

These smiling farmerettes personify the spirit of the hundreds of girls who are serving on farms this summer to help relieve the situation caused by an acute shortage of manpower all over the country. Some live in individual farms, others are quartered in camps located at central points in the various agricultural districts. On this farm in the Niagara Peninsula, dozens of farmerettes were busy picking plums.

ahead with the hope that they would be able to appeare Esau,

he was soon doubly troubled be

him they could only report that

Esau was also approaching with four hundred armed men. This sent Jacob to his knees to cry to

God for deliverance in what is generally recognized to be the first full prayer recorded in the

word of God. The prayer was

marked by true humility. Jacob acknowledged his own unworthi-ness of all that God had done for

him, and with heart-felt gratitude

he testifies to the way in which

blessings had been showered on

him. 27. "And he said unto him. What

is they name? And he said, Jacob

28. And he said, Thy name shall

be called no more Jacob, but Is-rael: for thou hast striven with God and with men, and hast pre-

vailed, 29, And Jacob asked him

and said, Tell me, I pray thee, thy name. And he said, Wherefore is

it that thou dost ask after my name? And he blessed him there."

It should be carefully noted that Jacob did not lay hold of this visitor, but the visitor lay hold

of him. This is not a picture of a man coming to God, to wrestle with God in prayer, but a record

the spirit of stubbornness and self-sufficiency which a particular man

manifested. All night these two

wrestled, the one from heaven and

the one of earth; and when, at

the dawn of day, Jacob saw that he could not prevail against the man, in his exhaustion and weari-

ness, he suddenly felt the touch of the hand of the stranger on his

thigh. Immediately his thigh was out of joint, rendering him ab-

divine person, and, whereas early in the night he was held in the

grip of the other, now he refuses

to release his grasp of the visitor until he receives a blessing from

him, a blessing he did receive, in

and position, which God conferred

upon him, changing the name of Jacob, which means supplanter,

to Israel, which means, a prince

Russian Prisoners

with God.

of war.

when they came back to

SUNDAY SCHOOL LESSON

LESSON 35 JACOB SEEKS GOD'S HELP .-Genesis 31-33. PRINTED TEXT, Genesis 32:2-12,

GOLDEN TEXT-God is refuge and strength, A very present help in trouble. Psalm 46:1. THE LESSON IN ITS SETTING

Place.-Padan-aram, the home the upper Euphrates valley, possibly near Damascus: Peniel, thus somewhere on the banks of the Palestine in Gilead.

Crisis of Jacob's Life 2 "And Jacob said when he saw called the name of that place Ma nanaim. 3. And Jacob sent messengers before him to Esau his brother unto the land of Seir, the field of Edom. 4. And he commanded them, saying, Thus shall ye say unto my lord Esau: Thus saith thy servant Jacob, I have sojourned with Laban, and stayed until now: 5. and I have oxen, and asses, and flocks, and men-servants, and maid-servants: and l have sent to tell my lord, that I may find favor in thy sight. 8. And the messengers returned to Jacob, saying. We came to thy brother Esau, and moreover he cometh to meet thee, and four hundred men with him. 7. Then Jacob was greatly afraid and was distressed, and he divided the people that were with him, and the flocks, and the herds, and the camels, into two companies; &. and he said, if Esau come to the one company, and smite it, then the company which is left shall

As Jacob comes near to Edom, the country in which his brother Esau with his family was living, he cannot help but be troubled in remembering, though twenty years have elapsed since it occurred, his cheating of his brother Esau, and of killing the twin whom his mother loved. A sinful act has the power, after years, of rising up and confronting us in the most un expected and undesired time. Our evil deeds are easily forgotten and our imagination of the past re-tains only the good; but God and conscience keep in reserve the evil. Twenty years had passed since Jacob did the evil. It stood before him now, just as it stood when he fled from it twenty years before — only more formidable, grown in bulk and terror. It is vain to think that you can do evil

Prayer For Deliverance "And Jacob said, O God of my father Abraham, and God of saidst unto me, Return unto thy atry, and to thy kindred, and I will do thee good: 10. I am not worthy of the least of all the loving kindnesses, and of all the truth, which thou hast showed thy servant; for with my staff I passed over this Jordan; and now I am become two companies. 11. Deliver me, I pray thee, from the hand of my broth-I fear him, lest he come and smite me, the mother with the children. 12. And thou saidst, I will surely do thee good, and make thy seed as the sand of the sea, which cannot be numbered for multitude." Though Jacob sent messenger

Thanksgiving Day

Thanksgiving Day will be observed throughout Canada Monday, October 12, it was announced in a proclamation pub-lished last week in a special edition of the Canada Gazette.

10.000 Jap Forces In Aleutian Islands

Japanese forces in the Aleutian Islands area are estimated by Naval spokesman in Washingto to be about 10,000.

The three points now occupied by the Japanese are Kiska, Attu, and Agattu Islands. About 5,000 Japanese are ashore on these is lands and about 5,000 more are the surrounding waters on trans ports and naval vessels, the spokes

The Navy spokesman said not long ago that aerial reconnais sance so far had failed to disclose any enemy landings on the unde fended Pribilofs, 250 miles north

A move by the Japanese into the Pribilofs, reported for some time, not only would bring the enemy much closer to the Alaskai enemy much closer to the Alaxan mainland but would put them in a strategic position for a flanking attack on Dutch Harbor. Navy officials questioned, how-ever, whether the Pribilots could

be used for very extensive sea and air operations. The four rugged Bering Sea Islands-St. Paul St. George, Otter, and Walrus-have no harbors. Navigation en perts at the Navy Department said anchorage only when the wind is

blowing from the land. Several hundred inhabitants the two main islands, St. Paul and

To Draft Women

As Tire Watchers Home Security Minister Herbert Morrison announced plans cript British women from 20 to 45 years of age to serve as fire watchers, a job made more important by disclosure that German raiders are dropping a new type of phosphorous fire b

ison said incendiary bombs are "the greatest single menace of air attack," and that Britain was suffering from a serious shortage of men watchers.

He said he hoped to speed conscription of the women, who probably will start registering within The announcement came after

the Home Security Ministry warn-ed about incendiaries filled with hosphorous — a waxy substance which, if dry, bursts into flames

DEDUCTIONS FROM SALARY FOR INCOME TAX SHOWN.

The following table shows how much employers will deduct from Canadians' weekly pay cheques for income tax payments, starting with the first pay period in September.

Deductions for alternative savings like life insurance premiums and mortgage principal payments may be made from the Savings Portion (S.P.) of the Total Tax (T.T.) but in no case may the deductions be greater than the amount of the savings portion.

The deductions from the cheques of persons paid every two weeks will be double the amount of the corresponding weekly deduction. Those paid twice 2 month or monthly will have equivalent deductions.

WEEKLY PAYMENTS

	Single	Single	Married	Married 1	Mar	riel	Mar.	ried	Ма	4.	
Weekly	Dependents	Dependent	Dependents T.T. S.F.	Dependent T.T. S.P.	Depet T.T.	denta S.P.	Deper T.T.	S.F.	Depe	ndents.	
13.00-13.24	.07 .07	T.T. S.P.	1.1. 3								
13.25-13.49	.13 .13	.17 .17			4.5						
13.50-13.74	.28 .28	.17 .17									
13.75-13.99	.49 .48	.18 .18									
14.00-14.49	.71 .59 .92 .70	.19 .19 .20 .20	* ***								
14.50-14.99 15.00-15.49	1.07 .78	22 .22									
15.50-15.99	1.22 .87	.23 .23									
16.00-16.49	1.37 .95	.25 .25									
16.50-16.99	1.52 1.03	.26 .26 .28 .28									
17.00-17.49 17.50-17.99	1.67 1.12 1.82 1.20	.28 .28 .29 .29					-				
18.00-18.49	1.97 1.28	35 .35									
18.50-18.99	2.12 1.33	.50 .43									
19.00-19.49	2.27 1.37	.65 .52									
19.50-19.99 20.00-20.49	2.42 1.40 2.57 1.44	.80 .60 .96 .68									
20.50-20.49	2.72 1.48	1.10 .77									
21.00-21.49	2.87 1.51	1.25 .85									
21.50-21.99	3.02 1.55	1.40 .93									
22.00-22.49	3.17 1.58	1.55 1.01									
22.50-22.99 23.00-23.49	3.32 1.62 3.48 1.66	1.71 1.10 1.87 1.19	.11 .11	11. 11.	.14	.14			1		
23.50-23.99	3.33 1.69	1.72 1.28	.10 .10	.10 .10	.11	.11	.01	10.			
24.00-24.49	3.56 1.73	2.06 1.37	.21 .21	.29 .29	.26	.26	.03	.03			
24.50-24.99	3.65 1.76	2.03 1.46	.46 .46	.50 .50	.27	.27	.06	.06			
25.00-25.49	3.80 1.80 3.96 1.84	2.25 1.55 2.35 1.64	.90 .87 1.33 1.09	.53 .53	.30	.30	.07	07			
25.50-25.99 26.00-26.49	4.12 1.87	2.51 1.73	1.77 1.32	.54 .54	.31	.31	.09	.09			
26.50-26.99	4.27 1.91	2.66 1.82	2.03 1.46	.56 .56	.33	.33	.10	.10			
27.00-27.49	4.43 1.94	2.82 1.91	2.19 1.55	.58 .58 .75 .70	.34 .36	.34 .36	.12	.12 .13			
27.50-27.99	4.59 1.98	2.97 2.00	2.36 1.64 2.52 1.73	.75 .70 .91 .91	.37	.37	.15	.15		5	
28.00-28.49 28.50-28.99	4.74 2.02 4.90 2.05	3.14 2.10 3.29 2.18	2.68 1.82	1.07 .88	.39	.39	.16	.16			
29.00-29.49	5.06 2.09	3.44 2.27	2.85 1.91	1.24. 97	.40	.40	.18	.18			
29.50-29.99	5.21 2.12	3.60 2.36	3.01 2.00	1.40 1.06	.42	.42	.19	.19			
30.00-30.49	5.37 2.16	3.76 2.43	3.18 2.09	1.56 1.15 1.73 1.24	.43 .45	.43	.21 .22	.21			
30.50-30.99	5.52 2.20 5.67 2.23	3.91 2.47 4.07 2.51	3.34 2.18 3.50 2.27	1.89 1.33	.46	.16	.24		.01	.01	
31.00-31.49 31.50-31.99	5.84 2.27	4.23 2.55	3.66 2.36	2.05 1.42	.48	.48	.25	.25	.02		
32.00-32.49	6.00 2.30	4.40 2.59	3.83 2.45	2.22 1.51	.61	.58	.26	.26	.04	.04	
32.50-32.99	6.17 2.34	4.56 2.63	4.01 2.55	2.40 1.61 2.58 1.71	.79 .97	.68 .78	.28	.28	.05 .06	.05 .08	
33.00-33.49	6.52 2.28 6.52 2.41	4.74 2.67 4.91 2.71	4.10 2.65 4.37 2.75	2.76 1.81	1.15	.88	.31	.31	.08	.08	
33.50-33.99 34.00-34.49	6.70 2.45	5.08 2.75	4.55 2.84	2.94 1.91	1.33	.98	.32	.32	.10	.10	
34.50-34.99	6.87 2.48	5.26 2.79	4.74 . 2.94	3.13 2.01	1.51	1.07	.34	.34	.11	.11	
35.00-35.99	7.36 2.52	5.76 2.84	4.92 3.04	3.31 2.11 3.67 2.31	1.69 2.06	$\frac{1.17}{1.37}$.35	.35	.13	.18	
36.00-36.99	7.72 2.59 8.08 2.66	6.11 2.92 6.47 3.00	5.28 3.24 5.64 3.33	3.67 2.31 4.03 2.50	2.42	1.57	.81	.63	.19	.19	12
37.00-37.99 38.00-38.99	8.44 2.75	6.83 3.08	6.01 3.42	4.39 2.70	2.78	1.76	1.17	.83	.21	.21	
39.00-39.99	8.80 2.81	7.18 3.16	6.37 3.51	4.76 2.90	3.14	1.96	1.53	1.03	.24	.24	
40.00-40.99	9.15 2.83	7.55 3.24	6.74 3.60	5.12 3.10	3.51	2.16	1.80 2.26	1.23 1.43	.28	.28	
41.00-41.99	9.51 2.95 9.87 3.02	7.90 3.32 8.26 3.40	7.09 3.69 7.46 3.78	5.48 3.30 5.84 3.49	3.87 4.23	2.36 2.56	2.62	1.62	1.01	.69	
42.00-42.99 43.00-43.99	10.23 3.10	8.62 3.48	7.82 3.87	6.21 3.69	4.59	2.76	2.98	1.82	1.37	.89	
44.00-44.99	10.59 3.17	8.97 3.56	8.18 3.96	6.57 3.89	4.95	2.95	3.34	2.02	1.73	1.09	
45.00-45.99	10.95 3.24	9.34 3.64	8.55 4.05	6.93 4.09	5.32	3.15	3.71	2.22	2.10	1.28	
46.00-46.99	11.30 3.31	9.69 3.73	8.91 4.14 9.27 4.23	7.30 4.29 7.66 4.48	5.68 6.05	3.35 3.55	4.07 4.43	2.42	2.46 2.82	1.48	
47.00-47.99 48.00-48.99	11.66 3.38 12.02 3.46	10.05 3.81 10.41 3.89	9.63 4.32	8.02 4.68	6.41	3.75	4.80	2.81	3.18	1.88	
49.00-49.99	12.38 3.53	10.77 3.97	10.00 4.41	8.38 4.85	6.77	3.95	5.16	3.01	3.55	2.08	
50.00-52.49	12.74 3.60	11.13 4.05	10.36 4.50	8.75 4.95	7.13	4.14	5.52	3.21	3.91	2.27	
52.50-54.99	13.63 3.78	12.07 4.25	11.32 4.73	9.70 5.20 10.70 5.44	8.09 9.09	4.66 5.20	6.48 7.47	3.73 4.27	4.86 5.86	2.79 3.38	
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57.50-59.99 60.00-64.99	17.18 4.32	15.57 4.86	14.30 5.40	12.69 5.94	11.08	6.28	9.47	5.35	7.85	4.41	
65.00-69.99	19.20 4.68	17.59 5.26	16.29 5.85	14.68 6.43	13.07	7.02	11.46	6.43	9.85	5.49	
70.00-74.99	21.21 5.04	19.60 5.67	18.29 6.30	16.68 6.93	15.06	7.56	13.45	7.51	11.84	6.57	
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RADIO REPORTER



Inhumanly Treated DURBIN AND McCARTHY There's ONE fact we know for Prisoners of war in German ure - and that is. Charlie Mc now are guarded by cripples and old men and the camps are admin-istered by women, France Forever air-lanes Sunday, September 6th at 8.00 p.m. EDT. Whether, as in past years, Deanna Durbin wil said in a summary of information collected from liberated prisoners be the first guest of honor on the show, is as yet a moot point Something else we do know, and it's sensational news, is that Don Ameche will be Master of Cere-

Prisoners report that the in human treatment prevalent early in the war has settled into what monies! Don's great vocal per-sonality will, we feel, bring Mccallousness." said the organiza tion, United States centre of the Free French movement. Guards, Carthy's most brilliant season to the air. Ray Noble's music will even those elderly and crippled, were said to be threatened with be there too, and a great parade of famous guests. So mark down the date - Sunday, September being sent to the Russian front for lapses in interment discipline. 6th, for Charlie McCarthy — 8.00 p.m. — CKOC, and CBC net-Russians, most of them civilians, were said to be the greates sufferers in German camps. Liberated prisoners said the interned The new voice being heard Trans-Canada these days on the Russians aged from 18 to 65 were

early afternoon CBC network at 1.45, is that of Claire Wallace, brought across Germany in cattle cars opened only twice a week for hygienic purposes and to give the prisoners food. well - known Toronto woman whose news and radio features for women in the war-time Cana Among 2,800 who arrived alive dian home are very well known. With Claire Wallace in this new at one camp, France Forever said, the majority weighed from rational daily program series, is Todd Russell, well-known network singing star. All in all, Claire Wallace and her program "THEY TELL ME" is designed 90 to 100 pounds. In each car, holding 50 men. 30 arrived dead. In camp, they died at the rate of 50 a day for the first eight

for war-time listening, of particu lar help and interest to Canadian women. Give it a listen and benefit from and enjoy Claire Wal-

Another Monday through Fri-day quarter hour, dedicated to the Canadian war-time home, which has caught on like wildfire through the summer months, and which promises continued en-joyment and benefit, is the Warjoyment and benefit, is the waiter time Prices and Trade Board's morning show "SOLDIER'S WIFE," broadcast at 11.30 a.m. Telling the story of Carry Murdoch, a soldier's wife, and bring-ing into sharp focus the newest edicts and suggestions from the vital WPTB, "Soldier's Wife" rates high with Canadian listeners. Hear the show daily from your nearest CBC station. For peninsula listeners, CKOC and CBL carry the show!

The first week in Septemb brings back many favorites to the air-lanes — September first and the Happy Gang — September 4th and Penny's Diary — Sep tember 5th and Share the Wealth Sunday the 6th and McCarthy - and on the same day, CKOC in Hamilton, will usher in a nev with a banner line-up of top-flite local shows, to supplement the new National headliners, to give an outstanding schedule of well-balanced fall listening for all those who listen to 1150 or their radio dials!

Everyone working in radio station gets a bang out o the job they do — and particu-larly those who work on the air and produce and present programs for your enjoyment.
Around CKOC the other day, the whole staff was 'tickled pink' with a complete library of the famous ings which the station acquired. Also in the same lot were a full roster of songs by James Melton, Richard Crooks, John Charles Thomas and Lawrence Tibbett YOU, the listener, will share in the enjoyment of this top-flite music, when you are in tune with CKOC!

up and becomes brittle. Use of rubber keeps it lively and so it is with tires. They will actually be as valuable regardless of the under 15, are running a hotel in Cornwall, England. They call it Total War Seacroft Hotel and head of the staff is 14-year-old use they may receive when they finally reach the reclaiming plant,

SOLDIER OF TODAY

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have the true "Graham" flavor that makes you reach for another—and another. In the store or on the 'phone, always ask for

Christies Graham Wafers

SERIAL STORY

SPORTING BLOOD

BY HARRY HARRISON KROLL

THE STORY: Strickland Ballard pompous, paternal patent modicine king, has politely stoler a prize horse and a new strain of orn from young Hunter Dent, hi farm manager. Hunter bets his ment year's salary that before the ployer will restore his horse and the bet before Ballard's daughter, Bella. Late that night Hunter finds Ballard's dissipated son, Junior, lying on the floor of his room. Beside him is a satchel containing \$17,000.

CHAPTER II

BALLARD BITTERS, FOR EX-CESS ACID STOMACH, OVER-INDULGENCE, LIQUID, POW-

HUNTER DENT dazedy counted the sum of money again, and replaced the large denomination in the leather bag. A goldlea monogram, almost obliterated b use, was of the First National Bank, Middleton. The Ballard Laboratories had their account in this bank. It was possible the money was Mr. Ballard's Hunter went and looked down as the boy. He was breathing with a gargling noise and seemed dead drunk. Pain tugged at Hunter. It was no new thing. He had looked after Junior before when he was drunk; he had tided him through a couple of tight spots from gaming; he had tried to get the boy to behave. Hunter had an affection for Junior. They had been pretty close these years, that is until lately. Something seemed to be coming between them, and

"Poor brat. Well, this is the fruits of too much paternal indulgence. I'd better get him to his room and to bed."

First, however, he must safe guard the money. He put it in the new steel safe, the combination to which only Hunter knew, as the safe was recently installed and Mr. Ballard had not got around to checking on the installation. Hunter then hoisted the limp young man across his powerful shoulders and carried him into the night. The party seemed to have broken, Hunter knew his way about. He toted Junior to his room and without taking off clothes put him on the bed and came away.

He made a round of the house. Odd about the party's breaking up. Usually these things lasted serted as a tomb. He searched for Junior's car, a powerful, costly roadster, but it was not in the "Funny," Hunter commented i

fafers

his mind. He ascended the outside stairs to the office, which was housed in the large upstairs over the modern garage. Before going in he took 2 look down toward the large barns. He could see the huge sign on the roof- of the

DER, TABLET FORM.

The thought that struck Hunte made his pulse bound. Junior Ballard in all likelihood was so intoxicated that he would reme per nothing of his coming to the office, of Hunter's carrying his bed, perhaps not even how or

where he had got the money!
"All I would need to do," Hun er thought, "would be to keep the oney in the safe. Junior will almost certainly get into trouble over it. Just before he has to go to jail, or the hot seat. I can hav my innings with his daddy. Ballard will do anything for the boy. I've got him with his tail in the fence-crack, and all I need to do is let the fence drop smack-dab down on him!"

Maybe it was a little shabby. But when you have just yielded up the fruits of some years of your own life because of an un-derhold, and you manage in turn to grab yourself an underhole ven stronger, is that a moment in which to weaken. Hunte stiffened his spine and went in, going to bed so as to catch some ore sleep before he rose early

in the morning. He did not sleep very well. H waked before sunrise, according to his habit. He went down to the barns. There he set the colored boys to feeding the horses and getting the milking done. Sunwas gathering on the hills and valleys and river when he was through with the morning

The colts were frolicking in the woods pasture. The cornlands were brown-green and the blobs



SO CRISP THEY C-R-A-C-K-L-E IN CREAM

of color were alfalfa. The long sweep of the river, buttressed by limestone cliffs, with the sunrise sparkling on the water, was like a sequence in a technicolor proa sequence in a technicolor pro-duction. Strickland Ballard liked to spend his money for such ef-

"Top of the morning?" called a cheerful contraits voice from the bottom step as Hunter came around the corner of the office. "Hulo, Red," Hunter said, eye-"Hulo, Red," Hunter said, eyeing her with disapproval. Bella
Ballard wore a bright peasant
dress, a milkmaid's dress. If she
had ever milked a cow he had
not seen her. But for her father's
registered herds she might have
supposed milk grew in bottles and
was plucked from trees. Her gay
mindy on a working my's ever parody on a working-girl's cos-tume somehow outraged the young manager. She was just a little too lovely. Her lips were just a bit too kissable. She hadn't any right to be so dammed attractive. It would have been different if she still followed him around as she did as a teen-kid. Now she was grown up. She would be married at Christmas to Oliver Tisdale. The Tisdale half-million came

out of the Ballard interests.

Josiah Tisdale had put his last
hundred dollars in Strick Ballard's hundred dollars in Strick Ballard's bitter business. Time passed. Bit-ters boomed. Tisdale was rich too. Now young Tisdale was mar-rying the Ballard girl. That tend-ed to keep the big medicine busines in the family. But it reject-ed the pale little dream Hunter might have had of loving this red-head with any hope of getting return coin in kind.

True, all this was poor excuse for his contrary venom. "What are you doing here Clear out." he told her. He supposed this was jealousy. But she got on his

merves.

"Early rising makes you so sweet-tempered, Hunter, I decided I'd take it up."

"Yeah? What happeed to the party last night?" She shrugged, "Everybody seemed to go home before it broke

"What's that you've got?" "The morning paper. It comes by the dawn cream truck. Since you seem to be illiterate I'd better read you the news which has crowded the war news off the front page." She shook the paper

"That's interesting" Hunter grunted. "Yes, it is. A bank messenger was shot last night and seveentee

Hunter grabbed the paper, read furiously, hitting the high spots. The slugged bank messenger was near death. Unconscious, and the police had been unable to ques-tion him. Identity of assailants unknown. The supposition was that a payroll, or secret movement of money in curency, had cleared through the First National or hort notice, but bank authoritie had not been contacted at the time of going to press. The job had all the earmarks of an inside

Hunter looked up. Red was watching him, and he was sorry he had betrayed his nervousness. He laughed, trying to be casual "Those things happen. Breaks the monotony of war."
"Wouldn't you say it was rather mysterious, Hunter?"

"Why, yes, I suppose all such things are basically mysterious."
"You know, Hunter, mysteries
always charm and challenge me." "Really!" He eyed her.
She clasped her knees with her clasped hands, looked dreamy.

"I'd like to lay you a wager, "No, no!" he cried. "No more betting for Hunter Dent, no sir! You are now gazing upon The Man Who Learned Life's Lessons

"I'll wager you that if I had a clew I could solve this deep dark "That's all a sleuth needs."

"Let me ask you something." "Go ahead." "Did Junior come to your room last night at any time?"
"Good lands!" Hunter said
crossly. "Why should I always be keeping up with your brother? Your Daddy had better be doing

it-or you.' "I need a clew. You wagered. Lay your money on the barrel-head. Was Junior here?" Hunter grew bold. He was anhunter grew bold. He was an-noyed, guilty, and still vaguely angry at her for looking so much like a milkmaid in a peasant dress, and so kissable. Well, what if she was going to be married? There was still something of the There was still something of the trusting little girl about her.

"This is your idea, remember Red," he reminded her. Her eyes were half closed and peculiar. "I remember." "For a big kiss now, and a big hug and kiss later-I take mine on the installment plan-I'll give you the clew. I'll pose with you when your picture appears in the paper as the one who solved the crime. Take it or leave it."

"I'll take you." She held up her lips. Hunter kissed her.

(To Be Continued)

TABLE TALKS

Substitutes For Meat

As a patriotic duty we asked to eat less meat—for finan-cial reasons many will find this necessary. No harm will come to anyone if those who prepare the meals are careful to substitute protein. It is the proper balance of protein in our diet that counts, not how much meat we eat or do not eat. Protein foods, as you know

are meat, eggs, peas, beaus and cheese. Gelatine contains a little protein, as also does milk. Here are a few recipes which might help.

Casserole of Vegetables

Make alternate layers in a cas-serole of half a dozen thinly sliced raw potatoes, a small turnip, cut in cubes, half a pint of tinned peas and the same of tinned tomatoes, a sliced onion and two ounces of washed and uncooked rice; season as you go with salt, pepper and powdered allspice. Pour in a quart of good vegetable stock, and cook with a lid on in a slow oven until the rice s done, about 3 hours.

Carrot Pie Cook 4 large carrots or their equivalent into small ones and while they are still hot cut them in slices and put in a greased piedish. Bring a pint of milk to the boil; stir into it a cup of bread crumbs seasoned with pepper and salt and 4 ounces of grated egg. Pour this over the carrots and brown in a moderate oven. Mould of Spinach

Sieve a pound of cooked spin-ach and whip into a pint of lime or lemon jelly (prepared with jelly powder). Turn into a round buttered mould, putting a tumbler down the middle. When the spinneh is set, take out the tumb ler, which will be easy to do if you pour a little hot water into it. Fill up the space with chopped hard boiled egg mixed with salad dressing and seasoned with a little onion and celery. Turn out when set and garnish with ring

of hard boiled egg. Cheese Tart Line a small pie tin with rich crust and bake. When it is cold prepare the following: One-half pound of grated cheese, two well beaten egg yolks and three-quar-

ters pint of cream or very rich Season with salt, peppe and a touch of cayenne. Bake in oven for a quarter of an hour The top will be a beautiful gold and the inside delicious. Cucumber Fritters Peel the cucumbers (large

ones) and cut in one inch lengths Remove the centre part. an blanch the pieces in salted water Drain them well, and when they are cold stuff with a savoury stuffing, seasoned breadcrumbs or cheese creamed. Dip the rounds in egg and then in bread crumbs and fry in clarified butter. Serve with fried parsley garnish.

Miss Chambers welcomes personal letters from Interested renders. She is pleased to receive suggestions on topics for her column, and is we ready to listen to your spet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 Wost Adelnide Street, Toronto." Send stamped self-addressed envelope if you wish a realz.

Tips For Care Of

Rugs And Carpets When dirt is imbedded in rugs

they wear out very quickly. Here are tips that will help those rugs and carpets last. Rather than going over a rug with the vacuum cleaner once a week for a long period, it is better to week for a shorter time.

be beaten; small scatter rugs shouldn't even be shaken. In doing this the fibres in the back of the rugs are broken.

rugs as soon as they are made. Rather than washing or shampoo-ing a valuable rug, it should be sent to a reliable rug cleaning ex-pert who knows how to give it the proper attention.
Rugs should never be laid on a

rough uneven surface as it will cause them to wear out very quickly. A pad, or even newspapers, placed under a rug will lengthen its life.

Moving In Britain Has Its Problems

Finding a new home is only one of the werries for a housewif who has to change residence Britain during wartime.

Once the new home is found there's the business of curtains for the windows. It will probabl cost more clothing coupons to get new curtains than the housewit has to keep herself clad all year. Then comes the question of car-pets in case, as is likely, the old ones won't fit the new house. Prices are sky high for carpeting. So to buy new ones is out of the question and cutting up of

No Coupons Needed for



TEA and coffee rationing does not apply to Postum. No coupons are needed to buy this grand mealtime beverage.

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A delicious beverage with a robust, inviting flavor. Postum is quick and easy to make, and economical to use. SAFE for the whole family-contains no caffein or tannin, nothing to upset nerves or stomach.



but serviceable rugs is considered

The Hostess' Pride

by Laura Wheeler

shower gift? Then get out your

graceful leaf design doilies given

mire them! Pattern 413 contains

lustrations of them and stitches;

materials required; photo of

Send twenty cents in coins

(stamps cannot be accepted) for this pattern to Wilson Needle-

craft Dept., Room 421, 73 Ade-laide St. West, Toronto. Write

plainly pattern number, your name and address,

directions for making doilies; il-

Looking for an especially levely

ness any more.

Britain To Allot All Tea Supplies Refrigerators and stoves adto the worry. You just can't buy them though they can be The British Food Ministry plans to acquire all available tea sup-plies and make distribution to Emrented. But if all these difficulties are overcome there's still one more left—the actual mov-ing. A "rush" job is one that is pire countries in proportion to their requirements, it was announced recently by H. B. McKinnon, done in six weeks. Most mover: just aren't in the moving busi

president of the Commodity Prices Stabilization Corporation. Before the war Canada import ed an average of 42,000,000 pounds of tea annually from Ceylon, India, the Netherlands East Indies, China, Formesa and Japan, At present Canada's only sources of supply are Ceylon and India, which in normal times provided 70 per cent. of the world's teaand both of these countries not

West Will Harvest Double Size Crop

Farmers of the Prairie Provinces will this year narvest a crop of 550,000,000 bushels—twice as large as last year-the Winnipeg Free Press said last week in its

fourth crop report of 1942.

Harvesting of some Manitoba but average dates for beginning wheat harvesting will begin Aug ust 13 in Manitoba, August 20 Saskatchewan and August 20 in Alberta. The newspaper estimates yields will be high, in Manitoba 27 bushels, Saskat chewan 26 and Alberta 28 bushels

Only a few points describe oats and barley prospects as other than "good."

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For the session 1942-43 th following course is offered: A three-year Diploma course includes a general training in nursing and special prepara-tion for public health nursing Note: In this course prepara

tion is given for Nu. Registration. Scholarships and loans are no available For further information ac

The Secretary. School of Nursing, Uniersity of Toronto.

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