

INDIANS SING FOR LONDON CHILDREN



These London children, orphaned by the blitz, are being entertained by two Cree Indians, A. B. Ward and Joe Dacome (with guitar) both serving with the Canadian Forces in England. The men sang hill-billy songs for the children, and gifts of clothing purchased with money subscribed by Indians living on the Old Crow Reserve, Northern Yukon, were presented by the Rt. Hon. Vincent Massey, Canada's High Commissioner in London.

Modern Etiquette

- K—Modern etiquette
- 1. Is it proper to send gifts to the mother of a new-born baby?
- 2. Is it all right for an overnight guest to ask the hostess for an extra blanket?
- 3. Is it necessary to write anything on the card that accompanies a wedding gift?
- 4. What is a good thing to remember when playing bridge?
- 5. When entertaining a house guest and an invitation is received to some social affair, is it permitted to ask the hostess for an invitation for the guest?
- 6. Is it correct to eat frozen puddings with a fork or with a spoon?

ANSWERS

- 1. Yes. Friends, as a rule nowadays, send flowers to the mother and perhaps some dainty apparel for the baby—such things as a lace cap, a little sweater, or a pair of boots. This is not absolutely necessary, but it is considered nice.
- 2. Yes. This should be done by all means if insufficient covering has been provided.
- 3. No. The card is sufficient, as good wishes and congratulations are offered at the reception.
- 4. The words of one famous bridge authority: "Not everyone can play a faultless game; but everyone is certainly capable of the highest degree of etiquette and courtesy—and these two things go far towards making up for any lack of skill."
- 5. Yes, provided the entertainment is general enough to make this acceptable to the hostess.
- 6. With a fork.

"Do The Mostest With The Leastest"

An American general, says The Vancouver Sun, once staked out for himself a permanent place in dictionaries of quotations by observing that the way to win wars was "git thar fustest with the mostest." Another way to look upon things during such trying times is "do the mostest with the leastest." And many Canadians are doing great and good things these days with very little—not great in the sense, possibly, of building tanks, piloting dive bombers or presenting a Spitfire to Russia. But they are doing something—something that is within reach. They are buying War Savings Certificates, consistently, every pay day.

"Under The Very Noses Of Japanese"

A party of Australian sailors and airmen, operating in commando fashion, stole into a Netherlands Indies port after it had been evacuated and removed valuable equipment and destroyed others before the Japanese arrived, according to the Sydney radio.

The radio said that the raid, presumably at a western port in Java, was carried out under the very noses of the Japanese.

"Valuable equipment had been left on the wharf," the account said, "when the port was evacuated. The enemy was only a few miles away, but corvettes were sent at full speed to get the equipment away."

"They landed airmen, armed with tommy guns, and naval ratings (enlisted men) watched the jungle paths. While the equipment was loaded, petrol was poured over lorries and cars and the munition dump was destroyed."

"On their way back to Australia, in the Sunda Straits (between the western tip of Java and Sumatra), the corvettes picked up more than two hundred survivors from torpedoed merchantmen."

Canadian Overseas Army Established

Formation of a Canadian First Army Headquarters in the United Kingdom was announced recently, and its commander, Lt.-Gen. A. G. L. McNaughton, declared it would provide a Canadian organization "competent to undertake the planning for eventual offensive operations on the Continent."

"It will keep the closest liaison with British organizations set up for similar purposes," Gen. McNaughton said in a statement from the new headquarters which was opened in Southern England.

He said formation of the First Canadian Army "is a clear recognition that the war can only be won by attack—aimed at the heart of Germany."

(A simultaneous Ottawa announcement on the setting up of headquarters for the largest-scale Army organization in Canada's military history said: "The establishment of the First Canadian Army overseas will create a thoroughly modern, self-contained and hard-hitting fighting force capable of operating in any theatre of war. It is particularly strong in armored fighting power.")

SKYLARKING TARS



Wherever a group of men are living together, in barracks, dormitories or aboard ship, there is at least one gay young buck who is addicted to practical jokes. Take a look at the good-natured group of lads in this photograph taken on the deck of a Royal Canadian Navy ship; any one of them might be the prankster.

Have You Heard?

The small daughter sat watching her mother making up her face, no doubt wondering what it was all about. When it came to the time for the application of the lipstick the small girl could contain herself no longer.

"What do you put all that on your face for, Mummy?" she asked.

"Mummy puts it on to make her look pretty," came the reply.

"Then why doesn't it?" asked the small girl innocently.

"What are seasoned troops?" asked the bright young thing on her first visit to an army camp. To which the new recruit replied: "Oh, they are mustered by the sergeant and peppered by the enemy."

The boxer who knew practically every trick in the game finally met his match. In the third round he found himself on his back, listening to the referee counting over him.

"One," roared the referee, "two, three, four, five, six, seven."

The fighter reached up and grabbed the referee's wrist.

"I'm a little hard of hearing," he interrupted. "Would you mind repeating that?"

Teacher: "Tommy, why is your composition on milk only half a page when I asked for two pages?"

Tommy: "Well, you see, I wrote about condensed milk."

The teacher was explaining the meaning of the word "recuperate" to young Tommy.

"When your father has been working hard all day, he is tired and worn out, isn't he?"

"Yes, miss."

"Then, when night comes and his work is over, what does he do?"

"That's what mother wants to know," Tommy replied.

Man: "Whatcha cryin' for?"

Boy: "I lost my nickel."

Man: "Where?"

Boy: "In Virginia."

Man: "How come?"

Boy: "She swallowed it."

Vichy Increases Plane Production

Gen. Jean Marie Bergeret, French Secretary of Aviation, has disclosed that the Vichy government has received "special permission," presumably from the Germans, to increase its air force and now has approximately 1,000 modern war planes, or more than France had at the beginning of the war.

The Free French press service asserted that France was scheduled to produce 6,000 planes in 1942 and that all but 1,000 were for Germany.

The remaining 1,000, it said, were for Vichy's armed forces.

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What Science Is Doing

Hungry people live longest—if they are not too hungry, Edwin Teale writes in Popular Science Monthly. A diet that contains all essentials in reduced quantities, the greatest aid to longevity. This is the conclusion of eight years of pioneer experiments with more than 2,500 white rats by Dr. Clive M. McCay, working under a grant of the Rockefeller Foundation at Cornell University.

White rats react to diet in the same manner as humans. Roughly ten days in the life of a rat is equal to one year in the life of a man. All the rats were fed a basal diet, but those receiving only half rations lived longest. The reduced diet slowed down bodily activities. There were fewer white corpses in the blood stream, and the animals' hearts beat only three hundred times a minute instead of the four hundred beats of the well-fed rat.

Living more slowly, saving energy, they lived longer. The Metabolism of the laboratory was an underfed rodent with a life span of 1,430 days—proportionately 143 years for a man.

To find if excess in one kind of food shortened life more than excess in other kinds, Dr. McCay fed one group of middle-age rats excess sugar, another starch, a third whole-milk powder, and a fourth liver. All four over-fed groups lived approximately the same length of time. All died much sooner than they would have if they had continued on short rations. Over eating, no matter what, works against a long life.

Dr. McCay could find no "longevity foods". Nor could he find that a high protein diet shortened the span of life. He thus sums up his findings: "Eat what you ought to eat first; then eat what you want to eat—but not too much of it."

FARYON GOES TO QUAKER OATS



REG. R. FARYON
Reg. R. Faryon, formerly president of Lord & Thomas of Canada Ltd., has been appointed vice-president and general manager for Canada of Quaker Oats Company. Canadian-born, Mr. Faryon has had long agency association with the company. For the past two years he has been with the parent agency in Chicago as vice-president.

Need 20,000 Pupils For Ontario Farms

Twenty thousand Ontario secondary school students will be needed to work on farms in the holiday season, A. McLaren, Farm Service Force Director, said recently.

Students from twelve years of age up are being registered for farm help, he said. Camps were being established for girls from sixteen to nineteen who will be paid a minimum of 22½ cents an hour for farm work and in such areas as the Niagara Peninsula where piece work prevails the minimum must come up to this hourly rate.

Boys would be paid \$20 for the first month they work if they are inexperienced and \$25 if they worked on farms last year. For the remainder of their employment, their salary will be settled between themselves and their employers, Mr. McLaren said.

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HOW CAN I?

- Q. How can I give a creamy appearance to chocolate frosting?
- A. Add a tablespoon of cornstarch or flour to each cup of sugar used in the chocolate cake frosting, which will give it a creamy, smooth appearance; nor will it crumble when the cake is cut.
- Q. How can I make a good supper dish that can be quickly prepared in an emergency?
- A. Slice cold boiled ham thick enough so that it will not break apart when handled. Spread mustard on each piece and then place in it a tablespoon of baked beans. Roll and fasten with toothpicks, then bake for ten minutes in hot oven.
- Q. How can I make the carpet sweeper more efficient?
- A. When cleaning the carpet sweeper, remove the brush and after taking off all hair and lint, rub it well with a cloth wet in kerosene. Let the brush remain in the air until the odor has evaporated.
- Q. How can I dry bed clothing if water has been spilled on it when attending someone who is ill?
- A. It can be very quickly dried by slipping a hot water bag filled with very hot water between the covers over the wet spot.
- Q. How can I make it easy to find the electric light switch at night?
- A. Touch the electric light buttons with a little luminous paint, and they will easily be seen in the darkness.

Store Up Steam In Accumulators

British War Factories Have Saved Thousands of Tons of Fuel

Thousands of tons of fuel have been saved in Britain's war factories by storing steam in accumulators during air raids. Although factories do not shut down merely on getting the "alert," they have to do so when the roof spotters signal that the raiders are overhead.

But instead of the boilers blowing off their steam into the air when work stops, the steam is generated into the accumulators and stored, to be used when the raiders have passed.

More than a thousand of these accumulators have now been installed in iron and steel works, sugar refineries, breweries, dairies, dyeworks and laundries. All act on the same principle—the storage of energy during off-peak load periods, and the calling into action of this steam when production requires it.

In one sugar refinery the installation of a steam accumulator raised production by 12 per cent, and lowered coal consumption by about 7 per cent. In a dairy the time taken to produce condensed

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milk was reduced by 29 to 25 per cent, while in a brewery 16 per cent of the coal was saved. Output in a laundry was increased by 10 per cent after installing an accumulator, and the boiler efficiency of a dyeworks was improved from 66 to 74 per cent.

Britain has the largest steam accumulators in the world, their steel shells being 14 feet 9 inches in diameter by 52 feet long and weighing approximately 500 tons.

Nazis Mobilizing Airborne Troops

Signs Point To Preparations For Early Invasion of England

The German high command is preparing to "sacrifice 200,000 airborne troops in a spring smash against British power stations and gasoline dumps, a responsible London observer said recently.

"It will not be the sort of invasion the public has learned to expect," he added. "Hitler will see to that. He is still a smart fellow."

If such a force comparatively small for an invasion, were to damage vital centres such as power plants and gasoline depots this informant declared, the German high command would feel the investment in men, transport planes and gliders well worth while.

"To win this war, Hitler must stop British supplies from reaching Russia and get the hard-hitting British blitzes off his back," he continued. "The surest gamble for him now is an airborne invasion."

Information reaching London from the continent supported the air attack theory citing three reports:

1. Large numbers of troop-carrying gliders are being made in Netherlands factories.
2. The Paris plant of the Renault works which was recently

EVEN IF YOUR CORN IS AS TOUGH AS A TANK

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will knock it out, root and all

bombed by the R.A.F. is turning out gliders as well as tanks.

Poison gas is being manufactured extensively in German-occupied Belgium.

Many observers felt that Hitler probably would use gas.

U. S. Armed Forces Need More Doctors

The need for doctors, dentists, pharmacists and engineers is much greater than the supply, according to Harlow J. Heneman, director of the University of Michigan War Board.

The armed forces and war industries of the United States need 25,000 doctors, 10,000 dentists, 4,000 pharmacists and 100,000 engineers immediately, he said.

Only 5,100 doctors, 1,600 dentists, 1,500 pharmacists and between 13,000 and 16,000 engineers will graduate this year from American colleges and universities.

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