

Happy Paradol Girls Have a tip for you

If you don't know about Paradol you really should.

Are PARADOL can help you to get more pleasure out of life. You don't need to be saying "Oh dear, I can't go at that time, you know why."

Life is very different for many girls and women who have proven for themselves that PARADOL makes quick work with headaches and other discomforts which bother them at times. They can now take

Dr. Chase's Paradol

CHRONICLES of GINGER FARM

.

quitting—ready for the Fan.

And there are twenty-one ditty bass to fill. It we could only be around to see just one of those bass being opend! Or a quilt—if we could follow one one of the text.

we could follow one quilt to its

or maybe one that was handed ou

to some homeless soul who might need it to wrap around an aged

mother suffering from a nervous

A Red Cross worker told me the

other day so many people are will-ing to sew or knit for the services but when it comes to work for the

civilians they are just not inter-

Ye gods!-it doesn't seem pos-

That the Germans should dare

A jumper frock in larger sizes!

destination. To an air-raid shelter,

Will you sit and visit with me while? We shall be quite comportable. There is a nice wood fire quilting—ready for the Fau. while? We shall be quite comfortable. There is a nice wood fire blazing cheerily in the open grate. There now, you sit in this big red upholstered chair and I will take the other. It is a comfortable old chair, isn't it? It came from England, you know, a sort of family heirloom. So many times I have sat in that chair by just such another fire as we are sitting by tonight, only then it was in a home in a small English village— Partner's home, to be exact. Now the chair is here . . . but the old fireplace, and the house to which it belonged—what has happened to The old folks have long since gone. . . . the house may have been blitzed. But we have our memories even a blitz cannot reduce mer

sible. After all we have heard, and read—to say nothing of what we see on the screen is it possible that even yet we have such a lack ories to rubble. You know it is a funny thing about those Old Country fire places. Visitors say you get your face roasted while your back stays chilled to the bone. I suppose it of understanding; of sympathy? We are supposed to be fighting a common enemy-is it then still necessary to ask-"Am I my brois true, and yet, strangely enough, I never remember suffering with the cold at home. Maybe it was ther's keeper?" because we wore warmer, heavier clothing than in Canada—I used Nothing "Sacred" to wear hand-knitted woollen stock-But German Soil ngs in winter. Or it may be tha

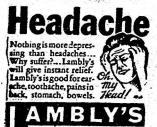
today to speak of "holy" German soil when they've desecrated the were I to visit England now. soil of almost every country in Europe is something that has iniuriat-Don't you love our Canadian ed the Russian soldiers more pering air is such a welcome change haps than anything else. after the damp heat of the long summer days. The changing colours . . . the return of the oisey but gorgeous jays . . . the feeling of completion-of thank-fulness that "all is safely gathered

since the never knew any greate

comfort we never missed it. I might have a different story to tell

Already weather prophets are warning us what to expect - an early fall and a hard winter. Well we'll worry about that when the is work to do-both at home and









Sapphires and Diamonds

DOROTHY TROWBRIDGE

CHAPTER VI She turned and reached for the screen door but the young man stepping quickly forward held it open for her, and she brushed past open for her, and she brushed past him with head erect. To her dismay he followed her. Mr. Carver, behind a small glass window in the front of the store where he repaired watches, looked up as they entered.

"Back already?" he asked. "Well, live as it all fixed for you." He

I've got it all fixed for you." He glanced at the stranger who stood a little beyond Peggy. "Want something?" he added.

Peggy's heart was racing. What

would the idiot say?

"I broke the crystal in my watch and wondered if you would fix it and wondered it you would it it for me," was the surprising reply. In spite of herself Peggy turned her head. Sure enough he held the watch in his hand and the crys-tal was cracked. Also he was smiling directly at Peggy. She was furious.

furious.

"Well, I'll be with you in just a minute." Mr. Carver told him.

"Look at this," he added, turning to Peggy again. "I was just comparing that stone in the ring with one I have. Come around here and see it," motioning to her to come habited the counter. behind the counter.
On the table before him on a small piece of tissue paper lay

small piece of tissue paper lay a square-cut unset diamond.

"Those two stones are just a match for each other," he continued. "I thought Jim had lost his senses when he bought that stone. They don't look like diamonds to me, cut that way. But since I saw this ring I know how they can look. I drew off the design here." He chuckled as he showed her a sketch on a sheet of janer. "You didn't on a sheet of paper. "You didn't know I was such an artist, did you Do you reckon it would be all right for me to copy this ring?" he added

wistfully.
"I think that would be all right," Peggy answered. Mr. Carver seem ed so anxious to do it and Harry would never know. Taking the ring which he carefully wrapped in tiswhich he carefully wrapped it ins-sue paper, she dropped it into her bag. "Thank you so much, Mr. Carver. How much do I owe you?" "Oh, nothing at all, nothing at all. Thank you for bringing it in and letting me get that design. Re

member me to your grandmother, he called after her.

With a hasty "Thank you," Peggy hurried out without a glance at the other occupant of the store. She found that she was still upset over her tilt with this stranger She realized that by turning he head to see if he were telling the truth about the watch the score between them had been evened. and unconsciously she wished for a "next time" so that she could put

The train whistled in the dis-tance and Pat pricked up his ears. Not that Pat minded trains or automobiles, but he had no inten-tion of letting people think that he was growing old and uninterested in things.

"You'd stand just as well if I I on d stand just as well in a didn't hitch you, you old fraud, but I reckon you'd be insulted, wouldn't you?" Giving him a friendly pat she tied the reins to a hitching post and hurried around the station.

She scanned each passing coach with eyes bright with excitement. At last she caught sight of the platinum blonde head of Nancy un-

Untying Pat she drove quickly to the railroad station. Before she alighted from the pony cart she opened her bag, and after looking quickly about her to see that no one was watching, unwrapped the small package and slipped the ring on her engagement finger.

The train whistled in the distance and Pat pricked up his ears.

platinum blonde head of Nancy un-der a black hat. She was stand-ing in the aisle of one of the cars. Nancy leaned over to wave through a window and waving in reply Peg-gy ran to the foot of the steps. The two girls stopped for an en-thysizatic greeting. The conductor thusiastic greeting. The conductor touched Peggy on the arm. They must move, someone else was geting off. Peggy glanced up, then recognizing the other passenger she cried out in amazement.

"Maxine! Oh, Maxine!" Forgetting Nancy entirely she threw her

arms around her sister.

"Peggy! the other girl cried.
"Why, little Peggy, you've grown
up! How marvelous that you should
be here. I didn't write or wire that

be here. I didn't write or wire that I was coming because I wanted to surprise you."

"Well, you certainly did," Peggy replied tremulously. "Oh. Nancy, I'm sorry, This is my sister, Maxine. You know, Maxine Trucheart."

"Not to you all, darling. I'm still Maxine Maxine Maxine Trucheart." Maxine Horton when I'm home." Nancy's blue eyes were wide with excitement. She was going to visit in the same house with the famous Maxine Trueheart. She would get her autograph and wouldn't she have a lot to tell when she returned home!

Miss Trueheart was lovely, Nan-cy thought, as she watched Maxine searching for her trunk check. She did look something like Peggy, she admitted reluctantly. The same wide brown eyes, the same chest-nut colored hair. But Maxine's was short and waved in the same set waves as her own. And Maxine's mouth was more beautiful than Peggy's. Perhaps one reason for that was that Maxine used lipstick-not much, Nancy noticed, and rubbed a little from her own over-red lips. Peggy's mouth was minus any make-ur. (Continued Next Week)

Wouldn't Give Preference To Returned Men

the young man in his place.

From The Canadian Statesman, Powmanville, Ontario

Sordiers of this war who come back from the front with the hope that after saving the world and restoring liberty they may be en-titled to general public consideration in the matter of jobs, will find a rude awakening from that very section of the public which has benefited most on the home front by virtue of their struggle and heroism aboard. The attitude cently by C. H. Millard, M.P.P. for West York, before a labor audience. Mr. Millard, it should be noted, is a CCF member and high in the counsels of their Labor-Political-Action Committee. His opinion, therefore may be taken to coincide with CCF policy in regard to returned men.

yond the Federal order dealing

There, boldly, stands the demand of a CCF doctrinaire, a member of the party which opposed sending soldiers overseas, and having later recanted, now danies beinging them had become and having later recanted, now denies bringing them back save to a status of "equal treatment for all." Unions and the CCF have had their greatest growth and impetus to power during the years that men have fought and died overseas. Under the security at home

bought by bullets, bayonets and blood abroad they have struck and connived and strived for place and position which they would now employ to deny to soldiers any special place at home. For cold, calculated callousness we have seldom seen the equal. For the soldiers abroad and their parents at home we record the above press report, which has not since been

TABLE TALKS

Flavorful Meals

- Mr. Millard is reported to have said: "A subtle and sinister effort is being made by units of veterans for preferential treatment of returned men in Canadian war plants which would undermine seniority rights." He called for unity among labor groups to meet the problem which would undermine the structure of trade unionism and establish a preferential group in indus-try. He held that trade unions supported equal treatment for all and

with re-establishment of returned soldiers in former jobs.

Inexpensive cuts of meats can be

made tender by several methods. Round steak can be pounded with a small hammer or mallet to break T or mallet to break down the tissues, then braised with liquids and seasonings to savory goodness. Stewing is another good method for cooking this type of meat Adding to the same to the

of meat. Adding tomato juice, spices, mushroom soup and other liquids gives peak flavor.

Here are recipes which may be made with utility beef, but which will have just as much flavor as the more expensive cuts: Swiss Steak Round or Arm steak, cut

inches thick

Flour
Salt and pepper
1 onion, thinly sliced
2 tablespoons lard 2 cups tomatoes 1 carrot, diced 1/2 cup corn '

1 small green pepper, sliced 1/2 cup water Mix flour, salt and pepper; pound into steak. Brown steak in lard. Add vegetables and water. • Cover pan and cook in slow oven (300 degrees) for 21/2 hours. Add more wated if needed. Serve with vegeta-

bles poured over steak,
Serves 6.
Short Ribs With Vegetables 5 pounds short ribs of beef 3 teaspoons salt
1/4 teaspoon pepper
2 tablespoons lard

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SUNDAY SCHOOL LESSON October 15.

JESUS' UNDERSTANDING

Genesis I:27;
Psalm 8; Matthew 12: 9-21.
PRINTED TEXT, Matthew 12: 9-21. GOLDEN TEXT. — He need ed not that any one should bear ed not that any one should bear witness concerning man; for he himself knew what was in man. John 2: 25... Memory Verse: Thou, Jchovah, last made me glad. Psalm 92: 4.

Man's Superiority Over Animals
"And he departed thence and
went into their synagogue: And behold, a man having a withered hand. And they asked him, saying, Is it lawful to heal on the sabbati day? that they might accuse him. This very question shows the nar-rowness, the meaness of their hearts, the harshness of their reli-

geous views.
"And he said unto them, What men shall there be of you, that shall have one sheep, and if this fell into a pit on the sabbath day, will be not lay hold on it, and lift. it 'out?" Jesus appeals to common sense, asking whether anyone pre-sent would fail in such a case to preserve his property.

Works of Necessity "How much then is a man of more value than a sheep! Wherefore it is lawful to do good on the sabbath day. The supreme work of the sabbath is that of reaching man and saving him; it is a work

stretch forth thy hand. And he stretched it forth; and it was re-stored whole, as the other. But the Pharisees went out, and took councel against him, how they might destroy him". They were an-ary because Christ had broken one of thei, laws, - not a law of God, but a law which they had made that because a man should not work on the sabbath day, he therefore should not ever attempt to relieve another person's suffering.
A sheep could be pulled out of

of a disease. Christ's Compassion "And Jesus perceiving it withdrew from thence; and many fol-lowed him; and he healed them all, and charged them that they should Jesus came with a message from God, a spiritual message, to set

8 medium-sized potatoes 4 parsnips i carrots

Wipe meat with damp cloth, sprinwipe meat with damp cloth, sprin-kle with salt and pepper and brown in hot fat. Add water, cover and allow to simmer an hour. Prepare vegetables. Add whole potatoes, onions, parsnips and carrots cut in

and carrots cut in half Season vegetables, cover and continue cooking until vegetables are tender. Serve meat on platter garnished with vegetables.

Serves 6.

men free from sin, to forgive their sins. Why did He spend so much time healing men of bodily ail-ments? Our Lord healed men of their diseases to reveal His love for them. He used his healing ministry for even higher ends opening of the hearts and minds of men, now healed of physical di-seases, that they might consider their deeper tragedy, bondage to sin, and the possibility of being freed from this bondage, by the power of the same Man who had healed them of their diseases.

Christ's Spiritual Ministry "Tha, it might be fulfilled which was spoken through Isaiah the prophet, saying, Behold, my serv-ant whom I have chosen; My beloved in whom my soul is well pleased: I will put my spirit upon him, and he shall declare judgment to the Gentiles."

Our Lord's spiritual ministry

was always in the power and wis-dom and holiness of the spirit of God. He showed judgment to the ing it, and dying for it.

"He shall not strive, nor cry

aloud; neither shall anyone hear his voice in the streets." He was often contending, but never consonal triumph; nor expended

Hope In Christ's Name
"A bruised reed shall be not break, and smoking flax shall he not quench, till h. send forth judgment unto victory. And in his name shall the gentiles hope." Instead of being a harsh con-queror and monarch, the Messiah would be gentle and kind; persons worthiness He would not over whelm and destroy, but would console and strengthen. No one ever put their trust in Christ and found they had made a mistake, He is the one in all the world in

About 1,300 bulls are killed annualy in Spanish buil fights.

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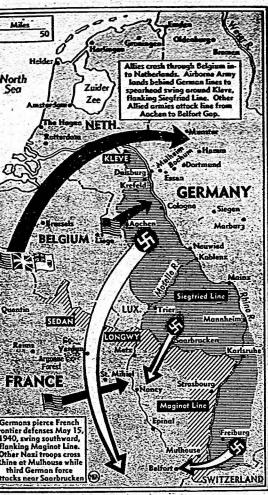
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TAKING A LEAF FROM NAZIS' BOOK

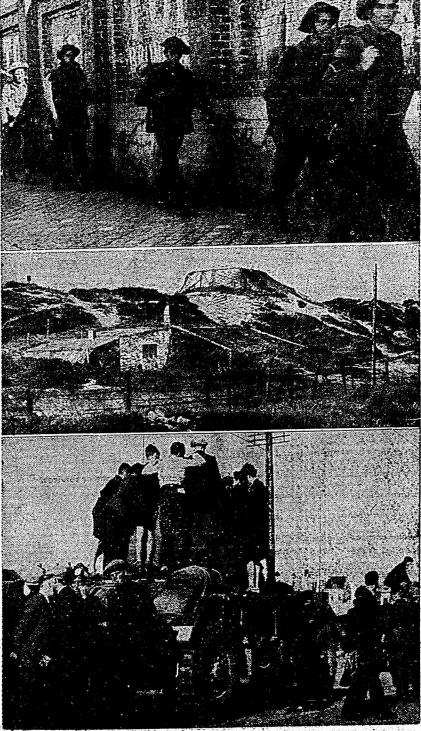


By their sensational breakthrough near Sedan, Germans in 1940 demonstrated to the world the uselessness of "wall" fortifications such as France's vaunted Maginot Line. They simply flanked it with an end run and poured down behind the line, leaving the French looking pretty silly, with their big guns all pointed the wrong way. Only ones who didn't seem to learn the lesson were the Germans themselves, who put their faith in the Siegfried Line and the Rhine fortifications, only to have the Allies flank them near Kleve, and get into position for an end run drive behind the fortified lines into the great Ruhr Valley industrial area. Map above shows similarity of German operation against Maginot Line and how Allies worked same trick on them.

AMBASSADOR



CANADIANS TAKE BLANKENBERGHE



After more than a quarter of a Century Canadian troops are again fighting the Germans on the soil of Flanders—and winning. Top picture shows men of a Canadian regiment entering the Belgian town of Blankenberghe, following closely on the heels of the ritreating Hun. Centre picture gives a general ida of the Nazi defences which faced the Canadians in their drive through Belgium. This line of forts was located on the beach road leading into the town of Blankenberghe and lower shows citizens of the town, liberated by the Canadians, swarming over a Canadian armoured car as it halted in the main street. Belgians show their joy at being again free of the Nazi heel.

WYSTER STREET, STREET,



DECORATED

D. S. O., commander of 2nd Canadian Corps, has been made a Companion of the Order of the Bath, Canadian Defence Headquarters



Charles Sawyer, above, former Democratic National Committee-man from Ohio and former lieu-tenant-governor of Ohio, has been chosen by President Roosevelt as United States ambassador to Bel-



Here's that picture again-of a Yank who didn't miss the buss when his outfit rolled into a city liberated from the Germans. This one's from Liege, and shows a comely blonde Belgian lass giving a pleas-

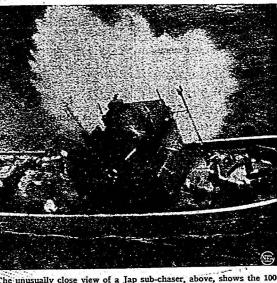


It's grand how Vicks Va-tro-nol clears congestion from nasal passages—gives sinuses a chance to drain. Results are so good because Va-tro-nol is specialized medication that works right where trouble is—to re-lieve painful congestion and make breathing easier. VICKS Try if—put a few drops up each nostril—follow directions in folder.

CAPTURED FRENCH AMMUNITION IN BELGIUM



JAP SHIP GETS DEATH BLOW



The unusually close view of a Jap sub-chaser, above, shows the 100foot craft listing sharply as a 500-pound bomb from an 11th Air Force Mitchell bomber plunges into the sea at its side. Momentu later, the delayed-action fuse, which gives plane time to escape blast of its own missiles, detonated the bomb, which sank the ship. Action took place off tip of Paramushiro Island, Japan's North Pacific air-

RIGHT SMACK INTO BELGIUM



HAY FOOT



Aspirin Eases Pain Almost Immediately

Why Aspirin works so fast
Instantly 1 Yes, the
moment you drop an
Aspirin Tablet in a glass
of water it begins to disof water it begins to disintegrate. And that same quick action
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