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keep regular . . . NATURALLY! Enjoy it as a cereal or in tasty muffins ... drink plenty of water . . . and see what it does for you! Buy ALL-BRAN ... and see at your grocer's, sold in two convenient sizes; in individual serving Kellogg's in London, Canada.

Have You Heard?

A whimsical professor, trying to emphasize a point in logic, asked his class: "If the United is bounded on the east by the Atlantic Ocean, on the west by the Pacific Ocean, on the north by Canada and on the south by Mexico, how old am I?" The Mexico, now but am 1: Ine brighter students sat dumfounded, but the depiest of them all spoke up: "You'd be 44." Dumfounded in turn, the professor said, "That's right, young man, But how in the world did you know?" The student answered: "That's easy. I have a brother who is half nuts and he's 22."

"How kind of you," said the girl, "to bring me those lovely flowers. They are so beautiful and fresh. I believe there is some dew on them

yet."
"Yes," stammered the young man, quite taken aback, "but I am going to pay it off tomorrow."

At the close of his talk before a Sunday school the bishop invited questions. A tiny boy with white, eager face at once raised his hand.

'Please sir," said he, "why was Adam never a baby?"

The bishop coughed, in doubt as to what answer to give, but a little girl, the eldest of several brothers and sisters, came prompt-

"Please, sir," she answered, smartly, "there was nobody to nurse him."

"I hope you enjoyed your game with the major," said the hostess to one of her guests. "He's very clever at cards, isn't he?"

"He certainly is," replied the guest. "He started by telling my fortune, and now he's counting it."

"Tell me, Doctor, how do you really know whether a person is

"Oh, we merely ask a few ques-tions which ordinary people can answer correctly," was the reply.
"What type of question?"
"Well," explained the alienist,

"this is the sort of thing: Captain Cook made three voyages around the world and died during one of them. Which trip was it?"

"Oh, I say." protested the official, "I think that is a bit steep. I'm not very good at history.'

Hitler's father once conulted an architect. The family couldn't quite decide whether to build a frame house or brick one. When Adolf was born though, they got stucco.

Fig trees which produce latex which rubber is made have been found in Australia.

Need More Wood To Free Metas For War Goods

Owen Sound Firm's Wooden Pails Release Metal For Munitions

Under the impact of war-born metal shortages, wood is filling an increasingly important role in Canada's war-time economy. The Dominion is immensely wealthy in this natural resource and is thus able to offset many of the disad-vantages which would normally follow a decrease in the quantities of metal available for goods other than the actual machines and munitions of war. Many of these peace-time goods are equally essential in times of war.

A case in point is the common pail.. Formerly many of these were made of metal. Today, however, wood is proving a wholly acceptable substitute. The Keenan Woodenware Manufacturing Co. Ltd., of Owen Sound is playing an important role in this release of metal for war purposes by the production of wooden pails. This company has increased its production of wooden pails by approxi-mately 75 per cent. It is now manufacturing about 20,000 wooden pails every week. It is easy to visualize the amount of which this production releases for other purposes, where wood would not prove an acceptable substitute.

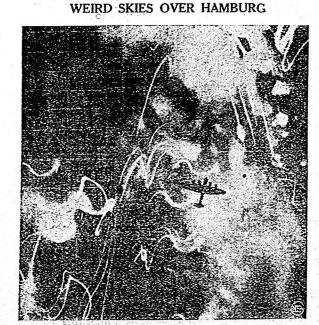
Need More Wood

These wooden pails are manufactured from poplar and basswood, which are plentiful in the Owen Sound district. Nevertheless, there is a dangerous bottleneck developing in wooden pail production. Increased production by the Keenan Woodenware Mfg. Co., has, of course, resulted in a greatly increased use of wood A shortage of this raw material has now developed. Wood is available in the bush, but unless farmers and others in the district co-operate in getting this wood to the factory the production of wooden pails will decrease. This, in turn, will mean diverting precious metal from the production of

planes, tanks and guns. Farmers and bush owners in the district have been doing a fine job in the supply of wood, but more is needed. Prices paid for timber are higher today than at any time in recent years, provid-ing an attractive return for this work. Higher prices coupled with the fact that every wooden pail produced is a distinct aid to the war effort of the Dominion, should provide incentive for increasing the production of wood.

More than half the world's uranium ore, from which radium derived, comes from the Belgias Congo.

The first balloon ascension America took place at Philadelphia in 1793..



Ack ack in the night sky over Hamburg painted this weird pattern of fire and light as Lancaster bombers soared over the German port on a raid. One of the bombers is seen in silhouette in this picture taken from another plane at a higher level.

Modern Etiquette

By Roberta Lee

Should a bride at her second wedding wear a veil?

2. Should one replace a dish that Le breaks while visiting, when it was purely an accident? 3. When in company and a per-son is seized with a fit of cough-

should be apologize? 4. If a girl does not care for a certain mun's attentions, and this man sends her an expensive gift, what should she do?

5. How should haired oranges be eaten?

6. Is it necessary for the hostess to go to the door with each departing guest at an afternoon af-

Answers

1. No; neither a veil nor a' white gown should be worn. 2. Yes; he should make every effort to replace it as soon as possible; 3, No. When the coughing has ceased one may say, "I am sorry."

4. Write a note thanking him, but telling him she cannot accept. Then return the gift at once. 5. With a pointed speon. 6. It is not necessary; she may go to the door with the last guest.

HOW CAN I??

By Anne Ashley

Q. How can I keep woolens

A. If the woolens are rinsed in water of the same temperature as that in which they were washed. they will dry nicely and be as soft as originally.

Q. How can I remove the flat

aste in boiled water,
A. If one is compelled to boil

water for drinking purposes, pour it from one pitcher to another three or four times before using. This, will remove the flat taste from the water.

Q. How can I prevent cracking when drying wet shoes?

A. Do not place wet shoes on the register to dry. They should be dried very slowly to prevent cracking. It is a good idea to stuff them with old paper to insure their retaining their shape as they dry.
Q. How can I make a potato

poultice?

A. Potatoes are often as effec tive as linseed for a poultice. Boil the potatoes in a bag, and when soft, mash in the bag and apply as hot as can be borne.

Q. How can I keep the glove

clasp from pulling apart?

A. Tap the little ball of the clasp lightly with a tack hammer and there will be no trouble in keeping the glove fastened.

A Censor As Cupid

One of the town's glamorous young creatures, engaged to a solnow in parts unknown, received a letter from him written in a tone of gloomy renunciation, says the New Yorker. With his absence dragging on into its sec-ond year, the lad wrote, he would not blame her if she broke her engagement to him and married somebody else at home. This had apparently been too much for the censor, who had put his comment in the margin, in large block let-ters: "NONSENSE!"

COUGHING COMES AT WRONG TIMES

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Most stores sell LYMOIDS in handy size 10c and 25c boxes. If unobtainable, send 10c in stamps or coin, to LYMOIDS, 119 Pearl Street, Toronto.

HOW TO RELIEVE

PILE TORTURE

QUICKLY AND EASILY

QUICKLY AND EASILY

If you are troubled with itching piles or rectal soreness, do not delay treatment and run the risk of letting this condition become chronic. Any itching or soreness or paintul passage of stool is nature's warning and proper treatment should be secured at once.

For this purpose get a package of Hem-Roid from any druggist and use as directed. This formula which is used internally is a small, easy to take tablet, will quickly relieve the itching and soreness and aid in healing the sore tender spots. Hem-Roid its pleasant to use is highly recommended and it seems the height of folly or chronic policy or the property of the plant of the

MIDDLE-AGE

HEED THIS ADVICE!! If you're cross, restless, NERVOUS-suifer hot flashes, dizziness—caused by this period in a woman's life-try Lydia E Pinkham's Vegetable Compound, Made especially for moren. Hundreds of thousands remarkably helped, Follow label directions, Made in Canada.

WHAT SCIENCE IS DOING

SURGICAL MIRACLE

One night on the El Alamein line I was asked to help at an operation, W. I. Riegelman writes in Harper's. The patient had got an anti-tank shell right through his throat—and another through shoulder and part of his chest.

There, at 1 a.m., in a little tent not more than seven to ten miles behind the actual fighting front, a surgeon began to operate. He finished two hours and forty min-utes later During that time he completely reconstructed the man's entire larynx — never hurried, never hesitating, never losing his patience or presence of mind despite the obvious fact that the man might easily die at any moment; he worked steadily and with infinite care.

Three times he gave blood transfusions (I incidentally hold-ing the needle in the vein because he didn't dare fasten it for fear it might have to be moved at moment in the event of a clot). Then he performed a tracheotomy in which he inserted an artificial windpipe (perhaps one your doctor friends will describe it to you so that you can understand what I'm trying to picture), and then he had to do an intricate operation on the man's shoulder and chest.

TRUCKING INTO TUNISIA

Headed for the Mareth Line and Rommel's rear guard are these British Highland Division troops crossing the border from the Tri-politania section of Libya into Tunisia. British attack on Mareth Line forced Germans to halt advance against U.S. troops.

Picobac. IT DOES TASTE GOOD

GROWN IN SUNNY, SOUTHERN ONTARIO

Should Allies Police Germany After War?

IN A PIPE!

James W. Gerard, ambassador of the United States to Germany during the Great War, is outspoken on a subject that is being widely discussed foday, the treatment of Germany after the war, says The Galt Reporter. Speaking

at New York, he said:
"International bankers me sick. I heard one say that we need, after the war, a happy, prosperous Germany. After the last war we kissed the good, kind Germans, gave them food and good United States money, and they repaid us by a gangster war to control the world and started a persecution of a peaceful people which has no parallel even in the

Mr. Gerard thinks that it will be necessary for the Allied na-tions to police Germany after the war, "otherwise Germans will be torn to pieces by the revenge of the outraged peoples of Europe."

Many people are thinking that

the conflagration envisaged by Mr. Gerard, in his last quotation, would not be a bad solution to the German problem. Why not leave the gangsters to the mercy of those whom they have despoiled in the worst outbreak of brutality and inhumanity that has ever been recorded in history?

"Pop-out" Raft

An automatic "pop-out" raft for shot-down planes is the latest life-saver for military pilots. Carried in a special compartment in the fuselage, the raft springs out as soon as the plane hits the water, inflating itself by means of an attached bottle of carbon

Scratching Relieve



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ISSUE No. 10-43

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