#### Danger Signals That Everyone Should Take Seriously.

Pain is one of Nature's warnings that something is wrong with the body. Indigestion, for instance, is character- views from thy hand no noble action ized by pains in the stomach, and of- done, or something like that. As I sharp paras in the limbs and joints; a single thing that is entitled to be headaches are a sign that the nerves or stomach are out of order. In some ailments, such as anaemia, pain is not | so prominent. In this case Nature's big and fine, I suppose; saving a life, warning takes the form of pallor, thwarting the schemes of a villain, enbreathlessness after slight exertion, dowing a college or a hospital-somepalpitation of the heart, and loss of ap- thing like that." petite. Whatever form these warnings take, wise people will not ignore the fact that many diseases have their you, Bob?" origin in poor blood, and that when the blood is enriched the trouble disappears. Dr. Williams' Pink Pills are most helpful in such cases because they purify and build up the blood to its normal strength. In this way it tones up the nerves, restores the ap- forth?" petite and gives perfect health. Miss Hazel Berndt, of Arnprior, Ont., has proved the great value of this medicine and says:-"I am a young girl and have been working in a factory for the past four years. For two years I had been in such poor health that at times and troubled with headaches and fainting spells. I doctored nearly all this time, but it did not help me. My mother advised me to take Dr. Williams' Pink Pills, and after using them tions?" for a while I could notice an improveboxes and can truthfully say that my about those noble, actions if I were heal is restored. When I began tak- you. A rainbow is a beautiful sight, ing he pills I weighed 97 pounds and but a sky that is all rainbows would be now I weigh 114. I feel that I owe my ridiculous. A world that is populated good health to Dr. Williams' Pink Pills altogether with heroes and geniuses and hope other ailing people will give them a fair trial."

Co., Brockville, Ont.

#### Long Words in Court.

The inability of illiterate witnesses to understand the questions put to them often makes trobule for the court. Experienced cross-examiners learn to simplify their English-to discard "prior" and "previous" for "before" 'and "subsequently" for 'after." Simulconvenient, but to be used with care shots were simultaneous—a matter of are remains of extinct animals. prime importance. He answered promptly and decidedly:

taneous."

a repetition of what he supposed it to congress next spring.

industrious and respectable laundress affinity with the African gorilla and tion to the law. But in the very begin- the skull in this group. ning of her testimony she surprised and somewhat puzzled the court by repeated complaints of incompatibility.

lity?" she was asked. "Do you mean and in every house the tea kettle-is that the only trouble between-you and always on the fire. The laws of hos-

three years, judge. De fust year dere maple by way of a tea cup. wasn't no ninkumpatibility at all. De nex' year Jonas began ninkumpattin', but tw'an't more'n I could stan'. But perticlar, judge,-he's tuk to nimkumpattin' wid his boots an' de fiahwood an' sech, and so I's here."

#### Might Have Been Better.

MacTavish had been invited to spend an evening at a friend's house listening to a wireless programme. At its conclusion the host said, "Well, Mac, what could a Scotsman desire better than that? Singing, instrumentalists, a talk on bluebottles, opera, news and dance music-all for nothing."

"Aye," said MacTavish, "but we didna have any acrobats."

The British Museum library contains about 3,000,000 volumes; thirty employees are constant'y engaged in dusting them.

#### WE WANT CHURNING

# CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent Butter Fat

#### Bowes Company Limited, Toronto

For references-Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

. Uncle Turner, realer part of my life has been lost," said Bob Hampton reflectively.

"What's happened to give you such a sudden grudge against yourself, Racial Origin-English and German. Bob?" inquired old Turner Gill:

"A quotation that I read: 'Count that day lost whose low descending sun called a noble act."

"What is a noble act, Bob?"

"Why I-I don't know. Something

"Um. Try to give your employer an honest day's work for his money, do "Oh, yes."

"Pay your bills when they're due?" "Of course."

children in the way of food, clothing, education, moral training, and so

"Certainly."

cooking occasionally-tell her what a good wife she is and give meaning to found in the two countries. In both turally this particular family took its your words by acting accordingly?"

I could not work. I was thin and pale, traveler up a grade that's a little too stiff for his motor?" "Sometimes."

then to help the charitable arganiza- "Tupman" and the German "Tauber." "de Penrose' 'as a distinguishing name

ment in my condition. I used nine "Well, Bob, I shouldn't worry much without any insignificant plodders like you and me to keep the wood chopped head clear, his heart warm and his soul in tune with his Maker has not lived in vain."

#### Prehistoric Skull Found Near Lake Galilee.

Excavations have been completed at the cave near Lake Galilee wherein a skull approximating that of the Neantaneous" is another word, frequently derthal type in Europe was recently years our health authorities have testdiscovered. A number of other bones ed and used to the fullest advantage and only when it is certain that the have ben found. Some of them are every means of protecting and purify- banish it. The Tablets are sold by witness understands its meaning. In a human, and may belong to the skele- ing water-with the result that we can medicine dealers or by mail at 25 murder case, a negro was asked if two ton whereof the skull is a part. Others

deposits is confirmed by comparison the lowest death rates from typhoid "Yas, boss, dat's it-'zackly simul- with earlier types. Two sections in the fever in the world; while only a few cave, showing prehistoric stratifica- years ago over fifty men and women Then, to further emphasize his tions, are being left visible, especially statement, he added in another form in view of the proposed international

"Zippety-zip! Plung! - Dat's how ed in Africa by Prof. Dart is not that been the protection of drinking water. dey come, boss-one right arter de od- missing link between ape and man, in the opinion of Sir Arthur Keith, the for free bottle and instructions for tak-More rarely, it is not the echoed well-known anthropologist. Writing in ing of sample to the "Provincial Lawords of the lawyer's questions but the the current issue of Nature, he deoriginal language of an uneducated scr bes the claim that the skull is the witness with a taste for long words missing link as preposterous, and dethat creates trouble, or mirth or both. claves it to be that of a young anthro- ination is free for citizens of the Pro-Such a witness is also often a color- poil ape in the fourth year of its vince. ed person. Only a short time ago an growth. It shows so many points of whose worthless husband had abused chimpanzee, he says, that there cannot her was forced to appeal for protec- be a moment's hesitation in placing

#### Their Tea Always Ready.

Tea drinking is a constant occupa-"What do you mean by incompatibi- tion for a Thibetan. In every tent Jonas was incompatibility of temper?" pitality bind all to present tea to their "Ninkumpatibility; dat's just what guests, and every Tibetan carries with I said," she assented. "We been mah'id him a wooden bowl of Himalayan

Diplomacy.

Little Guest (saying good-bye)dis year, judge, and dis las' month in "I've had the most lovely time I've

Hostess-"Oh, Bobbie, you don't say

Little Guest-"Yes, I always do say

The Great City.

"Where the city of the healthiest father stands, Where the city of the best bodied

mother stands. There the great city stands."

---Walt. Whitman. cially in forests, has I cen constructed Handles are also being adorned with as a side car of a motorcycle.

### Surnames and Their Origin

TUPPER.

Variations-Taubmann. Source-An occupation.

In the middle ages, when there was no complicated and automatic machinery for the manufacture of such receptacles as barrels, tubs, cups and planations offered for the origin of ten about the heart; rheumatism by look back over my life I cannot recall the like, these very necessary articles this name, but none of them appear had to be made by hand, and no little to stand the test of comparison with artisans who turned them out.

> As industry was organized in those the exception of one. men, not incomparable with the gold day a mere hamlet near Land's End, and silversmiths of to-day, and their in Cornwall, though there are indicathe social and business life of the com- ern times it was a more important munities in which they lived.

incidentally, has nothing to do with the marks in olden times. "Try to do the right thing by your modern trade of barrel making), so the There is a Penrose family living in

culfaly birdlike airplane known as the "Taubes."

PENROSE

Racial Origin-Weish. Source-Geographical.

There are numerous and varied exskill was required on the part of the the laws established by the development of family names in general, with

days these men were skilled crafts. Penrose is the name of what is toguilds or associations ranked high in tions that in medieval and early modplace than it is to-day, when the Just as the occupation of "cupper," growth of modern cities has overor maker of cups, has given us the shadowed the prominence of many lomodern family name of Cooper (which, calities which were prominent land-

"tubber," or maker of tubs, has given Penrose to-day with large estates us the modern family name of Tupper. which have been in the possesion of Quite typical of difference in the ten- the family since the fifteenth century, dencies of speech development in Ger- a time at which the formation of fa-"Remember to praise your wife's many and England is the variation in mily names, though well under way, the forms of this same family name as had been by no means completed. Na-German and English speech the ter- name from the place, in the form "de minations "er" and "man" were quite Penrose." But undoubtedly the name "Ever lend a hand to help a fellow common. But the English tended to in the same form, sprang up in other the more frequent use of the former, parts of the country in the case of and the German of the latter. Other- former residents of Penrose, who may wise the German word which was ap- or may not have been related to the "Dig up a dollar or two now and plied to English form might have been owners of the estates, but who used It should be noted that this German in the sense of "from" Penrose rather "I never turn down such an appeal." name has nothing to do with the pe- than "of" in its possessive meaning.

ones. Diarrhoea, dysentery, colic and

cholera infantum carry off thousands

of precious little lives every summer.

casional dose given to the well child

the trouble does come on suddenly will

"Keep to the Left" At Sea.

operated fog-horn, and a bell.

er. Should she stop her engines the

Every vessel that is propelled me-

chanically is supposed to give way to

the sailing ship, and the lotter has a

Experienced.

parents at a wedding. In a joking way

"I'm never going to get married," he

"Because I've lived with married

Keep Minard's Liniment In the House.

meant to have when he grew up.

"Why not?" he was asked.

replied, with emphasis.

were educated at Eto. .

people too long."

house-flag first.

up the foremast.

#### "Water, water everywhere, Nor any drop to drink."

These words of the Ancient Mariner must have recurred many times to the men and women who traveled the broad and briny Atlantic in the days of You can get these pills through any and such things would be very unsatis- sailing vessels when the voyage lasted heat; red hot days and sweltering medicine dealer or by mail at 50 cents factory place. The man who follows for many weeks and drinking water a box from The Dr. Williams' Medicine the path of duty as God gives him to was carefully treasured and sparingly see it keeps his hands clean, his doled out. This experience of privation doubtless remained in their memory when later they pushed on to the Ontario bush and helps to explain why The mother must be constantly on her invariably convenient to an abundant they come on suddenly to fight them. supply of pure water.

activities of the health authorities in Baby's Own Tablets. They regulate this province, we who live in cities, in the bowels and stomach, and an oclove, young girls used to make "dumb" towns or on the farm might also quote the old lines, but during the last few to-day boast of the purity of our drink- cents a box from The Dr. Williams' ing water supplies. In addition, this Medicine Co., Brockville, Ont. effort has earned for Ontario the en-The Mousterian character of the viable reputation of showing one of The Taungs skull recently discover- in this immense saving of lives has

Protect your water supply. Write North Bay, Fort William, Owen Sound, leave a port. Peterboro and Sault Ste. Marie. Exam-



Practice Makes Perfect.

Percival-"Do you love me better altogether immediately the anchor is than you did any of your former dropped, and the presence of a moored sweeties?"

Philippa-"O, much better! You her bell once a minute. see, every experience I have adds to my technique.

#### Making Dull Days Bright.

Umbrellas are now being sold in brighter colors than ever; scarlet and An engine for fire fighting, espe emerald are both favorite shades. china beads.

The Don Cossack choir of Russian officers gather at the Cenotaph in London to lay a wreath in token of their respect and friendship, unbroken in death.

# The Feast of Youth.

Midsummer Day, June 24th, while it s now the Church Festival of the Nativity of St. John the Baptist, was kept as a holiday for thousands of years before the Christian Era. The modern observances, most of them now passmingling of old heathen and more recent Christian beliefs.

was the festival of the young men and maidens. On this day they gathered A column, an arch in the temple of flowers and plants, such as vervain, rue, and St. John's wort, which were A pillar of power, a dome of delight, believed to possess magical properties. At midnight the young men went out to collect fern seed, those tiny spores which were supposed to have the property of making the picker invisible.

separate fires-one of clean wood, one a fight" of bones, and one of wood and bones mixed. The last was called St. John's Fire.

In those superstitious days the belief was widespread that upon the eve of St. John's Day the souls of the living left their bodies during sleep and travelled away to visit the spot where, nights; is extremely hard on little in the fullness of time, they should finally abandon their earthly tenement.

Another belief was that the souls of all who were doomed to die during the the site chosen for the log cabin was guard to prevent these troubles, or if John's Eve and knocked upon the ensuing year came at midnight on St. church door. Those who sat up, fast-No other medicine is of such aid to ing, in the church porch were supposed In the year 1925, were it not for the mothers during the hot summer as is to be privileged to see these spirits.

cakes on Midsummer Eve. It took will prevent summer complaint, or if three maidens to make a cake, and while it was being prepared and baged not one word had to be spoken. The cake, when made, was broken into three, and a piece put under the pil low of each of the makers.

#### Making a Pest Pay.

Ships at sea have a "language" of The prickly pear is not popular in of every hundred thousand resi- their own when they wish to converse Australia. Wherever it grows the land dent in this Province died from ty- with or signal to one another. Nearly is useless, and there are over fifty milphoid, now we lose only two (2.5) all littlesmers carry a wireless in- lion acres of it in New South Wales from this cause. The greatest factor stallation, but, in addition, every ves- and Queensland. Worse, it doesn't sel of this type is provided with a "stay put." About a million more steam whistle or siren, a mechanically acres of land have to be abandoned to it every year.

Sailing ships are obliged to have So far all atempts to stamp out the boratories" in the centre nearest your both a mechanical fog-horn and a bell pest have failed, and a really largehome: Toronto, London, Kingston, before they are allowed to enter or scale effort to this end would, it is estimated, cost \$1,250,000,000, or even When ships pass one another at sea more. Even then there could be no certain ceremonies are observed. Thus, certainty of final success.

a merchant vessel meeting a warship | When it was discovered that power is expected to dip her flag in salute, a alcohol could be ristilled from the pear courtesy acknowledged by the naval there was a glimmer of hope. But the commander in a similar manner, return was only a gallon and a half per Liners are generally saluted by ton, and this was too small to cover "tramps," while when one liner meets the expense of cutting and crushing. another the junior captain dips his Now, however, a method has been

discovered which gives a yield of four-If the weather is foggy, and visi- teen gallons of power alcohol per ton, bility is poor, it is obvious that ships which makes distillation a commercial on their way across the high seas proposition. It is hoped that by this must "talk"-and talk loudly. So long method power alcohol can be provided as a steamer is moving forward the for the whole Australia and at the law of the ocean demands that she same time the great acreage now shall send cut a long blest on her siren waste be cleared for settlers. every two minutes to give notice of

her presence in foggy or heavy weath- For Every III-Minara's Liniment.

Some Shot.

long blast must cease, being substituted by two loud wails every two Mike, the new night watchman at minutes with an interval of one second the university, had observed someone between each. The siren is stopped using the big telescope. Just then a

"Well," soliloquized Mike, "that steamer is known by the clamour of feller is sure a crack shot."

> What we suspect often affects our conduct more than what we know.



Say "Bayer" - Insist!

Unless you see the "Bayer A little boy was a guest with his Cross" on tablets you are not getting the genuine Bayer prodhe was asked what kind of wedding he uct proved safe by millions and prescribed by physicians for 25 years.

Bayer package

\_ Fifteen old Etonians are in the present British Gov rnment. This which contains proven directions famous school is represented in the Handy "Bayer" boxes of 12 tablets House of Commons by 1'2 M.P.'s who Also bottles of 24 and 100-Druggists Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylleacid.

If you'd like a little better tea than you are using, please try "Red Rose"

# TEA"is good tea"

The same good tea for 30 years. Try it!

#### Classified Advertisements

#### The Glory of Trees.

ing into oblivion, are a curious inter- But the glory of trees is more than their gifts:

'Tis a beautiful wonder of life that lifts, In the Middle Ages Midsummer Eve From a wrinkled seed in an earthbound clod.

God.

A shrine of song, and a joy of sight! -Henry Van Dyke.

#### As It May Happen.

To show little Johnny that he could St. John's Eve was the great night not add feet and yards together withof the year for bonfires, which, accord- out changing the yards to feet, she ing to some authorities, should be writ- asked him the question: "If I add five ten "bonefires." It was the custom on cats to ten dogs, what will I get?" To his particular night to build three which Johnny answered, "One h-l of



## MY BACK!

Massage with Minard's and feel the pain disappear.





Regular shampoos with Cuticura Soap preceded by light applications of Cuti cura Ointment, do much to cleanse the scalp of dandruff and promote a healthy condition necessary to producing thick hair. Cutlcura Soap and Ointment are ideal for every-day tollet uses meeting every want of the skin and scalp.

Sample Each Pres by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.

MISERABLE AND

# ALWAYS IN PAIN Lydia E. Pinkham's Vegeta-

ble Compound a Dependable Help for Mothers

Port Greville, Nova Scotia .- "I took your medicine for a terrible pain in my side and for weakness and headaches. I seemed to bloat all over, too, and my feet and hands were the worst. I am the mother of four children and I am nursing my baby-the first one of four I could nurse. I took Lydia E. Pinkham's Vegetable Compound before the baby's birth, so you can see how much it helped me. I cannot praise it too highly for what it has done for me. took all kinds of medicine, but the Vegetable Compound is the only one that has helped me for any length of time. I recommend it to any one with troubles like mine and you may use my letter for a testimonial."-Mrs.ROBERT MCCULLEY, Port Greville, Nova Scotia.

Before and after child-birth the mother will find Lydia E. Pinkham's Vegetable Compound a blessing.

Many, many letters are received giving the same sort of experience as is given in this letter. Not only is the mother benefited, but these good results

pass on to the child. No harmful drugs are used in the preparation of this medicine-just roots and herbs-and it can be taken in safety

by the nursing mother. 98 out of every 100 women reported benefit from its use in a recent canvass among women users of this medicine. C

18SUE No. 29-'25.