

**Fashion Fancies**

**Gray Clouds Have Pastel Linings**



A gray cloud comes through the rainbow mist of pastel colors. The fashion forecast is that it will remain on the style horizon throughout the spring and summer. Gray lends itself so exquisitely to artistic combination with the popular blues and pinks this spring that it is logical it should be an integral part of the mode. Although it's even seen during the evening hours, it is especially prominent in the daytime mode. Gray woollens of fine weaves are outstanding features of the tailored costume and soft gray silks with touches of navy or pastel blue or pink, lend charm to the afternoon mode.

Characteristic of this later idea is the afternoon dress of grayish blue crepe Elizabeth sketched above. The draped neckline emphasizes its flattering effect by a lining of dusky pink georgette. A novel treatment of the waistline is seen in the way in which the wide sections of the skirt taper into a sash, which crosses at the front and ties at the sides.

**Flowers of the Evening Mode**



Light blooming flowers are not rare this Spring. Fashion has nourished a profusion of floral designs that are out in the moonlight and make the evening mode an artistically patterned flower garden. The bouquet which one selects may be a quaint old-fashioned nosegay or a design as exotic in feeling as Orchid Roses are a popular choice and are especially dedicated to "this year of pink." A gown inspired by this alluring theme is that sketched above.

Here pale green rose and blue flowers mingle on an ivory ground of fragile chiffon. From the décollete, which is cut down to a point at one side, a little cape flutters softly in a bolero manner. The long skirt line is unbroken by the impressed pleatings set on a shaped line at the hips. The model is a delicate compliment to all of fashion's latest whims.

**INFANT WELFARE CLINIC**  
COLUMBUS HALL  
EACH THURSDAY  
3 to 4 p.m.

**North Cobalt Notes**

Mr. A. Robinson, who has been very ill for some time, is out again.

Mrs. Gordon Larrott was in Falconbridge over the week-end.

Mr. Hamlin McDonald, of Sudbury, spent a few days with his mother, Mrs. M. McDonald.

A number of young friends gathered at the home of Miss Helen Davies on Tuesday night, it being the occasion of her birthday. A very jolly time was spent.

Mrs. Scott, of Irroquois Falls, is visiting her parents, Mr. and Mrs. Robert Stoughton for a few days.

Mr. Dewey Derosier, of Temagami, was in town last week.

Miss Ivy Stuckey, of Windsor, is visiting her parents, Mr. and Mrs. Vincent Stuckey.

Miss Laura Ayotte, of Temagami, spent a few days at her home here.

The W. A. of the Anglican Church held a very successful tea and sale of produce at Mrs. Kenty's on Friday afternoon.

The Cobalt Dramatic Club gave a very interesting play, entitled "The Bean Town Choir," in the United Church on Monday night. Proceeds went to the Ladies' Aid.

John New, of Hound Chutes, was home last week.

Mr. and Mrs. Edward Cornear have moved from Haileybury and are living on Lakeview Ave.

Over \$32,000,000 have been invested in manufacturing enterprises in the province of Alberta and they are paying about \$14,000,000 yearly in salaries and wages to over 11,000 employees. A similar rapid development in industrialism in the sister provinces of Manitoba and Saskatchewan is to be noted. Combined, the three provinces have now a yearly output of manufactured goods in the neighborhood of \$325,000,000.

**THE RHYMING OPTIMIST**  
By Alice Macdonald

**The Queen—The Kitchenmaid**

Imperious, she ruled  
Her land from sea to sea;  
And there was none who dared  
To question her decree.

Sometimes with gracious air,  
Sometimes in scornful mood,  
While cringing courtiers  
Held all she did was good.

But to her court came one  
To whom her heart knelt down,  
In spite of all her pride,  
Her wisdom and her crown.

She joyed, and yet her joy  
Marred sweet tranquility;  
She trembled when she found  
Herself no longer free.

Imperious, she ruled  
Until she learned one day  
That queens, like kitchen-maids,  
Must own Love's greater way.

Poor kitchen-maids, poor queens,  
Alas! that this should be,  
And worse, the rule still holds  
For you, for me!

Fret not for any days gone by, for grief or wrong they held; past deeds must with night's shadows die, by dawn's fair glow dispelled. Grieve not! Unchanging rests the past, what has been done is done; new issues rise, new promise vast springs up with each day's sun. Enough, if each day's hours you fill with deeds of good intent, the boundless hope, the conquering will, the dauntless effort spent, all these upon the scales are laid when Justice adds the score; forget the part you may have played in days that are no more. For greatest of all boons men hold is this: with each morn's sun new vistas to their eyes unfold, new labors are begun. That is past forgotten lies; take, then, the onward way; no spectres of dead hopes need rise to bar your climb today!

**Health Service of the Canadian Medical Association**

**Milk**

Milk is the most important food for young children. The child may take his milk as a drink or on bread, cereal or fruit. Milk is also used in making soups, custards and puddings.

Milk is a liquid, but it should not be thought of as a beverage, as something to drink in place of water. Liquids are necessary and desirable, and most of our foods contain a large percentage of water. Milk is a food containing about twelve per cent. of solids. These solids are the very best food substances.

If you evaporate a quart of milk, you secure about half a cupful of butter fat, milk sugar and small amounts of certain minerals which go to make muscles, bones and teeth.

We cannot see these substances in milk because they are dissolved, but when we use milk, we take them into our bodies and so receive all the nourishment that the milk contains.

In addition to these food substances which build up the body and repair and restore worn-out tissues, milk contains vitamins which are so important in promoting growth and development in children and in keeping children and adults well.

There is no other food which can serve as well as the basis of a diet for a child. It is most desirable that every child should receive the benefits which are derived from the use of a sufficient amount of milk each day in his diet.

There have been many experiments carried out in which the effects of milk upon children have been carefully observed and these observations have shown that

children do benefit by the use of milk.

Milk is rich in calcium (lime) and phosphorus. The green leafy vegetables are another source of calcium. The use of milk assures the body of sufficient calcium, the lack of which causes damage to the bones of the body and to the teeth.

A great advantage of milk is the ease with which it can be combined with other foods. The needs of a properly balanced diet is frequently mentioned. The name "protective foods" has been given to milk and the leafy vegetables because of their ability to make good the deficiencies of other foods. If we use milk and leafy vegetables, we are protected from the ill results of an un-

balanced or deficient diet. Milk is the one food for which we have no satisfactory substitute.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

HAILEYBURY LODGE No. 364  
I. O. O. F.

Meets 2nd and 4th Mondays of each month in the  
I. O. O. F. TEMPLE  
at 8 p.m.

N.G.—F. L. Fleming  
Rec. Sec.—W. J. McCagherty

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Take the Mt. Robson Route

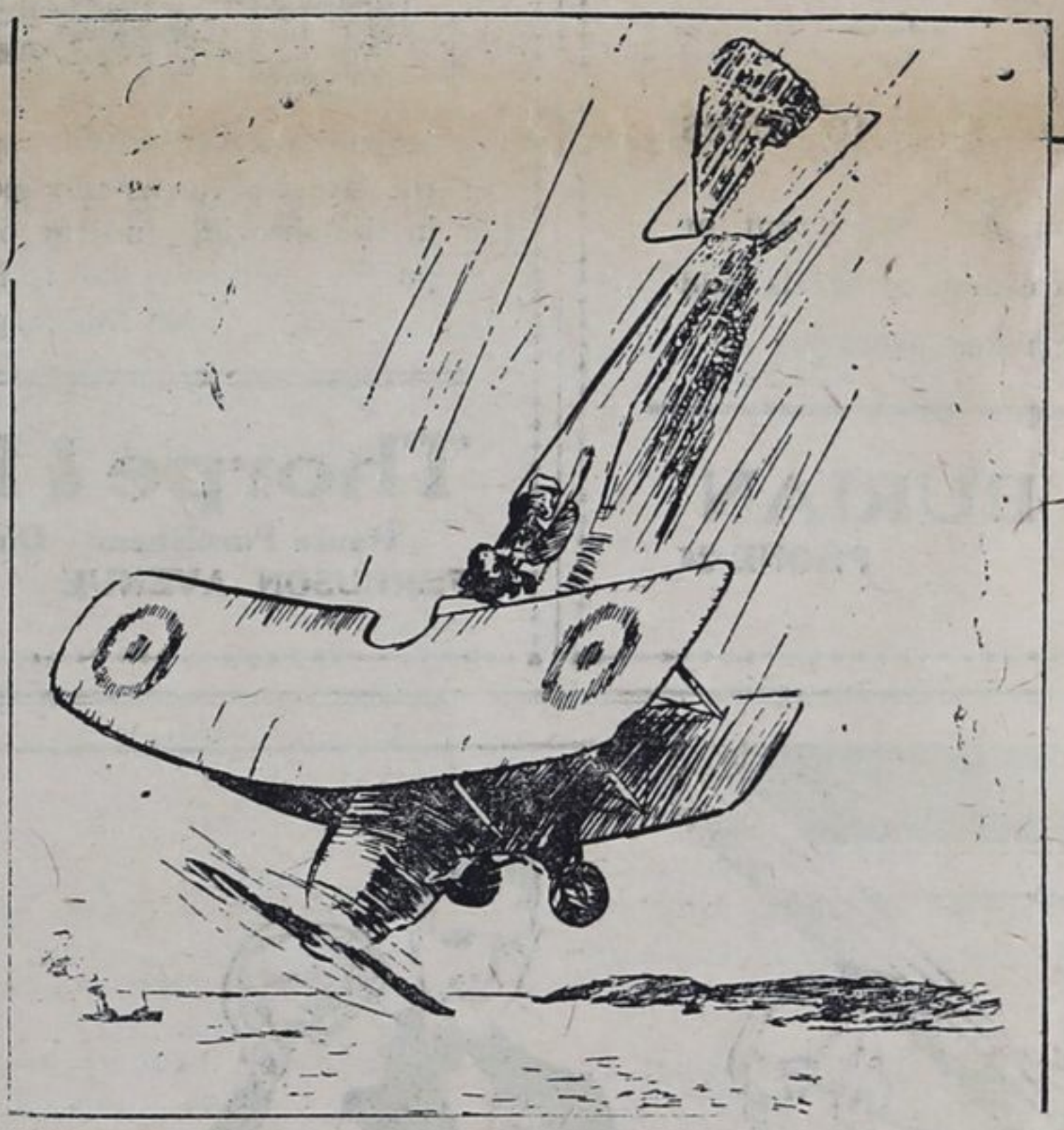


**LOW TOURIST FARES to JASPER NATIONAL PARK and ALASKA**

Low cost trip to the Pacific Coast. What a chance to see our Canada! The great prairies... Jasper National Park... Mount Robson and the Canadian Rockies... Vancouver and Victoria. Perhaps a glorious cruise through the Inland Seas to Prince Rupert and Alaska... glaciers... towering mountains... the Klondike. Diverse routes are available offering delightful variety of scenery. These fares are in effect from May 15 to September 30.

Descriptive folders attractively illustrated may be obtained from any Agent of Canadian National Railways.

Canadian National TO EVERYWHERE IN CANADA



Pilot (as aeroplane nose-dives into sea): "Can you swim?" Passenger (bitterly): "About as well as you can fly!" —The Passing Show

**ACROSS CANADA & BACK**

**Dean Sinclair Laird's Seventh Annual All Expense Tour**

Leaves MONTREAL - JULY 20-22 Days  
Leaves TORONTO - JULY 21-21 Days

All Expense Rate

From MONTREAL - \$371.00  
From TORONTO - \$340.00

Other points quoted on application

You will travel by rail, steamer and motor... through Canada's industrial and agricultural regions... through the Rockies with their crowning jewels, **Banff, Lake Louise and Emerald Lake**... to Vancouver and Victoria... west by one highway... east by another...

Over Canada's Scenic Route

**CANADIAN PACIFIC**

Illustrated booklet on application to Dean Sinclair Laird, Macdonald College P.O. Que., or C. H. WHITE, District Passenger Agent, 87 MAIN ST. WEST, NORTH BAY, ONT.

**"Made in Canada" Week at DOMINION STORES Limited**

**"KEEP CANADA BUSY"**

**"Where Quality Counts"**

And You Did!

Last week we asked you to BUY MADE-IN-CANADA goods. We pointed out the fact that by doing so you were helping yourself to prosperity—and you did. The response was wonderful, and we have received many expressions of appreciation, both from the general public and from Canadian Manufacturers, thanking us for so impressively bringing to your attention the advisability of purchasing HOME products. In response to many requests, we are continuing our Made-in-Canada sale for this week.

**Help Yourself to Prosperity**

**Tomatoes** CHOICE QUALITY  
Bayside Brand 2 tins 29c  
2 1/2's Tin

P. & G. Soap 10 Bars 49c  
S.O.S. 6-Pad Pkg. 23c

CATELLI'S Eggwheat Noodles. Pkt. 10c  
LATHER-O SOAP Cake 14c

**SOUPS** AYLMER ASSORTED  
Except Chicken and Chicken With Rice 2 tins 19c

AYLMER GREEN LABEL CATSUP Bottle 19c  
AYLMER APPLE SAUCE No. 2 Tins 2 for 21c

COEN SYRUP  
No. 2 Tin 2 tins 29c  
No. 5 Tin - - 35c

CHRISTIE'S Sandwich Biscuits lb. 33c  
CLARK'S PORK and BEANS Large Tin 23c

**CATSUP** TIGER TOMATO Large Bot. 19c  
LIFEBUOY SOAP Cakes 21c  
OH BOY Hand Cleaner 3 Tins 25c

Baking POWDER  
COOK'S FRIEND lb. Tin 29c

BENSON'S CORN STARCH 2 Pkts. 25c  
KELLOGG'S RICE KRISPIES 2 for 25c

**TODDY** Try It Hot or Cold 1-lb. Tin 45c  
Regular 53c