

The HAILEYBURIAN

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MEN OF SERVICE

Last fall, this paper started a fund called The Haileyburian Fund for a Crippled Children's Camp. This week, a cheque in the amount of \$155.19 was given to the Rotary Club to be used as they see fit in completing Northern Ontario's Northwood Camp.

Our appreciation of Rotary's place in the community and the world has undergone what might be termed "a growing up period."

Long ago when we were young and gay, we came to think (if we thought at all) that the handsome gentlemen who entered the Hotel each day at noon on Monday were a group of intelligent citizens who knew that Sunday's chicken was not enough for Monday's dinner and that wash day blues were better avoided. We thought it was clever of them to go out for dinner together.

Suddenly, the writer's typewriter was facing the Rotary Park all summer long and little by little the story of Rotary unfolded. Their contribution to the life of the community proved on further study to be remarkable and thus it was that from watching healthy, happy children racing through the Rotary Beach (all because of a handful of good citizens that we decided that those who had derived such lasting benefits from the Rotary Club might wish to help them in their present tremendous effort to join with other service clubs in the north and build what has now been described as "one of the most beautiful and modern camps for crippled children anywhere."

To those who did wish to contribute and did so generously, the Rotarians and this newspaper say "Thank you". We know that when you visit Northwood Camp this summer, you will truly appreciate that your money is working towards tremendous dividends.

THE SEARCH FOR HAPPINESS

Opinions differ from age to age as to what happiness is. Popular "how to" books of the 18th century were chiefly concerned with the subject of how to die a good death; those of the 19th century moved on to the subject of how to make a living; and those of the 20th century are devoted to telling us how to live raptly.

What is happiness? It arises from the mental qualities of contentment, confidence, serenity and active good will. It includes the pain of losing as well as the pleasure of finding. It thrives best in a crowded life. The men and women who are recorded in history and biography as most happy were people with always something more to do than they

possibly could do. Every waking hour of their lives was occupied with ambitious projects, literature, love, politics, science, friendship, commerce professions, trades, their religious faith and a thousand other matters. The secret of happiness may be found by making each of these interests count to its utmost as a part of the fabric of life.

Aristotle summarized this view 2,300 years ago when he said happiness lies in the active exercise of a man's vital powers along the lines of excellence, in a life affording full scope to their development.

We need to avoid the extremes of sluggish placidity and feverish activity. The youths of today are not going to be satisfied with felicity which resembles that of a stone, unfeeling and unmoving, but these youths will look back from future years with sorrow if they run to and fro, giving in to what Socrates called 'the itch.'

Happiness obviously included two sorts of behaviour: active and passive. The active part consists in searching and sharing while the passive part is complete in itself and neither yields full satisfaction if it is over-emphasized. Philosophers from the ancient Greeks to Buddha and Balzac and Pascal and Pitken have extolled the balanced life as the most happy life and unhappy people can, when they face the issue, trace their discontent to

imbalance. Dr. Martin Gumpert provided this prescription in his book The Anatomy of Happiness: prevent physical suffering; prevent guilt; do not accept illusions; accept the reality of death; do what you like to do; keep learning, accept your limitations, be willing to pay for everything you get; be willing and able to love, avoid secrets.

It is legitimate to seek happiness but we need to know what happiness we seek. We should keep the program simple and free from complications and side trips, pay attention to the little things, deflate quickly after praise, bounce back quickly from disappointment, seize opportunities to put our special abilities to work, cultivate efficiency in everything we touch, remain modest and review and revise periodically.

We do not have to seek far and wide for happiness grows at our own fireside if we cultivate it. The romantic minds of young people are likely to imagine that happy events will make their entrance to the sound of trumpets but when we look back, we see they came in quietly, almost un-

noticed. As Benjamin Franklin remarked "Human felicity is produced not so much by great pieces of good fortune that seldom happen, as by little advantages that occur every day." — Royal Bank of Canada's Monthly Letter.

WE ARE TOO, YOU AREN'T EITHER

There are times and times again when we wonder if anything really does exist in this country — we mean was there such a thing as Cobalt and is Haileybury the county seat and is there a thriving little farming town to the north of us or is this all a bad dream. What is Northern Ontario or is there such a thing. Last time we had a few words to say on this subject Sault Ste Marie and North Bay were tied into which place was the capital of the North. We never understand a word of it. And now we read that North Bay is the first city in Northern Ontario to have a probation officer. On second thought, they likely are the first city but just in case any-

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O'Keefe's WEEKLY SPORTS CALENDAR

FASTBALL!

Public School Grounds
 Monday, June 28th
 Chemicals vs. North Cobalt
 Wednesday, June 30th
 Town vs. West Road

GOLF, LADIES'

Friday, June 25th
 1st round Tuer and C.L.G.U.
 Sunday, June 27th
 FIELD DAY
 At North Bay Country Club

GOLF, MEN

June 26th to July 2nd
 2nd Round President's Cup

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