Outstanding Quality . Delicious Flavour



## THE SYLVESTER

Finally, Honey could stand the

shivered in the cold as she remem-

bered the crash of the two cars.

But before she could give it much

thought, she heard footsteps and saw Art coming forward to kneel by her side. He touched her gently

on the arm.
"Are you hurt, Honey?" he asked

"I think I'm all right," she whis-

pered, moving each limb separately

to see if any bones were broken. There was no pain and everything

seemed intact. "Nothing wrong.
And you?"

"Just a scratch on the head," he told her, dismissing it as nothing. "What about Joe?" she lifted her

hand to point to Danburne. "Is he

"Very badly," he told her in low

tones and his voice implied more than his words. "I think it's in-

ternal. He wants to talk with you, I believe. At least, he's been talk-

ing at you for some time. Some-thing is really on his mind." He

started to rise. "I'll go watch for

someone to come along and pick us up. We've got to get him to a hos-

He left them alone.
Honey sat up, feeling a bit dizzy
at first from her recent shakeup. In
a moment, however, her head

a moment, nowever, ner nead cl ared and she felt all right.

"Joe?" she called softly and crawled a little closer to the still form. "Joe—how do you feel?"

"Honey—you fool!" His voice work and the she "Warryon".

reached out to slap her. "Were you

(Continued -next week)

pital and both cars are ruined."

hurt? He lies so still."

conscious.

By BLANCHE ROBERTS

Shoppis Sylvester Diamond from a whman's handbar in a Los Anceies department store and that evening confesses the itely Joe Danburne berating her. She kept quiet and waited, her heart beating a tattoo against her ribs. Maybe he would think she was dead, she thought hopefully, and go away. But he didn't. He seemed bent on expounding his opinion of her, regardless of whe-ther she was dead or alive. "You fool!" he went on relentlessly. "You cheap, little double-crosser."

CHAPTER X (Continued from last week) Art glanced at his speedometer and it registered 70 miles an hour. Then he lifted his eyes to the rear-

The car is keeping up," he informed her, and his tone left no doubt but that the motorist behind them was trailing intentionally. "It is Joe, then. I'm terribly sorry to have involved you in this affair. Art. There is more to it than you can guess."

"A little excitement is good for

ne, Honey. I haven't had any in nearly two years."
"I am still sorry," and she meant every word of it. She felt she could

never forgive herself if something "I am glad," and his voice He slowed the car down, for driving was much too hazardous for

speed in the soupy weathe they were encountering along the way. Neither spoke for some minutes. Every nerve in Honey's body was on edge and she kept saying to herself:
"Please don't let anything happen

to me until after I see Dan!" Art's voice came low as if he feared he might be heard by the man behind them.
"Watch for the next highway

marker and tell me the minute we pass it. Then I will know just where I am. There is a chance we may be able to shake Mr. Dan-

prayerfully.

She wiped the tear mist from her eyes so she could see clearly and turned her head to keep a close vigil for the sign. But she never had a real opportunity to look for it. As if divining their intentions, and slowed abruptly in front o aim. There was a terrific crash as the two cars came together.

Honey was enguised in blackness.

CHAPTER XI "You little fool! You little fool!" Honey heard the voice repeating the words over and over in a monotom-tom, hammering away at her . brain, recalling her to the conscious

world. She did not need to open

her eyes and look to know that it

By Anne Ashley

ster rug?

A Stretch the rug tight and tack face down on a floor. Sprinkle with a solution made by dissolving ½ pound of flake gine in ½ gallon of water. Allow rug to dry at least one day. Care should be taken not to put on so much gine that it will show on the right side. Q. How can I clean suede shoes? A. Clean suede shoes by wiping with a cloth that has been dipped

Q. What is the best way to apply ip stick when the lips are chapped and dry?

A. Try using a very greasy lip-

of steel articles? A. Put a lump of freshly-burned lime into the drawer or box when storing away steel articles, and it will prevent them from rusting.

Q. How can I stuff dates and

prunes?

A. First wash, dry, and stone the fruit, then cut almost in half and fill with. a half marshmallow, blanched almond, or chopped nuts and raisins. Roll in sugar.

Q. How can I relieve the pain of

frostbite?

A. Rub the frostbitten parts vigorously, and bathe in cold water until the blood circulates freely; then rub with mutton tallow. Q. How can I prevent woolen

> or the baby, or my friends. I can't clean, but it's such a big place! My baby is 13 months old, and I'm expecting another. I tire quickly. As for my friends, when they come he leaves the room, taking the radio, and bangs doors and dishes around so that my guests feel unwelcome. Now I have only two close friends

who come at all!

"He isn't a bad man, Anne Hirst.
He used to drink, and he's stopped that. He used to mistreat me, but he doesn't now. His worst fault is nagging. And how much can a wife take? I don't want to leave him. I couldn't take my son from him, for they love each other so. And I love him. But I haven't told me gvery day.
"He was in combat-duty in the

"Dear Anne Hirst: Ever since the day I married my husband, three years ago, he has found fault with whatever I do. It's the house,

war, and I try to allow for that. He likes to act mean and be a big-bully. I'm trying to hold our mar-riage together; but I don't mind telling you that if this letter doesn't do any good, I'm giving up. I'm still young, and perhaps I can make a new life for myself. (I wasn't going to show my husband this letter, but now I think I will. You give good advice.) WORRIED"

A CRISIS If ever a wife needs loving consideration and the assurance that she is precious to her husband, it is when she is expecting a baby \* (If a man could bear just one, he \* would need no explanation.) She needs his tenderness, and his conand convince her that her coming trial is worth all it will cost he he is home, as much as he can,

Make this yours for winter teas and bridges! The kind of dress you'll wear everywhere, it has new deep neckline, shirred softness at shoulders. Easy!

This pattern, easy to use, simple \* in taking over the housework and,
\* in your case, helping care for the
\* baby you have. This is the time to sew, is tested for fit. Has complete illustrated instructions. he should conceal any dissatisfaction he feels, and be as consider Pattern 4669 comes in sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 38, 40, 42. Size 16, 436 yds. 39-inches. Send TWENTY-FIVE CENTS \* ate as though he were her father.
\* He should know that she needs the diversion of her friends, and (25 cents) in coins (stamps cannot \* any amusements her health per-\* mits. In other words, he should be be accepted) for this pattern. Print plainly SIZE NAME, ADDRESS, STYLE NUMBER. \* her protector, the staunch pillar Eighteenth St., New Toronto, Ont. If this nagging of your husband

vester. What did you do with it? Where is it now?" Failure

What is a failure? It's only a sput

To a man who receives it right,. And it makes the spirit within him

To go in once more and fight.

If you never have failed, its a

even guess You never have won a high success

What is a knock-down? A coun

It will give him a chance to come

If you never have more than met

guess you never have toed the

WILLIE WEATHER Says:

I always feel sorry for the snow man. There he stands, with a plece of coal for a nose.

I almost cry. when I see those process commen.

poor snowmen—
I get a kmp for
the throat because they get a
lump in the poer.

-Edmund Vance Cook

up again And do his particular best

your match,

- 3. Weaving machine
10. Fay one's 32. Irish word for darling
11. Noticeman
11. Induce 35. Drunkarde 8. Drunkarde 8. Drunkarde 9. Drunk CROSSWORD PUZZLE ACROSS
1. Nuts
5. Parrot
8. Insult
12. A single time
13. Steal
14. Sound
15. Nec
16. Extinct flightless bird
17. Roar of the
surf
48. Seythe handle 2 3 4 12 3 3 13 14 18 20 21 22 23 27 28 29 3 

Answer elsewhere in this issue

How Can I?

Q. How can I resize an Axmin-

n vinegar. To restore the nap that has become worn, apply sandpaper

stick. Or, rub a little cold cream on the lips before using the stick. Q. How can I prevent rusting.

from shrinking when washing them?

A. The shrinking can be greatly

reduced by observing three things; use warm water, use mild soap, and allow the woolens to dry slowly

cramped position she was lying in no longer, or the irritation of the words that flowed on and on, upsetting her nerves. She moved her body slightly and discovered that she was on the hard ground. She opened her eyes to the darkness that enveloped the earth and moved her head to look around, expecting to see Joe hovering over her, ready to kill her at the first sign of life To her amazement, Joe's long form was stretched on the ground near THE REPORT OF THE PERSON OF TH her. He was not moving. Only a voice issued from his still body. She

4669

ANNE ADAMS

had a unhappy first marriage, and I allow for that, too. But now I'm at a point where I believe he just

\* has persisted so long, it is pos-

Modern Etiquette

by Roberta Lee

Q. When the wedding invitation

have been sent out and there is a sudden death in one of the families,

should the wedding be postponed?

A. Not necessarily, although usually, if an elaborate wedding has

been planned, the arrangements are changed to a quiet wedding, recall-ing all invitations except those to members of the immediate families.

Q. When setting a table, should the prongs of the forks point up-

ward or downward?

A. They should always point

gets food in his mouth that is too

hot to swallow?

A. Get the food down somehow

and then take a swallow of water

Never, under any circumstances take water while you have food in

your mouth.

Q. When a person is making an

or two of comment?

troduction, should he add a word

A. Yes: if the comment he makes

will enable the two persons to be

gin a friendly conversation, he should not miss the opportunity to do so.

ISSUE 7 - 1949

Q. What should one do if he

Any man who doesn't try, intelligently, to keep his wife happy doesn't deserve a good wife. Sometimes he only needs a hint to change. Anne Hirst has given that hint to many a careless hus-band. Write her at Box 1, 123 Eighteenth Street, New Toronto.

Operator-Get Me My Teacher-Although confined to her bed for the past seven months with

rheumatic fever, Barbara Stuart still keeps up with her classes. A leased telephone wire from her bedside to her schoolroom enables the 11-year-old girl to be part of her class. She can hear everything that goes on and recite when her turn comes.

\* sible that he is not a well man.

\* sible that he is not a well man.

\* He should be checked up, and
perhaps put himself under the
supervision of his physician; perhaps his nerves can be calmed,
and so make him less sensitive
to everything that annoys him
now. He would be a happier man,
which surely would make his
easier to get along with. With
this nagging habit so entrenched,
he certainly is not happy now.

\* Your marriage is really at a

crisis. When the new baby comes,
your burdens will be heavier.
Now is the time for your husband
to face that fact, and show how

much he appreciates all you are,
 and all you have done for him.
 If he realizes that he may lose
 you if he fails, it will rouse all
 his efforts.

\* his efforts.

\* As I so often say, it takes so

\* little to keep a woman happy.

\* Any man who knows women,

\* knows that. A husband who

\* doesn't give that little is too ab
\* sorbed in himself to try, or cares

\* so little for his wife that he be
\* lleves it isn't worth the effort.

\* Under all his criticisms. I be
\* lleve your husband does love you;

\* but he has been too self-centered

\* to realize it. If he will under
\* stand this, it will prove that, even

stand this, it will prove that, eve

\* at this late day, he has it in him \* to be a MAN.

\* It takes two to make a mar-riage good. I hope he will read \* this, and determine from now on \* to do his part. You certainly \* have done, and are doing yours.

ANNE HIRST

Your Family Counselor

Politeness As the culminating extravagance of a wonderful honeymoon, the young husband rented a sailboat for an all-day cruise on the bay. While he put a firm hand on the tiller, he he put a firm hand on the tiller, he put his wife to tending the sheet. Everything went well until a sudden puff of wind appeared.

"Let go the sheet!" he ordered brusquely. But his wife held tight and stared straight ahead. "Let go that sheet!" he shouted again, although by that time it was too late. "Why didn't you let go the sheet when I told you to, dear?" he asked as they clung to the upturned bottom of the boat.

"I would have if you hadn't shouted so," she sobbed. "You ought to speak more kindly to your wife."

Conscience: The thing which hurts when everything else feels

the orchestra to a spontaneous ova-tion. They rose to their feet and cheered the little man who had just given them such a new and wonder-ful insight into the music. Desper-







Now-for extra-fast baking-it's New Fleischmann's Royal Fast Rising Dry Yeast. No need to keep it in the icebox-it stays fresh in the cupboard for weeks-right there when you need it. Just dissolve according to directions. Then use as fresh yeast. IF YOU BAKE AT HOME-you can always keep a large supply ready for "hurry-up" baking - more delicious baking results. Order Fleischmann's Royal Fast Rising Dry Yeast from your grocer today.

Mountains

shadowed blue.

midst of them."

This was the Great Overthrust

-occurring when lateral pressure pushed the ancient mountains for miles out over the young plain.

There is no more dramatic sight in

America and it seemed incredible luck that the clouds had lifted just

at that particular moment.

As we drove west toward the

Waterton lakes, which are just north of our Glacier Park, every

mile was more spectacular. "This is the greatest way to see the ranges," Lee said. "You really get

when you view them from the

deen plum blue with mantles of

feather-white. Out of the narrow valleys at their feet, where the

rustlers hid in the days of the

great cattle ranches, swent billows

of fog; and above their crags the storm clouds were lifting in great cumulus masses, bubbling high. The vertical battlements, jagged

triangles, and violent thrusts of

rock cut sharp against the sky were

my childhood ideas of what moun-

tains ought to be.-From "Canadian

You never see them from

It was the full of the moon.
Stealthily, the savage crept through
the matted jungle to a clearing
where the dead man lay. A occumighty warrior, he reposed in ceremonial solitude. A strange green
mold created of heat and moisture
and descripts human flesh stread We set out very early from Leth-kridge, in the chill of the dawn, to meet the mountains. The sky was overcast; but the air was buoyant and mild, the ponds full of ducks, and fence-posts tipped with feathery gargoyles. However, as I had set my heart on first seeing the Canadian Reclies in the morning sun. and decaying human flesh, spread over the dead man's skull and fore-

dian Rockies in the morning sun, truly the Shining Mountains, as the Indians called them, I was not head.

Hastily the mold was scraped off and carried by the panting native runner to a hut where another man lay dying, pierced by poisoned spears. At his side, in full regalia, was the tribal Medicine Man. This appeased by lesser sights, how-ever delightful.

The car went down a hollow and came up over a slight rise into the middle of a herd of cattle. And was the tribal Medicine Man. Instantant healer smeared the mold into the gaping wounds on the dying man's forehead. The patient recovered, and the Medicine Man was honored throughout the tribe.

Mold of different origins and under the control of there beyond the brown backs and the horns, where we took it for granted there would be only a bare plain, were magical apparitions. A plain, were magical apparitums. As suddenly as that, up out of the grass, a great procession of snow mountains stood before us.

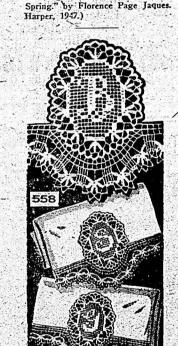
All across the west they stood, der different names now serves modern medicine. All the world knows of the amazing powers of Penicillin and Tyrothricin. For and to the south of us they strode through modern research, mold, fungus and strange bacterial growths have thus developed, from the crude forms once used by the savage in superstitions ignorance. no preparation whatever for them. There were no foothills. Only brown grass and then these steep triangular escarpments, silver white,

Tribute

Early Medicine

While rehearsing Beethoven's Ninth Symphony, the musicians responded with a particular sensitivity to Toscanini's every wish and desire. What resulted was a performance that moved the men of ately, Toscanni tried to stop inem, waving his arms wildly, shouting to them. Finally, when the ovation subsided, he said in a broken voice: "It isn't me, men—it's Beethoven!"





The smartest monogram of all is your monogram done in this filet crochet initialing. Be sure to include Initials with lace edging. Use ini-tials separately too. Pattern 558; erochet directions; charts. Laura Wheeler's improved partern makes needlework so simple with its charts, photos and concis directions.
Send TWENTY-FIVE CENTS n coins (stamps cannot be accepted) for this pattern to Box 1 123 Eighteenth St. New Toronto Ontario. Needlecraft Dept., Address. Print plainly PATTERN NUMBER, your NAME and AD-

Embarrassing

William Sydney Thayer, later a were delighted during their student days when the danscuse, Loie Ful-ler, arrived in Boston. In her finale, Loie would auddenly, whiz down the stage and end seated with legs and arms stretched apart as If she were about to split Returning a second night armed with a number of highly startched collars. Thayer and Company secured seats in the front row. At the moment that Loie seemed about to split they fore the collars, making an unearthly rending streech. The audience went wild; even Loies and the collars was actually seemed to think she was actually seemed to think she was actually

## CHRONICLES OF GINGER FARM by Gwendoline P. Clarke

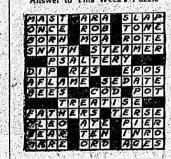
What would we do without our Federal Government? We just wouldn't know anything, that's what. For instance, if we didn't have the Federal Government to tell us, how would we ever know the cost of living index had gone down? And it has, you know—the F.G. says so—and it has figures to prove it. I forget just what fraction of one per cent it had gone down but no doubt anyone who is curious could get that information from any government official. But do you know, as I heard the "good news". I wondered how many figures it cost the taxpayers to have that cost of living index tabluated ures it cost the taxpayers to have that cost of living index tabluated a mystery. Now the weather has changed

And after the decrease was announced what happened? Tea went up in price, coffee went up; likewise coal, milk, insurance premiums, motor and driving permits, and even the price of admission to label and even the price of admission to label and all provides the tree. Also the up, in price, coffee; went up; like-wise coal, milk, insurance premisums, motor and driving permits, and even the price of admission to our local movie theatre. Also the rent on safety deposit boxes. There may also be a dozen other items that I have forgotten—it is hard to keep track of them all. Of course you might say tobacco, movies and safety deposit boxes don't belong to the cost of living. Maybe not according to government statistics, according to government statistics, but money for these things all comes out of the family income.
Partner says if he can't have his pipe of tobacco it is just too bad. And of course we all enjoy the occasional movie. As for deposit boxes, they are handy places to keep insurance policies and your "last will and testament."

And now may I draw your atten tion to what has gone down-as if you didn't know, that is, if you live on a farm. Eggs—that's what. You notice farm produce is always the first thing to drop in price. But the cost of laying mash hasn't gone down so that eggs cost just as much to produce now as they ever did although we get less for them. Personally, we are not grumbling at the price of eggs going downwe are only grumbling at the cost of producing them keeping up. We would be quite happy with moderate prices for what we sell if we could buy what we need at a reasonable figure. The price of everypeople in the twenty-five-dollar-a-week class ever manage I don't know. No wonder there is a hue and cry for margarine. Yes, margarine is supposed to be on the market but one grocer told me it would not be available to small grocery stores for at least six

months. Maybe we are short-sighted, but at Ginger Farm we are quite in favour of margarine being available to those who cannot afford to buy butter. I have a hunch there will udice against margarine to insure a good market for butter. So why all the fuss? Maybe some of us forget that good old maxim—"Live and let live." If all people, in all lands, would abide by that simple rule for living there would never be any wars, nor rumours of wars. But half the time we forget about the other fellow—instead it seems to be "Each man for himself and the

Well, I don't know about the hindmost—it almost seems as if Answer to This Week's Puzzle





SALLY'S SALLIES

When I wrote about our won-derful climate I didn't 1 5k you'd take me seriously."



When Linda Hits The Hay, She Really Hits It—It's sure hard work taking care of 22 head of cattle, and 2 year old Linda Ruth Cooper is plum tuckered out. When snapped Linda was resting after her "chores" at a recent stock show.

Method

Beat eggs until light. Add sugar gradually, beating until fluffy. Add sour milk and molasses, mixing well. Sift together the flour, salt, baking powder and soda, and add to the first mixture. Then add rolled oats, nuts and raisins, stirring only enough to combine. Bake in 2 greased loaf pans in moderate (350 degree) oven for one hour. Store for 1 day before slicing. 

TABLE TALKS Lots of folks buy their salad dressing ready-made — and very good some of them are, at that. Still, there are those who like to polite way of saying 'high prices')—
force a lot of us to use the cheaper
cuts of meat, there isn't any neces-

need apologize for including this sity of not thoroughly enjoying what we eat. So much depends on the way you cook such meat; for the less tender-cuts are every bit as flavor-filled as the choicer ones, and a lot of frontquarter beef deserves far better treatment than it usually getsthat is, a trip through the meat-

For instance, there's this-Tasty Pot Roast

for everyone. Anyway, you can be

hard up on a farm with less dis-

comfort than you can anywhere

else. And it is much less humiliat-

ing to live in the country if you

appen to slip on the ice.

Cooked Salad Dressing 2 egg yolks pounds brisket or chuck

large onion clove garlic cups BOILING water 1/2 cup water 1/2 cup sugar
1/2 teaspoon dry mustard 1 teaspoon salt
14 teaspoon pepper
1 tablespoon flour

Method

**Do People Really** 

Call Me Crabby?"

beginning to think you are high-strung
— always tense and nervous — so that

Your Nerves Can Play Strange Tricks on You!

you fly off the handle easily?

Many women find it hard to realize their nerves are "bad". Yet it's not unusual for a high-strung woman's delicate nervous system to get off balance—especially during the functional changes she faces in girlhood, young motherhood and middle life. That's when a good tonic, like Dr. Chase's Nerve Food, can do you so much good by helping to restore your nervous energy.

to restore your nervous energy. It will help you feel better, look better, rest better at night.

During the last fifty years, thou-sands of Canadian women of all ages have gone safely and happily

JITTER

24 cup vinegar carrot, sliced Few sprigs parsley cloves Dash of all-spice teaspoons salt 1/4 teaspoon pepper

Beat egg yolk and add vinegar. Combine this mixture with mixture of sugar, flour, mustard, salt and pepper. Add water and stir well. Cook over a slow fire until it Wipe the meat with a damp cloth, thickens. Remove from stove and stir in 1 tablespoon butter. If put and trim off the fat to use in browning it. Fry out the fat in a large kettle or Dutch oven. Peel in a cold place, this will keep and slice the garlic and onion the pan; cook until soft and yellow the pan; cook until soft and yellow
then remove and save for later on.
Put in the meat and brown it,
slowly, on all sides. Then add the
BOILING water, vinegar, carrot, parsley, seasonings and the onion and garlic. Now cover tightly and SIMMER until tender — about 3

the broth. To make rich brown-gravy, thicken the drippings. Put a quarter cup of cold water into a 2 tablespoons flour for each cup of broth. Put on the lid and shake jar to make a smooth paste. Stir slowly into the broth. Cook until minutes.

And before you out it on the table—better tell whoever is going to carve to be prepared for "Second Helping" demands. 

Having more than a trace of Scottish blood in my veins-trace here means something like 90 per cent — I am always interested in recipes that come from the beloved "Land of Cakes." Perhaps you'd sometime like to try this one. I you do it once, I don't believe it will be the only time. In fact I think it will prove to be a "regular" with you. It's: Scots Raisin Bread

1 eup sugar 2 eups sour milk, er buttermilk % cup molasses 1 teaspoon salt
1 teaspoon baking pov 11/2 cups rolled oats

eggs wastlinger some

1/2 cup chopped nute 11/2 cups raisins

### Woman of Taste

with Jesus on some special occasions, but he made a good fourth.

He drew attention to the lad's Inch which was used to feed the multitude and he helped to bring the Greeks to Jesus. John was a man of great affection. He gave us the best known verse of the Bible, John 3:16. His brother, James, was the first aposile to be A man who lives in a Nob Hill hotel noticed that the contents of a bottle of fine bourbon were dropping at a rapid rate. So he made a tiny pencil mark on the label opposite the current level. Return-ing home that night, he found 2 martyred. Thomas has been called the 'doubter' but perhaps it should note from the chambermaid:
"Please don't put a pencil mark on
the bottle, because I don't want to
put water in such good whisky." be stressed that he had a scientific mind. He wanted the evidence. Philip was the practical man who looked at the crowd and said that two hundred pennyworth of bread Then Yell For Help

## would not suffice to feed them. Nathaniel or Bartholomew was the meditative man, the philosopher. Simon was associated with the Zealots, a political revolutionary me, but I have chosen you, and ordained you that ye should go and bring forth fruit.—John15:16.

By Rev. R. Barclay Warren Jesus Chooses the Twelve Mark 1:16:20; Luke 6:12-16.

Golden Text: Ye have not chosen

Jesus chose men to be with him

in his ministry. The purpose is expressed in the invitation to Simon and Andrew, "Come ye after me,

and I will make you to become fishers of men." They were liter-ally to take men alive for Jesus

Christ. Later, after spending a night in prayer he named twelve

apostles. Among these were four fishermen and a despised publican.

A simple rhyme helps us to remember their names.
"Peter and Andrew and James and

The men he most depended on;

Philip and Bartholomew,

James the less and Paul the

was the treasurer, and did some petty thicking. Finally he sold his Lord for thirty pieces of silver. His

It was a representative group of men. They did not have wealth or social pressige but it was said of them. "They turned the world up-side down."

ACHING FEET PAINFUL LEGS If your feet are "almaly killing you" or your lers are swollen and painful, massage night and marning with Buckley's White Rub. This must give quick, lasting relief or double your money back! Price 300 and 50c.



# LARGE ECONOMICAL SIZE 65C





Should you ever lose your way in a wooded area, you may determine north, south, east and west merely by examining the trees. North is on the side where moss is thickest,

fabrics may be weaved on a "LECLERC" loom. Write for your free copy of New Folding Type "LECLERC" Loom. NILUS LECLERC INC.

through the most trying periods of life—by taking this time-tested tonic containing Vitamin Bi, iron and other needed minerals. Give Dr. Chase's Nerve Food a chance to help you, too, when you feel edgy, upset or a bundle of nerves. Get the large "economy size" today. The name "Dr. Chase" is your assurance.

⊢Dr. Chase's¬

NERVE FOOD



For remarkably fast relief from headache get Instantine. For real relief get Instantine. For prolonged relief get Instantine. For prolonged relief get Instantine in Made like a doctor's prescription of three proven medical ingredients. A single tablet usually brings one thing to ease pain fast. For headache, for rheumatic pain, aches and pains of colds, for peutitic or neuratic pain, and always and always.







And the Relief is LASTING

euritic or neuralgic pain you can

