

Dairy Herds Are Now Tested By Government V.S.

Official Making Rounds of All Dairies and Service is Free of Charge

A local dairyman informs us this week that a veterinary surgeon, in the employment of the Ontario Department of Agriculture, is now making the rounds of all dairies where milk is produced for public sale and testing the herds for tuberculosis. This service, we are informed, is free of all charge.

The official surgeon has the authority to slaughter all cattle found effected, doing the work on the premises if there is not a sufficient number to be shipped to the abattoir in Toronto. The meat is tested and, if found fit for food, it may be sold by the owner, otherwise it must be destroyed. The owner of the animal slaughtered is paid by the department for all meat found unfit for use. When the test of a herd is made and any animals are found doubtful, the owner must keep them separate from the others, and must not sell the milk, until the surgeon returns on his next trip.

The official who visited this section, and from whom our informant got the outline of the system, is a Mr. Mathews, of Hamilton. He has been for some weeks in the North Country and will continue to make periodic visits to all dairies which supply milk in the chief centres.

Coming Attraction At

The Classic Theatre

On Friday and Saturday, March 20th and 21st, Raoul Walsh's "The Man Who Came Back", with Janet Gaynor and Charles Farrell, story by Jules Eckert Goodman. A Fox Movietone Screen play by Edwin J. Burke. The theme of the story The son of a powerful financier trained only for a life of luxurious, slips from grace and skids to the very depths of depravity, there he meets a girl but one step above him on the ladder of degradation, inspired by love and their faith in each other they retrace every step of their downward path and regain society's recognition.

A domestic problem that has been the cause of bitter unhappiness in countless homes, namely the plight of a wife when a fascinating woman enters her husband's life--is reflected in the dramatic plot of "Passion Flower" which will play the Classic on Monday and Tuesday, March 23-24. With Kay Johnson and Charles Bick-

ford playing the married pair whose happiness is shattered when Kay Francis, the other woman comes along.

Bob Steel, portrayer of western roles and noted for his horsemanship, is to be the star attraction at the Classic, Wednesday and Thursday, March 25-26, in his all-talking production for Tiffany productions, in "Near The Rainbow End". The supporting cast includes Louise Lorain and Lafe McKee, the story is by Sally Winters. On the same program with the special added attraction, "The Princess and The Plumber" with a mythical little principality in the Balkans as its setting, with Charles Farrell and Maureen O'Sullivan in the leading roles.

New Liskeard is practically assured of a new covered skating rink, as the result of a canvass for funds made there last week. The Speaker reported a total of 14,409 shares of stock subscribed with a large number of people still to be interviewed.

NOTICE OF EXPROPRIATION OF LAND

Notice is hereby given that under and by virtue of Section 12, Chapter 36, of the Northern Development Act, R.S.O. 1927, and Section 17, Chapter 52, of the Public Works Act, R.S.O. 1927, the following parcels of land in the Town of Cobalt and District of Temiskaming have been expropriated by the Honourable, the Minister charged with the administration of the Department of Northern Development, Ontario, for the purpose of constructing an overhead crossing over the Nipissing Central and T. & N. O. Railways on the Ferguson Highway and being:

Part of Mining location J.B. 4, extending to 1.19 acres, plan and description registered the 17th day of February, 1931.
Part of Mining Location J.S.14 extending to 0.16 acres, plan and description registered the 17th day of February, 1931.
Part of Mining Location R.L. 400, extending to .044 acre, plan and description registered the 24th day of February, 1931.

Plans and descriptions of the above parcels were registered in the Land Titles Office at Haileybury on the dates mentioned and notice is hereby given that all parties having claim to compensation in respect of the lands so expropriated must file same with the Department of Northern Development, at Toronto, within six months from the date of registration of the plan and description expropriating the land.

G. H. FULLERTON,
Deputy Minister
Dated at Toronto, Ontario, this 13th day of March, 1931.

Thumb Nail Sketches By Cy

Advice

ADVICE is a great thing. It is about the only thing in this great, wide world that may be obtained absolutely free--if you don't go to a lawyer for it. In fact, it is often thrust upon us "without money and without price." It comes from all points of the compass and sometimes with such fervor, especially if we have been so unfortunate as to run into a bit of a business cul-de-sac, as to produce the feeling that the giver would willingly pay substantially for the foolishness to take it.

"Dear, oh dear! Don't cut the baby's finger nails, or if you do," says a well meaning old lady friend, "he'll grow up to be a thief." "Don't weigh 'em, for goodness sake," says an emaciated old spinster, "or, if you do, he'll die sure." And then Mrs. Bunk comes to see the wife and to inquire how the new ten-pounder is progressing. "Ah," she says, "let 'em eat whatever he wants. If you don't and if he don't get a taste for everything, he won't be able to buy these things when he grows up." "The first thing I thought when my first baby came," said old Mrs. Sill, "was to tell the nurse to climb up on a chair and hold 'em up, up, high over her head," and then she continued most confidentially: "Never let your baby go down first. If you do he'll never be able to rise in the world. Look at my first boy, now. He's second foreman o' the garbage gang."

There seems to be but few exceptions to this free advice formula. Take the farmer, for instance, he is passing through a bit of tough luck just now and a lot of people think that the reason may be found in the lack of direction. They rush to the rescue with all kinds of advice as to how this highly technical business should be conducted, and they offer it as freely as the air you breathe. "Cut down the acreage," says one. "Increase the size of the farm," says another, "and put your operations on a commercial basis." And again, "Raise more hogs and cattle." "Get some turkeys and geese." "Develop mixed farming." "Cut the cost of production," and so on and on ad infinitum.

Maybe that all of this and a lot more is good stuff. We don't know. Probably the best advice after all is that of the practical expert who has made a success in his own particular line of business--the doctor in his, the lawyer in his, the engineer in his, the manufacturer in his, the merchant in his, the farmer in his, and so on and on again. This, however, seems to be the idea behind the big Exhibition and Conference to take place at Regina, Canada, in 1932. At any rate it promises to be the greatest gathering of experienced agriculturalists and technical experts ever held anywhere at any time.



Health Service

OF THE Canadian Medical Association

GRANT FLEMING, M.D. - ASSOCIATE SECRETARY

ECZEMA

Eczeema is an inflammation of the skin accompanied by itching and burning. There are many forms of inflammation of the skin, the most common of which is eczeema or salt-rheum. It occurs frequently among babies and old people.

As in any other inflammation, there is redness of the part. The redness increases if the part is irritated. The part itches and sometime the itching is almost unbearable.

Eczeema may be limited to one area, such as the face, or hands, or the scalp, or it may spread to several parts of the body.

An inflammation of the skin may follow some irritation from outside. If the hair-brush strikes the ear repeatedly, it may set up an inflammation of the skin of the ear.

The inflammation of the skin which are difficult to deal with are those which are due to some internal condition. The difficulty in treating them lies in the fact that it is not easy to find the cause, and it is not possible to treat any condition properly until the cause is known. Proper treatment always aims at the removal of the cause, otherwise the condition is not cured and will likely recur.

Improper diet or inability to digest food may cause eczeema. In such cases, it is the diet which must be corrected, or the digestive system cared for. In babies, if there is too much fat in the diet or if the baby is constipated, eczeema may appear as a symptom.

The skin of some persons is particularly sensitive to certain

factors which, in their cases, act as irritants and set up an inflammation of the skin.

Some people can use only the mildest of soaps; others cannot wear flannel next to the skin without having trouble.

Workers in certain industries, whose hands and wrists are exposed to metals, may have skin trouble.

Eczeema is also associated with what is called a generally run-down condition. The person whose health has suffered because of worry, lack of sleep or fresh air, or from any other condition which lowers his general health, may develop eczeema.

Eczeema in old age is often associated with this general loss of physical fitness which is really old age.

The itching which occurs may be relieved by soothing ointments but cure can only be brought about by removal of the cause. The physician's services are required in order to find the cause and direct the treatment toward the removal of the responsible factor.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

Here It Is Again

Sybilla Spahr's remedy, for treating every form of sore throats, coughs, bronchial asthma, and all tonsil diseases. Try this wonderful remedy. Sold at Haileybury and New Liskeard Druggists and The Moore Drug Co., Cobalt.

INFANT WELFARE CLINIC

COLUMBUS HALL
EACH THURSDAY
3 to 4 p.m.

Mental Health

By D. M. LeBOURDAIS
Mental Hygiene
National Committee for
Director, Division of Education, Canada

POET HAS FREEDOM RICH MAN GETS JAIL

Person's Mental Status Often Hinges on Social or Anti-social Nature of Acts

In a certain city there lives a man who believes he is the greatest poet in the world. This is a perfectly harmless delusion and does no one any injury. It helps him to write his pieces, and some of them are really quite good. Other poets smile indulgently, many of them know who the greatest poet is. So everybody is pleased.

Now in another city there once lived a business man who came in time to believe that he was the richest man in the world. In most other respects he seemed perfectly normal and his occasional talk of riches was put down by his friends as merely an amiable eccentricity. But when he tried to cash a cheque for \$1,000,000 that was too much! He soon found himself in jail. After examination by a mental expert he was sent to a mental hospital, where he still is.

From a medical standpoint both these men are insane (doctors prefer the term, "psychotic") they both have about the same degree of mental derangement. But they differ in the social consequences of their behavior. It is necessary, of course, to remove from the community persons who can not or will not observe the rules of society. Those whom we consider sane go to jail; the insane go to a mental hospital. Some people think of mental hospitals as places of punishment, when, of course, their real function is treatment. But, unfortunately, in most cases, patients do not reach the mental hospital soon enough--we wait until they

have committed some anti-social act.

In each province there should be a complete system of out-patient clinics where persons afflicted with any sort of mental disturbance can go for treatment or advice long before their cases become serious. And the public must learn that mental disorders do not come on suddenly, but usually develop slowly; that, taken in time, they can often be prevented; and, lastly, that there should be no stigma or sense of shame associated with mental disorders than with any other form of disease.



Too Much ACID

MANY people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief.

Be sure to get the genuine Phillips Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. 25c and 50c a bottle--any drugstore. "Milk of Magnesia" has been the U. S. Registered Trade Mark of the Charles H. Phillips Chemical Company since 1875.

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Meats that are Government Inspected and Approved.

Hamburg Steak 15c lb

Roast Beef No. 1 STEER 12 1/2c lb.

Meaty Pot Roast 10c lb

Loins of Pork They are Trimmed 22c lb

Fresh New Carrots 2 bunches 25c

Choice Lemons 25c doz.

Sweet Juicy Oranges 29c doz.

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No. 1 Ontario Potatoes \$1.50 PER BAG DELIVERED

78

Aylmer Soups 3 Tins 25c

SALADA TEA 1/2 lb. Pkg. Brown Label 27c 1 lb. 53c

SAVE THE WRAPPERS
Comfort Soap 10 Bars 49c
Chicken Haddie Tin 19c
FANCY Lobster Small Tin 21c
MAGIC Baking Powder . . . 1-lb. Tin 34c
AMERICAN BEAUTY Shrimps Tin 25c

LIBBY'S Sauerkraut 2 Tins 25c
FOR QUICK SUDS
Chipso Lge. Pkg. 21c
CLARK'S Spaghetti 2 Tins 25c
MAGIC Baking Powder . . . 1-lb. Tin 34c
SWEETENED AND CONDENSED
Nestle's Milk Tin 18c

SARDINES Brunswick Brand
For an Economical Lunch 5 TINS 25c

Cooking Figs 3 lbs. 25c

A Meal in a Glass
Toddy 1-lb. Tin 45c

FANCY QUALITY RED COHOE
Salmon 1-lb. Tin 23c

A Christies Product
Barbados Cookies lb. 19c

OXO CUBES Tin of 4 10c Tin of 10 21c