

Haileybury in 1924

Items from the Files of The Haileyburian of Seven Years Ago

The Haileybury baseball club was favored with fine weather for the sports day on Tuesday at Lakeview Park, and a great program of field and track events was run off.

Graham Brothers are now engaged in the rebuilding of their store on Browning Street, west of the T. & N. O., and will commence business in a month or two.

The Haileybury Tennis Club held a pleasant bridge and dance in the Mattair cottage, Lake Shore Road.

The town of Cobalt is planning for a big re-union of old timers to be held from June 28th to July 1st this year.

Following the prolonged cold spell in May, a change came last week-end and it looks as though the summer weather was now here to stay.

A plane of the Laurentide Air Service flew from Rouyn to Haileybury in 45 minutes yesterday, driven by Lieut. Caldwell, pilot for the Company, and carrying three passengers.

M. Deraiche had two ribs broken when his team ran away on Saturday and he was thrown from the wagon and under the wheels.

H. Pudden, of Haileybury, is in charge of the new mill of the Great Lakes Pulp and Paper Company, at Fort William, which commenced operations for the first time this week.

Mental Health

By D. M. LeBOURDAIS
Director, Division of Education, Canadian National Committee for Mental Hygiene

PHYSICAL AILMENTS HAVE MENTAL SIDE

Hobbies or Interests Have Value For Everyone But Especially For Those Afflicted

Even a slight knowledge of mental processes may help one through a difficult period. A woman writes that she is becoming quite deaf and finds it hard to adjust to new conditions. We have only to put ourselves in the place of a deaf person to realize how trying the situation must be.

Every person with an average bringing-up has a desire for personal independence. He does not like to be dependent upon any one else. Furthermore, most people are sensitive about afflictions such as deafness, stammering, or some gross physical deformity, and this makes their affliction all the more harder to bear. But in spite of this sensitiveness the deaf person must constantly draw attention to his deafness. He can only carry on a conversation with the co-operation of others. It may thus be seen that here are a set of circumstances which, for one of a sensitive nature, might very easily result in a serious situation.

Thoughtless people sometimes are not so careful as they might be about the feelings of deaf and other afflicted persons. These little slights, in most cases unintentional, leave a sting. The deaf person, already over-sensitive, is inclined to magnify them out of all proportions to their importance. The result is that he withdraws into his shell, becomes more sensitive than before, and consequently more susceptible to offence. Now a vicious circle is set up, which, unless the victim receives some help, may result in a serious malady.

Considerate people are especially careful about the feelings of persons so afflicted, but there are many who are not considerate. Therefore much depends upon the deaf person himself. He must

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Health Service

OF THE
Canadian Medical Association

Edited by
GRANT FLEMING, M.D. - ASSOCIATE SECRETARY

Diphtheria Can Be Prevented

We know as much about diphtheria as we do about any other disease, in fact, we may know more. We know the germ that causes diphtheria; we know how the disease is spread from one person to another; we know how to cure the disease providing treatment is given promptly on the first day, and, lastly and most important of all, we know how to prevent diphtheria.

We are indeed in the happy position of possessing the knowledge which would enable us to overwhelm diphtheria and to make it one of the rarest diseases. We are in a position to annihilate one of the foes which, for generations, has menaced human life and left a trail of damaged bodies in its wake.

To know this is one thing, but to take the necessary action is another. We know how to prevent diphtheria, but just because we have this knowledge, we will

train himself to look at the whole situation clearly, not by any means an easy thing to do. He must convince himself that people have no intention of slighting him, and that when they appear to do so they are merely thoughtless.

Then there is another point. None of us likes to feel at a disadvantage in any situation. In this respect the deaf are seriously handicapped. It would therefore be well for every person so handicapped to excel in a certain direction; it might be some sport where deafness would not matter or in some avocation. Hobbies and interests are valuable for any one, but for the physically afflicted, they often mean the difference between a healthy mental life and one of great unhappiness.

(Information on any point not covered here will be given in later issues if you will address your questions to "Mental Health", 111 St. George Street, Toronto, Ontario.)

not cause diphtheria to disappear. Diphtheria will disappear when we make use of what we know and not before.

There is a substance called diphtheria toxoid. When this substance is injected under the skin, it stimulates the body to produce the forces which enable it to overcome the poisons which diphtheria germs give off. After a certain number of injections—usually three are sufficient—given at stated intervals, the person injected is protected or immunized against diphtheria.

It is a simple, harmless way of securing protection against a disease which is responsible for about nine hundred deaths each year in Canada.

What all those who are responsible for the care of young children should know is that diphtheria can be prevented. But everyone should understand also that diphtheria will not be prevented unless each child is given the necessary injections of diphtheria toxoid whereby he is immunized or protected.

The responsibility rests with parents. The method of preventing diphtheria has been discovered; everyone is being told about it. The family physician is ready to give the injections. In many places, the Health Department furnishes the Diphtheria toxoid. All of this is of no value, however, unless each parent or person responsible sees to it that his own child or each child under his care is protected.

Diphtheria is a disease which occurs early in life. It is not safe to delay in having children immunized. This should be attended to before the end of the first year, but even if your child is more than a year old and has not as yet received the necessary injections, they should be given without delay.

It is urged upon all parents not to delay in having all their young children immunized. When that

has been done, we can say not only that diphtheria CAN be prevented, but also that it HAS BEEN prevented.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

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TRAINS Nos. 17 and 18—Daily except Sunday service between North Bay and Cochrane, operating through Sleeper between Timmins and Montreal. These trains use Canadian Pacific Railway station at North Bay.

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NOTICE

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Notice is hereby given to holders of mining claims, wheresoever situate, upon which the work specified in the Mining Act has been prohibited or restricted to a stated period by the Minister of Lands and Forests under the authority of the Mining Act, or where permission to do the work has been given under conditions and limitations designed to protect the timber, THAT under the Forest Fires Prevention Act, 1930, they are required to apply to the District Forester in the District in which the land is situate for a permit to perform such work, and that failure to apply for such permit or upon issue of the same, failure to perform and record the work prescribed by the Mining Act, will subject their claim to cancellation. The time for performing and recording the said work is extended by Order-in-Council to and including the 15th day of November, 1931. If the work is so done and recorded, the time for computing the date before which further work upon the claim is required, will be computed as from the said 15th day of November, 1931.

The name and address of the District Forester to whom application for such permit should be made, may be obtained from the Recorder of the Mining Division in which the claim is situate. A miner's license in the name of the applicant, or due renewal of the same, must accompany the application and the number or numbers of the mining claim or claims must be clearly stated.

T. F. SUTHERLAND,
Acting Deputy Minister of Mines.

Toronto, December 9th, 1930.

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