

Supreme in Quality "SALADA" TEA



CHAPTER 53

Anne thought, swiftly, furiously, trying to fit into a pattern the happenings of the hill trip that had not seemed reasonable to her. Moseley's strange talk at the deserted cabin . . . her sense of its unreality . . . the unexpected tapping of the woodpecker and her guide's haste to be off . . . the apparent lack of purpose in the ride from that time. If she only had the key to what it meant! Were Jim's friends right—that she had been taken to break his will and force him to surrender the letters? But he had not seen her any more than she had seen him. No, but he might have been in the cabin, a prisoner and heard the talk between her and Moseley.

"Is there such a bird as a New Mexico woodpecker?" she asked quickly.

"I don't know. I never heard of it. Why?"

The missing bits of the jigsaw puzzle began to slip into place. Jim must have done the tapping. He had been trying to let her know he was there. Perhaps he was gagged. She had been taken to the deserted ranch to let her friend know she was in the power of Moseley, but of course his enemies had not let her see him so that she could not later testify against them. It was one of Russell Moseley's smooth tricks to make Jim turn over to him the Gandara letters. And Jim would do it, on condition that they would send her home safe. After that, when they had the letters, his life would not be worth a Mexican peso. There was no time to be lost. She must get help to him at once.

Anne turned tear-filled eyes on her hostess. "Where is Raleigh?" she asked.

"I don't know exactly," Henrietta answered. "There was some trouble and he was called away. A soldier came to get him."

As if Anne's question had been his clue, Raleigh Window walked into the house. "Hello!" he cried, surprised to see them up. "Why aren't you girls in bed trying to get some of that beauty sleep?"

"Listen, Raleigh," his wife cried. "His enemies have got Jim Silcott. She was up in the hills with that awful man Moseley. I mean Anne. And Jim's friends were here. They think so too, on account of the necktie. Do something about it quick!"

Window held up a protesting hand. "Wait a minute, Honey. I don't understand any of this. Let Anne tell it, please."

Duel in the Dark

Anne told the story of her ride into the hills with Moseley briefly, swiftly. Just back from the hospital, Lieut. Window told just as compactly the tale of his own past few hours.

"Moseley must have had a busy night," he said. "Jim advised me to guard the postoffice. With the Colonel's consent, I did that. It was attacked. We drove off the outlaws and wounded one, a Mexican. He was taken to the hospital and the wound dressed. While we were trying to get from the man the names of his accomplices, he was killed before our eyes, shot by a rifle through the window. The assassin had a horse stationed in the brush about a hundred yards from the hospital. Before he reached his horse he was killed, not by one of our men. Who shot him we don't know, though we heard horses galloping away. The mount

Defeat

For every pathetic American, Hans Habe writes in The American Mercury, there is an European or Asiatic in the hell of defeat as a warning. For every American woman who believes that "life goes on as usual", there is an European mother, sister or lover who has no more tears to weep.

Americans have no excuse for not knowing. The plague of defeat is spread under their eyes. They have no excuse for the delusion that defeat is a national catastrophe. It is a personal catastrophe.

When it strikes, you cannot speak as before, nor listen to what you would like to hear. You can neither write nor read except what the slaveholder commands or trade as was your lifelong wont. You dare not choose the profession or the place of residence or ideas which suit you best. You must educate your children according to alien precepts. Your most cherished traditions, your heroes and stirring childhood songs are revised and humiliated. You may no longer eat, drink or breathe like a free human being.

And this is defeat!

Eggs keep fresh longer if they are stood with the smaller ends down.

Canadians' Diet Gravely Deficient

Adequate Food Can Speed Up Canada's War Effort

There are grave deficiencies in the normal diet of most Canadians, Miss Nesta Hinton and Mrs. Allen Stevenson of Toronto said at a meeting of the wartime economy nutrition classes at Kitchener, sponsored by the Red Cross Society, the first of the new nutrition services sponsored by the government.

Miss Hinton is field supervisor of the nutrition services, Department of Pensions and National Health, and Mrs. Allen Stevenson, superintendent of nutrition of the Ontario branch of the Red Cross Society.

Canada loses \$75,000 a day. Every day 50,000 wage earners are idle because of illness due to poor nutrition. Illness slows up the production of munitions, guns and tanks. Forty per cent of the men in Canada who volunteered for military service were rejected because of physical defects, the great majority of which could be traced to poor nutrition. The Nazis take the study of nutrition seriously, it was stated.

Lack Vitamin B. These far-reaching effects of faulty nutrition can not be ignored, declared Miss Hinton, who told of surveys in Edmonton, Toronto, Quebec and Halifax of citizens in the \$1,500 a year bracket. The results showed that diets lacked vitamin B, the morale building vitamin to be found in rolled oats, whole wheat breads and cereals, fruits and vegetables; vitamin C, found in orange and tomato juices; vitamin A, which improves sight at night, essential to fliers or night drivers. Calcium obtained from milk and iron from meat and vegetables were also lacking. A survey of the higher income brackets, rather than showing more nutritious diets, revealed the same deficiencies and lack of nutrition.

By feeding Canadians adequately Mrs. Stevenson asserted, Canada can speed up war effort and eliminate loss of money and time. She lamented the lack of training in proper food preparation given young girls. Experimentation in England revealed that when a nutritious diet was given for six months to a group of 874 men rejected for military service, 55 per cent of them were so improved at the end of the six months as to be eligible for the army.

Some Nylon Money Is In Circulation

United States treasury officials disclosed that currency printed on paper containing nylon instead of silk was put into test circulation a few days ago but no one seems to have spotted it.

The first batch of the 100 per cent homemade brand of American money was distributed by the Philadelphia Reserve Bank as a test to determine whether it wore as well as the old kind.

General circulation of the new brand, however, must wait until the stock of silk-threaded paper is used up.

Secret Service agents doubt whether anything but a chemical analysis would show the difference between the new and the old.

White Feather

Now that members of the White Feather brigade are active again, the following story is, I think, well worth relating, says a writer in The London Sunday Chronicle.

During the last war, a relative of mine, at the time still in civvies, was handed a white feather by a woman whom he knew slightly.

He looked at her hard and then said:

"You are married, I believe."

"Yes," she replied.

"Have you been married long?"

"Yes, several years."

"Have you any children?"

"No."

Without further comment, my relative handed back the white feather!

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GENERAL MACARTHUR AND HIS AIDE



This is the first original photograph of Douglas MacArthur to come to U.S. from Australia, shows Gen. MacArthur (left) and Lt. George Brett (right) Deputy Supreme Commander of the Allied Forces, on arrival in Melbourne, Australia.

Many Old Notions Shattered By War

Government Not Confined to the Educated or the Great

Out in India an English Socialist lawyer and a little bow-legged Indian dressed in a loincloth sit down to make decisions that may alter the destiny of an empire, perhaps of the world, says The Ottawa Journal. What a leveller of old notions is war!

Most of us used to imagine that government belonged to the few, to the educated and great, to men who had been schooled in tradition. Today we see it in the hands of people who have been thrown up from nowhere. An Austrian paperhanger rules the continent of Europe, threatens the whole world. A fourth-rate underworld journalist holds sway over 70,000,000 Italians. A Russian who was a fugitive in the days of the Czars is one of the mightiest figures in a struggle for world freedom. A man who, five years ago, got out a catalogue for a Chicago mail-order house, is the supreme dictator of United States war production.

And so all down the line. Everywhere proof that human brains, human greatness, or even capacity for great human evil, have little to do with any class or race or particular tradition. Everywhere proof, too, that the assumption of racial superiority is as foolish as it is dangerous. If that proof is not enough for us; if we cannot learn from a Stalin and the demonstrated greatness of Russia, or from the greatness of a Chiang Kai-shek and the patient glory of China; then we are incapable of learning.

400,000 Canadians On Active Service

Canada Had Over 400,000 Men Overseas in World War

Canada's armed forces of the land, sea and air are approaching the maximum strength attained in the last year of the First Great War.

Something more than 400,000 men now are believed to be on active service in Canada and overseas which compares with a force of more than 450,000 in the Canadian Army at Nov. 1, 1918. That figure, considered about the peak for the last war, included 418,000 overseas and 27,422 in training or on other duties in Canada.

Exact figures for the present strength of the forces are not released by the authorities, but the latest official statement, in February, reported more than 28,000 in the navy, more than 265,000 voluntarily enlisted in the army, more than 16,000 conscripted for home defence and on active service for the duration of the war in the army, and more than 100,000 in the air force, a total of more than 409,000. Enlistments have been proceeding since then.

Enlistments. As in the First Great War, the total is made up both of volunteers and men called up compulsorily, but the compulsory system this time is quite different from that used in the last war. So far, men now are compelled only to serve on home defence duties, whereas in the last war when a man was called he was liable to serve anywhere.

Canada's total enlistments in the First Great War were 619,636 and of these 424,589 served overseas. The corresponding figure for the present war is not available, but it is somewhere above 450,000 allowing for casualties and discharges to date.

There is some uncertainty about the total number actually drafted into the forces under conscription in 1917-18, but a recent return to the House of Commons placed it at 124,588, of whom a certain number were on harvest or other leave and never actually entered train-

Women In Britain Give Up Hairpins

Women in Britain are going without hairpins and hairgrips so that the mild steel from which they are made can be turned into barbed wire as a defence against the invader.

At present their ration is one fifth of the peace-time hairpin allowance of many millions a month. But hairpins are in even shorter supply; the number now being produced each month is only one twentieth of the quantity used before the war. The reason is that supplies of the mild steel for hairpins, commonly known as "iron wire," are rather more plentiful than the hardened, tempered steel wire for grips.

Apart from material, labor supply limits the output severely.

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TABLE TALKS

By SADIE B. CHAMBERS

Spring Vegetables

ONIONS AS A SAVOURY DISH. Fresh or cooked, mild or strong, onions all have a place. They can be prepared without creating tears or leaving an odor on the hands.

Do you know your onions? Slang expression as that may seem to be, it is one all homemakers would do well to think over for the onion family is a large and varied one. There are those that are so mild that they scarcely rise above a whisper, and some so strong that they seem to take the top right off one's head. Whenever onions are mentioned immediately the recipes do not meet the approval of all.

I just had a letter enquiring if this reader of our column could use "garlic" as a substitute. To this we would make the reply: garlic, chives and leeks all are members of the same general scioning family, but they should not be used interchangeably. It is well to know what purpose you wish to satisfy when you make your selection.

For eating raw, we generally use the early spring onions or the mild sweet Bermuda onion. The yellow skinned onion or the red skinned are usually quite strong. When boiling if you do not wish the strong choose the milder; it is better than boiling in two or three waters, where you may be losing some of the vitamins in the pouring.

Cream of Onion Soup
4 medium onions
1 1/2 cups water
2 cups medium white sauce
Cheese

Cook onions, sliced, in the water until tender. Rub through a sieve and add to white sauce. Pour into soup dishes and sprinkle with cheese (grated).

Deviiled Onions
6 large onions
3 hard cooked eggs
1/2 teaspoon salt
1/2 teaspoon mustard

1 1/2 tablespoons chopped parsley
1/2 cup medium thick white sauce
1 Battered crumbs

Boil the onions until tender and chop fine. Add the mashed egg yolks, finely chopped whites, salt, mustard, parsley and white sauce.

Turn into greased ramekins and sprinkle with buttered crumbs. Brown under medium broiler or bake a few minutes until brown in medium oven.

Peanut Butter and Onion Sandwiches
1 cup peanut butter
1/2 cup mayonnaise
Bermuda onion

Beat peanut butter and mayonnaise together and spread on lightly buttered whole wheat bread. Slice onion very thin and put a layer over peanut butter before adding second slice of bread.

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is ready to listen to your "peepers." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers," West Adelaide Street, Toronto. Send stamped self-addressed envelope if you wish a reply.

Empire Trainmen For Middle East

15,000 Peacetime Railwaymen Now Work For The Army

Vital movement of troops and equipment for Britain's armies in the Middle East, as well as supplies for a civil population of 50,000,000 people, are being largely handled by 15,000 men who in peacetime work on the railways and docks of Britain, Australia, New Zealand, South Africa and India.

Formed into companies of the Royal Engineers, New Zealand, Australian, South African and Indian Engineers, these men carry on in the Army the work of engine drivers, platelayers or stevedores, just as they did at home. Operating companies, consisting of engine drivers, firemen, signalmen (called "blockmen" in the Army), brakemen, shunters, boiler-makers and fitters, guards and stationmasters, each have about 100 miles of line to work, some of it—like that on the Trans-Indian railway—over mountain ranges in wild, inhospitable country. Much of their rolling stock has been service on the railways of the United Kingdom, and more than 100 locomotives and some 1,500 wagons have been sent to Iran alone since last September.

Built From Scratch. Where a railway has to be built from scratch, a construction company and a survey company are called in to erect depots and lay tracks. Platelayers and other men from the railways make up a company of about 300, who, with the assistance of large gangs of native labor, can construct up to a mile of track a day. In this way over 1,000 miles of track have been laid in the Middle East on strategic main lines and in sidings since the outbreak of war. Ports throughout the Middle East are manned by dock companies, consisting of stevedores, checkers and crane drivers from British ports, all experts in their jobs.

Before going out to their jobs, the British Army's railwaymen are given a course of training at an Army railway school, and a film will shortly be seen in overseas countries showing them at work there.

Clemenceau Knew German Character

Prediction Made Twenty-Five Years Ago Has Come True

About twenty-five years ago, the world was singing the praises of Clemenceau, the "tiger" of France. That doughty old statesman was leading his country in the last World War, with a vigor and determination that reflected the true French spirit in a time of grave crisis. In more recent years, the ferocious tigers of France seem to have been replaced by playful kittens; although there is still hope that there will yet arise in that country leadership that will sustain the traditions established by some of her great men of the past.

Clemenceau was a man of clear vision and undoubted courage. He knew the German people, and he knew how to deal with them, as instanced by a prophecy which he made before he died, and which is recalled in a book, "Here I Am", by S. J. Woolf, the illustrator-author, as follows:

"The Germans cannot be trusted. They are always the same, and always will be. They will always have someone at their head who will lead them astray, for they must be led. That is their nature. Ten years ago it was the Kaiser; ten years from now it will be someone else. Even if as a race they are all right, which I do not believe, then the rest of the world must unite in saving them from the men they select as their leaders."

"The Versailles Treaty is endeavoring to do that. If it fails, it will do so for one of two reasons; either it was not severe enough, or else the rest of the world will relax and not continue to impose its regulations. I am too old to see the fulfillment of my prophecy. I do not know if you will, but I know what I am saying will come to pass."

Clemenceau was right. His prediction has come to pass. It is worth recalling in its entirety when the time comes to settle the books in this war; and when Germany is eventually called to account for the misery she has thrust upon the world.

Ban On Travel Is Given Denial

Thomas C. Lockwood, Dominion transport controller, in an interview recently said reports that restrictions on railway passenger traffic were imminent were "absolutely without confirmation." The controller said railways had made no request to him that passenger travel be reduced and said he had no intimation that such a request was likely in the immediate future.

He said that reports about travel restrictions had been circulating in recent weeks.

Mr. Lockwood said that Canadian railways were in "an exceptionally good position to handle heavy war traffic." But he added that present conditions were continuing upon war developments.

He said that passenger travel need not be restricted until such time as freight movements were delayed because of shortage of equipment or lack of accommodation on rail lines.

Lifeboat Security

A plan for providing additional means of clinging to overturned lifeboats has been issued to every sea-going ship by the Ministry of War Transport in Britain. The arrangement consists of a number of grab lines passed under the bottom of the boat from gunwale to gunwale, knotted at intervals to form hand grips, and with loops at the keel for the support of the arm.

Aluminum

It has been estimated that warplanes on the average need about seven and one-half tons of aluminum. A big four-motor bomber may take over fifteen tons. In other words, 60,000 planes a year will require over 900,000,000 pounds of aluminum. Next year's announced objective is 125,000 planes.

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