

Norse Relics in Nipigon District Speaker States

Dr. E. M. Burwash Sees Writing of Chapter in Canada's History Through Discovery

The discovery by a prospector of a Norse sword and battle axe, near Lake Nipigon, would perhaps lead to the re-writing of some of the early history of Canada, Dr. E. M. Burwash of the Ontario Department of Mines, told the Rotary Club at its regular meeting on Monday. Dr. Burwash is in Haileybury conducting the annual classes for prospectors and was guest speaker at the Rotary gathering.

Sketching briefly the discovery of America by Leif Ericsson, son of "Eric the Red," founder of the first settlement in Greenland, Dr. Burwash told of a later expedition which tried to find the land of "self-sown wheat, vines and large trees," reported by Ericsson and believed to be a part of Nova Scotia. The expedition got divided in the Gulf of St. Lawrence, one section sailing up the river, and it was being gradually learned, Dr. Burwash said, that at least some of these early Norsemen had penetrated as far west as the province of Ontario. The sword and battle axe found near Lake Nipigon were undoubtedly of Norse origin, and with them had been a shield which was so badly corroded by the passing years that it could not be salvaged.

These relics had been handed over to the Royal Ontario Museum, where they are on display. Dr. Burwash said, and with other relics of the Norsemen's visit, would in time, he believed, be the means of compiling a definite history of those early days, more than 400 years before the arrival in Canada of Champlain. The speaker said that he had been

told of the finding of a skeleton with an iron helmet, while the excavation was being made for the late C. C. Farr's residence in Haileybury, and he told the club members that there was always a possibility that someone would stumble on other relics that would prove of help in compiling a chapter in the history of Canada. His talk was thoroughly enjoyed by the club members and a hearty vote of thanks extended.

Tour Into South Africa Second of Travelogues

The second in a series of travelogues was given in St. Paul's Church Parish Hall on Thursday last, when the lecturer, Mrs. Seymour, conducted the party on a 2,000 mile tour into the interior of South Africa.

From Cape Town, where the Indian and South Atlantic oceans meet, a visit was paid to the home of Cecil Rhodes and to Cape Town University. The fable of the cloud that settles over Table Mountain resulting in a verbal and smoking duel between the Dutchman, Van Hunks, and the Devil, was related by the lecturer. At Kimberley and Johannesburg a visit was made to the diamond and gold mines, and the mode of living of the Kaffirs was explained. At Pretoria, the home of the late President Kruger was visited, ending with a trip to the Premier Gold Mines. The trip concluded at Durban.

During the intermission, Mrs. J. B. Anderson sang two solos, accompanied by Mr. White.

The next meeting of the Travel Club will be held on Thursday, February 18th, when India and Ceylon will be visited.—Contributed.

Gross revenues of the all-inclusive Canadian National Railways System for the 10-day period ending Jan. 31, 1937, were \$4,583,396, as compared with \$4,202,337 for the corresponding period of 1936, an increase of \$381,059.

Public Health Nurse's Report for Past Month

The following is the report of the Public Health Nurse for January, 1937:

Schools visited	22
First Aid or Dressings	19
Special Physical Inspections	37
Vision Tests	108
Hearing Tests	7
Other Inspections	34
Rapid Classroom Inspections	454
Routine Classroom Inspections	6
Defects Found	58
Corrections Made	5
Children under observation	30
Individual Conferences with parents, teachers and pupils	94
Exclusions:	
1. Sent home ill	15
2. Suspect Communicable Dis.	7
3. Skin conditions	6
4. Pediculi	7
Child Health Conferences	4
Total Attendance	21
Infants	10
Pre-school	10
New Babies	1
Home Visits	236
Infants	25
Pre-School	14
School Children	80
Adults	27
Pre-natal	6

Post-natal	2
Acute Communicable Disease	47
Unclassified Visits	13
Not Home	6
Social Welfare	16
New Cases	77
Families Visited	96
Office Visits	9
Bedside Care Visits	4
Number of Children Weighed	72
Classroom Conference with teacher Assisted with one minor operation.	

CHRISTINA D. KEITH

EASIEST WAY TO CURB A COLD



The modern way to treat a cold is this: Two "Aspirin" tablets the moment you feel a cold coming on. Repeat, if necessary, in two hours. If you have a sore throat with the cold, dissolve 3 "Aspirin" tablets in 1/2 glass of water and gargle with this twice. The "Aspirin" you take internally will act to combat fever, aches, pains and the cold itself. The gargle will provide almost instant relief from soreness and rawness of your throat. Your doctor, we feel sure, will approve this modern way of treating a cold.

"Aspirin" tablets are made in Canada by the Bayer Company, Limited, of Windsor, Ontario.

ASPIRIN
TRADE-MARK REG.

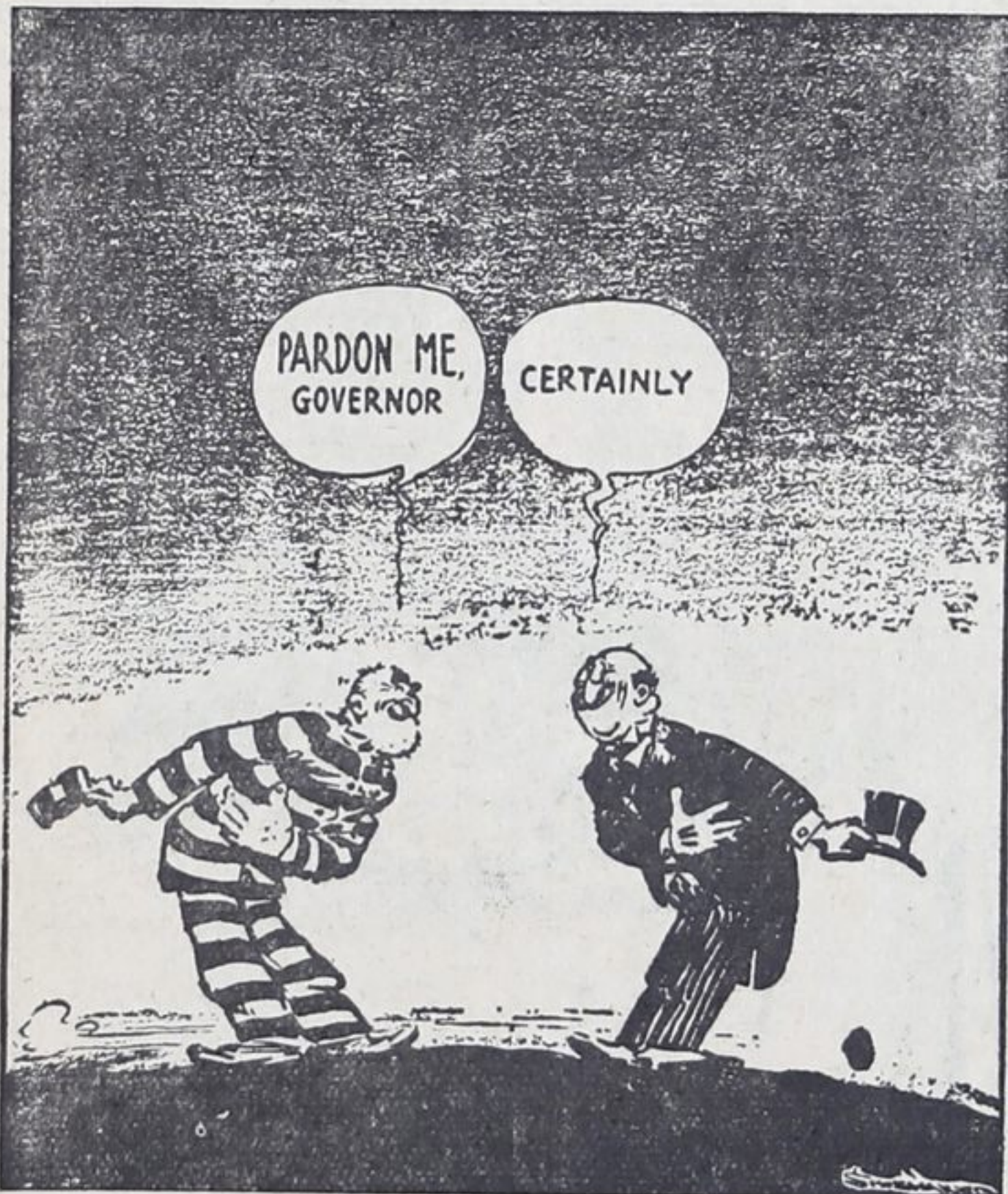
Sheriff's Sale of Lands For Arrears of School Taxes

NOTICE is hereby given that the list of lands in Savard Township Consolidated School Section, for sale for arrears of Taxes, has been prepared and copies of this list may be had at my office.

This list will be published in the Ontario Gazette January 2nd, February 6th and March 6th, 1937, and in default of payment of taxes and costs the lands will be sold for taxes.

At the adjourned sale, if any, it is the intention of the School Board of Savard Township Consolidated School Section to purchase any lands if the prices offered are less than the taxes and costs, according to R.S.O. 1927.

DATED at Haileybury this 14th day of January, 1937.
WILLIAM THUERCK,
43-12c Sheriff of Temiskaming



PERFECT GENTLEMEN —Shoemaker in the Chicago Daily News.

G-M WORKERS RETURN TO PLANT



Punching time clock

When these employees returned to work at a Detroit plant of the Chevrolet assembly system, it marked the first break in the deadlock which has ensued since the G-M auto strike, although the difficulty is not yet settled.

Canada's
BEST BREAKFAST
PURITY OATS
MADE BY THE MILLERS of PURITY FLOUR

MAKING UP SHOPPING LIST

The hall needs a new rug. More towels are needed for the bathroom, and the kitchen floor could certainly stand a coat of paint. The children need shoes. The car will soon need tires. Well, we buy a hundred new things every year.

Scattered throughout Canada are manufacturers who make the very things we need. Their products are on sale in certain stores within easy reach. Certain of these products, and certain of these stores, are especially fitted to take care of our special need. But which products and which stores? Which can we afford, and which do we think best? We must look to advertising for advice.

Advertising is the straight line between supply and demand. It saves time spent in haphazard shopping. It leads you directly to your goal. By reading the advertisements, we can determine in advance where the best values can be found. With the aid of advertising, shopping becomes a simple and pleasant business, and budget figures bring more smiles than frowns.

From the pages of this paper you can make up a shopping list that will save you money!

KILL that Common Cold To night
At the first sign of a cold go right to your druggist. Buy a package of GROVES' BROMO QUININE. Start taking the tablets two at a time. Groves' will check that cold within 24 hours. 637

take **GROVES' BROMO QUININE**



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FOR BETTER LIGHT — BETTER SIGHT — USE
EDISON MAZDA Lamps

CANADIAN GENERAL ELECTRIC CO., Limited

HEALTHFUL! tasty! ENERGIZING!

fish

● Vary your diet with the healthful, appetizing goodness of Canadian Fish and Shellfish. Serve Fish Foods more often during the week. Whatever form is most available to you...fresh, frozen, canned, smoked, pickled or dried... you will find it an easily digested food... rich in proteins, vitamins, minerals, iodine and other health-giving elements. You'll find its variety of flavour adaptable to countless simple and delicious recipes. And you'll find that Canadian Fish and Shellfish give you full value, in sound nourishment for every cent spent.

Write FOR FREE BOOKLET
Department of Fisheries Ottawa
Please send me your free 52-page book, "Any Day a Fish Day", containing over 100 delightful Fish Recipes.

DEPARTMENT OF FISHERIES OTTAWA

SALT FISH DE LUXE
1 1-lb. package of boneless cod or other clean salt fish freshened. Butter
1/2 cup of hot water 2 hard-boiled eggs
1/2 tsp. of pepper 1 tsp. of dry mustard

Flake freshened fish into pieces. Turn three-quarter cup of the water in which fish was freshened, over fish, which has been placed on platter or shallow dish. Sprinkle with teaspoon of dry mustard and half teaspoon of pepper. Chop hard-boiled eggs over fish and dot generously with butter. Serve with tomato sauce.

ANY DAY A FISH DAY