

SKI INSTRUCTORS OF THE CANADIAN ARMY IN TRAINING



A halt is called and a spot chosen for the non-day meal in the woods after ski instructors of the Canadian Army have spent long hours in cross-country training manoeuvres in the Gaitheuse hills.

Ninety-nine Years Their Average Age

Six members of the family of Mr. and Mrs. W. A. Mitchell, of Kieruloff, Saskatchewan, have lived to the average age of ninety-nine years.

1940 Honey Crop Well Below Output

Estimates Show 21.5% Drop From 1939 — 42% Less Produced in Ontario

The first estimate of the 1940 Canadian honey crop shows a total production of 22,023,400 lb. This is 21.6 per cent less than the 1939 crop of 28,073,100 pounds.

At Home With Mickey

Mickey Rooney on his Van Nuys ranch feeds his pet parrot and mascot in correct speech. Mickey recently came to the attention of the 'Band' in which he starred with Judy Garland.

HEALTH TOPICS

How to Prevent Moulds in Food

Mould growth in foods is not usually dangerous, in many cases the formation of mould in food increases its palatability. For example some kinds of cheese, such as Roquefort, Limburger, Brie and Camembert, are eaten only after extensive mould growth has taken place.

Enjoy Winter Sports Holiday in Quebec

Billy Rose, noted New York theatrical producer, and his bride, the former Eleanor Holme, World Fair, Aquacade and swimming star, enjoyed their winter sports honeymoon at the Chateau Frontenac in Quebec.

WOMEN WANTED

are 20 to 30 years old. Widows who are restless, moody, nervous—who fear hot baths, dizzy spells—take Lida & Pinks' Vegetable Compound. Pinkham's is famous for its relief of women's troubles. It is sold in every drug store. Write for free booklet, 'The Story of the Most Wonderful Woman's Friend'.

How Can I?

BY ANNE ASHLEY Q. How can I prevent apples from wrinkling while baking in the oven? A. Stir the skin in three or four places with a knife before baking.

Modern Etiquette

BY ROBERTA LEE 1. Isn't bad manners to let one's mind wander while someone is talking to you? A. Yes. It is bad manners to let one's mind wander while someone is talking to you.

World's Coldest Place

Soviet scientists have just discovered that the coldest spot in the world is neither the North nor South Pole. That invariable fact is a winter village in the mountains of Siberia.

Correct Size Of Furnace Is Vital

Why does a furnace that is too small for the house it is consuming more fuel than one of proper size? Heating engineers say it is largely due to the fact that inadequate furnaces will burn more coal than a larger one that will do a better heating job.

HAVE YOU HEARD?

A commercial traveller at a small hotel ordered two boiled eggs for breakfast. The waiter brought them. "I served him brought these," he said.

Canadians National Railways Revenues

The gross revenues of the all-inclusive Canadian National Railway System for the 10-day period ending December 31, 1939, are as compared with 1938:

Car and Tractor Parts

NEW AND USED AT LOWEST PRICES. Used, electric motors all sizes. General Auto Supply, 415-417, Montreal.

DOG

REGISTERED ENGLISH BULL DOGS, white and brindle, male and female, 12 to 14 lbs. W. W. Wilson, 1214, St. Hubert, Ont.

Jasper Park Set For Snow Sports

Ski Slopes of Canadian Rockies Once Ideal Ground For A Winter Holiday

Skiers who go west for winter sports say the new Jasper National Park in the Canadian Rockies is a skier's dream.

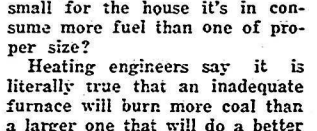
What Science Is Doing

NEW MILK PROCESS Three Cornell University professors announce they have perfected a process of de-aerating pasteurized milk so that it maintains its vitamin C content.

High Altitude Diet

That it is necessary to avoid large quantities of fats at great altitudes and to use more carbohydrates in the ration, even in the form of sugar, is the finding of a scientific expedition which is assembling its data at Tezocuc, Russia.

Uniforms Make The Soldier, But



Correct Size Of Furnace Is Vital

Why does a furnace that is too small for the house it is consuming more fuel than one of proper size? Heating engineers say it is largely due to the fact that inadequate furnaces will burn more coal than a larger one that will do a better heating job.

Big Muscles Don't Mean Good Health

Not Necessarily — Weight-Lifting For the Purpose of Building Resistance to Disease is Foolishness, Doctor Declares

Canada Reindeer Herd Increases

Canada's reindeer herd, located near the mouth of the MacKenzie River in the Yukon Territory, has increased to more than 3,000 animals.

RHEUMATIC

ACHES AND PAINS. If just one bottle of Rhe-Ma does not show you relief from rheumatic aches and pains, you can't be satisfied. Don't suffer longer. Try Rhe-Ma today. It's the only medicine that gives you relief from rheumatic aches and pains.

TRY IMPERIAL

FOR FINE QUALITY PHOTO FINISHING. Any 6 or 8 Exposure film developed and printed with Imperial. Best quality printing and finishing.

Guaranteed CAR AND TRUCK PARTS

Specialties in REBUILT MOTORS, POWER-UNIT, Hydraulic, Electrical, Carburetors, Strollers, Magnets, Carburetors, etc. Satisfaction guaranteed. Write for Free Catalogue. 1000, East Ave. Paris, France.

Preserves Aid Canada's Beaver

In James Bay Area They Are Helping Our Indigenous Native Animal to Stage A Come-back

The beaver, Canada's best known animal, is making a strong comeback on preserves in the James Bay area, according to a recent report of an officer of the Department of Mines and Resources.

YEAST FOR PAIN

A new, powerful substance extracted from common, household yeast, which eases pain in wounds and speeds healing, has been developed in the U. S.

PLAN FURTHER EXTENSION

The important work of restoring the beaver will be further extended next spring as a result of the establishment of the Kapeloze Beaver Preserve in Ontario, north of the province capital.

Roosevelt's Envoy

The secret is out of why it is hard to get a cockroach. He carries in his stomach some parasites which like poison and eat it to his great advantage.

Snake Tannery

Snakes from many parts of the world go up the Thames in England to a tannery in London where they are used in a special process of tanning.

Plan of Invasion Figured in 1759

Voltaire, Great French Philosopher, predicted the reasons for the invasion of Canada in 1759.

The Book Shelf

"World's End" is the story of a young man's journey in the highest and most dangerous society in the world.

REG'LAR FELLERS — For Emergencies Only

Now comes the air-conditioned doghouse. Milton Worth, Deal, N.J., fire truck driver, spent \$95 building a doghouse for a pair of dogs.

Saving Ontario's Natural Resources

G. C. TONER Federation of Ontario Anglers (NO. 23) MUSEUM EXHIBITS

In my article last week I told how the Royal Ontario Museum is developing the collections of the University of Toronto and the Normal School.

Canadian Engineers at Work in Britain

Paintings of Tom Thomson and Horatio Walker Are Being Exhibited at the Art Gallery of Toronto in January

Ontario-Born Artists' Show

The Art Gallery of Toronto is featuring during the month of January special exhibitions of the paintings of Tom Thomson and Horatio Walker.

VOICE OF THE PRESS

GRIM HUMOR Perhaps it was a grim sense of humor which led the Department of National Revenue to make a statement about the 1941 Income Tax, and advise on how to meet its higher schedule.

Seed Corn Plan Is Given Start

Ontario Government Will Regulate the Industry To Grower With Growers and Dealers

City of Caverns

Old London, in these times, would be fortunate if the city were constructed as Paris is. For French capital is built largely of stone brought, not from far distant provinces, but from under the very ground on which it stands.

Sleep for Months

If you want to sleep all through the winter, run along to a specialist and have your pituitary gland cut out. Men who have made glands their life story say that it is merely a lack of pituitary secretion that holds the body in a dormant state.

Life's Like That



"If I let you on with load will you pay for the spring if it breaks?"

By GENE BYRNES

What's all these things you fellows are talking about? I'm taking you to the Lincoln Center.

ROOSEVELT ASKS U. S. TO RISK WAR FOR DEMOCRACIES

"We Americans are vitally concerned in your defense of freedom. . . . We shall send you an ever-increasing number of ships, planes, tanks, guns. This is our purpose and our pledge."

COTE: CANADA'S NO. 1 ATHLETE

Quebec Marathon Runner Wins Official Award Made By Board of Prominent Sportsmen — Norah McCarty, Figure Skater, Second

GOOSE THAT MAKES FRIEND OF SHEEP

From Quilicum Beach on Vancouver Island comes a story of a cackling goose which made friends with a flock of sheep.

THE WAR - WEEK — Commentary on Current Events

ALBANIA, WOULD SOON BE 'OUT'

At a moment "unprecedented in the history of the United States," President Roosevelt last week made his initial address to the new seventy-seventh Congress of the United States.

WHY COCKROACH IS POISON-PROOF

The secret is out of why it is hard to get a cockroach. He carries in his stomach some parasites which like poison and eat it to his great advantage.

WHY COCKROACH IS POISON-PROOF

The secret is out of why it is hard to get a cockroach. He carries in his stomach some parasites which like poison and eat it to his great advantage.

SLAKE TANNERY

Snakes from many parts of the world go up the Thames in England to a tannery in London where they are used in a special process of tanning.

PLAN OF INVASION FIGURED IN 1759

Voltaire, Great French Philosopher, predicted the reasons for the invasion of Canada in 1759.

THE BOOK SHELF

"World's End" is the story of a young man's journey in the highest and most dangerous society in the world.

REG'LAR FELLERS — For Emergencies Only

Now comes the air-conditioned doghouse. Milton Worth, Deal, N.J., fire truck driver, spent \$95 building a doghouse for a pair of dogs.

Guaranteed CAR AND TRUCK PARTS

Specialties in REBUILT MOTORS, POWER-UNIT, Hydraulic, Electrical, Carburetors, Strollers, Magnets, Carburetors, etc. Satisfaction guaranteed. Write for Free Catalogue. 1000, East Ave. Paris, France.

Preserves Aid Canada's Beaver

In James Bay Area They Are Helping Our Indigenous Native Animal to Stage A Come-back

The beaver, Canada's best known animal, is making a strong comeback on preserves in the James Bay area, according to a recent report of an officer of the Department of Mines and Resources.

YEAST FOR PAIN

A new, powerful substance extracted from common, household yeast, which eases pain in wounds and speeds healing, has been developed in the U. S.

PLAN FURTHER EXTENSION

The important work of restoring the beaver will be further extended next spring as a result of the establishment of the Kapeloze Beaver Preserve in Ontario, north of the province capital.

Roosevelt's Envoy

The secret is out of why it is hard to get a cockroach. He carries in his stomach some parasites which like poison and eat it to his great advantage.

Snake Tannery

Snakes from many parts of the world go up the Thames in England to a tannery in London where they are used in a special process of tanning.

Plan of Invasion Figured in 1759

Voltaire, Great French Philosopher, predicted the reasons for the invasion of Canada in 1759.

The Book Shelf

"World's End" is the story of a young man's journey in the highest and most dangerous society in the world.

REG'LAR FELLERS — For Emergencies Only

Now comes the air-conditioned doghouse. Milton Worth, Deal, N.J., fire truck driver, spent \$95 building a doghouse for a pair of dogs.

Guaranteed CAR AND TRUCK PARTS

Specialties in REBUILT MOTORS, POWER-UNIT, Hydraulic, Electrical, Carburetors, Strollers, Magnets, Carburetors, etc. Satisfaction guaranteed. Write for Free Catalogue. 1000, East Ave. Paris, France.

Saving Ontario's Natural Resources

G. C. TONER Federation of Ontario Anglers (NO. 23) MUSEUM EXHIBITS

In my article last week I told how the Royal Ontario Museum is developing the collections of the University of Toronto and the Normal School.

Canadian Engineers at Work in Britain

Paintings of Tom Thomson and Horatio Walker Are Being Exhibited at the Art Gallery of Toronto in January

Ontario-Born Artists' Show

The Art Gallery of Toronto is featuring during the month of January special exhibitions of the paintings of Tom Thomson and Horatio Walker.

VOICE OF THE PRESS

GRIM HUMOR Perhaps it was a grim sense of humor which led the Department of National Revenue to make a statement about the 1941 Income Tax, and advise on how to meet its higher schedule.

Seed Corn Plan Is Given Start

Ontario Government Will Regulate the Industry To Grower With Growers and Dealers

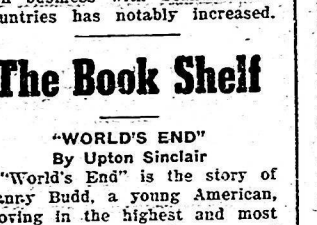
City of Caverns

Old London, in these times, would be fortunate if the city were constructed as Paris is. For French capital is built largely of stone brought, not from far distant provinces, but from under the very ground on which it stands.

Sleep for Months

If you want to sleep all through the winter, run along to a specialist and have your pituitary gland cut out. Men who have made glands their life story say that it is merely a lack of pituitary secretion that holds the body in a dormant state.

Life's Like That



"If I let you on with load will you pay for the spring if it breaks?"

By GENE BYRNES

What's all these things you fellows are talking about? I'm taking you to the Lincoln Center.