### Britain At War **Never More 'Fit**

Rationing and Shelter Lif Seem to Agree With Nation's

Medical experts are both de lighted and astonished that de spite more than two years of wat great improvement. Seither shelter life nor food res effect. On the contrary all the try ng conditions have resulted in

fitter nation.

A member of the Ministry Food advisory committee, Dr. C. Spence, says: The health the children under five in this

Never before have there bee less signs of malnutrition and it only we keep up the milk supply, the health of the younger children is assured, no matter how long the war lasts."

Evacuation of children from hitherto densely populated indus-trial areas and slums to the country has doubtless played a great part in achieving this improvement in the health of the children. but it is not entirely responsible. give their children simple, nourish-

The medical profession has a the same time a far wider knowledge of dietics than in the last

played a part. Children ate far too many sweetmeats in peace-time according to doctors, and ruined their appetite for nourishing food both school teachers and school medical officers have stated that physical. The children are more mentally alert, more easily satisfied and much happier than pre-war days.

HE'S BUNDLED FOR BRITAIN



Canada's Maj.-Gen. H. D. G Crerar shows what the smartl dressed man will wear on bomber flight across Atlantic

## Gets The Women

Hard and Official Methods Cannot Be Used In Mobi ization of Women

Replying to a complaint in the House of Commons that women were being called into war work too slowly. Labor Minister Ernes not even Germany, has tried what virtually compulsion of women as we have tried in this country. He announced he is starting a com te new survey of the country's labor resources.

He told the House Germany had been forced by a workers' "re volt" to abandon levelling wages and forced overtime, and added "They adpo tdetheuasu "They adonted the usual ruthless German methods and found ther

selves up against what is a very -working class psychology. "I would be stupid . . to ignore the possible repercussions of ta ing an unwise step." The entry of women into indus

try as a result of the gradual speeding up has been growing "until now we are interviewing 40,000 to 50,000 a month." Remarking that the mobilization of women would have broke a "hard offcial style." Mr. Bevin declared that "not only have I go women to industry almost up to the numbers required, but I have

cently warned that rat-bite fever brings on the dread rat fever.

## SUNDAY SCHOOL LESSON

LESSON 18 in and Its Consequences—Gen 3:1-24; Ps. 14:1-3; Jer. 17: 9-10; Mark 7:20-23; Rom. 1:18-32; 6:23; Gal. 6:7, 8; James 1:13-15;

1 John 1:5-2:: 6; Rev. 22:10-1: PRINTED TEXT-Gal. 6:7,8; GOLDEN TEXT-If we confess our sins, he is faithful and right eous to forgive us our sins, and THE LESSON IN ITS SETTING

Tme-The event recorded in the book of Genesis took place at the very beginning of human history, the time of which we do not know. The 14th Psalm was written by David and thus was penned som tme between 1945 and 1015 B.C. The passage taken from Jeremiah may be placed about 601 B.C. The words of our Lord were uttered in April, A.D. 29. The Epistle t the Romans was written in A.D. 60. The Epistle to the Galatians was written probably A.D. 58. The Epistle of James may have been written about the same time. The

First Epistle of John, and the Book of Revelation were written about A D. 95. Place-The fall of our first par-

ents took place in Paradise, though we do not know where this may have been located. The 14th Psalm may have been written near Jerusalem. The passage from Jer-emiah is to be related to the City of Jerusalem. The words of our Lord were spoken in Capernaum. The Epistle to the Romans was written from the City of Corinth, as well as the Epistle of the Galatians. The Epistle of JaJmes was written in Jerusalem. John probthe City of Ephesus. The visions f the Book of Revelations were given to John on the Island of

Law of the Harvest 7. "Be not deceived; God is no ocked: for whatsoever a man S For he that soweth unto his own flesh shall of the flesh reap corruption; but he that soweth unto the Spirit shall of the Spirit reap vest is true in the material world, and equally so in the moral and sown, such will be the harvest red. By the flesh here one should probably understand flesh indulgence, and the gratification of fleshly desires. That which man has saved, and that which he has gained, will turn to decay. A course moral nature and needs in destruc ording to the laws of the Spirit. A man who lives spiritually knows a termination for this life is over-

Men Deceive Themselves which we have heard from Hin and announce unto you, that God is light, and in Him is no darkness at all. 6. If we say that we have the darkness, we lie, and do no tell the truth. 7. But if we walk in the light, as He is in the light we have fellowship one with an other, and the blood of Jesus His Son cleanseth as from sin. 3. If we say that we have no sin, we deceive ourselves, and the truth is not in us." One can hardly conceive of any man saying he has no sin, and yet there are men that talk just like that. Christian man, so-called. The Apostle says these men have deceived themselves, i they really believe what they say. and the truth is not in them. Men

who say they have no sin do not Confession and Denial is faithful and righteous to forgive

from all unrighteousness." we confess sin, we acknowledge lar sin. God has told us that we have forgiveness of sins through the blood of the Lord Jesus Christ and, promising this, He is ever faithful to what He has said. when we confess sin, by forgiving and 10. "If \*re say that we have not inned, we make Him a liar, and His word is not in us." This is a repetition of verse 8, making

denial of the fact of sin to be doubly heinous, in that we thus make out God to be a liar, and reveal that His word is not Only One Life Satisfies things write I unto you that yo may not sin. And if any man sin we have an Advocate with the

Father, Jesus Christ the right eous." The word Advocate mea one called to another's side. t help in time of need. In an hou of sin, the Lord Jesus immediatel omes to our aid. 2. "And he is the propitiation for our sins: and not for ours only but also for the whole world. And hereby we know that we know Him, if we keep His command ments. He that saith. "I know him" and keepeth not his command ments, is a liar, and the truth is not in him; 5. but whoso keepeth

His word, in Him verily hath the love of God been perfected. Hereb Rat-Bite Fever we know that we are in Him: ( He that saith he abideth in Him The Canadian Health League reught himself also to walk even as He walketh." If we say that we abide in Christ, and derive of The league in a special message life from Him, that we know Him and love Him, then it ought cer ing to the point where they are walk as He walketh and should becoming a decided menace. It is live according to the command-ments of the Lord. The Christian



AIR CADETS OF CANADA

Members of the newly-formed Air Cadets of Canada take the same elementary flying course as their big brothers in the RCAF. Abave, Cadets Pierre Lebeau and Andre Jobin, of No. 2 Jean de Brebeuf Squadron, Montreal, study a scale model of the solar system.

da's 'teen-age boys are going to get them in the newly-organized Air Cadet League, which will train them in the preliminary program of the RCAF. The dream of a pilot's life won't come true-immediately. But the elementary training these boys will undergo will prepare them to be Canada's future pilots, navigators, observers, gunners, ground crews. For the league's set-up follows closely the senior air force

pattern of ranks, training and uni-form. It is, actually, a "junior air the Department of National De fence in Ottawa, the new organization is similar in scope to the British Air Cadet Defense Corps, which has a membership of 190,0 0. The Canadian Air Cadets expect

to have 25,000 boys enrolled for the new school year. Course Covers 216 Hours Canadian boys between 12 and 18 years of age are eligible for training. The basic course covers two years, a total of approximately 216 hours. Subjects covered include aircraft recognition, mans and man reading, a study of airplane engines and airplane construction drill, airplane armament, model building theroy of flight, signaling, first aid, knotting, mathema-

tics, physical training.
Advanced training, to include aerial navigation, aerial photogracadets who have passed this elementary training.

Boys join the air cadets on a voluntary basis, and parents must approve. Each boy is given a medireligion, making a perfect provis-ion for sin, is at the same time that which insists upon a life separated from sinful practices. After all, that is the only kind of life that

A NEW MOON

HAS JUST AS MUCH

EFFECT ON THE

TIDES

AS DOES A

FULL MOON

WE BIRD KNOWN AS

CHUCK-WILL'S-WIDOW

RESTING

LIES DOWN

COPR. 1938 BY NEA SERVICE, INC. 3-21

the moon must counteract the pull of the sun

POP—Passed Up

NEXT: The strange case of the bashful canary.

THE actual pull of the moon on the surface of the earth de-

pends on the varying distance at which the moon is to be found. But the results obtained depend on whether or not the moon is working in co-operation with the sun, or against it. A full moon

and a new moon have the sun's help, but during the quarter phase

SHOW ME

COLONEL

AT ONCE

YES,

Youth wants wings, And Cana- 1 cal examination, and only those physically fit to stand the training program are accepted. The organiation headquarters are at Ottawa, but local organizations will be in crarge of local school boards, service clubs and other responsib organizations which must provi adequate adult leaderhip and fi-

Minimum unit is a flight of 50 boy between 15 and 18 years of age, junior units being permitted boys from 12 years up if a senior is in existence.

As in the RCAF, the boys dress is an albatross with maple lea above and Air Cadets Canada be

at the shoulder, and rank badges

are similar to those of the air force, with cadets being able to climb to non-commissioned office anks. Cost of uniform is set at approximately \$15 per cadet. The Air Cadet League has come into existence as an answer to a request for training from airminded Canadian boys too young to join the air force. Private air cadet corps had previously been started in several cities. The pres ent organization is closely tied in with the air force, with a number of air force officers acting as liaison between the cadets and the air force, and inspections being made by air force officers Boys joining the air cadets do not automatically on attaining 18 years have to join the air force, but it is hoped that most will, and

-By James Montagnes, NEA

RATTLESNAKES

MORE THAN

HAVE BEEN

RECORDED

B

ITS RATHER

A LONG WAY, SIR

8 FEET LONG

cadet corps.

THIS CURIOUS WORLD By William Ferguson

Volunteers who have not been accepted for service in and beyond Canada in the Military Forces, will be issued, according to an announcement by Col. the Hon. J. L. Ralston, Minister of National Defence, with the "Application for Enlistment" badge, reproduced above. eproduced above.
The badge will be silver in ap months of air force training. The ed enamel.
Wearers of this badge have of once or twice weekly. In some fered their services to Navy, Army and Air Force and have ex-pressed their willingness to serve if medical requirements are schools the air cadets have been formed as a part of the school

R.C.A.F. Needs Radio Students

> Three Centres Now Open i Ontario For Training Men as Radio Meshanics

An appeal for a considerable

Red Cross Appeals

For More Blankets

Thousands of blankets, new o

Britain, and the people of Canad

are asked to "spare a blanket" to the Canadian Red Cross Society, which today has launched it's sec-

In the last campaign the Red Cross collected throughout Canada 138,137 blankets and 101,234 quilts.

to bombing victims, military ho

pitals, and for the benefit of dis

ressed merchant seamen. In such centres as Birmingham

Coventry, Plymouth and London thousands of Canadian blankets

and quilts were made a allable to the homeless within a few hours of the raids, due to the efficient

system of distribution planned by

the Canadian Red Cross overseas

According to advices from Bri-

tain the need for more blankets

and quilts is most urgent. But

or as "good as new."

Those unable to provide blank-

ets or quilts may aid the appeal by

should be sent to provincial or lo

al headquarters.
Contributors to the appeal ar

asked to get in touch with the

quarters for directions.

K. FOR · EN

provincial or local branch head

APPLICANT FOR ENLISTMENT BADGE

blanket.

organization in London.

ecessities for raid sufferers.

Spare and More

Bombed Victims in England

Need Every Blanket We Can

number of men between the ages of 18 and 45 years, to be trained s radio mechanics for R.C.A.F minion-Provincial War Emergency Training Program. Applicants must be British subjects who have suc cessfully completed their second year in high school or collegiate, and they must pass the R.C.A.F. Training centres have been escol, Toronto; Westdale Tech nical School, Hamilton, and Technical High School, Ottawa. At present there are 260 students unde going training for important duties overseas. The course is similar to that being conducted at a numbe Principal James Gillespie of Cen ral Technical School stated that a present there are about 130 sta-dents attending the course there. Men who desire to enter this branch of the R.C.A.F. should ap-

ply immediately to the Dominion-Provincial War Emergency Training Program, East Block, Parlia ence rates will be paid to students at the following rates: Students boarding away from home, \$9 a week: students boarding at home Australia's only camel mai

in Central Australia.

## RADIO REPORTER DIALING WITH DAVE:

OUR RADIO LOG



tation! Canadian boys are athletically

Here are three girls who have made a name for themselves in Canadian radio over a period of years. They are the Campbell Sisters who have sung on many starstudded C.B.C. feature shows. Right now they supply vocal highlights on "Blended Rhythm", heard Tuesdays at 8.30 p.m. E.D.S.T. from CKSO, CBO, CBL, CKOC and he National C.B.C. network. . . .

One of Canada's outstanding pro grams, dedicated to our war effort and the men and women who do their vital share, is told every Wednesday night at 10.30 on the network of the C.B.C. It's the program "They Fly For Freedom," and each broadcast gives you actuality pictures of some phase of the great Commonwealth Air-Training plan. with dramatic pictures of Canada's part in the fight for Air-Supremacy.

Kathleen "Tiny" O'Neil of Foonto won two dollars and a nalf recently on a "Name the Dog" con test on CKOC's Daybreak Serenade show. "Tiny" immediately forward ed her check to the office of the Mayor, Hamilton, and asked that it he contributed to the Lord Mayor's Fund! We kinda hope that the two-fifty will go to some little fell er 'over there' who might have lost his Scamp in a bombing raid. Oh yes-SCAMP was the winning

The sultry songstress of the southland Miss Dinah Shore (an Eddle Cantor 'find') has risen ray idly the steps to National stardon She's with Eddle in his "Time to Smile" program, NBC-RED Wednesday evenings at 10.00 p.m. E.D.S.T., and her many recor are often heard in smooth modern programs from your local radio . . . .

ninded—they want, if possible, to champs-to get tips from them, and eceive coaching in their choses sport-line. Real opportunities for sport-minded Canadian boys will e given through the Canadian Sports College of the Air, which will present it's first broadcast over CKOC on Thursday evening Oct. 30th at S.00 E.D.S.T. Details as to enrollment-what the Colleg offers etc., will be aired during the first broadcast.

THIS 'N' THAT

Listen to Fibber McGee and Molly's great show on the C.B.C. network Tuesdays at 10.30 D.S.T. Nice listenin' is the Sunday of CKOC feature at 12.45 D.S.T .- The Songs of Joe Petersen, famed English Boy Soprano. Canada Carrying On - The All

Star show, Wednesday's at 8.00 p.m. on the full C.B.C. notwork. The young in heart from six to sixty will enjoy the adventures of Speed Gibson, daily at 5.30 on CKOC-and "The Crimson Trail," daily at 7.30.

Record of the week-Shep Fields New Music playing Brahm's Hun

3 Lean-to.

32 Therefore

wax. 35 Demise. 37 Sandpiper. 38 Spectacles.

Old Kentucky 45 Africa (abbr.

Home," is one 46 Company

9 Playing card.

46 Tight grip. 10 Epochs. 41 Hymn.
47 He wrote —, 11 Inlet. 42 Self.
such as "Oh, 12 The song, "My 43 Brooch.

## BALLAD COMPOSER

Answer to Previous Puzzle 15 He was a native of \_\_\_\_\_. HORIZONTAL 1 Pictured song CIAINFILI 17 Fetid. 12 Intended 18 To entreat. 13 House top. 20 Lump of clay. 14 Operatic melody. 21 Enthusiasm. tools. 17 Hideous 25 Principal. 26 To pause. monster. 18 Flat-bottomed 27 Reticent 28 To sunburn 30 Weapons. 36 Little devil. plants. 21 God of love. 31 Plot of 3 Being. 3 4 Point (abbr.).

(abbr.).

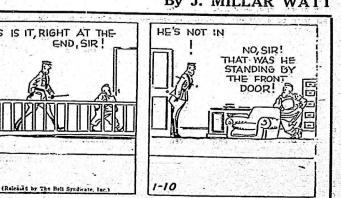
1 Drain.

39 Electric unit. 40 Exploit.

24 Level. 40 Exploit. 25 Mister (abbr.) 41 Health resort. 26 Put on shoes. 42 English title. 27 Kaolin. 43 Bard. 28 Japanese fish. 44 Bird of prey. 29 Valued. 46 Tight grip.

does a 250-mile trip between Rumbalara siding, on the Ade-laide-Alice Springs line, and the Hermannsburg aboriginal mission

By J. MILLAR WATT



## Repledge for War Savings



had a change of heart mighty re-cently. Mosely, too. I worked for

the outfit three years and never saw a hand get a day off for hunt-

"If you don't see a buck, I reckon

The Hat T man slid an appre-

"I dunno what you mean, Red,"

"No go, Frosty." Jim's voice had

abruptly hardened. "You know why

Frosty was older than most pun-

chers. He had been riding for fif-

teen years and had taken many

falls. As a result of a broken leg from one of these he walked a

reason for you to take my gun

away. I may be a Hat T hand,

we are here, just as we do why

you would as soon shoot a dam,"

hensive eye at him. He was not in a happy frame of mind to enjoy

word to Silcott what was afoot

Silcott said

he said sulkily.

He might get notions."

They travelled a rough country of steep rocky hill slopes, narrow not even friends. Some common purpose other than pleasure had peared Yeager's camp they fasten-ed their mounts and moved forbrought them together. "I knocked off a couple of days to get a buck," Frosty explained.
"Got kinda tired of beef three times small pines growing in a boulder field. There was a chance that Yeager was to meet his allies at the dam, but it seemed hardly like y. When they were fifty yards ily, "Pesky and I are hunting too. away they were relieved to see the fat little Hat T rider busily

The last words were flung out preparing breakfast. Long before the Hat T reinforceabruptly. The Hat T man hesitat-ed. But it would not do to be ments came in sight the watchers caught lying.
"A couple of other fellows with of their horses' hooves striking me," he said reluctantly. rocks. Out of an aspen draw a ride "Boys from the ranch?" Kennedy emerged, followed by a led pack horse and a second man.

Pete waved a big spoon at them.

"Come and get 't, brothers!" he "Why, yes. Yeager and Judson, Work is kinda slack right now and we could get off."

Pesky snorted. "Jud must have

The first rider dismounted, turned his horse loose with grounded bridle, and gave his attention to tened with a diamond hitch which he released very carefully while the other man held the reins close

"Not taking any chances of jarring the dynamite," Pesky said in Jim's ears. "Frosty is the fellow at the reins. The other is Roan The two men carried the sacks

to a grassy spot close to the asnens. The three horses were pick-No snatch of their conversation rocks above. During the meal the more than once. They ate hurriedly, and as soon as they had finand departed.

little lame. His thin brown face was seamed with wrinkles, and the Jim and Pesky drew back among the rocks and detoured to a small gulch leading down to the park. eyes that looked out of it were faded to a skim-milk blue from squinting at several thousand blazcott in the van. As they drew clos-or to the park they redoubled their precautions against being heard. "Now looky here, boys," he pro-tested. "You got me wrong. 1 dunno what's eatin' you. There's no Frosty was cleaning the frying pan, the coffee pot, and the tin dishes. He had his back to them and was inging, very much off key, a cowboy song:

"Sift along, boys; don't ride so friend of Russ Mosely." "You don't need to tell us that." Kennely said, relieving him of his Haven't got much time but a long .45 and making sure he carried no other weapon. "That weasel wouldn't be a friend of a thirtyrake him down the hip. dollar-a-month cow-poke. Or of any-one else except for what was in it now pair off and rip. for himself." Bunch the herd at the old meet "You know me, Pesky. "You can Whip 'em up and down the side And hit the shortest trail."

Then beat 'em on the tail. "Why be in such a hurry, Frosty?" Silcott asked gently, drawling the words. "You've got all day, haven't you? And maybe not such The man swung around, aston ished. He stared at Jim, jaw slack and eyes dilated. "Why-why, what are you doing here?" he gulped out. was just going to ask you that."
The trapped man knew he must not let Silcott guess why he was out of the way before the return ions. There was some thing about the editor's manner he not like a hint of grim purpos

self that these men with rifles i

their hands were probably just out

Ogden's is my

brand!

When an old-time

your brand.

roll-your-owner sees
"Ogden's" on a package, he feels
that it's been branded specially for
him. For Ogden's is not just

blend of choicer, riper tobaccos with a flavour which has kept it

a steady favourite for a quarter of a century. Buy a package today

Only the best cigarette papers —
"Vogue" or "Chantecler"—
are good enough for Ogden's

**OGDEN'S** 

FINE CUT CIGARETTE TOBACCO

Pipe Smokers!

Ask for Ogden's Cut Plug

and then Ogden's will always be

heavy rope across their flanks e started them galloping out of "You're not going to leave me afoot?" Frosty said. we'll both go to kingdom come." Slash man he repeated the trip.

(To be continued) "Mr. Churchill" Busy Elsewhere Axis prisoners of war camped

somewhere in Palestine thought they could taunt their guards by dubbing the orderly who cleaned their quarters "Mr. Churchll." time until the next routine camp spection, when the prisoners, re plying to questions, said their ra ters "haven't been cleaned for s

"I am really sorry," replied the busy fighting a war on four co

## Mother Nature Throws A Party

## Nature is a prodigal, yet, as a rule, she has ulterior motives in her prodigality, observes The New York Times. If in Spring she gives the fruit tree more blossoms than the tree can possibly use, it's to make sure of luring the pollinating bees. If in the Fall she produces more seed than any plant inces more seed than any plan needs to perpettate its species— more, indeed, than can ever find cothold in the soil and room to grow—she may have in mind the welfare of the birds, the chipmunks, the human race and other granivorous creatures that want their breakfast cereal. But her Autumn extravaganza of color

has no special meaning and serves no useful purpose. What good it does to the plants themselves the biologists have not been able to discover. It seems to be just one of those generous things, like sun-sets and rainbows and northern lights, that Nature in her exuberance yields as bonuses to keep animate creation thinking well of its earth and glad to be alive. Just now she is throwing a party to which all are invited. If those and new faith and courage and vision out of it; if they are uplift-ed in spirit and even a bit intexicated by what they see, perhaps

### New Plane Minus Tail and Fuselage

officials were reported authorita-tively to be keenly interested in a new "flying wing" radically different from current airplanes and believed to hole the promise of revolutionizing aircraft design The plane, under test in Cali fornia, lacks both fuselage and tail and is literally a "flying wing." Brief information on it, including a sketch, was disclosed by a patent office publication, but officials said details had been

Movable tips of the wings serve as rudder and ailerons. The cabin is in the centre, and a gun turret has been placed atop each

than

It is interesting to note that the first steamship in Canada, the Accommodation, was built in Montreal by Hon. John Molson was a vessel of eighty-five feet in length and originally was pro-vided with berths for twenty pas sengers. A steam engine of English manufacture propelled her open, double-spoked, perpendicu-lar sidewheels. Her maiden voy age was from Montreal to Quebe on November 3, 1809, which distance was covered in sixty-six

Land-lubbers, contrary to gen-eral opinion, do make good sail-This comes on the authority ster of national defence for naval

men from inland cities make excellent sailors. They are all d ing very well and we are glad to The Naval Reserve and the Naval Volunteer Reserve, Mr. Macdonald replied, had largely made possible the rebuilding the present Canadian navy from 13 ships at the outset of this war to "more than 20 times tha number" at the present time. By early summer of 1942, Mr Macdonald said, he anticipate the R.C.N. would have 400 ship

Relieve

HEAD COLD

MISERIES

dezezist for Mentholatum

MENTHOLATUM

ISSUE 44—'41

He packed the sticks of powder efully and arranged a fuse.

The officer in charge bided his ions were better than they had eceived in active service and the clothing provided was ample, but

Apparently the October outburst

United States Army Air Force nto glasses and cover.

classified as confidential and placed in the secret patent files. The craft is propelled by two flat pusher-type engines which are built into the wings.

Aviation designers have been working for two decades or more on tailless planes which, in theory, should be capable of much higher speeds and greater

## Sidewheeler

CROCHETED AFGHAN Brighten your home with this colorful scrap afghan that is jiffy crocheted, one medallion at a time. It's grand to use on cold winter days, too. Pattern 2968 contains directions for afghan; illustrations of it and stitches; materials required; color schemes; photograph of detail of a medallion. send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., Room 421, 73 Adelaide St. West, Toronto. Write plainly pattern number, your name and ad-Another method: Take ripe, yellow pumpkin and cut in large pieces. Peel and scrape out all the stringy portions. Weigh the pieces and allow 2 cups sugar and 1 small lemon or orange to each pound pumpkin. Grate the pumpkin on a coarse grater. Mix with it the sugar and rind and strained juice of orange or lemon. Boil

### Land Lubbers Good Sailors

round here without his help."

As the time draws near to the season of Hallowe'en, that much beloved season of all the younger householders (and many older ones too), the attention is focused on the golden pumpkin. Most people may think merely of preserving it in its simplest fashion, to use as a pie filling in the less to use as a pie filling in the less are many interesting things which can be done with it and here ar

Pumpkin

Peel and halve the pumpkin. Take out the seeds and cut into thick chips. For each pound of pumpkin allow 2 cups sugar and 2 cup lemon juice. Place chips in a deep earthen ware dish and sprinkle each layer with a layer of sugar. Put the lemon juice over the whole. Let this remain for a day; then boil together, allowing 1 cup water to each three pounds of sugar, 1 tablespoon bruised ginger tied in muslin bags, and the shredded peels of the lemons. When the pumpkin becomes tender, turn the whole into a stone jar and set away in : cool place for one week. At the end of that time pour the syrup off the chips. Boil down until rich and thick; then pour over the pumpkin and seal. This makes

a delicious sweetmeat. 5 cups sweet pumpkin oranges

through the food chopper; stew and measure. Add sugar, grated rinds and pulp of the oranges and cook very slowly until clear. Pour

ed juice of orange or lemon. Boil slowly, stirring frequently and

skimming if necessary, until it is smooth and thick. Pour at once

REQUEST

Steamed Fruit Puddings

Sift flour, baking powder and

salt together. Cut in the short-

ening. Add milk gradually to make a dough as stiff as for bal Add milk gradually to

ing powder bisenits. Divide frui

into 8 greased moulds and add 1

teaspoon sugar and 1 tablespoon water to each. Place a piece of

dough on top of the fruit. Stean

45 minutes and serve with lemor

Lemon Sauce

1 teaspoon grated lemon rind

1 teaspoon butter
Blend the cornstarch and sugar. Add the water and cook 15 minutes, stirring constantly until thick. Add lemon juice, rind and butter. Serves 6.

Miss Chambers welcomes personal letters from interested renders. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Hequests for recipes of special means are in order. Address your letters to "Miss Sadie il. Chambers, 73 West Adelaide Street. Toronto." Send stamped, self-addressed envelope if you wish a reply.

A reader wants to know if an

editor is a man who puts things

in the magazine. Land, no! An editor is a man who keeps things

-Rays of Sunshi

114 tablespoons cornstarch

3 tablespoons lemon juice

1 cup boiling water

2 cup sugar

4 teaspoons baking powder 2 cup milk

2 cups flour

4 teaspoon salt

cup shortening

8 teaspoons sugar

8 tablespoons water

moss, leaves and even pine needles LET LAURA WHEELER JIFFY CROCHET TURN OUT GAY SCRAP AFGHAN

wing. In appearance, it resem-bles a seagull.

# tional craft.

tell Red I'm all right." "Yeah, I know you," the crook-nose man growled. "You're one of Jud's 'Y'hetcha' man. Ready to run on any of his dirty errands when he cracks the whip." "We'd better get busy," Jim said. "You come along with us, Frosty, and don't make the mis-

take of trying to light out. But before we start the fireworks you had better turn loose those horses and drive them away so that they von't get hurt. Pesky.' of Hon. Angus M the horses and freed them. With services, no less. He said in an interview: "These

"Maybe your friends will give you a lift. Don't werry about the uture, Frosty. Live happily in the present." Silcott pointed to the gunny sacks. "Hoist one of them n your shoulder and carry it to Frosty did as he was told. At the suggestion of the Diamond mostly built in Canadian yards. cliff. "This spot ought to do," he said and knelt down in front of V-shaped hollow at the base of two great boulders leaning against each

officer, "but you are probably aware that Mr. Churchill is very inents to crush Hitler and his regime. You will have to clean up

## TABLE TALKS By SADIE B. CHAMBERS Seasonal Pumpkin

Pumpkin Chips

being issued by the Wartime Prices and Trade Board to all persons and firms included in the nation-wide licensing plan. A combination of blue and gold. placed on the door or an adjoining window of the licence's place of business. Deadline for securing a license is December 1st, 1941. Forests In Sweden Pay Good Dividends Civilized Sweden always took ex-

NARTIMA

Pumpkin Honey

Sweden, though newral, finds her imports of oil and gasoline cut off. Today her motor vehicles run fairly well with gas made from charcoal from her forests, says a correspondent of the Christian Science Monitor. Lubricating ou s being made from wood tar. Cloth s being made from cellulose, anther forest product, Sweden's fam ons pulp mills cannot make paper, for there is no foreign market, but

cellent care of her forests. They contributed greatly to her pros-

perity in peacetime. They are a life-saver now.

PATTERN 2968

Task to Finish

"This time our task is to be finished once and for all. This

people will never rest until every hammer clangs, every wheel turns, every airplane flies and

-

Business became so brisk after

Mrs. Lawrence Mitchell opened a repair shop on a small scale that

she soon had to employ five as-

sistants. They are working day

and night cleaning and repairing worn-out furniture and carpets

which are being used to furnish homes for bombed-out people in

OLOURED PICTURES.

Britzin's Fighting Pianes and Warship 29 NOW AVAILABLE

"Flying Fortress", "Bristol Beautighter", "H.M.S. King George V" and many others

For each picture desired, send

complete "Crown Brand" label, with your name and address and the name of the picture you want writ-ten on the back. Address Dept. J.12.

CROWN BRAND

5YRUP.

The Canada

ondon.

Women Fix Homes

-Leonard W. Brockington.

every man works for victory."

LICENCE CERTIFICATE EXPIRES or have used all kinds of pills and powders, but nearly everything gave no a great deal of discomfort. I have been eating KELLOGG'S ALL-BRAN now for about five months, and it has done me so much good! I will never be without ALL-BRAN in the house," writes Mrs. E. Goodale, Hamilton, Ontario. MARCH 31 ST 1942 & TRAD Hamilton, Ontario.

Try ALL-BRAN'S "Better Way"

Hamilton, Ontario.

Hamilton, Ontario.

Serving package at restaurants. Made by Kellogg's in London, Canada.

## Indian Women

Work Overtime Plying the needle and using and-powered sewing machine women on Indian reserves i thern Canada are furthering the war effort by converting discarded military clothing into useful garments for their families, the Indian Affairs Branch of the

reports. The department said "substantial reductions" in government relief expenditures for Indian clothing have been made possible through increasing use of the converted military clothing. "Greatcoats, jackets, trousers, shirts, underwear, puttees, socks and gloves, no longer serviceable the army and air force, and for-merly disposed of as shoddy or waste, now are being shipped into remote Indian reserves through the co-operation of the armed forces," the department said.

### URGES CZECH NON-VIOLENCE



Jan Masaryk, foreign ministe of Czech government in exile, arrives in U.S. He is urging his countrymen to cease present violence toward Nazi conquerors "before they kill off all my nearle." "before they kill off an my people," but promises more and better trouble later on.

## **Butter Output**

Reveals Gain Up 22.2 Percent-All Provinces Contribute - Cheese Gain Small Canadian production of creat ery butter in September rose by percent compared with the

same month last year, the Domin ion of Statistics says. Last year at this time anxiety was felt concerning butter supplies and following increases in price a Wartime Prices and Trade Board. The bureau said that all provinces contributed to the increased production last month which raised the output to 32,415,274 pounds compared with 26,527,919 in Sepember, 1940. Output during the first nine months of this year was 233.696.324 pounds against 214. While butter production rose the bureau said that cheese output affected by drought condition early in the major producing provinces of Ontario and Quebec, was only slightly higher for the nine months of this year being 118.660. \$57 pounds against 118,415,253 in

Chocolate Pudding

cup sugar 4 tablespoons cornstarch 4 teaspoon salt

Then cook 20 to 25 minutes long-er, stirring occasionally. Add er, stirring occasionally. vanilla. Chill and serve cream. Serves 6.



## How About A Pedometer?

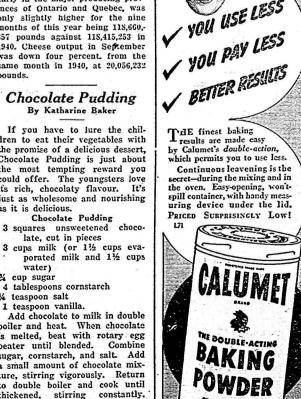
Office boys in newspaper edi torial departments can sympath ze with that grocer in Alexan 17 miles a day waiting on custom ers, states The Christian Science Monitor. But office boys runor are supposed to — when the magic word, "Copy!" pierces the electrified atmosphere of the city

> room. City folk who patronize selfserve groceterias and wander up and down the aisles — with or without the "baby buggy" some of these emporiums furnish—will appreciate the Hoosier grocer's achievements if they can visualize repeating their own visit to the grocery fifty or 100 times a But when it comes to daily

> long-distance walking, how about the waitress who serves an average of fifty customers three times And what about the housewife pushing her vacuum or carpet sweeper over miles of rugs, or trotting up and down stairs with the children's clothes and play-things, dad's golf things, the laundry, the dry cleaning, the mending, and the groceries, or

The Coliseum of Rome was



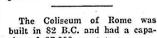


COMBINATION TYPE

DOUBLE-ACTING









1940. Cheese output in September

## same month in 1940, at 20,056,232 Chocolate Pudding

By Katharine Baker If you have to lure the children to eat their vegetables with the promise of a delicious dessert, Chocolate Pudding is just about the most tempting reward you could offer. The youngsters love is rich, chocolaty flavour. It's just as wholesome and nourishing

late, cut in pieces 3 cups milk (or 11/2 cups evaporated milk and 11/2 cups

1 teaspoon vanilla. Add chocolate to milk in double poiler and heat. When chocolate s melted, beat with rotary egg beater until blended. sugar, cornstarch, and salt. Add a small amount of chocolate mixture, stirring vigorously. Return to double boiler and cook until thickened, stirring constantly,