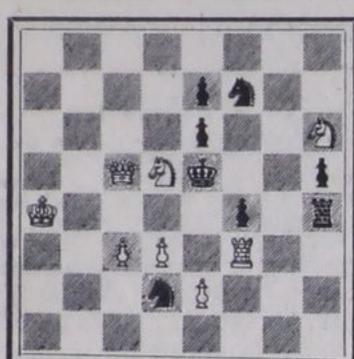
Our Chess Column

(Please address contributions to, or questions regarding, this column to Mr. H. A. Seymour, col The Haileyburian)

Problem No. 4 By the late Arthur Mosely, Brisbane, Australia (Prize 2-mover) BLACK-8 Pieces



WHITE-8 Pieces White Mates in 2 Moves

PROBLEM No. 3 By F. W. Watson, Winnipeg Key Move-Q-B3

Haileybury Chess Club

Mr. D. Hill now emerges with a clear lead in the local Club's conclusion of the eighth round, contender for the leadership lost his game in this round. Unless the unexpected happens, Mr. Hill should have little difficulty in maintaining the lead, but his reat the conclusion of the regular pressure under mental strain. games.

Downing 1, Hull 0; Hill 1, Mac-Lean 0; Miller 1, Banwell 0; Sey ver 0; Tuke 1, Hincks 0.

Present standing is as follows Glover .____ 6 Miller ---- 6 Seymour .____ 6 Unwin .____ 6 Downing ____ 4 Arnold .---- 31/2 MacLean ---- 3 Hull .---- 3 Tuke

The following is a specimen of the word champion's play in a game at the recent Bled Tourna-

Hincks ----- 1/2 71/2

Banwell ---- 0

ment: Queen's Gambit Declined Alekhine Maroczy White Black P-Q4 Kt-KB3 Kt-KB3 P-B4 P-K3 QKt-Q2 P-KR3 B-Kt5 P-K3 B-K2 B-R4 Kt-B3 Castles R-B P-B3 B-Q3 P-R3 Castles PxP P-B4 (a) P-QR4 Q-R4 PxP Q-K2 Kt-Kt3 14 PxP(b) B-Q2 B-O3 KR-Q B-K P-B4 Kt-Kt4 $R \times P(c)$ PxKt Kt x Bch QR-Q K-B Kt x Pch K-K2 Kt-R7ch QR-Q3 O x KtP P-B5 P-OKt4 Kt-Q2 Q-K5 (d) Q-R8 !! R-B (e) White mates in three (f) Abridged Notes from Ameri-

can Chess Bulletin (a) So far the play has been along conventional lines, but this advance ought to have been preceded by P-QKt4.

(b) The open K's file vastly outbalances the isolation of the

(c) If Kt x Kt, then 19 BxB, R-Q2 (if Q-R4, 20 P-R3 wins a piece), 20 B-B5, threatening to capture the Q by P-Kt4. Hence Black must abandon the K Kt. (d) Menacing Q-B6ch and Kt

-B8 mate. (e) Unconscious of the mating net over his head!

f) 28 P-B6ch, KtxP; 29 QxB ch, K-Q2; 30 Kt-B8 mate. Or 28

Health Service



OF THE Ganadian Medical Association

Edited'by

GRANT FLEMING, M.D. ~ ASSOCIATE SECRETARY

ARTERIOSCLEROSIS

With the approach of old age, changes in the arteries are to be expected on account of their constant use over a period of years. The change which we know as and inelastic.

When this change occurs in middle life, we have what may be change in the arteries is generalother parts which may be either must be avoided. the cause or the result of the altered condition of the arteries.

cohol and lead are systematic early treatment of any infectious poisons. Another form of poi- condition. Abuse of the body reby germs which are present in suffer abuse today and have i the body. The toxins may come made up for by extra care tochampionship tournament at the from a focus of infection, such morrow. Abuse leaves permansince Rev. Mr. Glover, the other the toxins given off by the germs wearing out, or premature old of syphilis or some acute infec- age.

body leads to an early wearing Street, Toronto, will be answered personally by letter. maining opponents may spring a out of the body machine, and this surprise. A great battle is now may mean early hardening of the Hold Dance and Bridge in on for second place between arteries. Perhaps the most usual Messrs. Glover, Miller, Seymour way in which the body is made to and Unwin, and it is probable a overwork is through over-eating.

years in which to enjoy life, to good time is assured.

work and to play. This is better than trying to crowd a whole lifetime into a few years, then to spend the remainder of life handicapped by a prematurely worn-out body.

Those individuals in whom the arteriosclerosis, or hardening of condition has developed must face the arteries, means that the walls the situation; they must adjust of the arteries have become thick their lives to meet new conditions. If they do so, they can en joy a life of restricted activity.

Life for such individuals must nights. called premature old age, for it be quiet, well-regulated and withhas been said with truth that a out indulgences to excess in food man is as old as his arteries. The or drink. Excesses of any kind whether physical exertion, men ly associated with changes in tal worry, anger or excitement.

The prevention of hardening of the arteries lies in a hygienic life, Hardening of the arteries fol- the avoidance of excesses, rea lows poisoning of the body. Al- sonable attention to diet, and the the night of December 12th last. as diseased teeth, or they may be ent scars which lead to an early

I.O.O.F. Temple Tomorrow

means elastic, it is necessary for Haileybury Lodge I.O.O.F. and mission for a single game. N. J. us to live a life of moderation. Northern Light Rebekah Lodge. McCubbin, of North Bay, and J attention to the simple rules of quet room commencing at 9 p.m. the trustees. healthy living, have their reward The CKMC orchestra, from Coin more years of health, more balt, will provide the music and a

Haileybury in 1925

Haileyburian of Seven Years Ago

The new town council decided Market Day throughout the year at the inaugural meeting on Monday night.

below zero on Sunday night an about five inches of snow fell early this week.

Both Mayor Legris and ex Mayor Summers assisted in the

Mr. W. H. Rice, Browning thousand depart for the mental Street, has been appointed a gov ernment road inspector.

Arthur William Fisher was sentenced to seven years hard labor, when he was convicted of staging a hold-up in Cobalt on

New Liskeard Senior hockey soning is by the toxine given off sults in harm. The body cannot team maintained their winning streak at the expense of the Timmins team on Tuesday evening, beating the gold miners by score of 9-6.

Mrs. Louis Dupuis, aged 62 Questions concerning Health, addressed to years, died in the Red Cross Hos-Overwork of some part of the the Canadian Medical Association, 184 College pital here on Monday, after an ing illness of some weeks duration.

trophy given by R. H. Thompson of North Bay, and F. R. Gibson, Tomorrow evening, January of Haileybury, have agreed on saw-off will have to take place Another cause is living at high 15th, the third of a series of the rules governing the cup; 12 dance and bridge parties will be end games by two rinks to be failure is not in itself a cause of It is evident that if we wish to held in the Oddfellows' Temple played, except in special cases insanity, otherwise, especially in Eighth round results were: keep our arteries young, which here, under the joint auspices of where the trustees may give permour 1, Arnold 0; Unwin 1, Glo- Discretion in eating and drinking, Cards will be played in the ban- E. McCuaig, of Haileybury, are

Items from the Files of The

unanimously to fix Saturday as Persons Now Going About Their

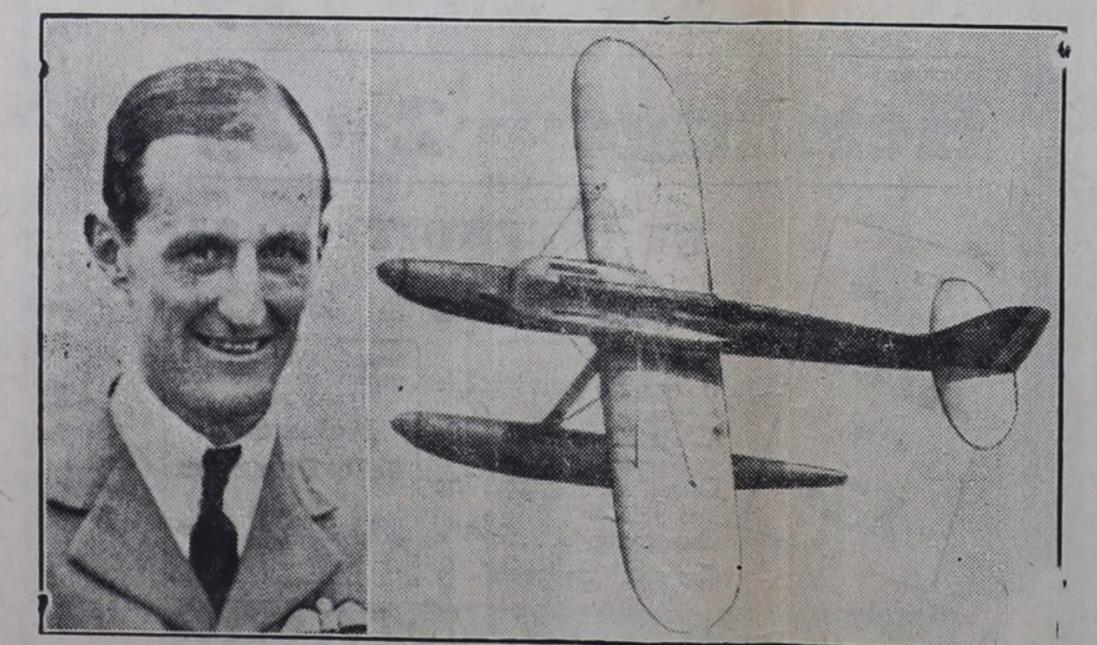
opening of the new theatre last week, by making short speeches from the stage on the first two

OLD MAN WINTER RELENTS



When this group of Oxford and Cambridge ski experts arrived in Ottawa to pay a visit to His Excellency the Governor-General and also enjoy a good day's sport, they were rather unfortunate. Old King Winter decided to play a prank on these sportsmen who had come to Canada instead of Switzerland for their annual Winter sport meet. When they got off the train there was not a flake of snow within 10 miles of the city, and members of the Ottawa Ski Club had to take them on a sight-seeing tour of the Capital. However, King Winter thought he had done enough mischief and sent nine inches of snow floating down over the Gatineau Hills so that the Varsity skiers can go back home and tell the folks they really saw snow in Canada.

1,000 MILES AN HOUR FLYING SPEED POSSIBLE



P-B6ch, K-Qsq.; 29 QxBch, KxQ; If man will but build an engine powerful enough there is nothing to keep him from flying at a speed of 1,000 miles an hour, believes Squadron Leader A. H. Orlebar, captain of the British Schneider Cup team, members of which have already flown in excess of 400 miles an hour. Above is a picture of the famous British airman and also a photograph of the English supermarine Rolls Royce plane Want Ads. Bring Results banking at 350 miles an hour.

Mental Health

By D. M. LeBOURDAIS Director, Division of Education, Canadian National Committe for Mental Hygiene

INSANITY WILL CLAIM EIGHT THOUSAND IN 1932

Business Already Headed for the Mental Hospitals

Before this year ends eight The temperature dropped to 32 thousand men and women who in our Canadian homes, on the rules of living that will result in farm, in village, town, and city, the fullest possible degree of will have entered the doors of our mental hospitals. Some will stay but a few weeks and return to their homes and their work. Others will remain for a much longer period. But many others will never leave the hospital walls until death overtakes them.

> When some of these eight hospital it will be no surprise to their friends and relatives. But among the eight thousand will be many who today seem quite well and normal and far from needing mental treatment. Nevertheless, if we could in some way pick out this group of potential mental patients and look into their actual lives, particularly if we were expert in detecting the factors which contribute toward a mental breakdown, we should find in almost every case that the condition which finally makes a mental hospital necessary had been of considerably long stand-

Why do people go insane? There are many reasons. And The trustees of the new curling probably no case is due entirely to any one cause. One often hears that so-and-so, having failed in business, has suffered a mental breakdown. But business these times, many more persons would be headed for the mental hospital. One hears of another whose mental breakdown is attributed to blighted love. While it is proverbial that the course of true love is not always smooth, Want Ads. Bring Results it is not true that every broken heart must be mended in a mental hospital. As a matter of fact,

in most cases no single factor can be held responsible for a mental breakdown. Rather is such a contingency the result of one's way of life, although some particular incident may contribute the last straw that breaks the camel's back. This may be a business failure, the loss of a job, the death of a loved one, or a shattered romance.

The average person now knows more about how to maintain general physical health than physicians knew a century ago. The great job now facing mental hygienists is to make equally well are now going about their affairs known to the general public the mental health.

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