help the ulcer patient to help himself.

C. J. HOVEY

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