# "How I stopped dosing constipation"

"Sure I'm another booster for ALL | beauty of the ALL-BRAN way-if your BRAN for constinution like mine. | constinution is due to lack of "bulk" Imagine-no more need for those

helped only\_ briefly. Belie idea of the way It's simple

in the diet. Here's all you do. Eat many purgatives which griped, yet KELLOGG'S ALL BRAN every day, as octeal or in several bot muifiasand drink plenty of water. ALL-BRAN helps to produce smooth-working bulk" and prepare wastes for easy elimination. The comforting relief envinces you it's wise to eat ALL-BRAN daily to stay regular. Remember, it's a cereal-not a medicine. So get All-eran at your grocer's, 2 handy sizes. Made by Kellogg's in

# MOTHERCRAFT HEALTH NOTES

#### Baby's Layette

See that the clothes are non-irriating and non-constrictive. Never put all wool next to baby's skin as it causes a rash.

Make garments Make garments large enough so that they will not be outgrown too soon. Do not over-clothe the baby; have no ungrown too soon. Do not over-clothe the baby; have no unnecessar weight of clothes, and dress the baby according to the weather, not the date.

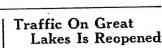
Articles recommended for ette: 4 vests-sik and wool or all totton depending on weather. 2 to 8 dozen dianers-30 inches souareflanelette, birdseye or canton flan nel, 4 night dresses, 4 prs. ankie length bootees. 3 small coats, flan-nel of knitted. 2 bonnets, plain, no double thickness of wool around face. 4 to 6 prs. soakers. Rubber panties should not be worn. I large shawl. 2 small cuddling shawls or baby blankets— 30 inches square. Cotto ndresses and slips optional. Toilet basket or tray. Cake of super fatted castile soap. Tooth picks for cleaning baby's nails. Absor-bent cotton, small rolled pieces for eleaning baby's nose and ears; large pieces for buttocks. Baby Oil, any good standard oil, 6 small bibs, 2 sterilized jars. Boracic acid. safety pints, scissors, baby brush and comb. Towels, 2 face and 2 for body. Four face clothes made of several thicknesses of cheesecloth 3 for face, 2 for body. Enamel bath tub, enamel pot and covered pail

-By permission of the New Zealand Mothercraft Society.

for soiled diapers.

Women of the 17th century wore kad combs because they thought kad kept their hair from getting





Reopening of the Great Lakes

water route emphasizes the tre-mendous volume of ship, transportation on the lakes and the part this plays in the war efforts of Canada and the United States, comments The London Free Press. The Great Lakes and the St. busiest waterways in the world More traffic passes up and down the Detroit river than on any other waterway in the world. Traffic through the Detroit river reached 2 peak of 111,346,567 tens in 1940, the last year for which there are official figures. By the end of 1943 more than 110,000,000 tons of freight had passed through the canals at Sault Ste. Marie. In the same year more than 2,000 vessels cleard from Port Arthur and Fort

William, two busiest Canadian Lake ports. These figures are a long wa ahead of statistics for either the Suez or Panama canals and give of these routes to the Allied was heart of the "arsenal of democracy"; their ships and their crews render one of the most essential services of the United Nations.

# Feather Dumplings

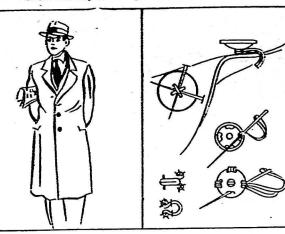
A rich beef stew with feathery dumplings carries us back to the days when grandmother's dinners filled our young hearts with joy. Making dumplings has become a lost art in far too many homes.

this category: Feather Dumplings for Beef Stew 1 cup sifted cake flour; 1½ teaspoons double-acting baking powder; ½ teaspoon salt; 6 table-apoons pailk; 2 teaspoons melted fat.

Sift flour once, measure, add Sift flour once, measure, add baking powder and salt, and sift again. Add milk and fat. Then stir quickly and lightly until a very soft dough is formed. Drop by small spoonfuls on simmering stew or fricassée, making sure each dumpling rests on meat or vegetables. (Dumplings should not settle in the liquid. If necessary pour off excess gravy, returning it to stew after the dumplings are cooked.) Cover kettle tightly and cook sently 14 minutes. Do not cook gently 14 minutes. Do not remove cover while dumplings cook. Makes 6 to 8 dumplings. Note: For the fat, use a little fat



BUTTONS, SNAPS, HOOKS AND EYES



Use a double thread to sew on buttons. Make a knot in the thread and hide the knot under the button by pushing the needle through from the right side. Place the button in position. Lay a pin across the top to keep the thread loose, sew back and forth across the pin. Wind the thread between the button and fabric to reinforce. Secure snap fasteners with an over and over stitch. Sew each hole separately. Carry the thread on the wrong side to the next hole. Most snap-fasteners have a perforation through the centre. Sew one side of the fastener. Hold the garment closed and draw the thread through to place the second half of the fastener.

#### SERIAL STORY

#### Murder on the Boardwalk BY ELINORE COWAN STONE

"There is here at this moment,"

Chandra was going on, "a young woman who badly needs advice.
... I will not name her I will

ot even describe her or tell where

she is sitting. I am particularly

anxious neither to embarrass nor

annoy her - because the word has

come to me that I must help her

Behind Christine 2 voice said,

"I never saw him do anything like this before. It gives me the

It gave Christine the creeps.

Whether it was deliberate trick-

ery with the illumination or not, all the light in the room seemed

to gather itself about the glittering

"Within the last 21 hours,"

She has

Chandra went on, "this young

lady has encountered a series o

met with a grave disappointment

she has, by a strange coincidence, unexpectedly found work when

No one in the room seemed to

"During the last 24 hours," the

swami" was going on, "this young

ous telephone communication con-cerning something very near to her own safety, which I fear she

has already decided to disregard."
"But," Christine thought with a

sickening clutch of premonition,

She did not know whether she

moved, or even spoke the words

aloud. In any event, there was a

sudden craning of necks.
"I must ask for quiet!" Chan-

ira's voice crackled. "You will,

His own strange, tawny eyes

were not on Christine, but widened on space, as if following

some remote vision; yet she felt that they did not miss a flicker

of her evelids; and that deep,

"I would beg of that young

lady," he was going on, his tone

suddenly gentle and pleading, "that she think over the events

of the past 24 hours. . . I would

remember whether, when she re-

turned to her room this afternoon,

picion. . . . And now, if she will

come to me privately, I shall be glad to advise her, at no cost to

hersei - because the word comes

o me that this is a thing I must

His eyes swept the spellbound

audience commandingly.
"That is all, my friends," he

aid. "Go in peace!"

He raised his arms in what was

almost a gesture of blessing; and the audience filed obediently out.

As they went, Christine saw faces

turned toward her-some touched

with superstitious awe, some curi-

ous—some amused.

Christine, restored to sanity by

those glances, blazed with anger. She had once read a book called

'An Expose of the Medium Rack-

her now. Of course that girl at

change was a paid spy.

the Beachmont telephone ex-

there was anything about its ap-

o listen.

if you please, keep your eyes on

'why-he can't mean me!'

lady has also received a mysteri

reathe - least of all Christine.

figure on the platform.

surprising experiences.

she most needed it."

Last Week: Christine does a portrait of Chandra, an Oriental swami, finds her new job pays generously. She finds a message pinned to her easel: "If you are wo ried, consult Chandra." She goes to the Oriental's "Tempe of Truth." CHAPTER IV "Temple of

From within the "Temple of Truth" came the tinkle of bells and the wailing of pipes.
"Well, at least this is free, Christine said aloud, "and after all, he gave me my start on the Cardwalk.

She slipped inside. On a stage designed to suggest all the mystery of the Orient, two slim girls, dressed as temple dancers, were gyrating and pres-trating themselves as if before an nseen presence.

A deep gong souned, and they scurried from sight. From behind screen of grillwork that simulated delicately carved white marble, a shining figure in silver robes appeared as if by magic. He moved majestically forward and stood for a moment, his arms crossed on his chest, his dark face lifted as if waiting - listening. Then he intoned in a deep, vibrant voice. "Thy servant is ready, O Krishna! Speak through these un-"Thy servant is ready, O vorthy lips."

. . . For a while Chandra's performence was much like others Christine had attended. He described small objects, gave the numbers of license cards, the insignia of lodge emblems, and the dates on letters which an assistant in a white turban took from people sit-ting here and there and held, apparently without glancing at them, pressed against his own forehead. He read and answered questions without having seen or touched the cards on which they were

written: "A lady wishes to know about a ring. . . . Yes, I see it clearly

-an emerald set in diamonds. . . . She thinks a maid stole it." Suddenly the strange tawny eyes in the dark face fixed themselves upon a stout woman near

"No, Madame, she did not take it. You should have looked more carefully," . Chandra went on sternly, "before you accused a Why, Madame, did it not occur to you that the ring might have slipped through that rip in the lining of your purse?"

"Why not look now?" Chandra suggested. Then, as the woman hesitated, he almost thundered "Look now, Madame, and be thankful that it is not too late to repair the mischief you have

lone!" 

The woman fumbled in her purse, cried out—a bit too sharply, Christine thought - and held aloft something that glittered with green fire.

"Oh, I am so serry about that girl," she stammered. "I-I don't know how to thank you, Swami,"
"Do not thank me, Madame," Chandra told her., "It is the great god Krishna you must thank." "The great god — my foot!" Christine thought derisively, "And that stooge's acting was terrible." All around she heard murmurs: "Isn't the swami marvelous?" . . "He told my sister who—" . . . "—and it happened the very day

in the room.

When Chirstine had recalled last night's conversation in the clear light of morning, it he said it would!" Then abruptly, in the midst of a sentence, Chandra broke off. had entirely lost the frightening trangeness her own confusion and pressed his fingers to his eyes, and fatigue had lent it the night besaid-a startled note in his deep. fore. Of course everyone in Beachmont knew who Mrs. Emma somnolent voice, "But this must wait. . . . There comes to me-Talbert was. Probably Cousin Emma had telephoned instructions something uregent!" One could almost feel the silence o someone to see that her guest went to the Grestview, and the

o-day, as always, the 'Salada' label is your guarantee of a uniform blend of fine quality teas.

operator had overheard; and in her hurried attempt to pass on the information, had not had time to choose her words

But now it was not possible to upon the girl's strange behavior. Of course she was this man's spy. . . How easy to listen in, and find out that one of the wealthiest women on the beach was expecting a cousin to visit her, and the name of that cousin. . . How easy, when the cousin called the house and found her hostess absent, to suggest a hotel... And how easy afterwards for this charlatan to have had her every movement watched! "Well anyhow," Christine

thought, "he's not going to make a Roman holiday of me and get away with it."

When the rest of the audience

filed out, she remained stonily in her seat. The clairvoyant came to her at once. (Continued Next Week.)

#### What New Big War Orders Mean

Word comes that Canada is back in heavy munitions with some of the argest orders that have been placed here since the beginning of the war; and over the news are head-lines telling that "huge orders for shells require 10,000 workers. But the real significance of these big new orders is not in the employment they will give 10,000 workers. It is in what they tell of realization in the highest quarters that this war is far from over. It is something to consider these days, when we are being asked to support the present war loan.

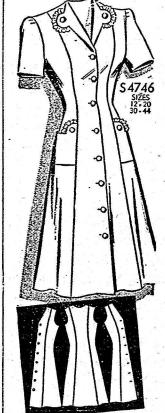
## We Have Money To Buy Bonds

-Ottawa Tournal

The few Canadians who imagine that this nation lacks the money to buy Victory Bonds should look at the latest figures of the Bank f Canada. They show, in brief, that the sale-of merchandise in the retail stores of Canada is now breaking all records because people have more money than ever to spend, says The Winnipeg Free Press.

The retail sales index, which





A slenderizing, feminine frock that's easy as falling off a log to make is Pattern R4746. Note how few pattern pieces, What's more it butons down the front so that you can slip into it without spoiling your hair-do. A style to wear at the office, at home, or on the street. Pattern R4746 comes in sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 38, 40, 42, 44. Size 16 takes 35\( \) yards 35-inch fabric. Send twenty-cents (20c) in coins (stamps cannot be accepted) for this pattern to Room 421, 73 Ade-laide St. West, Toronto, Write plainly size, name, address, style

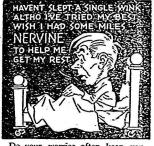
averaged 100 between the pre-war years 1935-39, stood at 161 for the 1943. People bought 61 per cent more goods in Canada last year than in the pre-war years. But even this enormous spending has increased in the first months of 1944. In January of this year spending stood at 167, only 2 fraction of a point below the great Christmas spending month of December.

Canada, judged by the surest test, its ability to buy goods, is more prosperous than ever, is get-ting more goods than ever, even after the figures for sales are adjusted to cover an undoubted kicrease in price. The Canadian people thus have more than enough money to put over the new Victory Loan without the least sacrifice. Loan without the least sacrifice, and the very fact of their huge money income is the most urgent reason for the loan. Part of this income must be put by, saved, or the attempt to spend it now on goods, which are limited in supply, will inevitably bid up prices.

ISSUE 21-1944

# WILL YOU LIE AWAKE NIGHT ?





Do your worries often keep you awake at night? And does this rest-lessness make you feel "all in" the next day? Noise, anxiety, overdoing things or working under pressure can affect the nerves . . . may make you sleepless, cranky, resiless . . cause nervous headache or nervous fears.

Dr. Miles Nervine helps relieve nervous tension because it is a mild sedative. Take it according to directions to help calm your nerves and to improve your sleep. Effer-vescing Nervine Tablets are 35c and 75c. Nervine Liquid is 25c and \$1.00.

# MILES NERVINE

# Improve Your Health by Correcting Sluggish

This Way is Swift, Economical faster than disordered kidneys and inflamed bladder. Your back aches miserably. You have restless nights. You suffer leg cramps and rheumatic pains. When these things happen your kidneys need help in filtering out acids and poisonous wastes that are undermining your health.

Give them this help—quickis—with

GOLD MEDAL Gapsules contain accurately measured amounts of the original and genuine Haarlem Oil (Dutch Drops). You will be gratefully surprised at the way they relieve clogged kidneys and irritated bladder. Go to your druggist now and get a 40c box. Be sure you ask for GOLD MEDAL Haarlem Oil Capsules.

## Easy Way To Treat Sore, Painful Piles

Here is the chance for every person in Canada suffering from sore, itching, painful piles to try a simple home remedy with the promise of a reliable firm to refund the cost of the treatment if you are not satisfied with the results. satisfied with the results.

Simply go to any druggist and get a bottle of Hem-Roid and usy as directed. Hem-Roid is an internal treatment, easy and pleasant to use and pleasant results are quickly noticed. Itching and soreness are relieved, pain subsides and as the treatment is continued the sore, painful pile tumors heal over leaving the rectal membranes clean and healthy, Get a bottle of Hem-Roid today and see for yourself what an easy, pleasant way this is to rid yourself of your pile misery. NOTE: The sponsor of this notice is a reliable firm, doing business in Canada for over 20 years, it you are troubled with sore, litching, painful piles, Hen-Roid burt help you quickly or the small purchase price will be gladly refunded.

JAP IN A YANK FOXHOLE



Remarkable photo above shows a Jap soldier, crouched in an American foxhole on Bougainville Island, where he dodged Yank bullets and grenades — but not for long. Enemy soldier hid himself in the foxhole during an unsuccessful attempt by Japs to seize part of beachhead held by U.S. forces.

# CHRONICLES of GINGER FARM

We had a surprise this week -Won't it be nice when everyo has time again to do the things he or she wants to do; to get help and a very pleasant one. A telephone call from Toronto . . . and when it is needed and to spend a few hours in the garden at will? A our son's voice saying he was or his way home. We knew he was due for a furlough but had not ex it is one can only take time to do what is absolutely necessary pected him so soon. And he arrived just as Partner was ready ordinary tidiness-to cut the grass and keep weeds from developing into a miniature forest. Ever to start on the land - so we had someone to drive the tractor for us after all. Of course we thought that takes considerable time. our seeding would be finished in double quick time. But no - one realized that yesterday as I raked and mowed the lawn for the first time this year. Ore new puppy helped me with the job. He is field was too wet to work, and ther getting to be quite a dog and losing rained again. So here we are with one field partly sown and that is all. On Monday son Bob leaves a lot of his timidity. again—calling it "He". I am airaid I shall never remember to call i for Quebec. He has a feeling that "She". However, whether I call if the invasion gets underway it i he, she or it, you will know it is still the same little dog. Oh, and quite pessible men on furlough may be recalled. And when a visit to by the way we are going to call it "Tip" or "Tippy". Not Lassie, be-cause Partner thinks Lassie is a your best girl is at stake there is fellow being recalled before he had had a chance to see his girl. hard name to call. So Tip Being a soldier is a tough business sometimes, isn't it? white tip he has on the end of his tail-and it is a name applicable to either sex-so that lets me out on

that score.

chickens with respect.

The chickens are having a great

time. They have the run of the

farm for the first time today. They

have been limited to an outside

scratch-pen until now. But am I

going to have a problem from now

on to see that Tippy treats the

Last night we were feeding the

hens, Tippy and I, and all at once

she started growling and barking ("she" that time.) I looked around

to see what all the fuss was about

and there was a neighbour dog i

the yard-a big, full grown collie

He stopped . . . Tippy stood rigid,

still growling. Presently the big dog turned tail and fled. It was

too funny for words. . If you could

only have seen the difference in

the size of the two dogs. Dignity

I am typing and talking to Bob

at the same time. He just told me that he ran into Major Paul

Triquet, V.C. in B.C .- quite by

accident, and was talking to him for

a few minutes. Quite interesting,

\$64 Question

Writing in the Toronto Tele-

gram, Thomas Richard Henry thinks the following a pretty fair

\$64 question: "Why is it that when

you pull the plug in a wash basin,

the water always swirls out clock-

wise? Mr. Henry has often watch-ed it, wondering why it wouldn't

swirl the opposite way just once. We forget the precise physical ex-

lanation, but we seem to remem-

per hearing that it does swirl coun-

ter-clockwise in the lands south of

the equator. - Kingston Whig-

won out.

By the way Bob was very much amused at his sister and I think-ing him "safe" as long as he was on Vancouver' Island and not over seas. By the time he had finished telling me a few things I realised that all the casualties are not on the battlefield. It put me in mind of a stupid little rhyme I used to say as a child. — especially if I were up to some sort of mischief-"I my mother only knew, her hear would surely break in two".

Our boys in training -and o operational duty, as Bob is might often think that-and with some reason.

Our spring flowers are just com

ing into bloom with more buds showing than I have seen for a good many years. We have daffie and narcissi along the edge of the border from one end of the gar-den to the other. And they are really lovely. Then come the flowering shrubs but after they are done our garden has little to commend it because I have so little time to attend to it. Yesterday I visited a nursery in search of ornamental evergreens and shrubs
-but it was raining and too wet for digging, so I just had to go catalogue shopping, and that didn't get me far as what I wanted was

WINGED STAR



First Lt. Tyrone Power, who re-centy won his wings as a Ma-tine Corps flyer, is pictured above at the controls of a training plane at the Naval Air Training Center, Corpus Chief. Corpus Christi, Tex.

SUNDAY SCHOOL LESSON

4:5. 16-16: 5:1, 5-8, 14-19. grace of our Lord Jesus Christ that, though he was rich, yet for through his poverty might become rich, 2 Corinthians 8:9. Memory Verse: I will sing unto

Lebovale Evadus 15 : 1 THE LESSON IN ITS SETTING Time.—The second epistle of Paul to the church at Corinth was obably written about A.D. 60. Place.-The city of Corinth was ocated in Greece, one of the grea ities of the ancient world of Paul' A Christian Ministry

of Christ and lived to please Him, and as His servant and for His sake he served his converts in Cor inth. We must always remember we are first the servants of Christ, and His will must always come

though our outward man is decaying, yet our inward man is renew-ed day by day." While the body may grow weaker year by year, that is not true with one's spiritual life. The gradual sickening of the body is according to the laws of nature, but the continual increase power in the inner life is according to the law of the Spirit of

"For-our light affliction, which is for the moment, worketh for us more and more exceedingly an eter nal weight of glory." To-day the give too little thought to the giores of Heaven and that is why the

PAUL ENCOURAGES THE CORINTHIANS 2 Corinthians 4: 1-5:21.

PRINTED TEXT, 2 Corinthia GOLDEN TEXT .- Ye know th your sakes he became poor, that yo

"For we preach not ourselves, but Christ Jesus as Lord, and our-selves as your servants for Jesus' sake." Paul was first the servant irst. "Wherefore we faint not: bu

The Burden of Life

If we said "Meet Adelaide Ele-

It we said 'Meet Adeiande Ele-anor Marie Teresa Boissonneau', you'd probably say "who's she?" So let's introduce the same per-son under the name of LADDIE

DENNIS, and go on from there.

Laddie is the pretty, young wo

man announcer with CKCL, To-ronto. Born in Winnipeg, Man-

itoba, in 1920 of an English mot-her and French father, Laddie

first showed her defiant spirit by

ittering, as her very first words

"there now". At the ripe old age

of two her family moved down to the heart of the combelt in Spring-

field, Ohio, where Laddie re-mained untli she was thirteen,

and from there to Montreal,

A lively tomboy type, Laddie

always enjoyed dramatics-taking

writing for the first time in her

Hife when in her first year at Thomas D'Arey McGee High School in Montreal. It was a

AWARDED BAR TO DSO

Brigadier E. L. Booth, D.S.O. of Toronto, who has been awarded the Bar to the Distinguished Service Order, for valor in the Italian cam-

part in school plays on every occasion. She attempted play-

Quebec, where her father and

mother still live.

Against the peaceful background of the Parliament Buildings in Ottawa stands this captured eight-ton, semi-tracked German troop carrier brought to the capital for study by the Canadian Army Engineering Design branch. The troop carrier, or Zugkraftwagen, is nearly 27 feet long and eight feet wide and can accommodate 11 men and half a ton of gear. It has a speed of 35 miles per hour and is equipped with a folding course book.

CAPTURED GERMAN TROOP-CARRIER IN OTTAWA

urden of life becomes too heavy "While we look not at the things

which are seen, but at the thing which are not seen; for the things which are seen are temporal; but the things which are not seen are eternal." The things seen, the pleasures of life, wealth, position, ower-these are but for a time. It is the things which are unseen-God, love, Heaven, eternal life, truth, righteousness-they are eter-Pledge of Future Glory

"For we know that if the earthly houses of our tabernacie be dissolved, we have a building from eternal, in the heavens." The first clause refers to our physical bodies n which we now dwell. The second clause refers to those spiritual bowhich our souls will inhabi at Christ's return. "Now he that wrought us for this very thing is God, who gave unto us the earnest of the Spirit.

three-act play based on "The Le-

. .

After High School, Laddie

spent three years mechanically typing eight hours a day in a large firm, while her thoughts

were pre-occupied in her first love-dramatics. Most of her

evenings were spent at the Mon-treal Repertoire School of the

Theatre, taking classes in voice,

interpretation, make-up and body-technique. Laddie was associated

with several Little Theatre groups

turned to radio, and so she took

private dramatic lessons from Eleanor Nichol of CBM, on radio

radio-break came in a Summer

eries of dramatics over CKAC.

Laddie headed for Toronto is

e Autumn of 1942 and has been

the Queen City ever since. In-

fifteen-minute program three nornings a week over CFRB.

Along with that she did free-lance dramatic work over the

In June of 1943 she auditioned

for an announcer's position with

of hopeful young aspirants, and

the first full-time Commercial

Laddie says announcing appealed

twenty-minutes or so, and that's what she thrives on.

As for hobbies, in addition

threatre work Laddie - plays

prety fair game of golf, and like

of horse-back riding . . . and when she can't ride 'em she says

she would like to play 'em. Laddie is a good swimmer, except when

there's a handsome Lifeguard

around . . . and then she suddenly

loses her aquatic abilities and

shouts for help.

othing better than to do a bit

here would be a crisis

oman announcer in Toronto

side of two months she got her

first program of her own . .

chnique, diction, etc. Her first

Montreal. Then her thoughts

school.

God who has fashioned for us body spiritual and immortal ha RADIO REPORTER BY LEARY

given us His spirit as a pledge (or earnest) of future glory. The Power of Hope

"Being therefore always of good courage, and knowing that, whilst we are at home in the body, weare absent from the Lord (for we walk by faith, not by sight); we are of good courage, I say, and are willing rather to be absent from the body, and to be at home with the Lord." The Apostle is more than willing to leave his earthly taber nacle because he desires to be with Christ, If death came before the Coming of His Lord, Paul was ready to accept death; for even though it does not bring with it the glory of the resurrection bod e will be at home with Christ among the souls who wait for the

True Minister of Christ "For the love of Christ con-straineth us . . . but unto him who for their sakes died and rose again." It should be clearly noted that the ove of Christ referred to here is that love which led Him to die for us on the cross. Wherever definite manifestation of Christ's love is referred to the cross also is ever mentioned. The love that died, and died for all because it

no man after the flesh: even though have known Christ after the flesh, yet now we know him so no more." Now, since seeing Christ face to face. Paul was freed from his knowledge of Christ after the flesh, now he knew Him as the risen, glorified Saviour.

The Spirit of God "Wherefore if any man is Christ, he is a new creature: the old things are passed away; behold, they are become new." When hearts man sees everything in a new light. Old ideas, aims, standards pass when we become united to Christ. In true conversion there is a change so complete that it is nothing less than a new creation wrought by the mighty power of the Spirit.

"But all things are of God, . . . and having committed unto us the word of reconciliation." A full revelation of the love of God in Christ having been made to the Apostles it was ordained that by them and through them the truth should be nade known to all men everywhere.

The ginger plant yields 700 to 15,000 pounds of dried spice per acre annually.

large --- of cotton.

22 Finished.

bird.

30 Stop! 32 Malicious

burning.

#### gend of Sleepy Hollow", and it was successfully produced at the SOUTHERN STATE

HORIZONTAL Answer to Previous Puzzle 16 Compass 1 State depicted JIAMESSISTEPHENSION · in map.
7 Eagle's claw.
9 Train tracks. TILLT T CATO S
NC C AIR SSEST
ENGLISH STA
INCEDOOSTAG 12 Tag. 13 Mustelina mammal 15 Evening 21MAKAH KIESIM (pcet.). 17 Like.

18 Sun god. 19 Farm storehouse 20 Folding b 21 Beverage. 39 Attempt. 23 Negative reply. 25 Oil (suffix), 42 East. 27 Weapon.

28 Advertise ment (abbr.). 45 Fish eggs.
29 Legume. 46 Pertaining
31 Plural (abbr.) tones. 46 Pertaining to 32 100 square 36 Came closer.

48 To man again. 50 Lamp fixture. VERTICAL 1 Morindin dye. 14 Troop ship.

2 Card game. 37 Emanation 3 Social insect. 39 Weblike 4 Expanse. 40 River in 6 Three-toed 10 Part of tree. 47 Take notice (abbr.).

POP—That's Different

paign.









By J. MILLAR WATT