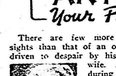
Fresh as the day it was packed!

ITS FRAGRANCE IS SEALED IN VACUUM

ANNE HIRST
Your Family Counselor

There are few more pathetic sights than that of an older man driven to despair by his nagging wife. After enduring her very quarrelsome upbraidings for years, one day he arrives at a crisis that will not be sealed.



"If ever a poor man had a problem," Anne Hirst, I have!" writes a reader. "My wife is the devil's own stepmother.

"I am in my 50's, and I work every day for a good salary. I give her three-quarters of it every week. For years she has accused me of running around with other women, but God knows I go straight to work in the morning and home right back to the house when I'm through.

"She quarrels so incessantly that it is hard to stay at home with her. Even my married daughter told her that they would quit her if they were in my place! I have prayed that the Lord would change her, but nothing happens.

"I have a good farm I could go back to. But she wants me to sell it, and stay here. What is best for me to do?"

Peace At Last?

To a tired man who has lived with a nagging wife for over 25 years, escape seems the only answer. Broken in spirit, with no hope to lure him on, one day he suddenly reviews the past tumultuous years and finds he lacks the strength to endure more.

Why should he be bound any longer to such a life? Surely he owes his life nothing more than support? His children are taken care of, and he will get enough to eate their lives by living with any one of them.

Hasn't he earned the right to peace?

Can he lay down the law to this quarrelsome woman? Tell her that unless she becomes easier to live with, he is through?

That might bring her up short. These false accusations, these daily tirades, have been her breath of life. On whom would she vent her spleen if she were left alone?

Can she, or will she, change her very nature? It is for her to say.

How the picture of this quiet farm must beckon him now, with its soothing quiet which no woman's wicked tongue could disturb!

To "Lonely Daddy," your farm must seem like your only earthly refuge from this woman who has made your life so hectic. Is there any way could escape to it? Living alone there, you might not need all his money. If you can sell part of it and make a settlement on your wife, with promise of regular sums later on, would that satisfy her?

I sympathize with you, deeply. I hope that the threat of leaving her will be fruitful. Otherwise, perhaps you can work out some arrangement that will bring you the peace you need so much.

* * *

A woman's nagging tongue has often caused her downfall. If you are tempted toward this fault, let Anne Hirst help you to overcome it. Address her at Box 123 Eighteenth Street, New Toronto, Ont.

The Woods Vanished

The people of the country were mostly farmers, and of these, nearly all were dairymen. The few manufacturers were on a small scale, except perhaps the making of oars, which were shipped all over the world from the heart of the primeval forests densely wooding the vast levels of the region. The portable steam saw mills dropped down on the borders of the woods have long since eaten their way through and through them, and devoured every stick of timber in most places, and drifted up the water courses that the woods once kept full; but at that time, half the land was in the shadow of those mighty poplars and hickories, elms and chestnuts, ashes and hemlocks; and the meadows that pastured the herds of red cattle were dotted with stumps as thick as harvest stubble. Now there are not even stumps, the woods are gone, and the water courses are torrents in spring and beds of dry clay in summer. The meadows themselves have vanished, for it has been found that the strong, yellow soil will produce more in grain than in milk.—From "Years of My Youth," by William Dean Howells, Harper and Brothers, 1916

HOW CAN I?
By Anne Ashley

Q. How can I remove a splinter from my finger or hand?

A. Fill a bottle with really hot water; pour out the water, and then press the open neck of the bottle tightly over the splinter, holding it there for a minute or two. It will draw the splinter to the surface where it can readily be removed.

Q. How can I treat fruit so that it will keep longer?

A. The fruit will keep much longer than in a basket or box, if it is spread out in an airy, dry place, allowing no two pieces to touch.

Q. How can I clean dust from a black straw hat?

A. Instead of using a brush, rub the hat well with a piece of black velvet. The velvet removes the dust more completely than brushing.

Q. How can I clean silver?

A. An excellent agent for cleaning silver is common lump starch. Rub it on with a damp cloth, allow to stand for a few minutes, then rub dry with cheesecloth.

Q. How can I keep oilcloth from sticking to the sewing-machine foot, when it is necessary to stitch it on the machine?

A. Sprinkle a little talcum powder over the oilcloth.

Q. How can I whiten potatoes?

A. As soon as each potato is pared, place it in cold water before boiling, and it will have a tendency to whiten it.

Q. How can I give even dampness to table linens, when sprinkling them?

A. Dip half the cloth into boiling water. Wring as dry as possible. Fold half the wet side over the dry side, and then roll and wrap in a towel for several hours.

Q. How can I relieve the pain of burns?

A. Scrape a raw potato fine and place it over the burn. When the scrapings become hot, renew the application, until all the heat is absorbed.

Give her a Dicky Bird pinafore she'll be queen of kindergarten! So sensible, Mother — a pinafore for now, a sundress for summer.

Easy-to-make Dicky Bird pinafore. Pattern 694: transfer pattern; cutting chart; sizes 2, 4, 6.

Laura Wheeler's improved pattern makes needlework so simple with its charts, photos and concise directions.

Send 25 cents in coins (stamps cannot be accepted) for this pattern to Box 1, 123 Eighteenth Street, New Toronto, Ont. Print plainly Pattern number, your name and address.

CROSSWORD PUZZLE

ACROSS
1 Sleep
5 Festivals
10 Covers the inside
14 Ancient (pub.)
15 Dilapidated
16 Cook
17 Cereals
18 Article
19 Able seasoned
20 Twilled cloth
21 River flatboat
23 Interjection
25 Thor
26 Roman man
27 Preacher
28 Rescuer
29 Mental illumination
31 Indian corn
33 Century plant
34 Pertaining to Pretoria
37 Wet your bit by bit
39 Sensational (hyphened)
40 Sir (abbr.)
41 Poor cents
42 Pulpum (comb.)
44 Confection
45 Remunerate
46 Wild ass
50 Oarsman
52 Patter
53 Pinch and pull
54 Ancient (poetic)

DOWN
1 One of David's chief singers
2 Meshed fabric
3 Outer garment (variant)
4 Chemical suffix
5 Masculine nicknames
6 Pure
7 Ruler of fields and lords
8 Adam's wife
9 Tantalum symb
10 Sort
12 Halt
13 Travel
14 Fire-off
22 Farmer market
24 Exclamation
30 Goddess Earth
32 Salam
35 Indian mulberry
36 Not different
38 Multitude
39 Ice crystals
43 Units (comb form)
46 Pack
47 Branch
48 Bombast
49 Merry
50 Care
51 Civil injury
52 In a line
53 Recreation ground
55 Promontory
56 Vegetable
57 Poem
58 Plunder
59 Descriptive ending
60 Matter (law)
61 You and I
62 Metric land measure

Answer elsewhere on this page.

Breakfast for two—Nancy Fabian, 9, takes time out at the breakfast table to feed her pet robin, Cooky. Unlike Mary's little lamb, Cooky won't follow Nancy to school. In fact, Cooky hasn't left the house since he was rescued from a neighborhood cat last August.

New and Useful Too

Keeps Cake Fresh—Two small plastic containers claimed to keep baked goods fresh in breadbox under extremes of dry or damp conditions. Moistened plastic sponge in one type helps eliminate dryness and staleness. Absorbent crystals in other type take up moldew and mold when relative humidity is over 65 per cent.

* * *

Takes Paint Off Cars—Paint-removing process claimed by maker to do fast, clean job at approximately cost of $20 per car. Two tar-like chemicals are sprayed or brushed on surface, removed after several hours by stream of water. No additional sanding, scraping or grinding said to be necessary. New paint coat can be applied immediately.

* * *

Home Hot Air Blower—Designed primarily for quick hair-drying all-purpose hot-air blower will help housewife in many other ways, claims maker: defrosts icebox, thaws frozen foods, dries lingerie, good for heating baby's bath. Has portable stand, said to be compact, silent, vibrationless: available in three models.

* * *

Aerosol Paint Sprayer—Press of fingertip releases spray of enamel in new aerosol push-button dispenser. Maker claims "paint bomb" applies even coating to both sides of screen; is economical, dries quickly and may be stored indefinitely. Also used for ping-pong tables, outdoor furniture. Comes in green or black; say 12-oz. dispenser will paint all window and door screens of average-sized house.

* * *

Fresh Mustard—Mustard is kept fresh for weeks in small pot which "shoots" required amount onto plate, says maker. Trigger device releases mustard; lid is practically airtight, retaining original moisture of the mustard.

* * *

Kills Bad Insects — Chemical firm claims new insecticide will kill such victims as greenfly, blackfly and red spiders, leave beneficial insects such as bees and ladybirds. When sprayed on plant it is taken into sap stream and hence kills sucking insects.

* * *

Practice Golf Ball—Practice golf ball of Bakelite goes only 15-25 yards when hit, doesn't harm interior walls, screens, windows, but "feels" like a regulation ball when teed off. For brushing up your stroke or learning fundamentals.

* * *

Cut-Out Rugs—New Carpeting can be cut with scissors to fit room, around pillars; wool surface embedded with wires in rubber sheeting without weaving. Closer, deeper tighter pile, dirt-resisting, no underfelt, says maker; recommends for restaurants.

* * *

Scotch Wire Tape—New electrical tape for first layer and protection, uses only one tape; for heat, oils, acid conditions, stands high temperature.

* * *

Three-Fuel Furnace—New "all-fuel" furnace; burns coal, oil or gas, adapting in seconds with switch of lever; household and industrial models.

* * *

Shelf Saves Space—New folding clothes rod and shelf hangs on 30 inches door, wall space holds 30 garments, plus shelf room. Big space saver, says maker.

THE SUNDAY SCHOOL LESSON

By Rev. R. Barclay Warren

Ephesus, A Centre of Christian Influence
Acts 19:1, 8-10, 18-20; Ephesians 4:25-32

Golden Text: "Be Strong in the Lord, and in the Power of His Might." Eph. 6:10.

Ephesus was the chief city of Asia Minor. It was the most accessible commercially, and it was headquarters for the worship of the goddess Diana. As in his second missionary journey, Paul concentrated on Corinth, so in his third, he bestowed his greatest effort on Ephesus. Nor did he labor in vain. The Holy Spirit was poured upon a group of believers who had previously been taught by Apollos. Many sick were healed and lives were changed. Among the believers were many who had held silly superstitions concerning a resident soon and such like. They brought their books of curious arts, valued at about $10,000, and made a huge bonfire. Many cities today would have as large a fire if such spiritual enlightenment came to the people. The silversmiths were enraged at the success of the Gospel for the sale of images fell off. They raised a mob against Paul. It was similar to a mob today. "The greater part knew not wherefore they were come together." The Gospel certainly proved to be a message of power during the three years' ministry of Paul at Ephesus.

In today's printed portion of Paul's letter to the Ephesians, his method of instruction is well illustrated. His was not a negative message, for with each negative was a better positive, and usually a reason for it. "Put away lying—speak truth—we are members one of another." Steal no more—let him labor, working with his hands the thing which is good—that he may have to give unto him that needeth." "Let no corrupt communication proceed out of your mouth, but that which is good, to the use of edifying, that it may minister grace unto the hearers." "Let all bitterness, and wrath, and anger, and clamor, and evil speaking be put away from you, with all malice—be kind one to another, tender hearted, forgiving one another, even as God for Christ's sake hath forgiven you." God never requires you to give up anything, but what He offers you something better, and there is good reason for the change.

Too Tired To Pose

In their neck of the woods, the Dabney brothers had the reputation of being the laziest two men alive—barely alive. Abner was the more shiftless of the two; he steadfastly refused to get up from the veranda and accompany his brother, Jake, when the latter fared forth to whittle and gossip in front of the village store.

"Jake," a visitor enquired one morning, "is Abner older than you?"

"Yep," Jake replied, "nigh onto two years older."

"Is he taller than you?" the other man wanted to know.

"Don't know," Jake replied.

"That's funny!" the visitor retorted, "and you have lived in the same house with him every day for over 20 years!"

"Ain't never seen him standin' up," Jake replied.

CHRONICLES OF GINGER FARM
by Gwendoline P. Clarke

The year is speeding away. Pretty soon we shall be thinking about spring and wonder where the winter has gone—now that we have given up wondering when it is coming. Time was when we used to hope for at least an open fall—but an open winter, that was something we never thought of at all. Now we have had two open winters in succession and, no doubt, most people will agree that a few months of snow and frost are preferable to rain and mud. So much damp weather is certainly hard on persons with rheumatic aches and pains. Partner was walking the floor last night with an arm and shoulder that would not let him rest. Maybe when some of these new miracle drugs for arthritis are more commonly used, relief will be in sight for thousands of sufferers.

I doubt if there is any disease that causes so much misery over so long a period of time as arthritis and rheumatism, and for which there is often so little sympathy. And I speak from personal experience, having had my share of it some years ago. Even now, just a little twinge awakens that dread within me because I know it is just an indication that the trouble is still there, lurking like an evil monster, ready to spring if an opportunity presents itself.

One thing that everyone should remember in dealing with arthritis is that there are many different types. They can, however, be divided roughly into two distinct classes—the type that reacts rest, and the type in which muscles gradually loosen up when they are used.

Well, I am afraid no druggist will ever get rich from our custom.

Of course, we do have certain things on hand to deal with emergencies. I think everyone should have a first aid cupboard, don't you? And in that cupboard I think there should be iodine, boracic, tannic acid ointment, roller bandages, band aid, adhesive tape, eye cup, medicine dropper, tweezers, thermometer, aspirin, anti-acid tablets, magnesia, liniment and cough syrup.

However, I really think if we were living where Partner's brother and his family are living right now, we might need something for our nerves! Their home is in La Cave, near Mattawa, where a charge of 26,000 pounds of dynamite was exploded to divert the course of the Ottawa River. Apparently all the tenants were evacuated to a place of safety, but I would be afraid to go back home in case half my precious possessions might be broken by the blast.

Oh, dear, why do I always get the wrong thing about the weather? I started this column by saying we had given up looking for winter . . . and now it seems to have arrived. Yes, just like that! No sign of it when I started writing—and now a bleak, driving snow storm coming from the east.

FOR QUICK RELIEF BEYOND BELIEF..

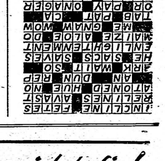
COME OUT FROM UNDER THE SHADOW OF PAIN!

For relief from the pain of ARTHRITIS, RHEUMATISM, NEURITIS, or SCIATICA—get a bottle of DOLCIN Tablets today. DOLCIN has relieved the pains of thousands of sufferers. DOLCIN Tablets are non-habit, easy-to-take, reasonable in cost—100 tablets for $2.39; the large economy-size bottle of 300 tablets, $10. If your druggist cannot supply DOLCIN write to DOLCIN LIMITED, Toronto 19, Ont.

DOLCIN TABLETS

Patented 1949, DOLCIN is the registered trademark of this product.

Upside down to prevent peeking.



Contrary Reindeer

Laplander travel through the snow-covered wastes in light sledges drawn by reindeer. And these reindeer and the Lapps are great friends. Yet the Lapps always carry a long stick with them. You see, reindeer suffer from an independence complex which has to be taken into consideration. So the Lapp wants to go to the left—he must point with the stick to the right, and the reindeer automatically does the contrary.

FESTIVE—quick to fix!
with Modern Fast-Acting DRY Yeast!

FAN TANS

Measure into large bowl, ½ c. lukewarm water, 1 tsp. granulated sugar; stir until sugar is dissolved. Sprinkle scowl with 1 envelope Fleischmann's Royal Fast Rising Dry Yeast. Let stand 10 min., THEN stir well.

Scald 1 c. milk and stir in 2 tbs. granulated sugar, 2 tsps. salt; cool to lukewarm. Add to yeast mixture and stir in ½ cup lukewarm water. Beat in 3 c. once-sifted bread flour; beat well. Beat in 4 tbs. melted shortening. Work in 2 c. more once-sifted bread flour. Knead until smooth and elastic; place in greased bowl and brush top with melted butter or shortening. Cover and set in warm place, free from drafts. Let rise until doubled in bulk. Punch down dough in bowl, grease top and let rise again until nearly doubled. Punch down dough and roll out on lightly floured board to a rectangle a scant ¼" thick; fill dough, cover with cloth and let rest 5 min. Brush with melted butter or shortening; fold into strips 1½" wide. Pile 7 strips together; cut into 1½" pieces. Place cut-side up in greased muffin pans; separate slices a little at top. Cover and let rise until doubled in bulk. Bake in hot oven, 400°, 15-20 min.

● Always running short of yeast because it spoils so quickly? End this nuisance—switch to modern Fleischmann's Fast DRY Yeast! Keeps full strength and fast-acting right in your cupboard—no refrigeration! One more fast rise—one package equals one cake perishable yeast in any recipe.

FLEISCHMANN'S ROYAL FAST RISING DRY YEAST

Get a month's supply!

Memorial To Boy Who Held Back Sea

In the Dutch coastal town of Haarlem, a fictional hero's statue, soon to rise on one of the city's dikes, will symbolize the very real battle which the people of the Netherlands have successfully waged against the sea.

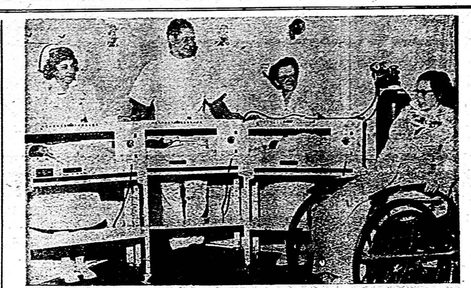
The statue is that of the brave lad in Mary Mapes Dodge's world famous tale, "Hans Brinker," who held back the flood waters from Haarlem by keeping his finger in a leak in the dike.

The Eye Polder Dike of Haarlem, where the boy's figure will be placed, is one of the Netherland's oldest walls raised against the salt water, notes the National Geographic Society. It was built in the early 1600's, when the Dutch were just getting under way their long-term program by which dikes, windmills, and drainage canals were to turn swampy lowlands into productive polders, as the reclaimed tracts are called.

The rescue of land in Holland, however, is an old story beginning at least 2,000 years ago. When Roman scholar Pliny the Elder visited this North Sea region around 50 A.D., he wrote that the natives, a marsh people known as Frisians, lived in coastal wastes protected by crude man-made mounds.

For centuries, storms and tides of the sea periodically devastated the water-soaked lands, villages and livestock of these people. It was probably long ago, deep in the Middle Ages that Holland built its first real dikes, usually in the form of dams made of hollow mattresses and clay mixed with straw.

Today, dikes and other works guard millions of acres of Netherlands soil. Destruction of the pumping system, now operated largely with steam-powered and Diesel-driven pumps instead of by windmills, would mean ruin for much of the country. Since about a quarter of the nation's territory lies below sea level, this reclaimed and protected land represents a major factor in agricultural production and support of population.



Polio Mother sees triplets—Seated in her wheelchair, Mrs. Elizabeth Warnke, 30, gets her first look at the triplet girls born to her in a Long Branch hospital. The mother, who is still under treatment for polio, said she was "flabbergasted."

TABLE TALKS
by Jane Andrews.

With Lent upon us—Goodness, how the weeks speed past!—a few fish recipes might be appropriate, I think. Nowadays, with the speedy delivery, fast freezing, and other modern improvements, more and more families are making fish a regular part of the family menu, and not only on Friday. The first one calls for Halibut, but any other lean white fish will do just as well.

BAKED HALIBUT WITH CHEESE

2 Pounds Halibut Steak or other lean white fish
½ Cup chopped celery
4 Tablespoons melted butter
4 Tablespoons flour
1 Teaspoon salt
¼ Teaspoon pepper
2 Cups hot milk
2 Cups grated sharp cheese
½ Cup buttered bread crumbs

Method—Place fish in a greased baking dish. Sauté celery in melted butter. Add flour, salt and pepper. Pour in milk gradually, and cook over low heat until thickened, stirring constantly. Add grated sharp cheese and stir until melted. Pour cheese sauce over fish. Top with buttered bread crumbs. Bake in a moderate oven (350 degrees F.) 30 to 35 minutes, or until fish is tender and sauce is brown and bubbly. This recipe makes 6 servings.

* * *

The next recipe is a bit fancier; but the fillets, cooked in muffin pans, look so tempting when brought to the table that they're well worth the little extra bother.

STUFFED FISH

8 Long fish fillets
Lemon juice
2 Tablespoons butter or margarine
½ Cup soft bread crumbs
¾ Cup milk
1 Egg, separated
½ Teaspoon salt
¼ Teaspoon pepper
½ Cup pimiento, chopped
2 Tablespoons minced parsely

Method—If fish is frozen, thaw before cooking. Sprinkle fish fillets with lemon juice and coil around inside of greased muffin pans. Melt butter, add soft bread crumbs and stir until well blended. Then add milk, while stirring constantly. Cook until thickened. Beat egg yolk, and combine with a little of the cream sauce. Then return egg mixture to cream sauce and cook a minute longer.

Remove from stove and add salt, pepper, chopped pimiento and minced parsley. Beat the egg white until stiff but not dry and fold into cream sauce. Fill coiled fillets with mixture and bake 20 minutes in moderately hot oven (375 degrees F.). Makes 6 to 8 servings.

* * *

The following recipe calls for cod fish of the shredded, packaged kind. But you'll know, of course, that a similar amount of any sort of dried fish flakes will do the trick.

CODFISH PIE

1 Package shredded codfish
6 Medium potatoes
3 Large carrot
1 Large onion
2½ Cups water
¼ Teaspoon thyme
¼ teaspoon pepper
1 Cup sifted flour
½ teaspoon salt
¼ Cup lard

Method—Freshen codfish according to directions on package and cook with sliced vegetables in water until vegetables are tender. Add thyme and pepper; pour into 2-quart casserole. Make pastry with flour, salt, lard and 1½ tablespoons water. Roll out to fit casserole; cut a few gashes to let out steam. Put pastry over mixture in casserole. Bake in hot oven, 425 degrees F. about 25 minutes or until brown.

* * *

Now, let's get away from the fish for a moment. The lady from whom this recipe originally came made the comment, "Mother's frosted ginger creams just can't be beaten, and are a treat at any time." So here's the recipe for:

FROSTED GINGER CREAMS

1 Cup sugar
1 Cup molasses
½ Cup butter
½ Cup lard
1 Cup hot water
1 Teaspoon ginger
1 Teaspoon cinnamon
¼ Teaspoon nutmeg
3 Teaspoons soda dissolved in a little water
3 Egg yolks
½ Teaspoon salt

Method—Beat egg yolks in bowl and stir in all the rest of the ingredients. Stir in about six cups of flour, or enough to make a stiff enough dough to roll out easily. Roll out on a floured board and bake in a moderate oven.

Use the egg whites for the frosting. Pour about one-fourth cup of water on two and one-half cups sugar and cook over a low heat until the mixture threads. Then pour this slowly over the whites of the eggs, which have been well beaten. Beat until it begins to harden, add a teaspoon of flavoring and spread on the bottom of the baked cookies.

High Roller! — The lovelier half of the team of Gaynor and Ross, a breath-taking roller skating act, who will be participating in the stage and tank show twice daily during the third annual Canadian National Sportsmen's Show in the Coliseum, Toronto, from March 17 to 25th. Recognized as America's finest springtime exhibition, this year's Sportsmen's Show will have hundreds of exhibits of the latest sports, camping and travel equipment, boats cars and dozens of thrilling features and attractions.

Reading This May Save Your Life

Almost every day, according to safety specialists, people make the mistake described in this true-to-life incident, often with fatal results.

"Max, you turn the cows out. Be sure there's water in the shed tank. I'll get the tractor ready to grind some feed." John Henderson issued orders to his son as he pushed back from the table.

"Are you out of ground grain again already?" asked his wife. "Those steers have already eaten more than they're worth."

"Just don't you worry about those steers—they'll come out all right," said John, as he headed out into the brisk winter morning.

He felt fine. Always did when he had good steeds on feed—and doing well. But he wished Jane would quit worrying about them. And about the price of feeders, or whether the market would break.

"Yes! Get those cows out" John hollered at the house as he opened the machine shed door. He was getting a little peeved now. That boy always dawdled over meals.

He started the tractor and drove out of the shed, then hopped off close to the door. That's when the tractor dire, John muttered to himself: Wouldn't you know it? A dawdling lad, a wife who didn't trust his feeding ability, now a balky tractor

He stepped on the starter. The tractor started, then coughed and quit again. The starter dragged more slowly now.

"Start, you old so-and-so!" exclaimed John. Finally, it did, and he raced the motor to be sure it wouldn't stop again.

"You won't get another chance to stall today," he promised the tractor as he drove over to the red gas tank, safely set out from the buildings to protect them from fire. He adjusted the throttle to keep the tractor running, then started to fill the tank.

Next thing John knew, the whole tractor was ablaze. His clothes, too. He dropped the hose and rolled on the ground.

That probably saved his life. He wasn't even burned severely. But the tractor was a complete loss.

John stayed alive by doing the correct thing after the fire started. But why didn't he keep the fire from starting in the first place?

HOW TO FIX IT — By Harold Arnett

Handy Brush

BY INSERTING THE SHANK OF A BOTTLE BRUSH INTO THE END OF A BROOM HANDLE, YOU CAN MAKE YOURSELF A HANDY GADGET FOR SWEEPING OUT CORNERS. THE BRUSH WILL NOT INTERFERE WITH THE USE OF THE BROOM.

—Thanks to Chas. Gordon, Chicago, Ill.

An Safeguard

TWO SLOTTED WOODEN BLOCKS, AS SHOWN, WILL PROTECT THE SHARP EDGES OF YOUR AX BIT WHEN NOT IN USE. A SECTION OF OLD INNER TUBE HOLDS THE BLOCKS TOGETHER.

The Girl Guide Movement, How It Started and Grew

Lady Baden Powell is the World Chief Guide and as such, has the greatest influence throughout this world-wide movement. She herself has reared from its start, in a recent radio talk, she spoke of the way in which she began her career of public service. She was untrained for organizational work of any kind, but had hardly married before she placed herself at her husband's side in the Army and stations to which he gave his time and energy. He had founded the Boy Scout movement in 1908, inventing this unique system of character training, and thinking out every detail of its activities and ideals. The movement was accepted and ardently taken up by thousands of boys; their sisters refused to be left behind and in 1910, the even unintentional ill will need to be curbed and to give to the world their benefits and not their harm. The Girl Guide world is large," he concluded. "You have over 2,000,000 sister Guides, and what every one of you does matters and counts in the advancement of the whole more than we may ever know."

Special Privilege?

A news photograph shows Vice-President Alben W. Barkley with intimacy in the kitchen while Mrs. Barkley washes the dishes on the maid's night out.

Some will notice that at the moment, the camera shutter clicked it was Mrs. Barkley who was talking and the "Veep" was doing an attentive and respectful job of listening.

Quite a few wives and perhaps an equal number of husbands will feel, nevertheless, that Mr. Barkley is getting away with something at the expense of his recent bride.

In the foreground of the picture are a couple of tea towels—hung over the back of a chair.

How about it, Mr. Vice-President? We rise to a point of order. The VP may even be a VIP, but who does he think he is that he doesn't have to dry dishes?—The Christian Science Monitor.

Asked if fertilizer would stimulate a certain plant's growth, a farmer replied: "Can't say for sure. I never been able to understand whether the stuff actually stimulates the plants or whether it's just so downright repulsive that they try to grow away from it."

SPLITTING HEADACHE

RELIEVED IN A JIFFY!

And the RELIEF IS LASTING

For remarkably fast relief from headache and pain, use Instantine. For *prolonged* relief get INSTANTINE! For *prolonged* relief get INSTANTINE!

Yes, more people every day are finding that INSTANTINE is *one thing* that eases pain FAST! For headache, for rheumatic pain, aches and pains of colds, for neuritis or neuralgia pain you can depend on INSTANTINE to bring you quick comfort.

INSTANTINE is made like a doctor's prescription of three proven medical ingredients. A single tablet usually brings *fast* relief.

Get INSTANTINE today and always keep it handy

Instantine

12-Tablet Tin 25¢

Economical 48-Tablet Bottle 69¢

Do You Suffer Distress From "PERIODIC" FEMALE WEAKNESS

which makes you so nervous several days before?

Do female functional monthly ailments make you suffer painful distress, make you feel so nervous, so strangely restless, tired and weak—at such times for a few days just before your period?

Then start taking Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. No other medicine of this type for women has such a long record of success. Pinkham's Compound not only relieves this monthly pain but also pre-period nervous tension and cross, irritable emotions—of this nature. It has such a comforting anti-spasmodic action on one of women's most important organs. Regular use helps build up resistance against such female distress. *Truly the women's friend!*

NOTE: Or you may prefer Lydia E. Pinkham's TABLETS with added iron.

LYDIA E. PINKHAM'S Vegetable Compound

Spring Is Already On The Bough

The readiness of the world for spring is probably nowhere better demonstrated than on a branch from a spring-flowering shrub brought indoors for a few days at this time of year. Give it a drink, a place in the sun and a touch of warmth, and here come the blossoms. Forsythia is probably the most eager of all; it will burst bud and provide a spray of golden bloom with a minimum of encouragement.

But if you examine such a branch before bringing it indoors, it reveals only small buds, and they are slightly furled as a man's overcoat on a frosty morning. Yet within these buds everything is ready to celebrate spring. The flowers are there, waiting only a proper time or sufficient encouragement to burst forth.

And so it is on all the bushes and all the trees. The packages are in place, the flowers stowed and the leaves folded—buds, that are ready for spring. The preparatory work is done. It has been going on all fall and winter, while the dormant season, as we call it, lay upon the land. And as with so many miracles, when the magic of spring bursts upon us, it will not come overnight. It will seem to spring unheralded from the bough and root. We shall look one day and it will be nowhere in sight; the next day it will be here, arrayed—big us. The miracle will have happened, but it will be a miracle long and even leisurely in the making.

There it is now, waiting, on the bough of the dogwood, and on the elm, ruddy twigs of the maple, and on the apple tree, and the peach and plum and cherry. Waiting its time, waiting out the lengthening days and the chilly nights. For spring is there, upon the bough, even now in February, ready for the summons.—New York Times.

THAT'S DIFFERENT

County constable: "Pardon, miss, but swimming isn't allowed in this lake."

City miss: "Why didn't you tell me before I got undressed?"

County constable: "Well, there isn't any law agin undressing."

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