

Fashion Fancies

Preparing for Spring



Of course it is rather early to be thinking of spring clothes, but the shops are showing so many that it is impossible to ignore them.

Contrast seems to mark the mode for this coming season, and the suit illustrated is no exception.

Of white wool crepe, the jacket might be mistaken for a cardigan were it not for the flat collar of Indian lamb with an intriguing little bow tie in the front. The high waistline of the skirt buttons to the rust colored blouse in a series of scallops, and the low box-pleated flare but adds to the general smartness of the suit.

Such a suit is, of course, admirable for the winter resort, but it is also bound to be popular for spring and summer wear.

The Revival of the Cape



The stage is set for the coming season, and we see thereon many of our old friends staging come-backs. Probably the most prominent in the cast is our old friend the cape, and it is certainly proving that age has not dimmed its popularity.

A charming ensemble designed for southern wear effectively combined beige and green canton crepe. The tuck-in blouse of beige crepe is a fitting background for the deep V of green, the point of which buttons on the skirt in front and back. The cape with slashes at the front for the arms, is of green Canton, lined with beige. The deep yoke of the skirt follows the inspiration of the V band and inverted pleats descend from the points. A green felt hat and green suede shoes complete the costume.

PARLIAMENTARY NOTICE

Tuesday, the eighteenth day of February next, will be the last day for presenting Petitions for Private Bills.

Tuesday, the twenty-fifth day of February next, will be the last day for introducing Private Bills.

Tuesday, the eighteenth day of March next, will be the last day for receiving Reports of Committee on Private Bills.

ALEX C. LEWIS,
Clerk of the Legislative Assembly
Toronto, January 9th, 1930.

Health Service of the Canadian Medical Association

Paralysis

Paralysis appears to be a disorder of the muscle, but it is, in reality, a condition which results from a disorder of the nerves or the nervous mechanism which controls the muscles. The disorder of the nervous control causes either a rigidity of the muscles or a relaxed state; in either of these, complete or partial loss of control exists, and the muscles involved or the part served by the muscles, is said to be paralyzed.

The disorder of the nervous control is caused by damage to the nervous tissue. If the spinal cord is injured, there is loss of sensation below that point. The senses of touch, pain and temperature are lost because the connection which carries these sensations in from the skin is broken at the point of injury. Paralysis does occur as the result of infection, the action of bacteria or living disease germs. In certain communicable diseases, the spinal cord is selected for special attack. This is the case in infantile paralysis, in which disease, unfortunately, paralysis is one of the outstanding features. Injuries of the head may result in paralysis on account of the bone pressing on certain centres in the brain which control the muscles.

The rupture of a blood vessel in the brain means pressure; depending upon the extent of the haemorrhage and its location, paralysis to a greater or less extent occurs. This condition is commonly called apoplexy or paralytic stroke. The blood contained in the blood vessels is under pressure. If the wall of the blood vessel become weakened, it may give way under pressure and haemorrhage result. The blood vessels of the brain are particularly delicate and that is why they give way first. The weakening of the blood vessel walls occurs as a result of disease, particularly syphilis. In other cases, the break is not due to any particular weakening of the blood vessel walls, but to an increase in the blood pressure to a point that causes the blood to burst through the vessel walls.

The extent of the relief which may be given to the paralysed depends upon the cause of the condition. Many forms of the disease can be helped; some can be improved; for others, unfortunately, little or nothing can be done. Prevention is chiefly done through the control of infections.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

Presbyterial W. M. S. Holds Meeting Here

Splendid Activities Reported and Optimism Shown by All Departments

A meeting of the Executive of Temiskaming Presbyterial W. M. S. of the United Church, was held on Wednesday, January 29, at the home of Mrs. F. W. Hutt, Haileybury, the president, Mrs. Scott Fairley, presiding.

The past president, Mrs. D. A. MacKeracher, conducted the devotional exercises and of the 17 members, fifteen were present. Regret was expressed at the unavoidable absence of Mrs. J. F. Anderson and Mrs. Brydges, of Kirkland Lake.

Mrs. Fairley, in her opening address, urged all those present to put forth every effort to make 1930 the banner year of this Presbyterial. She reported visits made to Englehart, Kirkland Lake, also Swastika, where she formed a new Associate Society.

The reports of the various departments were read and fully discussed. Mrs. J. A. MacArthur treasurer, presented a very encouraging financial resumé for the year. The Presbyterial raised during 1929, \$1,825.00, which was about 90% of their objective. It was felt that the Associate Societies at Uno Park, Thornloe, Brentha, Charlton and Elk Lake in raising their entire allocation, had done very good work.

Splendid activities were reported of the Young People's work, and the Mission Boards. Mrs. P. Tiller, our very efficient secretary of Young People's work, reported a new Mission Circle at Thornloe.

Through each and all of the departmental reports ran a most optimistic strain, every secretary being fully alive to the responsibilities of her office and determined to overcome any discouraging features of the work.

It was decided at this meeting that all expenses of executive members coming from a distance be paid out of the Presbyterial expense fund.

The delegates appointed to accompany the president to the Conference Branch meeting in Toronto, March 4th, 5th and 6th, were Mrs. J. F. Anderson, Kirkland Lake and Mrs. P. Tiller, of Thornloe. In the event of these ladies not being able to attend, Mrs. F. Smith, Cobalt, and Mrs. T. Watson, Elk Lake, were appointed as substitutes. After the business of the meeting was completed, a very dainty lunch was served to the ladies by the hostess, Mrs. Hutt.

Sell It By Advertising!

Community Hall to be Finished in June

Good progress is being made on the interior work of the community hall building, being erected in connection with the arena, which takes the place of the former armory here. At the present time the plastering of the building is being done by A. G. Brooks, of New Liskeard, who has the contract for that portion of the work from Hill-Clark-Francis.

The main floor of the new building consists of four large rooms, or offices, while the upper floor is largely taken up with the community hall. Kitchen space is provided at one side of this floor. The basement extends under the whole of the new building, with a section reaching under the arena which will be finished as a shooting gallery.

The contract calls for the whole to be completed next June.

Clover Valley News

We are having an unusually fine winter, which is very favorable to all.

Hay pressing has been going on the past week in this neighborhood.

The W.I. is preparing program for an entertainment to take place in March.

The sad news came to Mr. Nelson on Saturday evening that Mrs. John Fernholm had passed away that evening in the Weston Sanitarium, where she has been for the past seven months. At the time of writing the funeral arrangements had not been made. Sympathy is extended to the bereaved husband, who went to Toronto last week, also to the little family at home.

Mr. J. M. Fleming is ill at the present time.

Rev. D. A. MacKeracher held service in the school on Sunday last.

THE RHYMING OPTIMIST

Winter Sunshine

Not ardent as the summer's glowing rays
Which burn with fiery kisses where they lie,
This paler sunshine of the winter days
Brings paler liveliness to earth and sky.

As though reluctantly, its slant beams give
A ghost of summer's glamour to the place;
Faint though the charm of this pale fugitive,
It still retains a vestige of past grace.

Yet, even from its meagre store of heat,
Its mockery of vital August hours,
It marshals a scant cheer where-with to greet
The world with memories of

vanished flowers.
And from some woodland fastness silent long,
A mocking bird flits out for one brief song.

Pink Cyclamen

Butterfly blossoms, poised for flight,
Each on a slim, brown stem,
Frail little messengers of delight,
Tinted and shaped like a gem!

Yours are the rare, exotic charms
Treasured and praised always,
Waxing in beauty, you mock the storms,
Fairer for wintry days.

All of the tempest and snow outside
Add to your tropic grace;
Violet, lily and rose have died,
Bleak is the garden's face.

Butterfly blossoms, poised for flight,
Until the spring comes again;
Yours to keep beauty's torch alight,
Lovely pink cyclamen!

TRY OUR WANT ADS

A Cake and Pastry Expert says:

"Since Purity is a strong, rich flour, with great expanding qualities use 1 tablespoon less per cup if your cake recipe calls for ordinary pastry or soft wheat flour. If it calls for milk, use half milk and half water (luke-warm) with Purity."

New Recipe for Flaky Pie Crust

For two pie shells use 2 cups Purity Flour, 1/2 teaspoon salt, 1/2 cup shortening 1/2 cup cold water. Mix flour and salt, cutting in the shortening until the mixture is like fine meal. Mix thoroughly with the water. Roll out thin, keeping it quite dry. For extra rich pastry use half butter and half lard.

Send 30c for Purity Flour Cook Book.

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SHIRRIFF'S Jelly Powders 4 PKGS. 23c	AYLMER OR LIBBY'S NO. 2 TIN Pork & Beans 2 FOR 23c
HALL'S—WITH RICE Chicken Broth TIN 10c	AUNT DINAH Molasses 2 1/2's 20c
CHOICE EVAPORATED Peaches 1 lb. 29c	QUAKER Cake Flour Pkt. 23c
SEA KING Lobster 1/2's 37c	NEW Cooking Figs 2 lbs. 25c
FRESH MILLED Rolled Oats 1 lb. 5c	LIBBY'S PREPARED Mustard 9-OZ. JAR 12c

MAPLE LEAF MATCHES 3 LARGE BOXES 25c	"THE NEW WAY TO HEALTH" McCORMICK'S SUNWHEAT BISCUITS Pkg. 25c RECOMMENDED BY THE HOSPITAL FOR SICK CHILDREN	BORDEN'S EVAPORATED MILK TALL TIN 2 FOR 25c "IT SPREADS OR SLICES" Chateau Cheese 1/2-LB. 19c PKG.
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