Making ready to move the spring rush of Ontario's wartime traffic: J. F. Pringle, recently appointed vice-president and general manager, Central Region, Canadian National Railways, (left) spent the first days at his desk in consultation with Barton Wheelwright, chief engineer, reviewing the regional facilities and the year's right-of-way maintenance

judices of our brethern. There are things we may do which will do us no harm by reason of our strength of faith and character, but others following our example may stumble and injure themselves merally and spiritually.

Sacredness Of Our Body

"Or know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God? and ye are not your own?" Because we are christ's pos-

session we must do as He desires us to do. We cannot do as we like no more than we can do as we like

with someone else's property. To defile that which belongs to Him

defile that which belongs to Him is a grievous sin.

"For ye were bought with a price: glorify God therefore in your body." By keeping our bodies pure, by making them the fit dwelling place of the Holy Spirit, we shall glorify God. No soul can be ourse in heart see in said with

be pure in heart and in mind with-

out blessing others, and turning their thoughts to the higher things, and thus God is glorified.

Nazis Will Revolt

In occupied Belgium, a German

"I had five brothers, and only

soldier made the following spon-taneous statement to a Belgian:

two are left: I lost one in France and two in Russia. I had a house

in Munich, but that was destroyed

by a bomb. My wife and my four children have been evacuated. Be-

fore the war, I served ten months' imprisonment because I did not like

the Nazis. Germany will only sur-render when she as been over-whelmed by the air raids. Then we shall revolt."—News out of Bel-

Given To Red Cross

Queen Mary sent to the chair-

man of the British Red Cross sales.

the parasol which Queen Victoria carried at the opening of the Great Exhibition in Hyde Park in 1851.

Exhibition in Hyde Park in 1851. The parasol is of white China silk lined with green silk, and is richly embroidered in colored silks in a floral design. The carved ivory

handle is in the form of a Chinese

Historic Parasol

The Time When

SUNDAY SCHOOL LESSON

THE SACREDNESS OF LIFE PRINTED TEXT, Genesis 1: 27, 28; Matthew 12: 11, 12; Romans 14: 19-21; I Corinthians 6: 19, 20, GOLDEN TEXT—Know ye not that your body is a temple of the Holy Spirit? I Cor. 6: 19.

Memory Verse: Let us love one another. I John 4: 7.

THE LESSON IN ITS SETTING

Time.-We do not know when man was created, and therefore we do not date chapter of Genesis. The two verses from Matthew's Gospel are from an episode occurring in our Lord's life in October, A.D. 28. The Epistle to the Romans was written about A.D. 60, and the first Epistle to the Corinthians two or three years earlier

Place.—The scene from which the verses of Genesis are taken was, of course, the Garden of Eden. The words quoted from Matthew were uttered near Capernaum. The Epistle to the Romans was written from the city of Corinth, in the from the city of Corinti, in what is now known as Greece, and it was to that city that Paul previously penned his two long epistles, called First and Second Corinthians.

Creation Of Man

"And God created man in his own image, in the image of God created he him; male and female created he them". Since God created Adam of the dust of the ground and breathed into his nosttils the breath of life, he is God's by creation and he bears the like-uess of his Creator as the child resembles his parents.
The Divine Blessing

"And God blessed them: and God said unto them, be fruitful and multiply, and replenish the earth, and rubdue it; and have dominion over the fish of the sea, and over the birds of the heavens, and over every living thing that moveth upon the earth." By the divine blessing of God given to man and woman mankind is increased, and the succession of hu-man generations is continued. The earth and its various products and Inhabitants are assigned to man for the display of his powers. The subduing and ruling refer not to the mere supplying of his natural wants, but to the accomplishment of his various purposes of science and beneficence, whether towards the inferior animals or his own

Service On The Sabbath

"And he said unto them, what man shall there be of you, that shall have one sheep, and if this fall into a pit on the Sabbath day, will he not lay hold on it and lift it out? How much then is a man of more value than a sheep? Wherefore it is lawful to do good on the Sabbath day." Our Lord clearly teaches that there are things which can be fitly done on the Sabbath day when the sole object is the good of others, and not our own selfish interests. Human life is sacred to God, and to relieve suffering, to bless in any way those who are in need cannot but be pleasing in His sight, when such service is rendered unto Him.

Thought For Others
"So then et us follow after things which make for peace, and things whereby we may edify one another." We are to follow after the things which make for harmony and peace within the community to which we belong. It must be our aim to help our brethren, not to distrust and weaken their feitth.

"Overthrow not for meat's sake the work of God. All things indeed are clean; howbeit it is evil for that man who eateth with offence. The work of God here means a Christian brother who is not to be harmed by our want of love or consideration for his weaknesses.

"It is not good to eat flesh, nor to drink wine, nor to do anything whereby thy brother stumbleth." The practical lesson to be learned from this verse is that of showing a regard for the conscientious pre-

CHRONICLES of GINGER FARM

Gwendolice P. Clarke

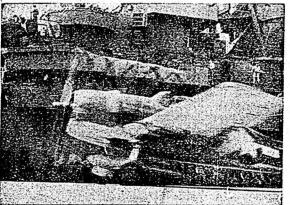
"It pays to advertise"—so runs the slogan And believe me, it is tree. I have found that out time and again. Here is the latest proof.
We had promised to help daughter We had promised to help daughter buy a radio last Christmas which she wanted to get for herself. Wanting was one thing—gettings another. Apparently there wasn't a small radio to be bought in the city of Toronto, I said I would see city of 1 oronio. I said I would see
what I could do and as a beginning
I ran a small "want" advertisement
in our local weekly. A young fellow answered it who lived almost
next door to us. He hadn't known we wanted a radio—we didn't know he had one to sell—but through the medium of a small town weekly we managed to make a deal.

So there you are-anything you want, from a pink-eyed cat to a congenial companion—object matrimony-just advertise and you will get it. But it it's matrimony, be careful, advertisements can be misleading. We had a bachefor neigh-bor out West who advertised for a wife. He finally arranged to meet her at the nearest village to his prairie home. They were married and after the ceremony drove straight to the farm. The woman took one look at the none-too-clean one-room shack and insisted that her "Husband" drive her straight back to the station. It was the last the poor fellow saw of his "bride."

I suppose you have been taking an interest in press reports of the health insurance plans that our federal and provincial governments are arranging for as. As I see it, it is too early yet to formulate any definite opinion as to their respective merits even though they differ in so many ways. It is pro-posed to make the federal health plan mandatory; the provincial, op-tional. Optional health insurance would be a fine thing—for those contributing—but what about the ones who wouldn't? The fact that they wouldn't insure is no guar-antee that medical care would not be required by them. I am afraid optional health insurance might work out pretty much the same as optional car insurance. A man plays safe and insures his car egainst property and personal liability. Then one day some fellow comes along driving a car whose brakes won't hold, smashes into the insured car with dire results. The other fellow carries no insurance and has no means to compensate to the owner for damage inflicted. Thus with optional health insurance voluntary subscribers would be protected and yet, through ad-ditional taxation, would have to pay for the medical care of in-digent patients who were nonsubscribers.

On the other hand the federal plan seems like a pretty steep fin-ancial proposition. The per capita tax would come hard on families with limited means. However I am strongly in favour of some kind of health insurance. We need that much social security anyway. And I hope a complete medical check-up every year would be one of the conditions of the plan, with a medical card stamped to that effect. Thus incipient disease would be nipped in the bud and many un-suspected cases of venereal disease

EVER SEE A GHOST FLYING?



Looking like a ghost plane in flight, a Grumman Hellcat fighter presented this weird appearance as it took off from U. S. carrier to strike Jap bases in the Pacific. Plane was too fast for even speedy newscamera lens to "stop" the action.

brought to light. It would appear brought to light. It would appear that V.D. in Canada threatens to become a national disaster. I un-derstand that when a person thus afflicted covsults a doctor, embarrassing questions are not supposed to be asked. In Russia, where V.D. has practically been wiped out, many questions are asked. A Russian doctor is required, not only to cure his patient, but to track the infection to its source. That may be one reason why Russia has been able to put up such a magnificent front. It wouldn't be possible in people ravaged by the effects of venereal disease.

Garden Notes

Better Varieties

Gardening beginners often make the mistake of asking for varieties that perhaps were popular many years ago, without realizing that there has been vast improvement, and much better kinds are now available. Plant breelers have been steadily turning out better varieties, bigger, earlier and more tender than many of us knew in the

old days.

Corns have been developed that give larger cobs, thicker and juic-ier kernels. There are beets and carrots that grow more quickly; radishes that are fit to use in a matter of days from the time of



seeding; spinach that will not go to seed and become coarse so quickly: peas that will be realy to put in the pot in from 50 to 60

days.
All these points are most important, and especially to the beginner or the gardener in parts of Canada where early frosts are all too fre-quent. These varieties are much too numerous to be mentioned in detail here. The prospective gar-dener is advised to secure a good seed catalogue or up-to-date gov-ernment bulletin which lists variet-ies suitable for the various areas of Canada. Incidentally, all varieties listed in Canadian seed catalogues are specially selected to thrive under Canadian conditions.

Planting Test
Two factors determine the time
to plant—the condition of the soil and the hardiness of whatever is being planted. Experts stress the extreme importance of the first point which, they say, is very of-ten ignored by the over-eager be-ginner. If soil is dug too soon, while it is still very moist, the work of cultivation is often doubled or trebled and injury to the crops planted is serious. Heavy soil will almost invariably form into hard lumps that may require almost an axe to break them up.

The easy test to determine when the soil is ready is to walk across it. If it is muchy and sticks tight to the shoes, then it is best to allow it to dry out some more. If it merely presses down and crumb-les when handled and brushes off shoes easily, then it is right. This is the old test of the practical gar-

50 Wedding Gowns For British Brides

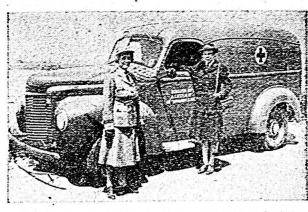
Fifty weding gown - including ne from Mrs. Eleanor Roosevelt for tall, short, fat and thin brides, recently were ready to be sent to England for British service women

who want to get out of uniform long enough to be married.

The gowns — many with long formal trains, some simple and girlish—were donated by American women for their British cousins in the armed forces. They fill a long-felt sentimental need of British service women who can neither buy nor borrow wedding dresses.

The gowns are not to be given to British women. They will be

MOBILE BLOOD DONOR UNIT



Above is shown the Mobile unit which was donated by a St. Catherines citizen who wishes to remain anonymous. At right is Mrs. H. Savage, and left, Mrs. Evelyn Sheppard, the driver. Both are of the Windsor detachment C.R.C.C., Mrs. Sheppard being Commandant.

The Mobile Division of the Canadian Red Cross Society's Blood donor Service "take's the clinic to the donor"; this became a necessity after gasoline was rationed. The first Mobile clinic was held at barrie in 1912; today more than 123 Mobile clinics have been estab-

Mrs. G. R. Fuller is the Senior Technician in charge of operations of this Service which last year was responsible for 65,453 donations Headquarters of the Service are at 855 Bay St. Toronto, where 500 volunteers work at the assembling of blood sets and preparation of equipment under trained super-

loaned, so that each of the 50 will go to wedding after wedding until it is worn out.

Huge crates containing the carefully packed gowns and veils will be sent to the heads of each of the armed services. Members who plan to be married may apply for the loan of a gown through their superior officer. After the wed-ding the gown goes back, ready for the next user.

Just to make sure everything goes right, even after the wedding, a cookbook is enclosed with each

vision. Farming out from the Work Center are 7 Mobile Units carrying all essential equipment for the holding of a clinic.

The Mobile Division in Ontario at present aims at taking 3000 donation weekly; it is now organized as far north as Timmins. Nurse technicians and the women who drive and operate the mobile units can tell many a human interest story, as, for example when the clinic was held at Forest, and a local boy, Mac Wilson, now, a radio operator for Trans Canada Air lines, turned up. His merchant ship terpedoed two years ago, he lost both legs, and blood transfusions saved hs life. As he donated he said "I figure I still owe them another."

Mobile clinics often find evidence of real old pioneer courage, such as in the case of William Teneycke, in the case of William Teneycke, Broadbent, who walked the 17 miles to Parry Sound when asked to report for his donation. If your Commuity is interested i sponsoring a Mobile clinic write to the office of the Commissioner, Mr. Stafford Roberts, 621 Jarvis

St. Teronto 5 Ont. It is necessary to have a guarantee of at least 65 donors for the first clinic and a minimum of 90 for regular clinics.

23 Cluster of

25 Type measure (pl.).

32 Pronoun. 33 The letter "S."

39 Places in line.

41 Newt. 42 Mineral rock.

44 Dazzling light.

46 Pronoun. 48 Mathematical

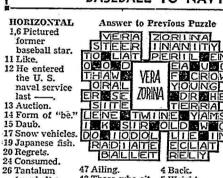
35 Measure of cloth. 36 Bushy clump.

27 Performer.

31 Provided.

29 Near.

BASEBALL TO NAVY



47 Ailing. 48 Those who sit. 52 North Africa

(symbol). 28 Before. 29 Measure of baseball ——. 55 Commissions.
34 Those who pet 57 Puts in tune. ·62 Sofa.

37 Festivals. 38 Behold! 40 Scandinavian.

last .

15 Daub.

area.

30 He was a

(abbr.). 54 Coniferous

5 Weight

(abbr.). 53 Iniquity. 54 Hawaiian bird

63 Bars by estoppel.

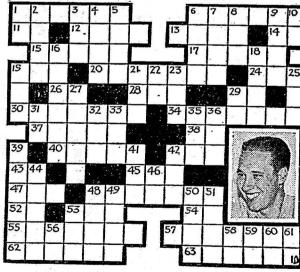
VERTICAL 1 Sun god. 21 By. 2 Bones 22 Erbium 3 Optical orb. (symbol):

7 Cloth measure (pl.). 8 Sheltered

o Snettered 51 Habitual place.
9 Orient. 53 Perched.
10 Ream (abbr.). 56 Right (abbr.).
16 Type of glove. 58 Note in Guido's scale.
19 Light knock. 59 Negative.
21 By.

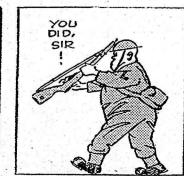
symbol. 49 Indigo. 50 Fixed course. 51 Habitual

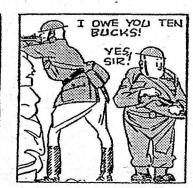
60 Prefix. 61 Steamship (abbr.).



POP-Pop Finally Puts One Over







By J. MILLAR WATT RUN AND GET SOME MORE BLANK CARTRIDGES