

Elaine And Her Ideas From Paris

Pieret turns white glass into an unusual jewelry set. The bracelet is oddly shaped and huge!

Chic! It was a black crepe skirt; the jacket or blouse (below) were white linen batiste, or fuselle Paray! the designer

Will her darling mules take wings or fly away?

A fan of long white feathers, fit for a slim princess!

Elaine 6-13

Rather fun what? To wear your ermine cape as a collar or your collar as a cape

What more can she say of this tailleur with its brown jacket or mustard mixture skirt. than that it is a Heum? She might add that the skirt & vest are a mixture

Suppose your bracelet opened to disclose perfume or powder

Can you live without tiny pleats on satin pajamas?

Elaine 6-14

THE RHYMING OPTIMIST

By Aline Michaels

If One Dream Died

If in your garden
The rarest rose
From bud to blossom
Did not unclose,
Would you leave pansy
And violet
And pink untended,
In your regret?

If lark and linnet
And whip-poor-will
Poured out their music,
Soft notes or shrill,
But one loved songster
Soared far away,
Would that mean silence,
For all your day?

Would you cease dreaming
If one dream died,
If one bright hope went
Unsatisfied?

Unshared Good

It is not enough that man may live
His life to the full, to know
Great tasks and the thrill they give
Or love with its beacon glow.

Though his treasures pile heaven high
All gifts that the world desires,
Still after each smile comes a sigh
And his spirit droops and tires.

If he selfishly keeps for the few
The bounty that falls to him,
For his pleasures will not ring true
And his sunlight must soon grow dim.

It is not enough to gain
After the toil is done,
A feeling of proud disdain,
A mountain crest in the sun.

For one who dwells thus alone
Will find earth a barren place
Till he shares all the good he has known
And it shines from each brother's face.

ture, in which her singing of "Love" was the magic spell which holds her audience breathless everywhere she is heard.

The Brading Breweries Limited

COMMON DIVIDEND No. 6
Notice is hereby given that a Dividend of Sixty-two and one half cents (.62½) per share upon the No Par Value Common Stock of the Company has been declared for the quarter ending June 30th 1930, payable July 2nd 1930, to shareholders of record at the close of business June 21st 1930.

By Order of the Board,
OTTAWA, ONT. T. A. McCONKEY
June 21st 1930 Acting Sec-Treasurer



SOUR STOMACH

JUST a tasteless dose of Phillips Milk of Magnesia in water. That is an alkali, effective yet harmless. It has been the standard antacid for 50 years. One spoonful will neutralize at once many times its volume in acid. It's the right way, the quick, pleasant and efficient way to kill all the excess acid. The stomach becomes sweet, the pain departs. You are happy again in five minutes.

Don't depend on crude methods. Employ the best way yet evolved in all the years of searching. That is Phillips Milk of Magnesia. Be sure to get the genuine.

"Milk of Magnesia" has been the U. S. Registered Trade Mark of the Charles H. Phillips Chemical Company and its predecessor Charles H. Phillips since 1875.

Health Service of the Canadian Medical Association

NOSE AND THROAT

The nose and throat of many persons cause them considerable annoyance and discomfort. Most of this trouble is due to infection, by which we mean the presence of germs.

Tonsillitis may occur in an fever and swelling of the glands of the neck. This condition is painful, but it is not nearly as serious as a chronic infection of the tonsils. In the chronic condition, there is no pain, fever or swelling, nevertheless, from these tonsils, the poisonous materials generated there go out into the blood stream and thus every part of the body is open to damage from this source.

Diseased tonsils require treatment. The proper treatment must be decided upon for each individual, but, generally speaking, there is only one cure, and that is removal by operation.

Adjoining the nose are several hollow spaces known as the nasal sinuses. Under normal conditions, these sinuses contain air. They connect with the nose through rather small openings. If infection occurs in the sinuses, the opening frequently becomes

blocked, and the pus formed, as a result of the infection, cannot drain out.

A chronic infection may develop in one or more of the sinuses, and if this occurs, it presents the same dangers as do chronic infections of the teeth or tonsils. The chronic sinus infection is frequently responsible for repeated head colds. The old infection flares up from time to time. During the acute stage, there is pain over the eyes or an ache over the cheek or back in the head. The flare-up accounts for the recurrence of the head cold.

Sinus infection must be brought under treatment if the damage it is capable of doing is to be prevented. The only way to prevent the heart or kidney disease which results from chronic infections in the body is to have such infections promptly and properly dealt with.

A considerable amount of ill-health is due to the long continued poisoning of the body which results from focal infections. Degenerative conditions of impor-

tant organs come about when they are subjected to the effects of chronic infections. For these reasons, and also because of the discomfort and pain which they may cause at the point of infection, prompt treatment is indicated as a preventive measure.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

HAILEYBURY LODGE No. 364 I. O. O. F.

Meets 2nd and 4th Mondays of each month in the I. O. O. F. TEMPLE at 8 p.m.

N.G.—F. L. Fleming
Rec. Sec.—W. J. McCagherty

INFANT WELFARE CLINIC

COLUMBUS HALL
EACH THURSDAY
3 to 4 p.m.

H. A. CARLSON

LADIES' AND GENTLEMAN'S TAILOR

We always have the most up-to-date and seasonable goods to choose from
Patterns and Styles to Suit Every Taste
Fit and Workmanship of the Best
CLEANING AND PRESSING
FERGUSON AVE. Liggetts' old stand

BABY'S OWN SOAP
Best for Baby

DOMINION STORES LIMITED

PERSONAL SERVICE

"WHERE QUALITY COUNTS"

Calay Toilet SOAP
3 Cakes 21c

Pearline 2 PKGS. 15c
Green Peas 2 LBS. 15c
Soda WASHING 3 PKGS. 25c
Certo BOTTLE 30c
Corn Flakes Pkg. 9c

Tiger Tomato Catsup 19c Large Bottle

MATCHES Full Count Large Boxes 3 for 22c
PRUNES Large, Choice, Sweet 10c
SOUP Campbell's—Tomato Only 10c
SOAP Comfort 10 Bars 45c
CORN STARCH Canada Pkg. 10c

Toothpicks

Sanitary Pkg. 5c
Carrots Aymer Diced No. 1 Tins 2 for 15c
Salt Free Running or Iodized 10c
Cleanser Tin 11c
Spaghetti Brock's 12c
Bird Seed Small Pkg. 10c
Bisto For Gravy In Tins 9c
Blue Reckitt's Pkg. 6c
Cocoa Baker's Pure Breakfast Small Tin 12c
Bloater Paste Tin 9c

The Cup That Cheers

For hundreds of years humanity throughout the world has been cheered and refreshed, strengthened and invigorated—life has been brightened and worries lightened—by just a cup of tea.

We do not claim that our Domino Tea was the inspiration of Shakespeare or Browning—Milton or Gray—we don't think it inspired Barrie to write his immortal "Peter Pan" or Sherriff his soul-searching drama, "Journey's End." But we do claim that it helps soften the nerve-shattering blows of this modern life with its noise and turmoil—its hurry and scurry—its automobiles and stock markets. Try it today. It's a soothing, strengthening blend of the finest Ceylon and Indian Teas, picked at the instant of maturity, blended by men of experience, will finally end your search for a

Cup of Real Tea

Special Price This Week

DOMINO TEA

½-lb. 27c 1-lb. 53c Pkg.

Catell's—10-oz. Pkt.

Macaroni 11c
Worcestershire Sauce 10c
BAKING Soda 1-lb. 10c
ICING Sugar 3 Lbs. 25c
Pumpkin No. 2 10c
Snap Hand 2 For 35c
Spinach No. 1 Tin 25c
Tapioca Lb. 10c
IVORY Soap Med. Cake 8c
Molasses Small Tin 12c
Horne's Gelatine Pkg. 9c
Heinz—Small Tin 2 for Baked Beans 21c
LUNCH Paper 50 Sheets 10c
APPLE Aymer No. 1 Tin Sauce 2 for 21c

"The Show of Shows" Comes to Empire Theatre

Not only the show of shows in name, but the show of shows in reality, will be the feature attraction at the Empire Theatre, New Liskeard, this Friday and Saturday, July 4th, 5th. All the stars in Hollywood do their stuff in this, a hundred shows in one.

You'll see Victor McLaglen, Edmund Lowe, Tom Patricola, Beatrice Lillie, Dolores Costello, Alice White, Winnie Lightner, John Barrymore, Irene Bordoni, Ted Lewis, Douglas Fairbanks jr.

and hundreds of others. It has a story as big as the cast, wonderful in color, and anyone fond of music, singing and dancing will do well to see "Show of Shows" this Friday and Saturday. Next week, on Monday and Tuesday, the king of the saddle, Ken Maynard, will be featured in a great talking western picture, titled "Senor Americano." On Wednesday and Thursday, radio's idol, Rudy Vallee in "Vagabond Lover" while on Friday and Saturday no one should miss Gloria Swanson in "The Trespasser." This is Gloria's first talking pic-