

### They Know Mountain Fighting, Too

Hide's boys did some historic mountain fighting in Norway, but if they try to against Yugoslavia they'll run into the "komitadjis" famed for centuries for their mountain warfare. Expert sharpshooters, the fearless komitadjis have never been dilogued from their mountains. Here are some of them in festive dress.

### Modern Etiquette

BY ROBERTA LEE

- When a young man meets a girl on the street and stops to talk, shouldn't he remove his hat and hold it in his hand as long as he talks?
- When giving a formal dinner, should the carrying be done at the table?
- Shouldn't a call of condolence be returned?
- Is it necessary to repeat the person's name when being introduced?
- Is it necessary to have a train on a white satin wedding dress?
- Is it all right to use railed paper for social correspondence?

Answers

- It isn't necessary for him to hold his hat longer than a minute, and not at all if the weather is disagreeable. He should of course lift it when meeting the girl and again when leaving. It would be presumptuous for a girl to expect a man to stand bareheaded in a snow storm or rain.
- Yes, it should be done in the kitchen. At an informal dinner the carrying may be done at the table.
- No, it is not required and certainly should not be expected.
- No. "How do you do" is sufficient.
- The dress may be made with or without a train, depending upon the formality of the wedding.
- No; if there is trouble in writing a straight line, buy the black-ruffled paper which fits under the notepaper and envelopes. These are called "guides" and can be purchased in any stationery store.

### Nazis Fear Flank Attack

The business man looked blue. He walked round the office with an extremely worried face.

"What's wrong with you?" asked his associate, "Family trouble?"

The other paled the luxurious room nervousness. "No," he replied, "it isn't that. It's something else—and I just can't explain it."

His associate lighted a big cigar. "Stop talking nonsense, man," he advised. "Why, you're sitting on top of the world. For the past fifteen years, without fail, you've been drawing five thousand a year, and—"

"Now you've hit it," interrupted the other. "That's just what's worrying me. A twenty-five thousand a year income for the past fifteen years. He rubbed his weary forehead. "Don't you see how terrible it is?" he went on excitedly. "I'm in a rut!"

Betty: "Your new overcoat is pretty loud, isn't it?"

Billy: "Yeah, but I'm gonna buy a muffer to go with it."

First Little Girl: "I have two brothers and one sister."

Second Little Girl: "I have two sisters and one brother."

Third Little Girl: "I have no brothers and no sisters, but I have two papas by my first mama and three mamas by my second papa."

### Grapes Become Important Crop

To Fruit Growers of Ontario—Second Only to Apples in Financial Returns

For the second consecutive year, grapes took second place in Ontario's fruit crop returns to farmers, according to figures released by the Ontario Department of Agriculture. Apples, as in other years, brought the highest return, with the only crop rate exceeding the million-dollar mark. Ontario farms received \$1,400,000 from their sales of apples, and grapes returned \$923,000.

Although peach revenues continued to show gains over other years, equating \$312,400 in 1940, grapes continued to gain, retaining the position they reached in 1929. Improved methods of vine culture, coupled with increasing use of fruit juices and other products, have contributed to bigger earnings for Ontario farmers from their vineyards. Among the bulk of Canadian grapes come from Ontario vines. Value of other fruit crops for the year were: peaches, \$318,800; strawberries, \$644,200; raspberries, \$358,100; pears, \$288,200; apples, \$355,800; and cantaloupes, \$34,900.

### How Can I?

BY ANNE ASHLEY

Q. How can I remove white spots on furniture caused by hot dishes or water?  
A. Rub the spots with a mixture of machine oil and soda.

Q. How can I make a satisfactory emergency glue?  
A. Soak some talcum in warm water. This will prove a very satisfactory glue or adhesive.

Q. How can I remedy the loud ticking of a bedroom clock?  
A. Place a glass container of some kind over the clock. It can then be seen without being heard.

Q. How can I make steak more tender?  
A. A tough steak can be made more tender by rubbing with a piece of lemon and then with olive oil.

Q. Is it advisable to beat rugs and carpets when cleaning them?  
A. Rug manufacturers advise against this, as beating causes the threads to wear and break. Instead, use a carpet sweeper daily and a vacuum cleaner once a week, and beat only when necessary.

Q. How can I clean a velvet plaid cover?  
A. Brush well; then sponge with a weak solution of benzine or benzol. Dry thoroughly and then brush the pile the right way.

### Over-Protected Child Grows Antagonistic

Antagonistic attitudes develop frequently in children who are given too much affection and over-protection, according to Mandel Sherman, psychologist and psychiatrist at the University of Chicago's orthodontic clinic.

"When the child grows up and leaves the family, he becomes disappointed and frustrated because those in the outside world obviously cannot give him the attention and affection to which he had become accustomed. This causes him to believe that people are unfair to him, and he later expresses this attitude by joining groups which are antagonistic to existing authority."

### Health Topics

#### Medical Education Urgent Necessity

For the People of Canada—Would Mean Great Benefit in Realm of Public Health

Nothing in the realm of public health is of greater value than medical education of the people. Proves it in an American Doctor's Ode.

"An American Doctor's Ode," thousands have learned that the control of epidemics is quite

### What Science Is Doing

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High-Energy Food

Fatigue can be reduced by administration of high-energy foods and activators to eliminate toxic substances causing the state, according to Dr. T. Moroff, of Letchworth, in the "New York World".

The high-energy food used is dextrose and the activators are Vitamin C and the vitamin B complex. Tests were made to ascertain whether there was a way to reduce the fatigue of workers flying at high altitudes with oxygen apparatus and under strain from the continued noise of the motors, which caused them to suffer from fatigue. Their performance was improved greatly if the dextrose and Vitamin B were administered when fatigue was greatest.

### Women Wanted

30 to 35 years old. Women who are restless, moody, NERVOUS—who fear hot flashes, dizzy spells—take Lydia E. Pinkham's Vegetable Compound. Pinkham's is famous for helping women during those "trying" times; due to functional irregularities. Get a bottle today from your closest Women's Druggist.

### Big Muskrat Crop's Ready

200,000 Pelts Will Likely Be Taken in 1941 Spring Harvest in Northern Manitoba

Seven hundred Indian and post-Indian trappers will harvest approximately 200,000 muskrats, this spring on the Summerberry Game Preserve in The Pas region of Manitoba, reports the Department of Mines and Resources. The trapping season extends from April 1 to April 30, and the list of eligible trappers has been prepared. A quota of 275 muskrats for each man has been set, which at present prices will provide each trapper with a monthly income of twenty-five dollars for the twelve months following the trapping season.

### For the Right Flavour THE CORRECT CHEW IS BIG BEN

THE PERFECT Chewing Tobacco

THAT'S MY CHEW

As fascinating a conflict as any of the wars which have occurred the attention of military leaders. Heiser, a native of the United States, was for 15 years medical officer in the Philippines following American occupation of the islands. The country was in a bad state of health. There were malaria, hookworm disease and the annual crop of smallpox reached 60,000 cases. Dysentery was rife to everyone who drank water for all the water of the islands abounded in impure streams. Bickies abound because of the lack of vitamin D.

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## BIG NEWS... for farmers!

# AGNES MACPAIL

former Member of Parliament for Grey-Bruce — and one of Canada's best informed authorities on agricultural problems — is now writing exclusive articles based on her wide experience of the past and her observations of today for

### The Globe and Mail

Traditional, free, and impartial for the farmer in its news columns and in its editorial page, The Globe and Mail now takes this further step in extending "all-out" editorial assistance to the farming industry.

Agnes Macpail gladly consented to lead her wholehearted co-operation, since the widely-read and influential columns of The Globe and Mail afford her an unusual opportunity to carry on the campaign she has been waging in the farmers' interest for many years.

You'll read her reports and sincerely sympathetic articles with interest. Don't miss a single one — subscribe today. Order your **GLOBE and MAIL from your dealer — Postmaster — or Rural Mail Courier To-day!**

### Wear Clothes That Won't Be Noticed

Build Your Wardrobe Around Simple Outfits — That's the Only Sound Procedure for a Woman With Limited Income

It's sound procedure for the woman with an unlimited clothes budget to build her wardrobe around simple dresses and classic suits and coats. For the woman whose budget is entirely limited, it's the ONLY sound procedure. Then she'll never cry: "I haven't got a thing to wear!"

Unless you can have several suits, it's a mistake to invest heavily in only one coat. It had better be a coat that will go over every dress in your wardrobe, advises Alicia Hart, beauty columnist and timely tips on wardrobe planning at the approach of spring.

### Southern Ontario's Subtropical Plants

Dr. W. Sherwood Fox, president of the University of Western Ontario, spoke at the "Sub-Tropical Flora of Southern Ontario" at a meeting of the Moulton College Alumnae Association in Toronto recently.

There is a district south of Grand Bend, London, Woodstock, Dundalk and over as far as Toronto were subtropical plants such as the magnolia, lemon, lime, fig, etc., are declared Dr. Fox, who has made a hobby of subtropical flora and who spoke with authority of the romance, beauty and novelty of this subject.

### Catholic Bible Modernized

New Version of New Testament is Shortly to be Issued by Bishops of United States

A new version of the New Testament of the Catholic Bible will be issued at the end of May by the Bishops of the U. S. Product of five years of effort by thirty scholars who used ancient Latin and Greek manuscripts as well as the present 22-year-old Douay version as a basis for their text, the new version is shortly to be issued.

### YOU'LL TAKE PRIDE IN THIS QUICK EASY LAURA WHEELER STITCHERY

NEW! A girl more quaintly dressed than lovely April! Take Laura Wheeler's crocheted gingham, pink! Catkin-furred pelisse. The silken fur of her gown draped over crisp, ruffled, Mitty violet shot through with black leaves' tender green. Her feet are shod in primly laced, Softest, loam-tan kid. And she the ruffles now disclosed. Now sumerly hid, Of cherry-patched daintiness. The white starburst petticoats, as Makie's music where she walks, as crisp.

### HOUSEHOLD LINES PATTERN 2803

Decorate your sheets, pillow cases and scarves with this easy embroidery. The crocheted edge makes a lovely finish, but can be omitted if you like. Pattern 2803 contains a transfer pattern of a motif 6 1/2 x 1 1/2 inches, 2 motifs 4 1/4 x 1 1/4 inches, crocheted directions materials required, illustration of stitches.

Send twenty cents in cash (stamp cannot be accepted) for this pattern. Write **Newcrafts Dept., 78 West Adelaide St., Toronto, Ont. Registered, Patent Attorney, Larry Art, Patent Dep. 2, Toronto.**

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## Easter

We wait for Easter and the glad rebirth Of all things fair and wholesome on the earth. When sunshine warm to scatter Winter's death. Is everywhere.

We wait for Easter and the glad release From lazar's tomb, and from the gloom of life. Of Nature's children to breathe forth their peace And give our weak bodies quick increase Of energy.

We wait for Easter and a world made free. The sting of sorrow, and the pain that breaks the tie. Of Nature's children to breathe forth their peace And give our weak bodies quick increase Of energy.

The risen Lord. —Eileen McQuigan.

### Bicycle Loads Now Regulated

Amendment to Municipal Act Goes Through Ontario Legislature

Under the terms of an amendment to the Municipal Act, approved by an Ontario legislature, municipal councils will have the power to regulate also the weight of loads carried on bicycles.

Toronto police spokesmen said the bill was introduced as much for the protection of the boys as for the protection of motorists.

"Such regulation is needed," said Dr. A. C. Trotter, Essex East member. "The law will be more a protection to boys and motorists than regulation for motorists."

### VOICE OF THE PRESS

#### UNDECLARED SPRING

It looks as if it will be an undeclared spring. —Brandon Sun.

#### TOO MUCH TO EXPECT

It may be that the St. Lawrence Deep Waterway project, it is really too much to anticipate that the S. S. Queen Elizabeth will come day dock at the St. Catharines port on the Ship Canal. —St. Catharines Standard.

#### WRONG PEOPLE TO GROUSE

People who are dissatisfied with their home town and spend much of their time complaining usually are the persons who are responsible for the town being what they think it shouldn't be. —Kitchen Record.

### British Learn About Canada

By Strange Method—Tourist Pamphlets Sent to England to Parents of Evacuees

Strange twists made by war in the affairs of mankind have given a new and unexpected use to Canadian tourist literature.

Much of it is being sent British parents to acquaint them with surroundings of their children now in the Dominion. It was the idea of H. Blois, director of child welfare, Nova Scotia, and his colleagues in all our other provinces from England and Scotland. They say:

"We have learned more geography in the last months since our children went out there than we have learned in all our years at school. Fancy anyone morose from a parent at Middlebrook and in the Dominion. It was the idea of H. Blois, director of child welfare, Nova Scotia, and his colleagues in all our other provinces from England and Scotland. They say:

"Ever since the children have settled in Canada we have been trying to get a map and descriptive literature of their children now in the Dominion. It was the idea of H. Blois, director of child welfare, Nova Scotia, and his colleagues in all our other provinces from England and Scotland. They say:

"We are reunited at last to having our children away from us—nearly all of their little playmates have been injured or killed. At least ours are safe among you."

—Tom London.

"Thanks for your 'Highways and Byways of Hamilton' with the location of my daughter's new home marked. You cannot imagine what it means to us to be able to find her again out there in space."

—Tom London.

### Raccoon Reveals Homing Instinct

Jack Miner, Kingsville (Ont.) naturalist, is beginning to think pigeons aren't the only creatures with a homing instinct. He banded a raccoon caught at his bird sanctuary a short time ago and took it 20 miles away. Three days later the animal was back in the same trap.

### MAPLE LEAF TENDERSWEET HAMS

Without Ham for Easter Sunday, it would hardly seem like Easter. For in Canada, Ham is the traditional meat for the Easter Season. So, here's what we suggest:

- Do You wish to choose a Ham that is sure to be tender, of sweet flavour, and easy to cook (no parboiling)?
- Do You wish to learn how to carve a ham so that it will be the centre around which you can build the feast?
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ANSWER—Just ask your Butcher or Grocer for a Maple Leaf Tendersweet Ham.

ANSWER—A proven new method of curing is illustrated with directions in the pamphlet below. Show it to the person in your home who does the carving. It may be the answer to the carver's problem.

Your dealer will be pleased to show you the Maple Leaf Brand on every Tendersweet Ham.

\* MAPLE LEAF TENDERSWEET HAMS ARE MADE BY CANADA PACKERS LIMITED

To be sure it IS tender and sweet, eat TENDERSWEET

### Easter Customs And Traditions

Origin of Hot Cross Buns Lost in Obscurity; Gaily Colored Eggs Were Enjoyed in Scotland for Generations; Scotch Bannocks, Tarts Come From Southern Europe

"Hot Cross Buns": Hot Cross Buns—made with yeast, Hot Cross Buns are a traditional Easter treat. If you have no daughters, give them to your sons.

So sang the baker's boy as he pushed his fast, wood-baked cart laden with Easter confections through the narrow streets of old London and to most people's ears the sound of the wooden wheels was a good Friday would not be complete without the Hot-Cross Buns to adorn the breakfast table.

MARKED WITH A CROSS

Many are the stories that have been passed down through the centuries in connection with this bun. It is said that the inhabitants of ancient Egypt and Greece offered sacred cakes to the Moon Goddess, marking them with a cross to indicate the four quarters of the moon. At a later date, the Saxons ate a similar bread, which they called "buns," or buns. These were marked with a cross, in honor of their goddess of light.

GOODLUCK SYMBOL

In a number of European countries the Hot Cross Bun is regarded as a good-luck symbol, and it is believed that one should be kept until the following Good Friday to insure the best of fortune throughout the year. In one part of England it is still believed that Hot Cross Buns hung in the chimney corner on Good Friday will guarantee good luck to the household for the following 12 months.

AN OLD TRADITION

Another tradition in connection with the Good Friday bun is that it is said that it kept through the year a few crumbs soaked in water would work a cure for any ailment.

ROLLING HARD-BOILED EGGS

As plentiful as the Hot Cross Buns at this season of the year are the gaily-colored eggs which adorn almost every shop window. These are a survival of the distribution of "pascas" or "pasces" by children in Scotland as well as in the English counties of Lancashire and Warwick, where the dyed, hard-boiled eggs were rolled, tossed and finally eaten, for "ball playing" on Easter Monday was universal. Even bishops and deans joined in the darning and throwing of a ball in the church, the clergy and lay alike competing for prizes of "lucky cake."

One of the most beautiful of Easter customs come to us from Central Europe, where the Tyrolers observe Holy Saturday in a unique manner. On the evening of that day they traverse every flow-er-strewn valley singing hymns and wearing scarlet-burnished hats adorned with spring blossoms, and with dancing children about them and lighted pine torches adding to the effect, these musicians present a most picturesque appearance. Afterwards, each one drinks and served and hard-boiled eggs that have been brightly-colored are given to the children.

### Bee Hive Golden Syrup

ENERGY For WORK!

Your most Valuable Energy Food

clever and litly alike competitor for prizes of "lucky cake."

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### Mariage Attracts Plane Stewardesses

Stewardesses are employed for an average of about a year, according to Miss Patricia Eccleston, supervisory stewardess of the Trans-Canada Air Lines. The company tries to keep them longer but competition with Cupid is too keen. They don't marry pilots or passengers but the bay friend they left at home, Miss Eccleston has 17 girls on her division. One of the things that keeps her busy: hiring new stewardesses.

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