

# TREASURE OF THE SEA

CHAPTER XVI: Captain Bedford recovers his reason. His practiced eye quickly discerns an island. By careful maneuvering they bring the schooner safely into a cove on the island.

CHAPTER XVII

noise from the cabin int upted, and Rose turned swiftly 'It's Father. He needs me." watching the tantalizing object with

new interest.

Rose suddenly came out of the cabin, and approached him in great agitation. He reyes were glistening, with some powerful emotion that

"Dick." she called eagerly before reaching his side. "Dick, it's hap-pened—the miracle! I can hardly believe it, but—" She stopped, trembling all over her hands clasped in the attitude of

prayer. H. was by her side instantmore startled by her happiness than by any fear that he had see 'What is it, Rose?" he asked anxiously, catching one of her flutterng hands in both of his. "It's Father," she breathed soitly,

Is he-is he-dead? The question came out befor ehe without premeditation. "Dead!" she repeated, and then laughed soitly. "Dead! No! He's just come to life. He's sane again, Dick. He knows me-remembers

everything! He's-he's-The tears bubbled from her eyes they were the tears of joy and relief and not of fear or desperation. Dick trembling form with an arm. "I'm silly!" she laughed hysteric-

ally, smiling through the tears. "But I can't help it! And I don't care! I can cry for happiness, can't I?" He barely resisted the tempta-

tion to sweep her into his arms and kiss the pouting lips.
"Come." she added a m and see the miracle."

changed man lying on the bed night before. The feverish red had died out of the face, and the eyes, the Carib's bludgeon had restored had partly prepared him for meetseries of events that had taker place while his mind was under a cloud. He extended a hand sud denly, and said: "Ye've saved my little girl's life,

I understand. Then-then ye car ount on me as an everlastin "I don't know what Rose's been telling you, Captain, but I'll bet she never told you how she saved my life. Let me tell you."

cured. That little girl o' mine's just like—just like her mother."

"Then her mother must have been a wonder," smiled Dick.

one si his led him on deck. Dick

felt his assistance was superfluous,

for the old sea veteran seemed as

strong and vigorous as if nothing

"She was!" was the solemn re-

The girl placed a hand before his lips, but he removed it, and went into details of their adventures that she had either omitted or slurred over. At the end, Captain Bedford sat up.
"I reckon now," he said. "I'm all

The captain struggled to his feet despite Rose's protestations. "No, I ain' goin' to lie here any more," he added. "I got to get on deck. Ye've had enough on yer hands, the other side." daughter. Now it's my turn. Reck-on I'm well enough to take a Protesting and laughing through teers of pure happiness, she helped him dress, and then with an arm in

gone long. get a glimpse over the top.

#### Potatoes are Not A Fattening Food

sized Potato Than In A Slice of Bread

Many people, especially women, deny themselves the enjoyment of potatoes because of the belief and potatoes because of the benefit and fear that potatoes are a very fat-tening food. According to the mag-azine Good Health, published by the Battle Creek Sanitarium, that is not so. A potato contains from 10 to 20 per cent starch; at least 75 per cent of it is water, and a medium-sized potato contains less calories than one slice of bread.

in peanut butter, 169, peanuts 155.4, sugar 113.4, and in an ounce of shredded wheat 103.8. The chief danger in the potato appears to be in the rich gravies people pour over

potato contains ten times as much potash as that of fine flour bread nd is more alkaline than the asl of most of our common foods. Bread, on the other hand, is rich in phosphoric acid and when used too freely tends to lessen the normal alkalinity of the blood and tissue fluids—a condition not conducive to buoyant health. An ex cellent way to conserve health therefore, is to mix potato flour

with wheat flour.

The potato is rich in vitamins A and B, besides some other minerals. The hard working peasants of Ire land are the greatest potato eater in the world, and Ireland has the

der the infuence of liquor. clutched at the rail and stared

"Where's that lugger?" he de nanded truculently.
"Over there," replied Rose, glanced in the direction of the puzzling object that had caused then so much debate, but when their eyes focussed on it now they gave

had happened. He permitted Ros

to pamper and direct him, but no without a twinkle in his eyes.

"I got to endure it, I reckon, ie remarked to Dick. "She thinks

"You've been sick, Father, and-

'But I ain't any more!' he blurt-ed out vigorously. If I had that

nutinous crew or that Captain

Tecu I'd treat 'em to somethin

He clenched them to emphasi

is words. Despite his boast, how

ver, he was a little unsteady or

I'm a baby, and-"

low to use my fists."

little start. Captain Bedford grunted and recovered his "Ye call that a ship!" he snorted. 'Great Jehosophat, ain't ye got eves! That's land! An island! He glanced with eyes of scorn at the others, but they were so ab orbed in their -discovery they never heeded it. During their abence below, the freshening wind

had driven the derelict so close to the object that naked eyes could make it out plainly. It was an island rising abruptly from the sea-not one of your cor-al-girt, palm-fringed islands of the tropics, but of rock-buttresse headland that caught the breaking surf and hurled it back shattered into foam. Perhaps a mile or two in width, and fifty feet high, it

offered a safe asylum for ship-wrecked sailors in the stormies weather, could a safe landing be "We're drifting straight toward

ccuple of hours we'll reach it. Any danger of being wrecked on these "If we could work around to the other side o' the island," muttered the skipper, "we'd be safer."

After much awkward and difficult manoeuvering, they brought the ship to safety in a sheltered base of the cliffs, and so long as the schooner kept a few yards away from the wall of rocks she

was safe from all harm unless a storm broke. This was not likely to ccur for some days for the wind had blown itself out in the two recent tempests. Captain Bedford was anxious to begin making repairs so the Betty

could sail out of her prison at the earliest possible time. "We can't reckon on more'n a week of fine weather," he said. "An' we got about all we can do to get off afore

Dick's curiosity to land on the island and survey the scene from the top of the cliffs was greater than any fear of future disaster "I'm going ashore," he announced.
"What fur?" growled the skipper. "Ye won't see anythin' but water an' an island, an' ye can see them

"The island may be inhabited on Captain Bedford snorted. "Ye expect to find a hotel an a ship waitin to take ye home " Dick shook his head and laughed. "No, but I'm curious to climb up there and get a look. I won't be

When he was near the summit, he increased his pace, eager To Be Continued.

Reckoned per ounce, the number of calories in a boiled potato is 26.8; in one ounce of butter 217.9, in an ounce of bacon 177.1, Potatoes help maintain the alka-linity of the blood. The ash of the



Three-month-old "Stinkey," only

How Can I?, By Anne Ashley

Q. How can I clean A. Dissolve two tablespoons of borax in a cup of boiling water. Then add three pints of cold water. Wash with a flannel cloth, and dry with a soft linen or chamois good furniture polish.

Q .How can I relieve tired feet? A. Boracic acid will not only relieve tired, sweaty feet, but will cracking of an egg when boiling?

A. An egg will seldom crack during boiling if the large end is first pricked with a pin. Q. How can I prevent the

shoulders of a sweater from sag-A. This can be prevented by taking a piece of ribbon, the length of the shoulder of the person from neck to armhole, and attacking this ribbon at each end to the inside of the sweater. Q. How can I remove a paper

A Draw the cloth in a bias direction until the label is loosened. Q. How can I keep the leaves of rubber plant glossy? sweet oil around the roots occa-

Many wartime enthusiasms are prone to fade away as soon as the fighting ceases. One of those en-thusiasms is that which led thousands of Canadians to send food parcels to Britons throughout the war. Now fewer parcels are being sent. And the pity of it is that the people of the British Isles need those food parcels more than they ever did before, because the disappearance of reserves has forced a tightening of rationing.



For the past three months, Mrs. Constance Moser and her children Philip, three, and Gail, five, have been sleeping in their car (above) because they have been unable to find a home. Mrs. Moser is the widow of an ex-Marine private.

Modern Etiquette By Roberta Lee

1. Should the relatives of a widow divorced woman use "Mrs." bevitations or announcements for 2. If a hotel employee, or taxi driver, demands a larger tip than the one offered, should one com

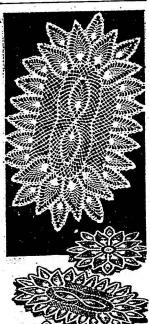
3. How many courses should th nenu for a formal dinner contain? 4. When one has been invite to a wedding, is it obligatory to call on the bride anad bridegroo as scon as they return from their

remove her glove in order 6. Is it proper to use only th nitials on personal calling cards? 1. No. 2. No: the amount

the tip is entirely optional. 3. Five r six courses, with coffee. 4. Yes soon after the date given on their they will be at home." 5. No.
The full as should be used.

No Rice Pudding

Due to generally favorable wea ther and replanting of acreage abandoned during the war, the world rice output this year is greater than last year. However, b ause crops in former exporting countries are still small, the quant-ity of rice available for world trade 1947 is expected to continue



Now, you can have an oblor

#### Food Parcels

doily and a round doily . . . in the same design. Wonderful combination for buffet, dresser or table.

Yes, it's your first-place favorite that so-simple pineapple design.

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ISSUE 50-1946

#### Do Not Force Southpaw To

Use Right Hand Dr. James F. Bender, New York

A dextro-sinistrad, he explains, I rely a natural left-hander who ing his right hand. Dr. Bender declares that forcing a shift may re sult in serious mental disturbances. He says that 30 per cent of the children in the United States are orn left-handed, but that through terference by parents or tea According to the psychologists

each human is born with a domin-ant side." The left side of the ody, and the right side of the bra the left side of the body. When switch is forced, there is a distu bance in the balance and "almos In spite of the fact that this is right-handed world at present, Dr. Bender reassures parents that there is no reason why they should be

disturbed by left-handedness in their children. The natural "dom

nant side" should be allowed t Sunday School Lesson

Christian Love Builds Philemon 4-20. Golden Text.-Now the Lord the spirit; and where the spirit of

Paul's child whom he had begotter

in his "bonds". Now Paul is send-

ng him back to his master for him

to decide what to do with him.

The Roman law was very severe

regarding runaway slaves but Paul knew that Phelemon, as a Christi-

loved" than as a "slave".

Jesus "Pald All'

gations to Philemon upon himself

Paul takes all of Onesimus' obli-

s the Lord Jesus has taken all

of our obligations to God upon Himself, and God has consented. Onesimus had no need to meet

Philemon now, as much as he had sinned against him; and we need

Philemon was a very promine man of lofty and exemplary Chris Though a slave-owner he was a man of lifty and exemplary Chris Onesimus was a slave of Phele mon and apparently had been guilty of some dishonesty toward his naster and had fled to Rome. Hearing that Paul was there he went t hear him preach. Onesimus was converted by Paul's preaching as

because the black squirrel will eat from one's hands and amuses the The cruel fact is that those who best know their natural life that the squirrel is a pest and worst, but the cut little black o gray squirrel also has a broa streak of destructive savagery. He has nice ways with humans, but they are a cloak for expected benefits and they do not change his one of our friends tells us she

an, would act justly. Paul would have the right "to enjoin" Phile-mon with "all boldness" to do the "befitting thing," but with char-acteristic tact and courtesy he be-"A Brother Beloved" Great was Paul's love for this runaway slave who had been born again by his preaching, and wonderful his tenderness toward him; Paul speaks of him as "my child" and as "the faithful and beloved that the state." Onesimus had done wickedly in robbing Philemon and running away but God had made even that away but God had made even that to work for good for Philemon and for the salvation of Onesimus. would now be infinitely more valu-able to Philemon as a "brother be-

Sugar Crop Cut

now have no fear of meeting God.
Jesus had assumed the full measure
of our indebtedness to God, He
"paid it all."

PRODUCTION, NOT PURCHASING POWER, KEY TO PROSPERITY, B OF M PRESIDENT ASSERTS

Deposits At Peak, Near 13/4 Billion Dollars -100,000 New Accounts To Total 11/2 Million

INCREASE IN LOANS REFLECTS WAR-TO-PEACE TRANSITION

Montreal, Dec. 3.—One of the "immediate and urgent tasks" confronting Canadians is to put a sound foundation of production under the present high level of purchasing power, George W. Spinney, C.M.G., president of the Bank of Montreal, said at the recent 129th annual meeting of the bank.

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At the same meeting, the bank's general manager, B.C. Gardner, reviewed the progress of the bank during the year and revealed that the ment of banking services had reached unprecedented levels. Desist accounts had increased by 100,000 during the year to reach 1,200,000 or 40 per cent more than in 193 Spinney expressed guarded confidence in the ability of Canada number of popular beliefs about such conditions which now were "an absolute hindrance to a clear-sighted appreciation of the fundamentals of progress and welfare." He gave as one such belief "the still prevalent idea that purchasing power rather than production its main spring of employment, income and material well-being.

"Money is, after all, a claim on the productive resources of the community. . We cannot, as a people, become wealthier simply by obtaining more money for producing the same or less . . no device of formula can produce wealth and well-being without work, enterprise and the assurance of reward."

Discussing the fact that millions of man-days of production had been lost during the past year, Mr. Spinney said that "no one sector of this complex unity called Canada an suffer without all other elements feeling the pinch. We have a vesticed interest in each other's well-being."

Questions High Taxablon.

Speaking of taxes, Mr. Spinney said that "no one sector of this complex unity called Canada consider without all other elements feeling the pinch. We have a vestice in the canada interest in each other's well-being."

Questions High Taxablon.

Speaking of taxes, Mr. Spinney said the believed that a canada at year in the personal integrity planning hand a place in the Canado entered that high taxation in peacetime is likely the have an entirely opposite effecty, "then I believed that a condition was an important when the personal integrity that and the production is the plant the program of the bank would not be put into operat

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HOTEL METROPOLE

NIAGARA FALLS

nstantine

brings

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from

HEADACHE!

Know Just

soon gave me new pep a put me on my feet."

Ask for the new econ-omy size bottle of

Dr. Chase's

Nerve Food

How You Feel"

"I know because I have been that way myself. I have been so chronically tired that I thought I would never feel well again. However, I found that Dr. Chase's Nerve Food

12 TABLETS 25¢ DRUGSTOR

Black Squirrel Is Easily Tamed But He's a Pest

The Canadian squirrel is an el gaging little cuss especially the black variety. The black squirrel is a venturesome fellow and easily tamed. He learns quickly that he can cadge a pretty good living by making up to humans and that a nut in the hand is worth two got the hard way, says the Ottawa

They make friends wherever they go-except among bird lovers, who have much evidence that the squirrels destroy nests, break eggs and throw baby birds out to die-Those aren't nice tricks, but there is a tendency to excuse them just

had raised a patch of very excellentt corn in her garden and was very proud of it. On a certain evening she decided the cobs had reached the right state of perfection and that on the morrow the family would eat them. But the squirrels, who evidently had also been watching the patch, came to the same decision and in the morn ing early they ate or destroyed

Australia's sugar crop this sea son will be more than 100,000 tons less than last year because of the drought in Queensland.

The St. Regis Hotel



GET OUT OF THERE!

### CHRONICLES OF GINGER FARM

e was really past praying for

presents the price of a good many

cans of cream. Maybe if the price

if a few people remember that.

f butter goes up it will hurt less

Separating is also hard work-

hat is if there is very much milk

o go through. It has always wor

ed me to see Partner doing th

A few turns of the handle, a flip of

fact I often do the separating whi

Partner is feeding the cows.

he switch and away she goes. In

However, as if to remind us that

o plan is ever perfect, last Tues-

day the power went off. It was of when I left the house but when

got to the barn everything was dead. Of course the separator had

little switch to start the moto

ne time I didn't do the job.

Well, there should be a little make this change there was one big fly in the ointment. We couldn't Ginger Farm have gone out of the make a job of it without buying time but-well, shipping milk when me is short of help looks the and while we were at it we got one with a power motor attached. So now we are really set, although easier, also the financial returns might add a separator is an ex-pensive piece of machinery and re-

appear to be better.

I say "appear" because that really is a debatable question. In hard cash the weekly cream cheque at present prices cannot compare with a milk cheque at all. But then there are so many angles to consider. Personally I find a little skim milk around the house wanted to make things in the pas and didn't because they took too much milk. Of course I could have used whole milk but—many of you will know how it is—a milk-shipping farmer's wife doesn't use any more milk than she has to, especi Most shippers are on a quota basi

Another good thing about separating-it is just grand to have a fittle cream for special occasions. Last week when Second Niece was cream for dessert. And was tha ever a treat! Now please, dear friends, don't write and tell me we should be ashamed to be so extra-vagant; that there are people ving in Europe and that the cream we used should properly have gone into butter. That is probably all very true, but you know, we don't intend to live or

whipped cream.

And surely it is hardly an extravagance to make use of the fruits—in this case the cream—of one's own toil? That is, if it can be used to advantage. And of course we are not only ones to benefit in this change

over from milk to cream. The pullets are daily increasing their outprt of eggs as a result, and the cockerels, shut up to fatten, show evidence of fleshing up more rapidly because of having their mash mixed with milk instead of

Sunk Tirpitz

#### day for a number of small things which came to nearly five dollars. What I got back was one parcel t the value of 19 cents! Quite joke, wasn't it? Answer to Previous Puzzl LT-GEN LL WILLIAM LE H IZ

50 Not matched

52 Exist

5 Sum up

ourse we should try not to be.

I Pictured Brit-60 Moved ish flyer, Wing through air Commander 62 Mend B. — 64 Col. 5 Part of plane 65 Evaporate 9 His squadron 66 Wagon was successful VERTICAL 23 Native metal 45 Cavity in —ing the 1 2000 pounds Tirpitz to 2 So be it! 3 Id est (ab.) 27 Upon 29 And (Latin) 4 Explosive (ab.) 13 Sign 14 Great Lake 29 And (Latin) (Scot.) 30 Boat paddle 51 He heads an 6 Important metal 7 Egyptian river (ab.) 17\_Toward 19 Oleum (ab.) 34 Even (contr.) 57 An (symbol) 9 Forbid 11 Tiny part 12 Prevent (symbol) 26 Fish eggs 28 Vegetable

40 Iron (symbol) (ab.) 41 Long fish 61 Weight (ab.) 43 Slight bow 63 Measure of 61 Weight (ab.) 44 Five and five area sloth 86 Musical note 53 Doctor (ab.) 54 Sodium (symbol) 58 56 Egyptian sun

TABLE-TALKS

CHRISTMAS DINNER

Roast Turkey, Chicken or Goo Giblet-Cube Dressing
Mashed Potatoes Brown Gravy
Mashed Turnips and Peas The woman who won top hono was Mrs. Amy Kelsey of Erickson B.C., whose exhibit of hard re Cranberry Sause or Currant Jelly Lettuce with Russian Dressing spring wheat — weighing 66.2
pounds a bushel—won for her the Plum Pudding with Fluffy Sauce anomaions title of "wheat king North America." or Mince Tarts Coffee She was not present at the judg-ing and officials said her entry was listed simply as that of "A. Kelsey."

Steamed Carrot Pudding 1 cup brown sugar Other top Canadian winner 1 egg 1 cup grated potato

Rye King — W. S. Simpson of Dawson Creek, B.C., whose "Hi 1 cup grated carrot ram Cane"-weighed 56.6 pounds 1/2 cups raisins 1 cup currants
B cup mixed peel, chopped Oats King-Gordon McArthur o 11/2 cups all-purpose Or 13/4 ety oats weighed 43.6 pound s bushel. pastry flour

1/2 teaspoon sale

1/2 teaspoon cinnamon

teaspoon cloves British Debt Greater Britain's national debt this yes Cream fat and sugar thoroughl averaged £452 (1,928) for each Add beaten egg, then potatoes carrots and fruit. Mix and sift flour salt and spices and add to first 1913, and £15 (\$60) in 1900, Hugh nixture alternately with water which soda has been dissolved. Blend well. Turn into greased

said in a written parliamentary

Labor Scarce in Britain

Herbert Morrison, Lord President of the Council and govern-

ment leader in the House of Con

shortage as Britain's main proble

direction of labor."

but declared "we are not going t

moulds, filling them two-thirds full, rvings.
NOTE:—If currants are not vailable, increase the amoun

Fluffy Sauce 2 tablespoons sugar 1 tablespoon flour 1/2 cup water 2 tablespoons orange juice 1 teaspoon orange rind 1 egg white

Combine sugar and flour. Add water slowly. Cook over boiling water until smooth and thickened, orange juice and rind and pour mixture slowly over stiffly beaten egg white. Blend well and serve

Grape-Ale Cocktai

And don't think we didn't have 11/2 cups grape juice some fun getting the separator in We placed our order early in the and serve. Ice may be added i desired. Makes 3 cups. summer. After a few weeks we go he separator. Sometime later th Giblet Cube Stuffing notor arrived and in due time both were installed. But it took us two

Giblets
% cup mild-flavored fat
tablespoons chopped onlons
% cup chopped celery
4 cups lightly toasted %-inc
bread cubes Don't you think these shortages teaspoon chopped parsley of little everyday necessities are of little everyoay necessities are really getting people down? It is the constant irritation—of being frustrated at every turn, the hind-rance to our work . things like 1/4 teaspoons salt teaspoon pepper
teaspoon poultry seasoning
cup giblet broth (about) that have a way of making people irritable and impatient. And of Simmer giblets in salted water or 30 minutes, then chop finely Save 1/2 cup of the broth for dressing, use the rest in the gravy. Cook Mix with bread cubes, parsley an seasonings, giblets and enough hot broth to moisten cubes slightly. ufficient to stuff a 5-pound

Fewer Hogs Produced

Livestock officials are concerne that Canada may not be able to hold the British bacon market i he present downward trend in hog

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## Highlights of the News

May Darken Christmas Grain Kings Crowned The coal strike will darken half the Christmas trees in the United Two Canadian "grain kings" an Canadian "grain queen"—first o tes if it lasts long enough. Power restrictions which go into effect indefinitely in 21 states next week forbid extra Yuletide ear-old hay and grain show run in conjunction with the Interna-tional Livestock Exposition were named in week-end judging. lights inside or out where the elec-

> Little Help for Miners Members of the United Mine Vorkers (AFL) can count on lit-le financial help from the federal and state governments in sitting out their coal strike.

Only four states pay unemploy-ment benefits to strikers under any nditions and all these require waiting periods ranging from four to eight weeks before the payments begin. One, Pennsylvania, may not allow the coal strikers to be paid

Russia Speeds Demobilization In need of manpower for her new five-year plan of post-war reconstruction, Russia is pushing through her fourth demobilization since the war's end. and troops in the older-age group are to be mustered out by the end

of 1946 under a decree of the Su reme Soviet (parliament) Presidiim, to go to work in industry o rming or back to school. British Evacuate Navy Base All British naval personnel has een evaculated from the Roya Navy's base at Alexandria

Egypt with the exception of thre nnounced. The Admiralty statement sai nan the wireless telegraph stati

Warring controls over wages and plaries are removed Prime Min ter King announced, last week.

Chiang May Retire Generalissimo Chiang Kai-shek presented his National Assembly tive self-government and in an emo

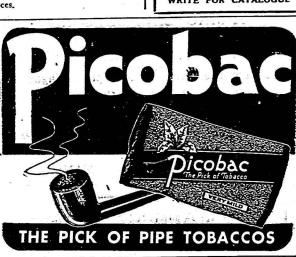
career at an end. The full impact of his ws not immediately clear, but some observers felt Gen. Chiang, now 60, was ready to retire altogether as president of th National Government, a position China's ground, sea and air

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