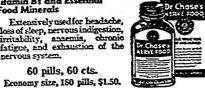
The Vitamin Bi Tonic Contains Vitamin B1 and Essential Food Minerals

Extensively used for beadach

60 pills, 60 cts.



### SALLY'S LAYER SPONGE CAKE

2 eggs, separated
2 eggs, separated
3 cup BENSON'S OR CANADA
1 teaspoon grated lemon rind
1 tablespoon lemon juice
1 tablespoon lemon parated super 1 cup fine granulated sugar 11/2 teaspoons baking powder

1½ teaspoons baking powder

½ teaspoon salt

½ cup hot water

½ cup hot water

½ cup hot water

½ cup hot water

3ift together the sifted flour, corn starch, baking powder and

alt, 5 times. Beat eggyolks thick, add lemon juice and rind. Add

½ cup of the sugar in three additions. Add hot water in two

additions, stirring constantly. Fold in sifted dry ingredients with

wire whisk, then fold in stiffly beaten eggwhites, into which has

been beaten the remaining ½ cup sugar. Pour into 2 ungreased

layer cake pans (8") lightly dusted with corn starch, and bake in a

moderate oven (350 decrees F) for 30 minutes. Remove from moderate oven (350 degrees F) for 30 minutes. Remove from oven and invert on cake rack one hour before removing cake from

pans. Put together with a cream filling.

VARIATION: Prepare recipe in same manner as above, but bake in pan S" X S" X 2" (ungreased and lightly dusted with corn starch). Bake in a moderate oven (350 degrees F) for 35 minutes, and invert on rack one hour before removing from pan. Dust top with icing sugar.

grapefruit

1 orange

minute. Remove from heat, skim,

pour quickly. Paraffin hot felly

Grapefruit Marmalade

Slice fruit very thin, remove pulp from peel. To each pint of

pulp, use an equal quantity of water and 1½ times as much su-

gar. Let come to a boil. Remove from fire, let stand overnight. Boil the shredded skin of the

fruit in twice their bulk of water

until tender, then let stand over-

night in the water in which they

heat the skins to the boiling point,

rapidly until thick enough to con-

geal when tested. Pour into ster-

Toronto 11/2 Hours

New York was just an hour and

a half away from Toronto recently.

That was the new record set up

by a Trans-Canada Air Lines

flight assisted by favorable wea-

ther conditions and strong tail

Carrying a full load of ten pas-

sengers in addition to mail and ex-

press, the big aircraft covered the

Malton Airport, Toronto, to the

ramp at La Guardia Field in ex-

actly one hour and twenty-eight

one hour and twenty-two minute

minutes. Actual flying time was

Two hours is the scheduled time

n TCA's Toronto-New York non-

stop service. A passenger train

takes approximately twelve hours to travel between these two cities.

Smart Jumper

by Laura Wheeler

She'll look her best in this embroidered jumper frock (and she'll love it, too). The garland gives the jumper that expensive look. Pattern 740 contains a transfer pattern of embroidery and necessary pattern pieces for dress and pocket; in size 2, 4, 6 (one size in pattern). State size desired.

pattern). State size desired.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., Room 421, 73 Adelaide St. West, Toronio. Write plainly Pattern, Number, your Name

740

From New York

Yield: 2 to 3 pints.

winds.

then add pulp mixture and boil

Yield: 6 6-ounce glasses.

## TABLE TALKS

Midwinter Jellies

Last summer when homemakers were putting up their fruits they discovered they did not have en-

putting up all the jams and jellies they would like, but now they have probably caught up on the sugar and can boll the juices they saved into de-

licious, quivery jellies.
For those of you who did not put up juices for winter jelly-making, there are plenty of fruits in season now that make delightful spreads. Out with the kettles and colanders, with jelly glasses and

Orange Marmalade 31/2 cups prepared fruit 1% pounds)

paraffin and here we go:

1 3-ounce box powdered fruit pec Prepare fruit. Use peels fro

6 medium-sized oranges and 2 lemons. Cut in quarters. Lay quar-ters flat; shave off and discard half of white part. Put peel through chopper twice. Add 1 cup sugar, 2½ cups water, juice from 1 medium-sized lemon and 1/4 teaspoon soda. (This 1 cup sugar is in addition to measure ment given above.) Cover. Heat to boiling. Simmer 30 minutes, sugar into dry dish and set aside fruit into 3 to 4-quart kettle, filling water if necessary. Place over high heat. Add powdered pectin, mix well, and continue stirring un til mixture comes to a hard boil. constantly. Continue stirring, hear to a full, rolling boil and boil hard minutes. eRmove from heat, skim, pour quickly. Paraffin hot

Yield: 6 6-ounce glasses. Honey Orange Jelly 1 cup juice

s cups honey
bottle fruit pectin. To prepare juice, squeeze and strain juice from two medium oranges. Measure juice and honey well. Heat to boiling over high stirring constantly. Then heat to a full rolling boil and boil hard 1/2

The new double defense against colds, grippe and branchitis is to build immunity with COLD VACCINE Plus VITAMINS If eatching cold, take VitaVax to reduce severity and speed recovery.

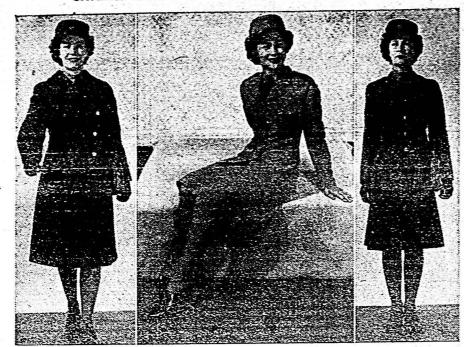
# you've just had a cold, take VitaVax to evercome fatigue and increase vitality. For scientific precautions against future colds gripps and broachitis, protect all the family with VitaVax Capsules. Only \$2.50 for one to two months average requiremen Ask your druggist, or for details write to-



STOPPED in a diffy of Money Back

nal bottle proves it, or money back. Ask today for D.D.D. PRESCRIPTION.

C.W.A.C. WINS LAURELS FOR SMARTEST UNIFORM



To the Canadian Women's Army Corps go the laurels for having the smartest and best-looking uniform of all the Women's Services in this war. This decision was reached at a party given in Britain by the U.S. Women's Army Corps for personnel of the C.W.A.C., the W.R.N.S., the R.C.A.F. (W.D.) the W.A.A.F. and the A.T.S. Report was made in the "Stars and Stripes" official organ of the U.S. Armed Forces in the European Theatre of war. Popular opinion conceded to the C.W.A.C uniform the qualities of trimness and smartness. The W.A.C. uniform was tagged as the best tailored and the W.R.N.S. carried the color honors. Cpl. Wilma Williamson of Dundas, Ont., is pictured above modelling various ensembles of the C.W.A.C. uniform. From left to right, the winter greatcoat, the rose-beige summer worsted and the khaki barathea.

the girl's overalls, near the shoul-

der.
"Lois-you're hit!" he cried.

"Leave me alone, I tell you.
It's nothing. Im taking you

But her voice failed her. And

it was with the utmost difficulty

that Dave, seated in front of her

could contrive to keep his seat

and also hold her on the back of

the horse, who showed no signs of

reins, or even halter, Dave was powerless to control him, while

o attempt to bandage Lois' wound

In the dim starlight Dave tried to locate his surroundings.

It seemed to him that the horse

scrub brushed his flanks, now and again he kicked away a shower of

stones At last the upper mesa was reachd, and before Dave real-

ized it Black Dawn had come to a

looming darkly up out of the scrub,

Dave slipped from the saddle and caught Lois in his arms. He carried her inside the cabin and

laid her on her bunk. He heard

horse nicker somewhere, and

Black Dawn's trumpeting answer. Then sounded the thud of hoofs,

Dave found the lamp and lit it.

He was surprised how his fingers were shaking. He looked at Lois

ozzing from the wound in her

collarbone and seared its way

across the flesh of the shoulder, but it had apparently severe a

BACKACHE?

puffy eyesand rheumatic pains may tollow. Your kidneys need help—and there is a time-tried, proven way to help them known as GOLD MEDAL Haarlem Oil Capsules. These Capsules contain care-fully measured quantities of that widely known diuretic called Dutch Drops. You will find their action fast and effective.

Be sure you get GOLD MEDAL Haarlem Oil Capsules, the genuine and original Dutch Drops—packed in Canada. Get a

and the stallion was gone.

shoulder

was faking them straight toward

Without

slackening his speed.

was out of the question.

Hooker's cabin.

lariat was coiled.



CHAPTER XIV The shouts and curses had died away into complete silence as the last scene of the tragedy came on the stage. This was the climax of the afternoon's entertainment. In another moment Dave Bruce would be dancing at the end of the long rope, gurgling, and clawing help-lessly with his hands in his effort

to free himself. Then suddenly Lois leaped-and entirely unforescen by any man in that crowd.
For, with a swift bound, the

girl was astride Black Dawn be-hind Dave, and quick as a flash her arm shot up. A blade was seen to glint in the light that came from the front of the Way-side Rest. The rope, severed with two quick strokes, dropped in a coil about Dave's shoulders A low whistle from Lois' lips. And instantaneously Black Dawn went into action. With a mighty leap the great stallion broke through the crowd, knocking men right and left. He plunged through the rearing horses, which were squealing with terror their ricers frantically pulled leather

order to retain their balance. Another instant, and the horse, bearing his' double burden, was galloping along the street, gathering his mighty muscles into an amazing composite of speed and

crowd before any man there had recovered his presence of mind. Curran was the first to do so. "Stop them!" he howled. "Shoot the hawss! Shoot quick!"

He loosed his six-gun, and a rattling volley followed close upon the discharg. But by this time Black Dawn and his two riders were halfway the length of the short street. The punchers n their rearing horses were struggling madly to get them under control. There came a wild dash

n pursuit. They might as well have chased the wind. Black Dawn was already past the last light of the town and outside revolver range. Lois, seated, upon his haunches behind Dave. guided the stallion with her knees. . . .

Dave was awakening from a daze. The events of the last thirty seconds had been so monstrously different from what he had expected. Now he understood. He turned round, shifted a little toward the horse's withers, extened his arm to hold Lois in her

"Leave me alone! Leave me alone!" she whispered fiercely. But Dave still held her, and the black stallion rushed on through the night across the range, and to-ward the uplands, while the yells of their pursuers died away behind

On and on through the night. black as pitch, the great stallion sped like the wind over the range. Minutes went by, and Black Dawn's pace did not slacken. But suddenly Dave was aware that Lois was slumping toward him. He grasped her more firmly.
"Leave me—alone!" she mut-

tered. Something wet was dripping upon Dave's fingers. He extended them, and found a wet patch upon

Dave lit the kerosene stove and set water on to boil. He went back to the side of the bunk and pressed his fingers upon the flesh about the artery. Suddenly he was aware that Lois' eyes were open, and that she was looking

at him.
"You're all right, Miss Lois," he said. "Just nicked you. You don't mind my takin' care of yore wound? I wish there was some disinfectant. You ain't got

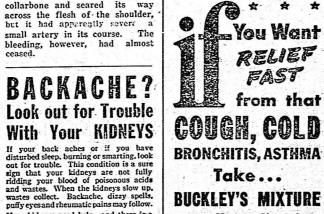
Lois shook her head. Her eyes were pools of unfathomable gray, searching Dave's, searching for the answer to her unspoken question. Dave answered it. "You saved my life when it wasn't worth biddin' a cent in a thousand dollars on," he said huskily. No, I didn't kill Mr. Hooker. Some skunk shot him through the window while we was talkin'. I can't say more than that. You can believe me or not just as you please. No, you got to believe me, Loi.."

"I guess I do," Lois answered. It was not until then that he realized that the severed hang-man's noose was still about his "I'd never have saved you-me and Black Dawn-if I hadn't be-lieved you. He didn't often make neck. Dave uncoiled it with one hand and was about to throw it mistakes in judging men, Mr. Hooker didn't. It was only because away. Then he realized that its discovery would give the clue to their flight. He fastened it instead you broke Black Dawn, I reckon, I couldn't stand for that not knowing who you were." about his saddle-horn, where his voice trailed away weakly. "How long have we been here?" she The horse was straining upward toward the higher mesas. The

asked.
"Not more than fifteen minutes. I'm heatin' some water to clean your wound. I—I had to—" "That was kind of you," she answered, with the simplicity of a child. There was not the least embarrassment in her face or woice, and she let Dave sponge the wound with a piece of clean cotton material in a small tin trunk that she showed him under the bunk. He bandaged it with strips, passing them around the neck to hold them . "How you feelin'?" Dave

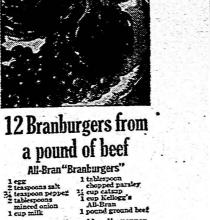
asked anxiously. "I'm better now."
"Think yuh\_could eat something? Or maybe a cup of coffee There was a faint smile on her face. "You're not thinking

He ulled down the stained about yourself, are you?" she asked. "Suppose that crowd comes overalls and the soaked garment beneath, exposing the white flesh of the upper arm. He dabbed at it with the corner of the garment, and, to his relief, saw (Continued Next Week) that the wound was a slight one. A bullet had struck just below the



Take... **BUCKLEY'S MIXTURE** It's All Medication No Syrup -

IT'S BETTER THAT'S WHY



leap milk lponed ground ever Beat egg slightly, add salt, pepper, onion, milk, parsley, catsup and all-gen. Let soek until most of moisture is taken up. Add beef and mix thoroughly. Shape into 12 pattles. Bake in hot oven (450°F.) about 30 minutes, or broll about 20 minutes. Yield: 6 servings (12 2½, inch patties). P.S. The All-Beax in them helps prevent constipation due to lack of 'bulk' in your diel. Try them today! All-beax is made by Kellogg's in London, Canada.

Religio ALL-BRAN CWAC Uniform

Chalk up another score for the Canadian girls in khaki. Of sall the women's services in this war, the Canadian Women's Army Corps has the best looking uniform, according to Stars and Stripes, official organ of the United States Armed Forces in

Best In Services

the European theatre of war. This decision was arrived by vote at a party given by the U.S. Women's Army Corps in London, England. British Wrens carried off the color honors.



## Asthma Suffering Curbed 7 Years

Seven Years ago J. Richards. 201
East 22rd St. Hamilton, Ont., was
asthmatic, lost weight, suffered
coughing, chokings, wheezing every
night — couldn't sleep. Azmo-Taba
curbed his spasms promptly and
he now reports normal reight and
feood health although the dearts of the
same for you we will send a \$1.00
package of Azmo-Taba free. No
cost, no obligation, Just tell others
if it stops your asthma attacks.
Write Knox Company, 6019 Knox
Bldgs. Fort Erie North, Ont., for
free Azmo-Tabs.

Skin Itch Stopped in 7 Minutes



Do your worries often keep you awake at night? And does this rest-lessness make you feel "all in" the next day? Noise, anxiety, overdoing things or working under pressure can affect the nerves ... may make you sleepless, cranky, restless ... cause nervous headache or nervous fears. Dr. Miles Nervine helps relieve nervous tension because it is a mild sedative. Take it according to directions to help calm your nerves and to improve your sleep. Effer-vescing Nervine Tablets are 35c and 75c. Nervine Liquid is 25c and \$1.00.

PR NERVINE

## SUNDAY SCHOOL LESSON

THIS CURIOUS WORLD By William Ferguson

CHICAGO,

KNOWN AS THE

WINDY

CITY,

DAYS IN 1937

WHEN THE WIND

REACHED 32

MILES PER HOUR

HAD ONLY TWO

HORNET

LARGE

WASP.

BY PHENOMENON

SLEEP

IS STILL A

PUZZLE

SCIENTISTS.

every Thursday afternoon, 2,30 to 3 o'clock over CFRB commencing

Radio is at present lending its

support to the LO.D E. compaign to collect books for the lads and

and turn them over to your local

Post Office or Public Library

350,000 books are wanted. Send the

CHICAGO was far down the line of windy cities for 1937 While

thad but two 32-mile-per-hour winds, Buffalo had 105 days on which the wind equaled or exceeded that velocity New York City

RADIO REPORTER BY FROST

Something bright. Something ested in sewing? If so, the new ght. A smile or two. Several sewing classes which will be heard

NEXT: How rattlesnakes locate their prey.

light. A smile or two. Several household hints and suggestions.

Such is the radio menu of tha

trio of "Wife Preservers", Wib Perry, Todd Russell and Michael

Fitzgerald on the Monday, Wed-

nesday, Friday, 11.15 a.m. time-table of CFRB, Toronto. And the

show provides the opportunity for many a lady of the household to

turn into cash her ideas and sug-gestions for lightening the domestic load. So ladies, if you've a brilliant

idea why not shoot it along to the "Wife Preservers." Maybe a dollar

come your way, besides which the show itself is lots of good fun, and

A new series of dramas, pro-

duced under the direction of An-drew Allan got under way over

the C.B.C. Trans-Canada network

last Sunday evening at the nine o'clock hour. Under the unusual

title "Stage 44" this series will

feature dramas written by Canada's

leading playwrights. Last Sunday and for the next two Sundays, the

plays presented are from the pen

with the dramatic sequence "Baker's Dozen". Fletcher Markle himself is

\* \* \*

In a day and age when the air

waves are often cluttered up with

surmise and speculation, it is some

what unusual to come across

programme titled "People enjoy facts". And for people who do

enjoy facts the Canadian Banker

Association is initiating a new ser

ies of broadcas.s which will be

heard every Wednesday evening

at 8 o'clock over CFRB, Toronte

ruary 2nd .-

The series gets under way Feb

Are any of our readers inter

IN MONTY'S SHOES

Lieut,-Gen. Sir Oliver Leese was

named commander of the famou British Eighth Army, to succeed Gen. Sir Bernard L. Montgomery,

now n England to command Brit ish ground forces in the invasion

western Europe.

considerable aftertion a year ago

"easy-to-listen-to" entertainment.

IS ONLY A

FEBRUARY 6 JESUS FEEDS THE MULTITUDES

Mark 6: 35-44; 8: 1-9 GOLDEN TEXT.—I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst. John 6: 35

capolis, the territory east of the Jordan River, towards the north. Disciples Cannot Feed Them "And when the day was no far spent, his disciples came unto him, and said, The place is desert, and the day is now far spent; send them away, that they may go into the country and villages round about, and buy themselves s.mewhat to eat." The disciples realized the need of the people

and possibly they were speaking from their own experience, they too would be feeling hungry and knew they had insufficient resources of their own to feed themselves and the multitude. "But he answered and said unto them. Give ye them to eat.

And they say unto him, shall we go and buy two hundred shillings worth of bread, and give them 3 o'clock over CFRB commencing February 3rd, will be both educatlassies overseas. This is just a reminder, in case you haven't done so already, to look up some books which you can easily spare.

books you have enjoyed yourself ... up-to-date books of high adventure and romance, exciting mystery stories, and rip-snorting thrillers of the west. Books on travel. Stories by war correspondents. All will be very wel-come. Will you do this much for the boys and girls who are doing so much for you? Speaking of programmes in the interests of the various war ser-vices, Maurice Bodington still con-

tinues to lend his adaptable personality to the "Red. White and Blue" broadcasts ,a Saturday feature of CFRB commencing at noon. An nouncements of the activities of organizations working in the interest of the war effort, suitable patriotic music and poetry round out a diversified programme which, from all-accounts, is steadily building up an appreciative audience. For a unch hour lift on Saturday you can't beat it.

### But Of Course, It Is Very Difficult

The story of the creation of the world is told in Genesis in 400 words. . The world's greatest

code, the Ten Commandments, contains only 400 words. Lincoln's immortal "Gettysourg Address" is but 266 words

The Declaration of Independence required only, 1,321 words set up a new conception of The United States Office of

Price Administration uses 2,500 words to announce a reduction in the price of cabbake seeds! dian Air Force.

Time.-The feeding of the five thousand, and the miracle of ou Lord walking on the water, took place in April, A.D. 29; the feeding of the four thousand took place the same year.

Place.—The miracle of the five

All Were Satisfied "And he commanded them that all should sit down by companies upon the green grass. And they sat down in ranks, by hundeds, and by fifties. And He took the five loaves and the two fishes. and looking up to heaven, he blessed, and brake the loaves, and he gave to the disciples to set before them; and the two fishes divided He among them all. And they all ate and were filled.'

CHIEF OF AIR STAFF



D.S.O., D.S.C., D.F.C., Chief of

Mark 6: 30-52; 8: 1-10 PRINTED TEXT

Memory Verse: Jehovah is good to all Psalm 145: 9. THE LESSON IN ITS SETTING

thousand took place at Bethsaida on the sea of Galilee; on this Lea also the miracle of the walking on the water occurred. The feeding of the four thousand too place in what is known as De-

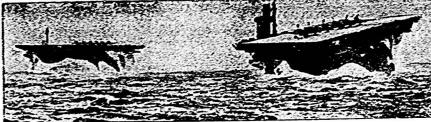
o eat? And he saith unto them, How many loaves have ye? Go and see. And when they knew, they say, five, and two fishes".
"Send them away", is the counsel of the disciples. "Give ye them to eat, is the command of Christ. Christ knew what he was about to do, but He would first show His disciples their great need and their entire helplessness. They must learn to look to Him for everything. Their resources were very small, totally inadequate, but how different was the case when placed in the hands of Jesus. We often face tremendous difficulties and problems with such inadequate resources, but when we in faith put our little into His hands, we are able to meet every demand.

Our Saviour always sought a blessing on his food. Do we?. If we paused a momen' before giving



to Jesus in the spirit of true re-Air Marshal Robert Leckie, C.B., pentance, He will fully and freely forgive us and send us on our

# CARRIERS CARRY ON THROUGH STORM



With flight decks aslant as winter storm lashes waves to angry turbulence, British carriers Avenge and Biter press ahead, escorting Allied convoy through dangerous waters.

like it you might call it "Ginger

Farm special." If you don't like it then let it be nameless—and

don't send me your doctor bills!

. . .

Do you know what I have done

this year? I'll tell you. I have actually read two whole books and

started on a third. And that's really something. Not because I don't like reading—don't ever

one's time is so crowded these

days that reading to any extent

is something one has to sacrifice.

A scanty perusal of newspapers, magazines and "Digests" is about all I've had time for—writing let-

ters, knitting and sewing for the Red Cross are so much more im-

portant, to say nothing of meet-

ings, and reports and suchlike, to take up what would otherwise be

one's spare time. Not that I have run out of jobs—far from it—but

I just felt as if I had to give my-

self a break, as it were. You know

how it is once in awhile, don't

you? However, in case you think I'm lying down on the job, per-

haps I should tell you that in the

last three weeks I have also knit-

ted five pairs of mitts, two hel-

mets and two skull caps. But alas,

the most one can do is still so

little. If I hadn't done any read-ing I might possibly have had

# of GINGER FARM Gwendoline P. Clarke

Generally I leave recipes and | about If you try my recipe and suchlike to cookery columns or recipe books but once in awhile I hit on something original and then I like to pass the good news along. So here's my latest-and

I was making pies and wanted one in a hurry for dinner. An open pie filled with the same fill-ing as for butter tarts is usually my emergency pie. But on this day my supply of raisins and cur-rants was low—and dear knows if we will get any more—so I look-ed around for a substitute. This was the result: I took 1 tablespoon of soft butter and bleuded it with ½ cup of brown sugar and two small eggs well beaten. Into this mixture I stirred one scant cup of mincemeat and then I put the whole concoction into an un-baked ple shell and baked in a moderate oven until it was set. It really turned out to be a delectable pie-it even brought forth expressions of unsolicited approv-al from Partner. Before that I thought the pie was good-but after that I knew it was. Partner, you will understand, like most men, generally expresses an opinion only if there is something he doesn't like. So I naturally thought a pie sufficiently unusual to

rouse masculine comment was

something to write to the column thanks to think of all our blessings, our thanksgiving would be more sincere, less formal. At what momen the actual increase of the loaves took place we know not. The multiplication of the loaves and the fishes went on in the hands of Christ between the breaking and the distribut-ing. All were blessed and all were satisfied. There is no stint with Christ; He gives in abundance. He invites us to a greater feastthe feast of the gospel. They who partake of Christ, of His life, of His word, find a satisfaction which cannot be found in any

material thing.

The Economy Of Jesus "And they took up broken pieces, twelve basketfuls, and also of the fishes. And they that ate the loaves were five thousand men." It was Christ who com manded His disciples to do this that nothing be lost. The guantity taken up shows how liberal had been Christ's provision. Our ord gives generously, but He

does not sanction waste. The Second Feeding "In those days, when there was gain a great multitude, and they had nothing to eat . . . and ther were about four thousand, and he sent them away. "What a beautiful spirit of consideration our Savour shows for this multitude. Are we as thoughtful and considerate as we ought to be. It is said that 'evil is wrought b want of thought as well as by want of heart. The disciples had forgotten how Christ had fed the multitiudes before. Is it not true of us all? How soon we forget God's mercies in the past! Once again our Lord return thanks. If the Son of God did not break the bread without thanksgiving how much less should

we! Only after their need had

been met, does He bid them de-

part. Jesus sends no needy sou

away unblessed. He sent this hungry faint-hearted crowd away

bundant satisfied. If we come

10 Pronoun. 11 Redrill. 14 Those who 36 To populate. 40 Parts in plays:
41 Angler's basket.

11 Redrill.

VERTICAL 15 Organs of Parting.
12 Confine to one hearing.
13 Redrill.
14 Redrill.
15 Creams 15 Confine to one hearing.
17 Examination.

syliable. 49 Compass point

51. Fishing pole.

(abbr.)

30 Practiced

falconry.

31 Torn. 32 Flat-bottomed

two more skull caps to my credit, But then I wouldn't have known so much about "The Men Around Churchill" by Rene Kraus or the struggle of the Comeau family in The Sea is So Wide" by Evelyn Eaton. Another distraction was the show 'In Which We Serre." I knew it to be a splendid show but it was even better than I ex pected because I had not realised that a picture of that type would have so much humour in it. With-out that saving humour the pathos of the picture would have been little more than one could take.

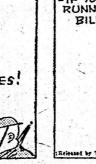
And then there's the radio . . . Tell me, my friends, what part does radio play in your life? Do you find it a diversion? Does it help you, amuse you, keep you informed, or is it an irritation and a hindrance? We know it can be any, or all, of these things. Like other inventions, its use or abuse depends upon the public. I know one thing-it can be the means of much wasted time. You turn on the radio—ah, that's a good programme—I'll just wait until it's over before starting that letter! And then something else comes along and first thing you know the letter doesn't get written. And what about the 'soap dramas'? Oh yes, I know you can work and listen too, but just watch and you will notice that your pace slackens as the tempo of the story increases. I know. . . even though I am not a regular radio drama ad-

THIRTEENTH U. S. PRESIDENT Answer to Previous Puzzla HORIZONTAL 1 Pictured for-20 Wearing mer president of the U.S.A., tiara. CAROL ARA MESINE
ACKNOWLEDGES ON
LAYETTE VER FOE
OPET JAP
LAYETTE VER TOE
OPET JAP
RATE TOP
PI KILY E TINN TIN
AD BASSET NO
REMITT BYE HOVER
RARERS OF ARENID
PIETERS ARENID 22 He was born in the state of 12 Bustle. 23 On account 14 Female saint (abbr.): (abbr.). 24 Plant stalks. 18 Pounds (abbr.). 19 Partake of 26 Kelp. 27 South Dakota food. 21 Expend. 22 New (prefix). 23 Gold braid. (pl.). 30 Twining mo-3 Lone Scout raceous vine. (abbr.). 33 Doctor (abbr.). 4 Bewilderment, 34 Wheel-shaped. 42 Small child. 3 Lone Scout 25 Compass point 44 New Zealand 26 Shifts. 28 Having a 47 Mystic

5 Clears. 35 Ardor. 6 Falls in drops, 37 Hammer head. 7 Oily cyclic 39 Cloth measure 8 Enrich with

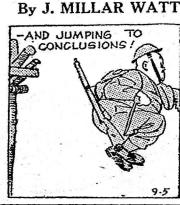
43 He was on Jan. 7, 1800 46 Roof finial, 48 New Zealand (abbr.). ratite bird. 50 Mother. 52 Doctor of Medicine (abbr.).

## POP-Then Pop's Had Plenty of Exercise









## ANY EXERCISE IN YOUR

