

Fashion Fancies

A Chic Skating Costume That Exploits Color Contrasts



For sports nothing is more effective than color contrasts, and the smartest designers recognize this truth. As a consequence our sports clothes are lavish with colors that seem to clash and quarrel with each other—but that actually harmonize.

The blue leather jacket in this skating ensemble is worn with a white flannel skirt, while the scarf and cap are of blue, white and flaming apricot. These colors are charming against a snowy background and becoming to almost every type.

The Cape Coat Lingers Far Into the Winter



Launched during the Spring, when balmy winds took advantage of its flowing grace, the cape, according to far-sighted coat designers, has come to stay.

It graces this charming afternoon model of blue Lido cloth, which is simple and dressy at the same time. Luxurious black lynx outlines the cape and forms a border extending to the hem.

Temiskaming & Northern Ontario Railway TRAIN SERVICE

The CONTINENTAL LIMITED, Trains Nos. 1 and 2, between Montreal and Vancouver, daily, operating through Sleeper between Cochrane and Toronto. These trains use Canadian National Railways station at North Bay.

TRAINS Nos. 46 and 47—Through service daily, between Toronto and Timmins, also to Rouyn, and Noranda, Que., operating Parlor Cafe Car Service between North Bay and Timmins. Through Sleepers operated between Toronto and Timmins, also between Toronto, Rouyn and Noranda, Que. These Trains use Canadian National Railways station at North Bay.

TRAINS Nos. 17 and 18—Daily except Sunday service between North Bay and Cochrane, operating through Sleeper between Timmins and Montreal. These trains use Canadian Pacific Railway station at North Bay.

LOCAL SERVICE between Cobalt, Fountain Falls and Silver Centre, Monday, Wednesday and Saturday.

Connections at Earleton Jct. for ELK LAKE daily except Sunday.

Connections at Englehart for CHARLTON daily except Sunday.

Connections at Swastika daily with Nipissing Central Railway for KIRKLAND LAKE, LARDER LAKE, CHEMINIS, ROUYN, and NORANDA, Quebec, and Intermediate Points.

Connections at Porquis Jct. for IROQUOIS FALLS, daily.

TRI-WEEKLY SERVICE between Cochrane and Island Falls Jct., leaving Cochrane at 8.30 a.m., arriving Island Falls Jct. 11.20 a.m., Tuesday, Thursday and Saturday; leaving Island Falls Jct., 12.20 p.m., arriving Cochrane 3.10 p.m., Tuesday, Thursday and Saturday.

See current Time Table or apply to any T & N. O. Rly. Agent for full particulars.
A. J. PARR,
Gen. Frt. and Pass. Agt.,
North Bay, Ont.

THE RHYMING OPTIMIST

By Aline Michaelis

Reality

Not of the sleazy fabric of a dream,
Must life be made; but of reality,
Enduring stuff, though it may lack the gleam
And gloss that in illusion's web we see.

Reality, though it be dipped in dyes
As sombre as the hues poor workmen wear,
And though it own no charm for casual eyes,
Has virtues that spring not from being fair.

It is reality alone can give
A touch of splendor to a barren life;
Through stark reality alone men live,
The rest is futile fury, foolish strife.
Prize not the sleazy fabric of a dream,
But choose through all your days to be, not seem!

With Morning

With morning's sky of pearl and rose,
Where faintly still the last star glows,
Through every soul fresh courage flows.

The little breeze comes softly now
Past camphor hedge and orange bough,
Its breath a promise and a vow.

Now every bird awakes to sing
And flutter up on joyous wing
To greet the morning's blossoming.

With morning dancing up the east
Night's chains are loosed and hope, released,
Springs forth again, to laugh, to feast.

Those brilliant banners of the dawn
That mark the shadow-hosts withdrawn
Signal a message, "Up and on!"

And as the rosy pageant takes
Its upward way while dawning breaks,
In souls an answering morning wakes!

Local Improvement Notice

TOWN OF HAILEYBURY

TAKE NOTICE THAT

1. The Council of the Corporation of the Town of Haileybury has constructed as Local Improvement a five-foot cement sidewalk on Main Street between Ferguson Avenue and Georgina Avenue.

2. The cost of the work is \$261.71, of which \$ is to be paid by the Corporation. The special rate per foot frontage is \$0.256. The special assessment is to be paid in 10 annual instalments.

3. The estimated lifetime of the work is 10 years.

4. A Court of Revision will be held on Monday, February 11th, at the Town Clerk's Office, Ferguson Avenue, Haileybury, at 7 o'clock p.m., for the purpose of hearing complaints against the proposed assessments or the accuracy of frontage measurements and any other complaint which persons interested may desire to make and which is by law cognizable by the Court.

H. CLIFFORD, Clerk
Dated January 23rd, 1929.

Local Improvement Notice

TOWN OF HAILEYBURY

TAKE NOTICE THAT:

1. The Council of the Corporation of the Town of Haileybury has constructed as a local improvement an asphalt pavement on a concrete base on Ferguson Avenue and Lake Shore Road between the south street line of Main Street and a point approximately 62 feet north of the north street line of Browning Street.

2. The cost of the work is \$7,800.00, of which \$4,155.79 is to be paid by the Corporation. The special rate per foot frontage for the pavement is \$3.43 (special annual rate being 0.29 9-10). The special rate per foot frontage for the completion of sidewalk is 0.59 (special annual rate being 0.05 6-10). The special assessment is to be paid in twenty annual instalments.

3. The estimated lifetime of the work is twenty-one years.

4. A Court of Revision will be held on the 11th day of February, 1929, at 7.00 o'clock p.m. at the Town Clerk's Office for the purpose of hearing complaints against the proposed assessments or the accuracy of frontage measurements and any other complaint which persons interested may desire to make and which is by law cognizable by the Court.

H. CLIFFORD, Clerk
Dated at Haileybury this 23rd day of January, 1929.

Notice to Creditors

In the Matter of Moffatt-Hall Gold Mines, Limited (No Personal Liability)

Notice is hereby given that all creditors and other persons having any accounts, claims or demands against Moffatt-Hall Gold Mines, Limited (No Personal Liability) a Company incorporated under the laws of the Province of Ontario, with Head Office at Haileybury, Ontario, are required to file statements of their accounts, claims or demands with the undersigned, C. F. Tuer, Secretary-Treasurer of the said Company, duly verified, with particulars of the securities, if any, held by them, on or before the 15th day of February, 1929, and that after the said last mentioned date, the said Company may complete the distribution in specie of the assets of the company among its shareholders and otherwise part with all its assets, after first making provision for the accounts, claims and demands only of the creditors and other persons of which the Company shall then have notice.

DATED at Haileybury, Ontario, this 21st day of January, 1929.
C. F. TUER,
Haileybury, Ontario,
Secretary-Treasurer,
Moffatt-Hall Gold Mines, Limited (No Personal Liability)
42-3c

TOWN OF HAILEYBURY

Nomination Meeting

Notice is hereby given that there will be a meeting of rate-payers for the purpose of nominating three members of the Public School Board on Monday, February 4th, 1929, from 10 a.m. to 11 a.m., at the Municipal office, Ferguson Ave., Haileybury.

The person nominated at the nomination held on December 31st, 1928, failed to qualify for the office.

H. CLIFFORD, Clerk
42-1-c
Returning Officer



CHEMIST (suffering from cold): "Dis id th' stuff you want, sir. Ith's what I always dake."
CUSTOMER: "Well, gib me somethin' you habn't tried yet!"
—The Passing Show

Health Service

of the Canadian Medical Association

EXERCISE AND REST

Particularly during the winter months, it appears to be necessary to remind many persons of the need for daily exercise of the body. Exercise tends to strengthen the muscles of the body, including the heart, which is a muscular organ. Exercise deepens and increases respiration, produces heat, induces perspiration, and develops the motor and sensory nerve centres of the brain.

If the food which we eat is to be properly digested and used for the nutrition of the body, we must exercise; if the elimination from bowel and kidney is to be

kept in proper order, we must exercise. It is perhaps a good working rule to say that the normal individual should exercise to the point of perspiration once a day. We should walk sometimes in place of riding, play some games and spread them throughout the week, not concentrate them all on Saturday.

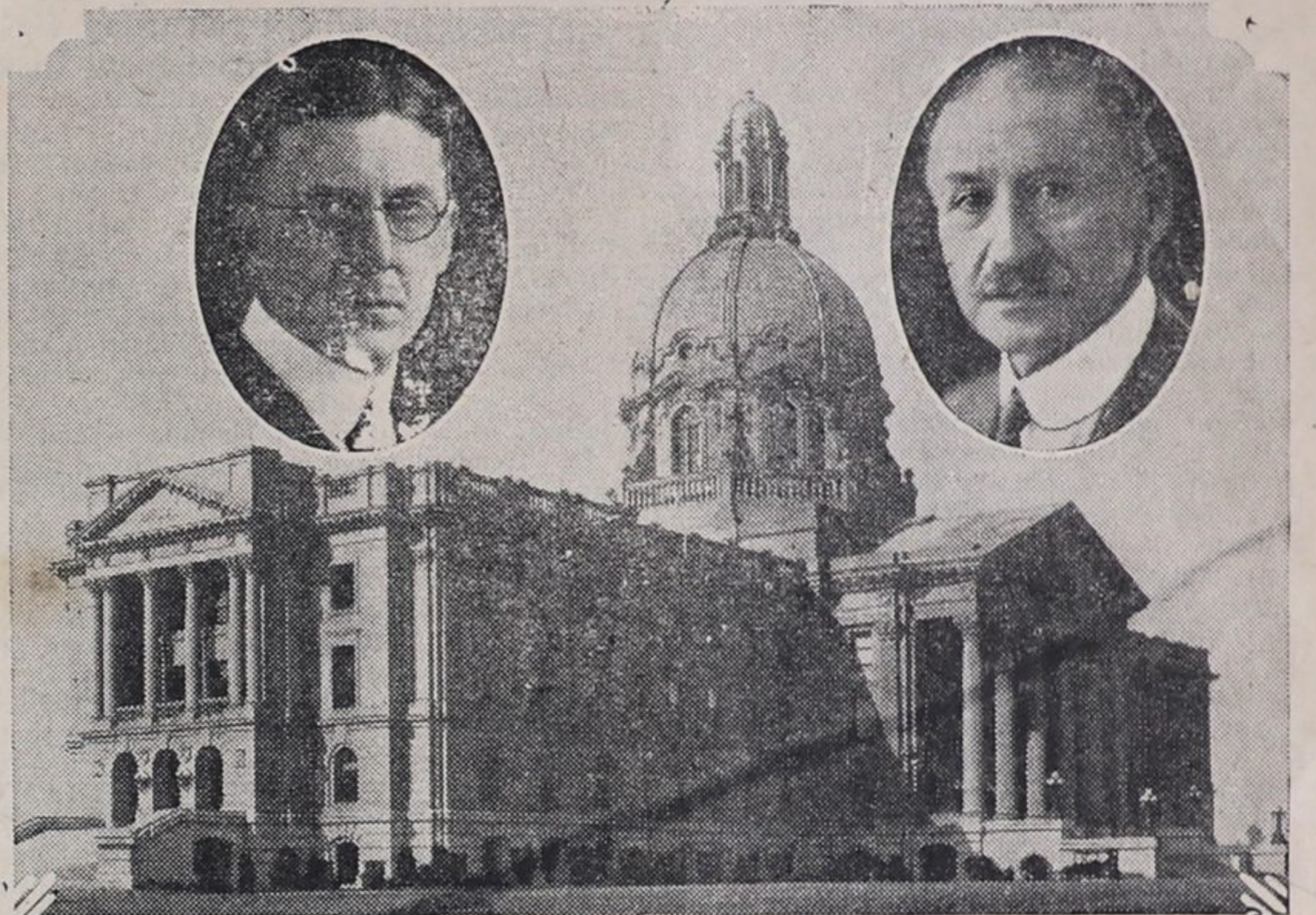
On the other hand we should not forget the need of rest. Perhaps there are more of us in need of rest than of exercise. Children require a great deal of rest, freedom from activity and long hours of sleep in order that they may grow and develop healthy minds in healthy bodies. The adult needs rest in order to repair the wear and tear of daily life, and to prepare for the days ahead. A quantity of our activities are without any particular interest to us. They are largely a matter of doing something, an evidence of our inability to be still, and to

enjoy ourselves quietly and restfully in relaxation.

We must realize that the possibilities of health depend, in large measure upon ourselves. If we would have health, we must be prepared to make the necessary effort to secure the exercise we need and to establish habits of living which permit of sufficient rest and sleep. Neglect means less health if not actual disease; it means living our lives below the standard which we are capable of attaining. It means more worry and less happiness. Health is worth the effort, but we must make the effort ourselves.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered. Questions as to diagnosis and treatment will not be answered.

Want Ads. Bring Results



Flu Causes Postponement of Opening of Alberta Legislature

Owing to the illness of several members of the Alberta Assembly, opening of the Legislature has been postponed from January 24th to January 31st. Above is a photograph of the magnificent parliament buildings at Edmonton, while inset (left), is Hon. J. E. Brownlee, Premier of that Province, and (right), His Honor Dr. Egbert, Lieutenant-Governor of Alberta.

MERCHANDISE AUCTION!

Mrs. Dickson's Store

Main Street, Haileybury

Friday, January 25th to
Wednesday, January 30th

Afternoons 2 to 5 ; Evenings 7 to 9

Ladies' and Children's Wear

Bought Cheap and will be Sold Cheap

The Best of Merchandise at a Bargain

HARVEY PLAUNT,

AUCTIONEER

A. M. ANSARA

OWNER