

Help The + Red Cross
"SALUDA"
TEA

ANNE HIRST
Your Family Counselor

"Dear Anne Hirst: Five months ago, I married my second husband. I have a girl 17 and a boy 15. Now I am afraid I must choose between my husband and my children. I don't want to leave either. I have a good job here. It is making trouble all around. The children won't see it this way. Please help us."

"I never had any real happiness before. Anne Hirst, my first husband deserted me 13 years ago, and I worked and raised my children the hard way. This husband makes me very happy; he provides everything for us, and he is such a good company."

"I don't want to break up with him, yet I cannot leave my children here. It is making trouble all around. The children won't see it this way. Please help us."

Modern Etiquette
By Roberta Lee

Q. Is it obligatory to write letters of condolence?
A. You are obligations of friendship and should not be neglected. They should be brief, sincere, and sympathetic, and should not contain affected phrasings.

Q. Where should a woman, escorted by a man, sit when riding in a taxi?
A. When entering the taxi, she should take the seat farthest from the driver. If they are being pulled up by the roots from the only side, they feel they are being pulled up by the roots from the only side they have known, and they haven't the imagination to welcome new experiences.

Q. Children as young as yours cannot yet appreciate what a hard time you have had bringing them up alone. They do not want to hear what sacrifices you had to make to provide them with their necessities. Your son may have to take your word for it. Your girl is old enough to realize it if she will.

Q. But they are both old enough to see how happy you are with them. They know. They know, too, what comforts and pleasures

Young People Live for Today

Q. To try to explain to your daughter that she will find a good job in another city, or to your son that he will like his new school, seems hopeless, doesn't it?
A. They feel they are being pulled up by the roots from the only side they have known, and they haven't the imagination to welcome new experiences.

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Practical!

Some college students acquire knowledge, others develop ingenuity and resourcefulness. Young Laura Wheeler has done the latter case. One question in this case read:

"What steps would you take in determining the height of a building using an aneroid barometer?"

To which the young man blithely replied: "I would use a ball of twine, a string and measure the string."

Non-stop: Leonard Ellers has been put on probation for stealing \$125.00 which he spent in playing "Black Train" over and over again on a juke box.



CHRONICLES OF GINGER FARM
By Gwendoline P. Clarke

Readers, please take notice! Any remark I make in this column about the weather is purely coincidental, and, when read, may have no relation whatsoever to any kind of weather, past, present or future.

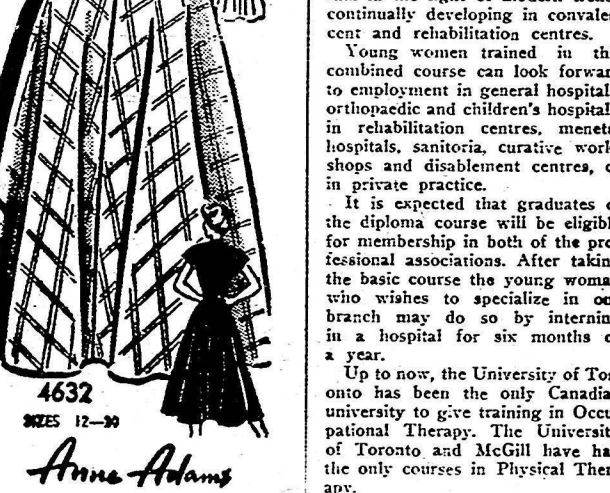
There now, perhaps that will look after things if what I say appears utterly ridiculous. You see, right now we are still suffering from the big blow we had last week. We did not get badly snowed in but our hydro was off for awhile, and when that came on the telephone went off, and hasn't been fixed yet and that was six days ago. So many lines were down and of course the repair men can't be everywhere at once so we just had to accept the situation and make the best of it.

And you know it is rather restful not having to listen to the telephone ringing all day long. There are 15 subscribers on our line and that means a lot of rings coming in. In fact one has to be Johnny on the spot to get the line with a new line. It is necessary to put in a call. It was nice to have a private telephone and have only one's own ring. On a party line, one has to wait for the other party to finish their conversation. It is a nuisance to have to wait for the other party to finish their conversation. It is a nuisance to have to wait for the other party to finish their conversation.

Easter Seal Poster Boy—A proud little fellow is Russell Miller, 6, who has been selected as poster boy for the Easter Seal campaign beginning March 9. Russell, who has been a victim of palsy since birth, will also make radio and personal appearances in connection with the fund drive.

Shorter Course in Therapy

A problem has been solved for many of Ontario's smaller hospitals with the announcement by Dr. Sidney Smith, president of the University of Toronto, that training for Occupational and Physical Therapy will be combined in one year diploma course this autumn. Officials of the Faculty of Medicine report that many hospitals heada through his program.



4632
SIZES 12-30
Anne Adams

The dress that leads a dual existence! Wear it now to lunch and tea, wear it later on the beach. See those wonderful trick slider buttons—the top of the back lies down for sunbathing!

Pattern 4632 in sizes 12, 14, 16, 18, 20, Size 16, 4 1/2 yards, 35-inch. Send TWENTY-FIVE CENTS (25c) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to Box 1, 123 High-street St., New Toronto, Ont.

MAGIC RAISIN SCONES

Mix and stir into bowl, 1 1/2 c. coconut-fat flour (or 1 1/2 c. sifted wheat flour), 1/2 c. Magic Baking Powder, 1/4 tsp. salt. Put in 1/2 c. the dried raisins and mix in 1/2 c. water and dried raisins and 1/4 c. highly-refined sugar. Combine 1 slightly-beaten egg, 1/4 c. milk and a few drops of vanilla. Stir dry ingredients and add liquid; mix lightly with fork, adding milk if necessary, to make a soft dough. Knead for 10 seconds on a lightly-floured board and pat out into round pie plate (7 1/2" top) and bake in hot oven, 425° about 12 minutes. Serve hot with butter or margarine. Yield—8 scones.

SUNDAY SCHOOL LESSON
CHURCH ORGANIZATION AND LEADERSHIP
Acts 6:1-6; 13:1-3; 1 Cor. 12:27-28.

Golden Text: Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the work of truth. 1 Tim. 2:15.

Churches have their troubles, too. But when the complaint was made that the Greek widows were neglected in the daily ministrations, the apostles made a wise pronouncement: "It is not reason that we should leave the Word of God, and serve tables."—We will give ourselves continually to prayer and to the ministry of the Word." The minister who abides by that opinion will do a great work.

There is a place of service for every individual. One lay woman, calling that she was not an apostle, a prophet of a teacher, said, "I can be one of the help."

"When Paul established a church in a city, he effected some organization before leaving. Thus, when he returned by Ephesus, he met by the elders of the church. He charged them saying, 'Take heed therefore unto yourselves, and to all the flock, over which the Holy Ghost has made you overseers.'

Come out from under the shadow of pain!

If you are suffering the agonies of ARTHRITIS or RHEUMATISM and it seems to you that you cannot stand the pain and misery another day, try DOLGIN to come out from under the shadow of pain!

DOLGIN is a tried and proven preparation which promptly and effectively relieves the pains of ARTHRITIS and RHEUMATISM and kindred disturbances. DOLGIN does not cause toxic reactions nor can it harm the heart or any other organ.

Grateful men and women from all parts of the world have sent unsolicited letters of thanks to the makers of DOLGIN for the prompt relief from pain which DOLGIN has given them.

DOLGIN is today probably the world's best-known product for the relief of pains of ARTHRITIS and RHEUMATISM. DOLGIN is obtainable throughout the British Commonwealth. Do not accept a substitute for the original DOLGIN. For your protection there is a "D" on every genuine DOLGIN Tablet.

DOLGIN is reasonable in cost: 100 tablets for \$2.99; 300 tablets for \$8.95—also available in bottles of 300 tablets.

DOLGIN is available in all drug stores. DOLGIN Limited • Toronto 10 • Ontario

It's so different today

The Old-Time Prizefighter trained on a heavy diet. He would have aimed to hear of the nourishing qualities of today's popular breakfast dish—Post's Grape-Nuts Flakes. For this crisp, crunchy, temptingly-flavored cereal has the wholesome goodness of TWO golden grains... Sun-processed wheat and malted barley.

SALUD'S SALLES

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Prince—A King Among Boxers

Prince was different. Indeed he was different from any of the fifty or more dogs I have had in a lifetime. He was different because he was a Boxer and Boxer owners will know what I mean by that—but he was a King, even among Boxers. About all that I can say is that he was a King, even among Boxers. About all that I can say is that he was a King, even among Boxers.

TABLE TALKS
By Jane Andrews

The young lad I mention sometimes in these columns asked, not so long ago, why they sometimes call a certain day "Pancake Tuesday". I was trying to explain to him that in the olden times it was customary to eat pancakes on that day when he interrupted with, "Gee, pancakes only once a year—I'm glad I live in up-to-date times when we can have them as often as we want. How about making some for supper, mom?"



New Twist—The versatile Kerchief takes a new turn for spring, pinching into a gilette under a lightweight suit. The 36-inch, pure silk scarf is tied at the back of the waist and drawn through a necktie at the throat.

Standard Pancakes

1 1/2 cups milk
1 1/2 cups Crown Brand Corn Syrup
1/2 cup all-purpose flour
1/2 teaspoon vanilla
1/2 teaspoon salt
1/2 teaspoon Marola
1/2 cup water
Method: Beat egg thoroughly;

CROSSWORD PUZZLE

ACROSS
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2. Capital of Ontario
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Little Whizzer—The ultimate in tiny transportation is this collapsible cub motor scooter demonstrated by Rita Barry. Weighing 50 pounds, it can be folded up and carried with ease, or tucked away in the corner of a boat, airplane or auto.

More Than 2,000 Rare Specimens

Some of the world's most rare and beautiful butterflies, moths, beetles and tropical insects will be among the feature attractions on the exhibit floor of the Coliseum here during the third annual Canadian National Sportsmen's Show, from March 17 to 25.

Known as May's Tropical Exhibition, this exhibit consists of approximately twenty thousand specimens of insects, housed in one hundred and fifty glassed-in-show trays. Among the insects is a moth with a ten-inch wing spread and equipped with 64 legs, some tsetse flies from the Congo basin which spread deadly sleeping sickness and dozens of different kinds of giant tarantula spiders.

They Make Rackets As A Business

A kiss on Jack Benny's program draws applause and laughter from his studio audience. Television might also be the reason a sound effects man before a microphone suddenly sucking his knuckles, as engaged and serious as youngster macking his all-day sucker.

When Rochester starts the motor car "hiss" Maxwell, it is then Jack opens his underground storeroom, much of the audience's laughter and applause is again for the sound-effects man. Such comedy routines don't have to be convincing, but on a more serious program the radio listener must be able to identify what he hears with the intended effect. Recordings were made during the London evening, but a voice actor's studio explosions and bomb whistles. If a radio play needs the noises of a country, evening, some unfortunate sound expert will spend a wretched hour of doors to capture the effects required.

HOW CAN I?
By Anne Ashley

Q. How can I make an inexpensive furniture polish?
A. Use equal parts of raw linseed oil and turpentine. Pour into a bottle and shake thoroughly. Apply on a piece of cheesecloth, going over the entire surface; then polish with another clean, dry cloth.

Q. How can I get rid of sparrows that persist in gathering around my mothballs and under the corners of the house?
A. Make a few chertroch bags, fill them with mothballs, and hang them near these haunts.

Q. How can I remove kitchen odors?
A. The odor of fried onions, and also the odor of fish, can be removed by pouring a little vinegar into the frying pan while it is still hot. Another method is to sprinkle oatmeal in the pan and shake it over the onion until the meal begins to scorch.

Q. Does it tire the eyes to read in a room that is brightly lighted?
A. Yes, this has a tendency to tire the eyes. Nor should one read under a very bright light, with the rest of the room in comparative darkness. The room should be in semi-darkness.

Q. How can I remove head skins without difficulty?
A. After boiling the beads, let them stand in cold water for a few minutes, and the skins can be easily removed.

Q. How can I simplify the task of stitching heavy material on the sewing machine, such as cretonne or canvas?
A. Beat the white of an egg lightly, brush over the crust before baking, and place in the oven for a few seconds. The egg white will harden the crust.

Q. How can I prevent custard from soaking through the crust of the pie, when baked?
A. By placing it in a vessel of slightly salted water, letting it come to a boil slowly, then boil through the custard slowly. The slower this treatment is done, the more effective will be the result.

Oil Changes in Motors Should Be Made in Winter

Oil changes in motors should be made in winter or when there is accumulation in the crankcase is always a possibility in winter.

Tight rollers and zero weather mean frozen parts and muddling trouble. Let cows out for short periods only on cold days, and keep them out of deep snow.

TAKE IT EASY
Guide: "This is a Roman wall started in B.C. 20".
Brieklyer's wife: "Lo, Joe, that's the sort of firm to work for!"



ACHES AND PAINS OF COLDS
HERE'S QUICK COMFORT!
And the RELIEF IS LASTING

There's one thing for the headache . . . the muscular aches and pains that often accompany a cold . . . INSTANTINE. INSTANTINE brings really fast relief from pain, and the relief is prolonged!

So get INSTANTINE and get quick comfort. INSTANTINE is compounded like a doctor's prescription of three powerful medical ingredients. You can depend on its fast action in getting relief from every day aches and pains, headache, rheumatic pain, for nervous or neuritic pain.

Get INSTANTINE and keep always a supply on hand. It's the relief you need!

12 Tablets Tin 25¢
Economic 48-Tablet Bottle 67¢

SPORTSMEN'S SHOW
The Canadian National Sportsmen's Show
12 Grand Features
Hundreds of Exhibits
The Largest and Most Complete
of America's Finest Sporting Exhibition

11 TERRIFIC ACTS

For 8 Days Only Mar. 17 to 25

Mail this coupon NOW—Save disappointment later

Send this coupon to: The National Sportsmen's Show, 123 High Street, New Toronto, Ontario.

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Province _____
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Enclosed please find my cheque for \$_____ (please print)
or money order for \$_____ (please print)
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Address _____ (please print)

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All Prices include Admission to Buildings.

MECCA THE HOUSEHOLD OINTMENT
35¢

RELIEVES ALL SKIN DISEASES

MECCA THE HOUSEHOLD OINTMENT
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RELIEVES ALL SKIN DISEASES

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RELIEVES ALL SKIN DISEASES

MECCA THE HOUSEHOLD OINTMENT
35¢

RELIEVES ALL SKIN DISEASES

IN THE BAG : Four days after the hunting season had opened in the State of Michigan, eleven people had been accidentally killed, one man had been mangled, three were missing, and over 50 were in hospital.

If you can't stand being alone, perhaps you bore other people, too.

Upside down to prevent peeing.

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