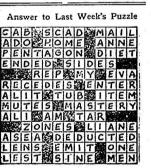
Outstanding Quality . Delicious Flavour



Rain at last! Yes, after seven weeks with hardly a sprinkle we have actually been blessed with a real rain. We began to be afraid, doubting Thomases that we are, that although rain was all around us it was going to pass us by. You see, that four-inch rain that drenched Toronto Saturday night didn't come our way at all. It was Sunday night before our turn came, and believe me, it was like music in our ears to wake up and hear that steady lownpour hitting the roof, the windows and the front doorsteps. Some of it came in the house too, but that was neither here nor there. It also filled the cistern to overflowing so now, for a month anyway, we shall have lots of nice soft water. Of course the rain is too late to help the pastures much but it will ertainly solve the fall wheat problem for a good many farmers. It is still quite hot but I imagine a day or two will clear away the un-comfortable humidity and then we may have some nice fall weather, which will add to the enjoyment of those who are interested in atending local Fall Fairs.

to good old standard time so that was often lots of fun-especially the in many ways we are getting back to a regular routine following the ing gaslight from the street lamps isual summer upheaval. And speakcasting a shadowy glow. Neither night lights nor bright lights were necessary to enjoyment in those-dare I say it?—those good old days. know I wouldn't mind daylight saywinter instead of the summer. Seems No. I am airaid curtailment of to me we go back to standard time.
just when fast time would be some night life will not be involved to any great extent in plans to save

advantage to us." our precious hydro power. Instead we must have week-end shifts in industry; shut off the heaters, turn off the radio, put out the lights, save on the hotplates, stoves, heaters and problems we jump to how to save on hydro power. One solution is very simple but it will never be adopted. We could go back to a self-imposed curiew. We could try going to bed at 10 o'clock. Many of those in the sixty-ish class ably do that anyway but what they save in electric light the young folk burn up in half the time. Imagir suggesting to youngsters of this lay and age that they be home by midnight! Why, for them at 12 o'clock the night is just beginning. n my far distant youth it was a



who dares to say that I don't practice what I preach! Wasn't I saving the hydro? CROSSWORD

PUZZLE ACROSS
1. Surround
4. Sun-dried
brick
9. Touch lightly
12. Exist
13. Floral part
14. High priest
15. Swell

Answer to This Puzzle Will Appear Next Week

ANNE HIRST

"Dear Anne Hirst: We've been married almost two years and my inshand and I are very happy and very much in love. Just three months ago a baby was born to us



came a new an

expenses. When his part is gone, he either gets money from me, or

writes a check.

"I've always been one to save.
But my husband doesn't seem to
know how to manage his money.
I know he doesn't drink or gamble.
Most of his money goes for little
things which he could easily get
along without.

"I don't say much to him about
this, because I figure he should
realize his responsibility by now.
But being in debt doesn't seem to
bother him He save that just comes.

bother him. He says that just come with married life!
"Could you please help me?

No Debts, No Worries

 For a man to say that debts
 come with marriage is little short
 of ridiculous. Marriage is a busi-Great New Serial The Sylvester * ness, too, and if one doesn't pay * as he goes, or establish and main-* tain good credit, the marriage has Diamond

Don't Miss A Word Of It

Blanche Roberts

The thrills start in the very

first paragraph — with a pretty young redhead lifting the famous Sylvester diamond from a wo-

man's handbag in a Los Angeles

department store—and continues right to the exciting and un-expected finish. Look for the opening installment it's a tale you must not miss.

not satiated with pleasure at twenty.

ironing-save in every way pos-

sible just so long as it does not interfere with anyone's pleasure. And while the housewife feels al-

most a criminal if she should dare to have a second piece of toast she knows that in the towns and

usual, with maybe a light dimmed

here and there as a special con-

Now I have laid myself wide open to be labelled as an old crank, but

isn't there some method in my madness, or at least some reason for it, when the need to save power is impressed upon us by radio and

press and yet from towns and cities there is all kinds of evidence that

hydro is being used in so many ways exclusively for pleasure?

And now here's a laugh agains

myself. I had the kettle on to make a cup of tea. A few minutes ago, thinking the water should be boil-

ing, I went out to the kitchen. The kettle was on all right but I had

no secure foundation.
No sane man runs a busines * with the idea of not making it pay. • He keeps his books, he knows • where every dollar goes, and • whether or not it is justified. His business must make a profit, or * there is no business.

A household cannot run itself.

* It requires some sort of oper-* ating budget, and if that budget * is not watched and checked, * trouble comes and stays. A man * and wife are partners, and each is responsible for spending the * family income.

* Make up a budget. Go over it

with your husband, ask his advice. Together decide what is left over after expenses and savings lare paid, and suggest that he keep out a certain sum to spend as he There was always something new and different to look forward to; a show was an event; a dance some-thing planned for several weeks ahead. A Sunday School concert pleases. (You should do the
same.) Then if that sum runs out
before his next check arrives, he Expenses Increase Your baby will cost more to

* raise and educate every year, until he is on his own. Where is the
money coming from, unless it is * put aside each payday? Your * husband will admit this truth if * it is brought before him. You and * I both hope he will face his re-* sponsibilities squarely and pleasantly
Debt can drain the spirit of any

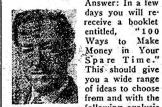
* wife. It is usually she who has to * face the landlord and bill collectors. It is she who does the worrying. To place this burden on her shoulders is not fair. Your husband will admit that, too.

Figures will convince a man gether on this vital point, and

come is one of the most frequent reasons for divorce. Don't let this ghost haunt your house. Talk you write her at 123-18th Street; New Toronto.

YOUR HANDWRITING

Dear Mr. Arnott: Would you an alyse my handwriting and tell me what type of part-time work would



Ways to Make
Money in Your
Spare Time."
This should give
you a wide range
of ideas to choose from and with the following analysis you should find no difficulty in finding suitable part time employment. Your handwriting tells me that you have an adaptable nature with the ability to make quick changes in meeting new conditions. Although modest and self-conscious, you would do well where friendliness in meeting people would be an asset. Employment in directing others, giving information and direction to enquiries would be the most suitable for your qualifications. Another type of work which would

This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send TWENTY-FIVE CENTS Another type of work which would appeal to you would be selling quality goods such as ladies' furnishings, perfumes, or fine furniture. (25c) in coins (stamps cannot be accepted) for this pattern to Box 1 For a brief analysis of your charplainly SIZE, NAME, ADDRESS, STYLE NUMBER. for a brief analysts of your character send a sample of handwriting, with a stamped, self-addressed envelope, to Alex S. Arnott, 123–18th. Street, New Toronto.



From Ear to Ear—Two heads are better than one when sharing an outsize slice of watermelon, Brantford girls Barbara Lyon and Mary Lou Rutledge find. While Ontario melons are not the biggest in the world, they are among the finest and have just come to ripeness in quantity in a season with no U.S. melons on the market.

Two cups apples, 2 cups tomatoes, 1 lemon, 2% cups sugar, 1/2 teaspoon salt, 1/2 cup broken

nuts if desired. Pour into hot, clean

and pour pickles into hot, clean jars, and seal.

One guart tart apples, 2 med-ium onions, 2 red peppers, 1

cup raisins , 1/2 cup vinegar, 1 cup water, 1 cup sugar, 1

tablespoon mustard seed, 1 tea-

spoon celery seed, ¼ teaspoon paprika, ¼ teaspoon salt.
Peel, core, and chop apples; chop onions and pepper. Combine ingredients. Cook rapidly until apples are tender and the mixture is thick

Apple Chutney

Whether preserved, fresh or cookthey contain some of the necessary minerals, their greatest merit is found in the fibre content which aids normal elimination and in the alkaline ash they yield when digest-ted. This ash helps neutralize the acid effects of food such as eggs,

meats, cereals and fats.

If they are in good condition to start with apples may be kept in the natural state for several worth.

Then add sugar rind. Cook until nuts if desired. I jars and seal.

Apple-Pickles

One pound a sugar, % cup water, 1 cinnar months. They should be mature but still hard and

but still hard and stored in a cool, slightly moist place. Most cellars are ideal for this purpose. The fruit should be individually wrapped in tissue paper or newspaper before storing. or newspaper before storing.

Now here are some apple recipes
I'm sure you'll enjoy; but first
—don't forget that an apple for
dessert in school-children's lunches
is just about the most effective tooth cleanser and breath sweetener you

Apple-Carrot Conserve Two cups apples, 2 cups carrots, 1 lemon, ½ cup water, 2¾ cups

sugar. ½ teaspoon salt.

Peel, core and chop apples. Grate
or grind carrots. Slice or grind lemon. Add water, sugar, and salt. Cook all together until the fruit is trans-parent and has a clear, thick syrup. It takes about 45 minutes to an hour. Pour into hot, clean jars, and seal.

sew! ONE piece, plus a flounce or ruffle to flirt with the hem of

20; 40. Size 16 takes 3 yds. 39-in. Transfer included.

ISSUE 41 - 1948

or both looks and fit! Pattern 4892, sizes 12, 14, 16, 18, and clear (about 30 minutes). It may be necessary to add more water if the apples are not juicy. Pour into hot, clean, jars. Seal and pro-cess in water bath five minutes. Apple-Orange Marmalade Three large tart apples, 6 oran-

es, sugar and water, 3 lemons. Peel, core, and chop Grind oranges or chop finely. Com-bine fruits and cook-slowly in 2 quarts of water for 30 minutes. Measure fruit and water. Add 1 cup sugar for each cup fruit and juice. Cook until thick. Then pour into hot, clean jars, and seal.

Use cooking apples. Wash well, and cut into small pieces. Add 1 cup boiling water to each gallon chop ped apples. Cover kettle and cook about 20 minutes. Press through sieve to remove cores and pealings. Add 1 pound sugar (brown sugar is Then add 1/2 cup lemon juice and cook five minutes more. Pour while into hot, clean jars, and seal.

Where He Failed There was a young man from Who painted himself like a dahlia The colors were bright, And the size was just right
But the smell was a definite fahlia





Biography in the Bible Genesis 11:31 to 12: 5; 17: 1-8. Golden Text—In all thy ways ac-

as his sister, —even though she was his half-sister,—was an attempt to deceive. This was one instance of his lack of faith. However in other acts Abram showed great faith. In response to God's call he left Ur of the Chaldees, journeying to Can-an, now called Palestine. This land was promised to Abram and his seed for an everlasting possession. But greater than this was the promise, "Thou shalt be a blessing—and in thee shall all the families of the earth be blessed." This is being fulfilled through Jesus Christ, who is a descendant of Abram according

knowledge him and he shall direct thy paths. —Proverbs 3:6.

Abraham was called to be perfect. It was a perfection according to God's standard and not man's.

nuts.

Peel core and chop apples. Peel and chop ripe tomatoes. Grate rind of lemon and remove juice. Cook apples and tomatoes until tender. Then add sugar, lemon juice, and rind. Cook until fruit is clear. Add nuts if desired Pour into hot clean thy paths. —Proverbs 3:6.

In every nation there have been individuals who helped to shape the course of history. To know the story of these persons is to know the biography of the nation.

The choosing of Abram to illustrate biography in the Bible is a happy one. Few names in history are respected by so many. He was the father and founder of the Jewish nation. Mohammedans acclaim him because he was the father of Ishmael from which the tribes of Arabs are decended. To Christians he is the "father of the faithful."

Bible biographies are frank. There is no attempt to cover faults. Abram's reference to his wife Sara as his sister, —even though she was Apple-Pickles

One pound appies, 3\(\) pound
sugar, 3\(\) cup vinegar, 1 cup
water, 1 cinnamon stick, 1 tablespoon cloves, 3 slices lemon.
Peel and core apples, and cut in
quarters and halves. Mix sugar,
water, and vinegar. Tie spices in
bag and place in mixture. Boil five
minutes; add apples and lemon
slices. Cook slowly until apples are
clear and tender. Remove spice bag
and cour pickles into hot. Clean jars.

was not a perfection of mind but o ment "Blessed are the pure in heart, for they shall see God."

FOR FAST RELIES

By Anne Ashley Q. How can I restore faded

A. Give it several costs of water-

color print, selecting, of course, the shade of the leather. After the paint has thoroughly dried, rub-the surface well with a good fur-niture polish and the result will

be pleasing.

Q. What is a good substitute to use for baking powder in an emer-

gency?

A. Two teaspoons of cream of tartar and one scant teaspoon of baking soda are equal to three teaspoons of baking powder.

Q. How can I prevent dandruff?

A. It is claimed that dandruff?

can be prevented by applying a solution of one part apple juice to three parts of water, about twice a meet.

Q. How can I remove shine from tailored suits?

A Wet a thin piece of muslin in witch hazel and spread it over the shiny portion of the garment. Hold a hot iron over it until it steams. Then press on the wrong

side. Q. How can I prevent milk from

curdling in tomatoes?

A. This can be avoided by putting a pinch of bicarbonate of sods
in with the tomatoes before adding

THERE'S ONE THING

Headache? For fast relief get Instantine. For sure relief get Instantine. For prolonged relief get Instantine! Yes, more people every day are finding that INSTANTINE is the one thing to take to stop a headache FAST! For INSTANTINE contains three proven medical ingredients that bring relief almost at once. And the relief lasts! For fast pain relief get Instanting

Instantine



"I'll raise with a package of super-delicious Post's Grape-Nuts Flakes"

"OK, pal. That's a blue chip if I ever saw one—speaking deliciously, of course."

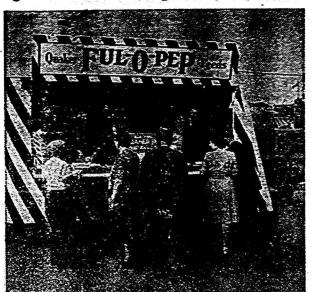
"Using two grains instead in making Post's Gr "And these malty-rich, honey-golden Post's Grape-Nuts Flakes are a whole stack of good nourish-

Flakes is a pair that really pays off — in double breakfast enjoyment and rosy-cheek nourishment." "A spadeful of carbohydrates for to the grocer's right now and buy up enough Post's Grape-Nuts Flakes for a full house."

"Using two grains instead of one in making Post's Grape-Nuts

....FALL FAIR TIME IN ONTARIO....

Quaker Dealers Dispense Good News



The Quaker Oats Ful-O-Pep trailer was a point of widespread interest at the Western Fair. Representatives Ross Hay and Ralph Hodgson are seen here spreading the good word about the feed of champions.



Photo by Ful-O-Pep Photographe

The Junior Calf Club, of Tavistock East Zorro line up their entries for the expert eye of Gordon Innes of Woodstock. This was one of the most highly attended events at the Tavistock fair



Imported from Scotland last year is this splendid Clydesdale eral who won in his class. He was brought over last spring by George Zimmerman and Son, of Tavistock.

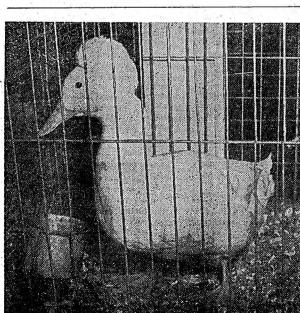


Photo by Ful-O-Pep Photographer

Your roving photographer found the New Look even in the Poultry building at the Western Fair, London. The model—a young male A.O.V.D. duck who took first prize in his class. Owned and shown by A. R. Tilt of Doon, Ontarlo.

Pony Class Youngsters Show Fine Style



The Latsch youngsters, Bryan and Helen, of Roseville take time out for a picture in the pony ring at the New Hamburg Fair. Amusements in the Midway were more varied and numerous

"Southern Colonel" Horrifies Crowd



A red-hot iron drawn across the Southern "colonel's" hand brought out this study in expres-

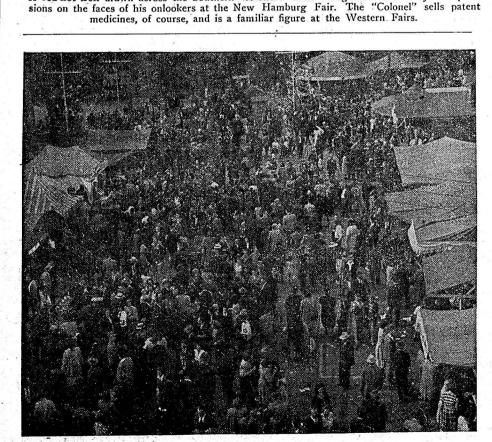


Photo by Ful-O-Pep Photographer

A view of the crowded grounds at the Western Fair. The record breaking crowds this year have given rise to speculations of far reaching expansions in the Western Fair for next year

Popular Judge at London Fair



Prof. G. Raithby, O.A.C., shows John McLennan, Martintown the new trophy for the highest point winners in the Guernsey class donated by James D. Good of the Normandale Farms. Prof. Raithby judged the Guernsey show and Mr. McLennan, a leading Ful-O-Pep user, did the honours in the Ayrshire classes. This is the first year at the Western Fair for the Guernsey Show.



Young Dennie Jacobs of New Hamburg shows keen interest in one of the farm machines on display at the New Hamburg Fair. The Farm machinery display was well above average at New Hamburg this year.



Photo by Ful-O-Pep Photographer A young immigrant lends a helping hand in the cattle show at the Western Fair. Ten year old Aant Elzinga, late of Holland, grooms an Avrshire owned by Stansell Bros. of Aylmer. Aant's family work on the Stansell farm. Aant volum the information that he liked Canada very much. Why Because it was so big.