TRY IT THE "SALADA" WAY

Infuse 6 heaping teaspoons of Salada Black Tea in a pint of fresh, boiling water. After 6 minutes strain liquid into 2-quart container; while hot, add 1 to 1½ cups of sugar and juice of 2 lemons, strained; stir until sugar is dissolved; fill container with cold water. Do not allow tea to cool before adding cold water or liquid will become cloudy. Serve with chipped ice. The above makes 7 tall glasses.

"SALADA" ICED TEA

SERIAL STORY

SKI'S THE LIMIT

COPYRIGHT, 1939
NEA SERVICE, INC.

BY ADELAIDE HUMPHRIES

CAST OF CHARACTERS

SALLY BLAIR — heroine. She had everything that popularity could win her, except

DAN REYNOLDS — hero. He might have had Sally but while he was king on skis

COREY PORTER was king of the social whirl. So . . . But go on with the story.

Last week: Dan asks Sally if she is engaged. Then he tells her that he is determined to stage a comeback, to ski again, and to repay his mysterious benefactor.

CHAPTER XV

Long afterward Sally was to remember that lovely day by the brook and the things they had talked about and how happy they had been.

Many, many times she was to wonder why she had not spoken up then, when Dan had told her about his benefactor and all that he felt he owed him. If only she had! How much heartache might have been spared.

But Dan had told Sally that day that he believed in her. She had not had the courage to risk telling him that she had, in a way, decided him again. That her father was the man who had helped him, because she had asked him to; that Dan owed his position and his chance to make good in this new world to them.

Afterwards she could see that that was what she should have done. It had been such a perfect day, they had been such friends, Sally and Dan. If Sally had been the one to tell him she could have made Dan understand. But how could she expect him to know, when he heard it from someone else, her reasons for not telling him, for remaining silent that day by the brook? How could she know that this would make him lose his faith, his belief in her again?

In the weeks of the happy, carefree summer that followed Sally was much too happy to wonder what the future would hold or to question it or her happiness. It was enough that she and Dan were good friends, that they could share so many hours together, that Dan was growing more and more like his old self again.

HE'S CHANGED

It was Corey, surprisingly, who pointed out just how much Dan had changed to Sally one day. Corey, home now, was working in his father's office — or at least putting up a good bluff at working.

Sally had gone up to Dartmouth for the graduation exercises as she had promised him she would. It had been an impressive sight, so many fine young men, in cap and gown, stepping from the threshold of one life into a new one. A new life that would be made easy for Corey Porter, whose father was a rich man, who felt it, if he wanted anything badly enough, he surely would get it eventually.

Corey still treated Sally with that attitude. He told her, as he had before, that he expected to marry her "one of these days."

"You might as well make up your mind to it, my sweet," Corey said. But he knew now it was not going to be so easy as he thought. He knew that Sally really believed she loved Dan Reynolds.

Corey had told himself before that it was only because Sally felt responsible for Dan's accident. But now he had to admit that things had changed. Dan had changed, certainly. He had got used to the new world he was living in. He seemed to fit in, to belong.

It was not just that he had made good at Devon and Devons. And now that Corey was an up-and-coming young stockbroker himself, thanks to his own effort and ability, had made good all right, but it went even deeper than that. Dan was now a rival whom any man might well have to outsmart in some way.

HE WOULD OUTSMART HIM

Well, if necessary. Corey told himself a bit smugly, he would outsmart him in whatever way came to hand. Even if it was a bit underhanded. For if Corey's principles were not as high as they might have been, as Sally's father had marked, it was not altogether Corey's fault. He simply felt he had to win, since he always had; he prided himself on being a good sport, but he was a poor loser.

It was a fortunate circumstance that Corey happened to know that Sally's father was the chief stockholder of the firm that had employed Dan Reynolds! Corey had wondered, casually at first, if there was anything more to that than met the eye. He resolved to keep his own eyes open, just in case there might be.

"I say," Corey said to Sally, "there's no getting around it, Reynolds has made a remarkable come-back." This was one late afternoon when "the gang" as they still styled themselves, had gathered at the fashionable club swimming pool which they had frequented all summer long. Dan had just executed a perfect backflip from the highest springboard. Sally had exclaimed, "Wasn't that a honey!" and her black eyes had become bright with admiration.

There had been so much more than admiration revealed, not only in her eyes, but in her tone, that Corey had decided it was about time there was a "showdown." And that was why he had remarked that Dan had made a remarkable comeback.

GRUDGING ADMIRATION

"He's certainly got the best of that limp he had!" Corey added, not without a shade of grudging admiration, from himself, that was genuine. Dan Reynolds walked as well as anyone. It was only when he was tired that he betrayed even a suggestion of a limp.

"Yes, he has," Sally said, watching Dan pull himself out of the pool, climb lightly back onto the slippery ledge, walk with firm, sure stride back toward them. Sally had known that Dan had made wonderful progress this summer. But not until Corey called her attention to it had she realized that his long battle was almost won.

She said, "Dan can get the better of anything. Without help from anyone, either, except himself. That is the remarkable part."

"Are you sure, Sally, my sweet," Corey asked, his blue eyes narrowing, "that Reynolds hasn't had any help at all?"

Sally glanced at him sidewise. There was something in Corey's tone she did not quite understand. She knew, of course, that Corey knew that her father was the head of the firm that had employed Dan. She said quickly, impulsively — for in another minute Dan would have joined them — "I didn't mean the kind of help you apparently are thinking of, Corey." She had referred to Dan's own high courage and faith. "And by the way, I've been wanting to ask you something — please don't mention to Dan that my father has stock in Devon and Devons."

"Doesn't Dan know that?" it was Corey now who glanced sidewise at Sally now.

"SOME DAY I'LL TELL HIM"

"No, he doesn't," Sally admitted. "I've been meaning to tell him; and some day I shall." She had been meaning to tell Dan too long, she realized now. Somehow something always had kept her from it.

"I see," Corey said. He thought he saw plenty. He thought he saw a way to bring things to a showdown, to outsmart him. "You won't tell him, will you?" Sally said again, half under her breath, for Dan was almost within hearing distance.

"You know I won't if you ask me not to," Corey returned.

Sally gave a little sigh of relief. She felt glad she had thought to warn Corey. She would not want Dan to learn who his benefactor had been from anyone except herself. Yet, for some unknown reason, she still had a nervous, worried feeling. She made up her mind she would tell Dan the whole truth at the very first opportunity — in fact she would tell him tonight.

(To Be Continued)

Horseman Riding Across Dominion

Chantecler

THIS COLORFUL RESORT . . . on Lake St. Adele . . . swimming beach and all sports . . . ultra modern accommodation . . . private baths . . . world cuisine, restricted. Write THE CHANTECLER, Ste. Adele en haut, P.Q.

E. A. K. Sheppard, Vancouver, last week reached Caron, 20 miles west of Moose Jaw, Sask., on an all-Canadian horseback ride from Vancouver to Halifax. He started the trip last June 1 and on his arrival in Halifax intends to sell his mare, "Rose," and sail for his native England.

He spent some months at a home in Alberta after traveling over the old tree-strewn Prince trail. While travelling he averaged 25 miles a day.

Child Refugees Will Come Here By Thousands

Only Limitation to Be Canadian Capacity and Organizing Their Transport to Dominion From War-Torn Europe

Thousands of child refugees from Britain, France and Allied countries will be brought to Canada just as soon as transportation can be arranged, the Government announced at Ottawa following a conference of immigration, health, welfare and Provincial authorities.

The movement to Canada will be limited only by the Canadian ability to absorb the refugees, the British restrictions regarding classes living in the United Kingdom and the matter of providing transportation, it was stated.

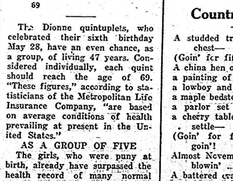
Canada's geographical proximity to the British Isles means that the refugee movement will be almost exclusively to this Dominion. At the moment transportation difficulties make it virtually impossible to move the homeless to Australia and New Zealand.

ASKED TO OPEN HOMES

An appeal is being made to the Canadian people to open their homes to the child refugees so that they can be given the best of care in the Dominion. The whole force of welfare organizations will be mobilized to look after them.

To cut through hampering rules, the children and any other refugees who may come will be admitted to Canada as non-immigrants. After the war they will

LAURA WHEELER DESIGNS THREE PRACTICAL SIZES IN DOILIES



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CROCHETED DOILIES PATTERN 2565

Round and round goes your crochet hook to make these lovely crocheted doilies that look like a fortune spent on them. Lovely and practical in easiest crochet! Pattern 2565 contains directions for making doilies; illustrations of them and stitches; materials required. Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

Incorrect Shoes Hurt Children

They Suffer From Wrongly-Fitted Footwear More Than Adults Do; Permanent Harm May Be Caused

"Though the danger of bad shoe fitting strikes home to everyone, child or adult, children are more liable to suffer permanent injury," says Ralph W. Mefrans, president of the U. S. Orthopedic Shoe Men's Society. "They are usually too shy to say anything when they are being fitted for shoes and often don't realize that their feet are cramped. Their bones, being soft and pliable, are easily injured and distorted."

BOYS MORE SENSIBLE

A survey of New York public schools shows that although at birth only one out of 10 children has defective feet—at the age of 10, seven children out of 10 have developed foot ailments. Interesting to note in this survey, is the fact that 80 per cent of girls of school age have foot deformities and mechanical disturbances. Boys seems to be more sensible about their shoes, for those of school age are suffering from foot ailments are 65 per cent.

Life Expectancy For Quints: 47

Judging From Insurance Statistics Their Chances Individually Are For An Age of 69

The Dionne quintuplets, who celebrated their sixth birthday May 28, have an even chance, as a group, of living 47 years. Considered individually, each quint should reach the age of 69. These figures,* according to statisticians of the Metropolitan Life Insurance Company, "are based on average conditions of health prevailing at present in the United States."

AS A GROUP OF FIVE

The girls, who were puny at birth, already have surpassed the health record of many normal infants, and, as a group of five individuals, have "successfully overcome mortality risks equivalent to those of a single woman meets in the course of the first 58 years of her life."

"Now that the Canadian quintuplets are six years old," the statisticians say, "they should be guarded against accidents, which form the greatest hazard for both boys and girls of that age." The Dionnes have already established a longevity record for quintuplets.

Modern War Kills Poetry

Mechanized Aspect Doesn't Give Time to Develop Poetic Interest

This war's poets have not come up to the mark set by the last war, officials of the Poetry School, of London, England, say.

Nothing has yet appeared, it was stated, to compare with the verse produced between 1914-18 by Rupert Brooke, Siegfried Sassoon, Alfred Noyes, or the Canadian poet, John MacRae, who produced the famous "In Flanders Fields."

STRIPPED OF GLAMOUR

"War has been stripped of any glamour it had," Mr. Galloway Kyle, secretary of the Poetry Society said. "The mechanized nature of the armies of today has had its effect on the men's outlook. They find little time for interest in poetry."

Most of the poems the society has received lately have for their central theme Hitler and the fate to which the poet would like to confine him. This is not regarded as a promising theme for enduring verse.

Country Auction

A studded trunk like a pirate's chest—
(Goin' for fifty cents an' gone)
A china hen on a china nest,
a painting of a rabid dawn,
a lousy mat and a round hightchair,
a maple bedstead, a copper kettle,
a parlor set of fine horsehair,
a cheap table and a hand-hewn settle—
(Goin' for five dollars, goin', goin')
Almost November—come a windblown' ....)
A battered cradle, an iron crane,
an old wooden barrel that loved the rain!

Frances Frost
—In Christian Science Monitor.

Old Clothes Re-furbished

Tips For the Hard-up — Just Treat Them to a Few Smart Accessories

If you are a hard-up (and who isn't?) and old clothes have got to see you through, treat them to a few accessories.

Tired old collars and cuffs will look very different if you wash them and then tint them by adding a dash of red ink to the rinsing water.

For the dress with the worn top, cut off the skirt and make the best parts of the top into a bolero. Make a printed silk blouse to go with it, and line the fronts of the bolero with silk to match.

The other day a friend bought a quarter of a yard of silver oil silk, and she made deep Quaker collar and cuffs for a black dress gone weary. Today it looks quite a different thing.

Final tip for the very hard-up. One large bead dung on a long scarlet cord, with a huge tassel beneath it, and worn on a dark frock.

Bootleg Beauty

Banning of permanent waves by the Tokyo government has led to a type of bootlegging at the beauty parlors. Women are obtaining permanent waves through loopholes in the law and the letdown in enforcement. The ban is a part of the restriction on electrical consumption.

TABLE TALKS

By SADIE B. CHAMBERS

SUMMER BEVERAGES AND SMALL CAKES

As summer is arriving most of us are making an inventory of our recipes and ideas for beverages and the small cake and cookie, that we may be ready for the caller or visitor.

What a privilege for us to be able to have an afternoon or evening snack on the lawn or out-of-doors somewhere or just on the porch, enjoying it in safety in comparison with our friends overseas. No doubt our visits and conversations this year will be of a very serious and anxious nature and knitting and Red Cross sewing will be spare-time occupation, but let us be truly thankful as we visit and work for our privileges.

In these days we are thinking and are told much about nutrition and the low cost of meals, and as milk always holds an honored place on menu lists we can do no better than start our suggestions with these few hints.

Iced Chocolate Milk

Mix equal parts of chilled milk and prepared cocoa as for drinking; add a dash of maple syrup or caramel syrup. Shake thoroughly. Add a spoon of Maple ice cream to each iced tea or coffee glass. Serve with a spoon.

Or try this: place a large spoon of vanilla ice cream in an iced coffee glass, add ¼ cup of milk, then pour in ginger ale to fill the glass, stirring all the while. Drink at once.

Flavor iced milk with maple sugar, with brown sugar, with melted chocolate peppermint. Heat large chocolate mints in the upper part of the double boiler. When melted stir into milk.

Mint Punch

There has been a request for the mint punch of last year,—
1 cup chopped fresh mint leaves
1 cup powdered sugar
½ cup lemon juice
4 cups orange juice
1 quart ginger ale

Crushed ice and mint sprigs

Rub the mint leaves and sugar together until well mixed. Add lemon and orange juice. Allow to stand for at least 15 minutes, in a cold place, preferably longer. Strain, add the ginger ale. Pour into glasses ½ full of cracked ice. Garnish each glass with mint sprigs.

Always remember, when you with the very simplest kind of beverages, that the simple orangeade and lemonade are always refreshing. In making orangeade, for a single glass allow ½ orange and 1 tablespoon of lemon juice sweetened to taste. Then to add variation to this you may serve plain grape juice or again a combination of orange, lemon or grapefruit. Ginger ale added to any of the above dees give them zest.

New for the accompaniment to the beverage, which may be just as simple as you wish, such as the plain cookie, or may run the whole gamut of small cakes to the elaborate frosted one.

Oatmeal Cookies
2 cups rolled oats
1 cup sugar
½ cup shortening
½ cup milk
½ teaspoon soda
¼ teaspoon nutmeg
½ teaspoon salt
2 cups pastry flour
½ teaspoon vanilla

Cream together rolled oats, shortening and sugar. Add milk gradually and continue beating until creamy. Sift dry ingredients together and add to first mixture. Add vanilla. Chill and roll thin. Cut in desired shape and bake in moderate oven for 10 minutes.

Corn Flake Cookies
2 egg whites
½ teaspoon vanilla
2 cups corn flakes
1 cup sugar
1 cup shredded coconut
½ cup walnut meats

Beat egg whites till quite stiff. Add sugar slowly, then vanilla, coconut and walnut meats. Stir in cornflakes and drop by teaspoonfuls on greasy cooky sheet and bake in hot oven until light brown in color.

Sour Cream Drop Cookies
¼ cup butter
½ cup sugar
1 egg
½ teaspoon vanilla
One-eighth teaspoon soda
One-eighth teaspoon salt
1¾ cups flour
½ cup sour cream
2 teaspoons baking powder
½ cup raisins
½ cup chopped nuts

Cream butter well, adding sugar gradually add well-beaten egg, also flavoring. Mix and sift the flour, salt, baking powder and soda. Add alternately with the sour cream to butter and sugar mixture. Add raisins and chopped nuts. Drop by spoonful on a buttered baking dish. Bake in moderate oven about 12 minutes.

Frosted Drop Cakes

Cream ¼ cup butter, gradually add 1 cup sugar, yolks of 2 eggs, ½ cup milk, 1½ cups flour (mixed and sifted with 2 teaspoons baking powder). Fold in the stiffly beaten whites of 2 eggs, and add ¼ teaspoon vanilla. Bake 40 minutes in a moderate oven. Cover with white frosting.

Oatmeal Macaroons

Mix thoroughly together 1 tablespoon melted butter, 1 cup granulated sugar, 2 well beaten eggs, 1 teaspoon vanilla, a little grated nutmeg, and 2½ cups oatmeal (into which has been stirred 2½ teaspoons baking powder). Have the batter quite stiff and drop by the teaspoon on a buttered baking sheet, having them about an inch apart, and bake in a moderate oven until crisp and brown on the edges.

READERS, WRITE IN!

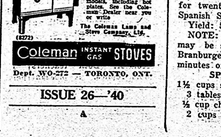
Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letter to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

But Once

But once I pass this way
And then no more,
But once, and then the silent door
Swings on its hinges—opens, closes—and no more
I pass this way.
So while I may,
With all my might
I will essay
Sweet comfort and delight
To all I meet on the Pilgrim Way
For no man travels twice the great highway
That climbs through darkness up to light,
Through night
To-day. —John Oxenham.

DELICIOUS MEALS ANYWHERE

with the Stove that MAKES and BURNS ITS OWN GAS



Brings clean, quick, safe gas cooking service to any home anywhere. Burns gas made from gasoline, the cost per meal is only a few cents. Fuel cost only five cents a day. Several models to choose from, for cooking, baking, boiling, ironing, etc. Write for catalog.

The Coleman Lamp and Stove Company, Ltd.

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Coleman INSTANT GAS STOVES

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See Building Boom Coming In Canada

Predictions of a continued increase in the building of homes during the second half of 1940 was made recently by Edward A. Smith, Sales Manager of The Beaver Company Ltd., Thorold, Ont. Mr. Smith is shown conferring with one of his Beaver Wall Board dealers over the advertisement, "Look Forward, Canada," which has created wide comment by its emphasis on the confidence of homeowners in the future of Canada.

Wherever you go...

—Wrigley's Spearmint Gum is the favorite! Millions enjoy its long-lasting, *genuine* spearmint flavor. Healthful, delicious, refreshing! Get the good habit of enjoying it *after every meal!*

WRIGLEY'S SPEARMINT CHEWING GUM AFTER EVERY MEAL

GET SOME TODAY!

Choosing Your Net Curtains

Color Selected Depends on Location of Room

Fawn net is warming, and should be chosen for a room which only gets the morning sun.

—o—

Gold net against a window gives a sunny, happy effect, and is particularly suitable for a room with a northerly aspect.

—o—

Grey net is particularly suitable in places where the sun is very strong, and it is necessary to subdue the light.

—o—

Mauve and blue net make a room look cool and should be used in these rooms which get the strong, mid-day sun.

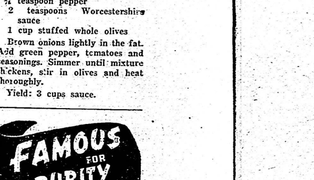
—o—

Green net is very cooling, and is particularly suitable for bedrooms which get strong sunshine.

—o—

Orange net is rather overpowering, and should only be used for very cold-looking and large rooms, and then only in the softer shades.

Bran and Hamburger: Make it "Branburger"



Like a guard of honor, these trusty branburgers are ready to do their duty at the picnic lunch. Each one is found in its own strip of bacon, skewered and wrapped in gay wax paper.

Everything done but the cooking and what better place to do that than right "on the spot"! Cooked over the open fire, "Burgers" take first place in appetite satisfaction after a day's outing—and the bran content sets a new high in taste delight and economy.

That far in the lunch basket contains the Spanish Sauce. It will add a continental flavor to your branburgers. Both recipes are on this page.

BRANBURGERS

1 egg
1½ teaspoons salt
¼ teaspoon pepper
1¼ cups milk
1 cup All-Bran
1 lb. ground round steak
2 tablespoons finely chopped onion
1 tablespoon chopped parsley
10 slices bacon

Beat egg and add salt, pepper, milk and all-bran. Combine meat with onion and parsley. Add the soaked bran and mix well. Form into cakes about two inches in diameter and one inch thick. Wrap slice of bacon around each cake and fasten with skewer. Bake in hot oven (450 degrees F.) for thirty minutes or broil for twenty minutes. Serve with Spanish Sauce.

Yield: 5 servings.

NOTE: ½ cup grated cheese may be sprinkled over top of Branburgers before the last ten minutes of cooking.

SPANISH SAUCE

1½ cups sliced onion
3 tablespoons fat
½ cup chopped green pepper
2 cups canned tomatoes
1½ teaspoons salt
¼ teaspoon pepper
2 teaspoons Worcestershire sauce
1 cup stuffed whole olives

Brown onions lightly in the fat. Add green pepper, tomatoes and seasonings. Simmer until mixture thickens, stir in olive and heat thoroughly.

Yield: 3 cups sauce.

FAMOUS FOR PURITY

CANADA CORN STARCH

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52 tested recipes for meats, hot breads, cookies, etc. by Mrs. H. M. Aitken, famous cooking expert. Send coupon or a postcard today. The Canada Starch Company, Ltd., Dept. D.U. 49 Wellington St. E., Toronto.

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HEALTH TOPICS

FOR MENTAL HEALTH

Dr. Horatio M. Pollock of the New York state mental hygiene department believes that there are 10 "fundamental characteristics of mental health:

"A sense of well being, keenness of observation, soundness of judgment, clearness of thought, accuracy of memory, control of emotions, stability of will, continuity of purpose, friendliness of attitude and freedom of expression."

—o—

COOLD ERADICATE T. B.

Tuberculosis can be virtually eradicated within a generation, according to Dr. Paul DeKruif, famous doctor-writer, originator and operator of the "Detroit plan" for tubercular control.

In what he declared to be his first public address, Dr. DeKruif appeared before the San Francisco Tuberculosis Association, dared the city to wipe out tuberculosis and urged it to battle the white plague on the basis of cold cash.

He declared that by spending $100,000 annually on the system which he has inaugurated and operated at Detroit for the past five years, the city could save more than $3,000,000 annually.

He declared that Detroit by an expenditure of $500,000 since 1935 has recorded a saving of $1,500,000 in its care of tubercular patients.

How Can I?

BY ANNE ASHLEY

Q. How can I treat the paper on my kitchen and bathroom walls so that it may be wiped off with a damp cloth?

A. Mix one ounce of gum arabic, three ounces of flour, and a bar of soap, dissolving all in a quart of water, and apply with a clean paint brush.

Q. How can I remove dandruff from the scalp?

A. One effective method is to mix some salt with the yolk of an egg and rub this well into the scalp. Allow to stay on overnight, then wash thoroughly in the morning.

Q. How can I store sweet potatoes?

A. Rub the potatoes clean and dry and pack in chaff, avoiding one touching another.

Q. How can I remove rust stains from a washable garment?

A. Rinse the garment in cold water, sprinkle the stains with lemon juice, then cover the stained area with a thin layer of salt. Let the garment lie in the sun for two days before washing it again.

Q. How can I keep the coffee pot sweet and clean?

A. Put a tablespoon of bicarbonate of soda into the pot, fill it almost full of water, and let it boil for a little while. Then rinse with warm water several times. This treatment should be followed once a week.

What She Saw

In Kankakee, Ill., her sight restored after nine years of total blindness, Mrs. Schuyler D. Burnside looked around, blurted, "My goodness, but skirts are short this year."

Modern Etiquette

BY ROBERTA LEE

1. When a man, with his wife, are traveling by automobile, and have not made hotel reservations, what should he do when he drives up to a hotel entrance?

2. When removing the plates from the family dinner table, where should one begin?

3. What should a woman guest wear to a morning wedding?

4. How should a bridegroom sign the hotel register for himself and his wife?

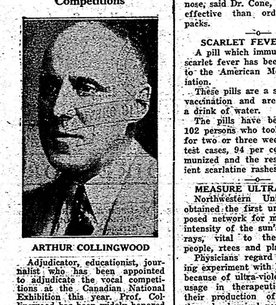
5. Should the conversation between two persons ever be interrupted in order to introduce a third person?

6. Would it be all right to serve buffet style on a bare table?

Answers

1. His wife can remain in the car while he goes in to investigate accommodations. 2. Begin with the hostess and proceed to her right. 3. Street clothes which are suitable for the time of year. 4. Mr. and Mrs. George R. Harris, Buffalo, N. Y. Omit the street address. 5. No; one should await a better opportunity. 6. Yes, though a cover of some kind is more attractive.

To Judge Vocal Competitions



ARTHUR COLLINGWOOD

Adjudicator, educationist, journalist who has been appointed to adjudicate the vocal competitions at the Canadian National Exhibition this year. Prof. Collingwood has been widely honored by several Canadian universities and various musical organizations under Royal patronage. For twenty years he conducted the Aberdeen (Scotland) Choral Union and the Aberdeen Musical Choir. He is now Carnegie Professor at University of Saskatchewan and conductor of the Saskatoon Symphony Orchestra. During the summer months in recent years he has conducted the British Broadcasting Company's symphony orchestra on various occasions in London.

North Country Calls Canadians

People Leave Edmonton for End of Steel — Take Trips by Boat, Plane To Summer Destinations

Trains are rolling out of Edmonton at regular weekly intervals now, bound for Waterways, with large numbers of passengers and loads for the North-West Territories.

Now that summer has come to the North, hundreds of persons are leaving there for the end of steel where they will boarded the boat or airplane for remainder of their journeys to various posts.

BOUND FOR WATERWAYS, YELLOWKNIFE

Among recent passengers to board the Waterways train for N. W.T. was Dr. A. W. Jolliffe, of geological branch of the Department of Mines and resources, Ottawa, and a party of geologists, who are off to study mining prospects in the promising lake district near Yellowknife.

Caribou Still Roam Quebec

Herds Are Found in Remote Forest Regions of Province

In the Province of Quebec there are still some fairly large caribou herds to be found in the remote forest regions north of the Gulf of St. Lawrence and in the welter of mountains and timber in the interior of the Gaspe Peninsula. In this latter section hunting is allowed from September 20 to November 15 in the electoral districts of Gaspe-North, Gaspe-South and Bonaventure. One animal is the bag limit. In other hunting districts in that section non-residents in addition to securing the regular big game licence, which cost $26.00 must also procure a special permit which can be had from the Department of Mines and Fisheries, Quebec, at a cost of $1.10.

What Science Is Doing

SALT PORK FOR NOSEBLEEDS

Dr. Alfred Jared Cone, of Washington University School of Medicine in St. Louis, reported last week that simple salt pork packs are "invaluable" in controlling hemorrhage.

In cases of severe nosebleed, whether after operation or from disease, plugs of salt pork in the nose, said Dr. Cone, are far more effective than ordinary gauze packs.

—o—

SCARLET FEVER PILLS

A pill which immunizes against scarlet fever has been announced to the American Medical Association.

These pills are a substitute for vaccination and are taken with a drink of water.

The pills have been tried on 102 persons who took them daily for two or three weeks. Of these test cases, 94 per cent were immunized and the rest had transient scarlatine rashes.

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MEASURE ULTRA-VIOLET

Northwestern University has obtained the first unit in a proposed standard for measuring the intensity of the sun's ultra-violet rays, vital to the health of people, it was reported.

Physicians regard the measuring experiment with keen interest because of ultra-violet rays' value as a therapeutic agent, their production of vitamin D through chemical reactions, their sensitive effect on vitamins and their effect on living things, enabling them to assimilate chemicals to form tissues.

"Eyes" With Wings

Television eyes that can be carried by aircraft and transmit everything they see to a ground station are reported to have been invented in the United States. The Allied purchasing commission is said to be interested, for the invention may revolutionize aerial warfare. Military staffs may be able, from their ground camp, to see every inch of enemy territory for miles over a pilotless aeroplane armed with the television eyes. They would see everything that an aerial observer, in the aeroplane, could see. So far television has been too bulky, but the new apparatus can be packed into seven suitcases and put on an aeroplane.

Swallowed Land

Since 1100 the North Sea has swallowed up nearly 2,000 square miles of land and covered 141 towns and villages.

FEMALE PAIN

Women who suffer monthly pain, irregular periods with nervous, moody spells due to functional cause should find Lydia E. Pinkham's Vegetable Compound simply marvelous to relieve such distress. Pinkham's Compound is a medicine to relieve such pain. Why not go to smiling, happy health? Get this proven medicine today. Worth trying.

Experiment With Herb Flavorings

Flavoring with herbs has become increasingly popular in the past two years—many enthusiastic cooks even cherishing miniature herb gardens in apartment windows high above city streets. It's fun to experiment, but, generally speaking, the most popular culinary herbs are used as follows: sage, in stuffings, sauces and beverages; basil in slow-cooked soupe, tomato dishes and fish; marjoram in soups and meat and poultry dressings; savory simmered into pea soup or scattered over roast pork; mint in drinks, in sauce for roast lamb, in some vegetables.

- HAVE - YOU HEARD?

Ho was the final speaker at a banquet. Speakers before him had droned on interminably. The audience was bored almost to tears. The toastmaster announced, "Winston Lackye, the famous actor, will give you his address." Lackaye rose and said, "Gentlemen, my address is the Lambs Club, New York." Then he sat down. The applause was tremendous.

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The optimist's motto, declared a psychologist, is "You never can tell till you try." And a woman's, "You never can tell till you try it on."

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For five or six days he had been digging in the garden for an air-raid shelter. What with the rain he hoped he was not in the best of humor.

Suddenly an old friend looked over the wall and said: "Hello! Digging for your shelter?"

"No," was the reply. "As a matter of fact, I bought a swing for the kids, and the ropes are too long."

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The problem of what to do while waiting in a dentist's office has been solved in London where a notice attached to an unfinished scarf reads: "If you have to wait, would you care to knit a few rows on this scarf?"

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The talkative workman was in conversation with an admiring audience in the village store. He was explaining that even in his job, which people might think dull, accidents sometimes quite a lot of excitement.

"Why I can remember once a gas explosion tore up a main street where I was working."

"And what did you do?"

"Oh, I tore up a side street."

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Don't expect to keep your friends if you give them away.

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Joggins: "How do you get on with the boss, old man?"

Jiggins: "Fine! I'm about the mean man I know."

Joggins: "How's that?"

Jiggins: "He's had the legs all sawn off the wheelbarrow so that I can't sit down and rest."

Worms Turn

Four Worms of South Bend, Indiana, have filed a petition seeking to turn—their names. Mr. and Mrs. Stanley W. Worm and Mr. and Mrs. Everett A. Worm asked for permission to call themselves Warren, as their present names "have become so ridiculous and embarrassing."

King Leopold War Prisoner

Berlin Says It's Unlikely He Will Be Able To form New Government

Leopold III, king of the Belgians is a prisoner of war, an authorized German source has disclosed, and it is unlikely that under that status he will be permitted to name a new Belgian government.

The statement was made in response to questions concerning Leopold's status in view of the disagreement with his emigre government.

BELGIANS NOT INTERNED

(The refugee Belgian Government, in France, has approved an order legally depriving Leopold of the throne in the name of the Belgian people." The order was published under the date of May 25th, the day Leopold capitulated).

The Belgian army (which has been estimated at 350,000 men) protested against its freedom soon, this informant said, and the men permitted to return home. The Belgian soldiers have not been assigned to prisons.

Air Impurity Held Colossal

In Cities of Toronto and Montreal Solids Deposited at Rate of 610 Tons Per Mile Yearly

Smoke may fly up, but it always comes down, and in busy industrial centres like Montreal and Toronto, it spreads a pall of coal tar and other solid impurities at the average rate of 610 tons over every square mile each year.

"We cannot be quite definite as to the effects of smoke on health," declared Dr. H. E. McDermot, of McGill University, "it has never been proved that even in such heavily polluted centres in such as London and Glasgow, there is more illness which can be fairly chargeable to the smokey atmosphere."

ILLNESS FROM ATMOSPHERE

It is known, however, that smoke lessens the amount of sunlight in a city and cut off the important ultra-violet rays. Indirectly this may be responsible for some ill health, such as colds, and it certainly increased the chance of rickets in children.

TAR MENACE

Another possible ill, although without definite proof, was that due to tar contained in coal smoke tar was known to be able to produce certain kinds of cancer experimentally, hence the suspicion with which its presence in smoke was regarded.

Canadian National Railways Revenues

The gross revenues of the all-inclusive Canadian National Railways System for the week ending June 15th, amounted to $5,457,110 as compared with $3,422,697 for the corresponding period of 1939, an increase of $2,012,413 or 59.7 per cent.

"It DOES taste good in a pipe!"

HANDY SEAL-TIGHT POUCH - 15¢
½-LB. "LOK-TOP" TIN - 60¢
also packed in Pocket Tins

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LIGHTNING ROD AGENT WANTED to sell Lightning Rod and Electric System. E. Phillips Company Limited, 23 Osborne Avenue, Toronto.

AGENTS WANTED TO REPRESENT "The Old Reliable Penthill Nurseries." Exclusive territory in town or country. Liberal terms, paid weekly. Handsome free outfit. Stone and Wellington, Toronto.

AVIATION

URGENTLY REQUIRES TRAINED men capable of maintaining and building aircraft. Canada's largest Aviation Training School offers courses in Airplane Mechanics and Aircraft Welding which should assure intelligent, capable men of future in an industry which is growing indefinitely out of all proportion when compared with Look to your future. Full particulars from Fairchild Bros. Barker Airport, or Leland Airport, Toronto. Phone KEnwood 2521.

BAKERY EQUIPMENT

BAKERS OVENS AND MACHINERY, also bread wrapping machine on hand. Terms arranged. Correspondence invited. Bakery Supply Co., 103 Bathurst St., Toronto.

BABY CHICKS

HAVE YOU ENOUGH PULLETS and Cockerels to replace of the coming markets? You can buy with confidence of good, quick, steady performance such July Bray breeds as New Hampshires, N.H. x B.R., Leghorns, L.S. x N.H. Rocks. Order now. Bray Hatchery, 159 John N., Hamilton.

NEW LOW PRICES CO INTO EFFECT June 17th. Bred for Profit Leghorns $3.95. Pullets $7.95. Cockerels $1.50. New Hamp. Rocks, Pullets $11.95. Cockerels $6.45. Brown Leghorns, Black Minorcas, White Minorcas, Anconas, Hybrids, Black Minorcas x White Leghorns $5.45. Pullets $16.50. Cockerels $2.00. Barred Rocks $5.45. Pullets $15.95. Cockerels $2.95. Rhode Island Reds, White Rocks, White Wyandottes, Light Sussex, Jersey Black Giants, Black Australorps. Hybrids and Rocks x New Hamp. Rocks. Light Sussex x Barred Rocks $5.95. Pullets $12.95. Cockerels $2.95. Started chicks, capons, Turkeys. All postpaid. Catalog free. 21 Hatcheries. Tweddle Chick Hatcheries Limited, Guelph, Ont.

BUY QUALITY CHICKS, EASY TO raise, the stand-by of thousands of poultrymen and women for 25 years. Day old and started. Two hatches a week to take care of prompt shipment. Vigorous breeding stock. Selling Farms & Hatchery, Elmira, Ontario.

Barn Roofing—Granary Lining SUPERIOR STEEL SHINGLES COST less, cover more, last longer, lay faster, are more fireproof, now before war advances prices, direct from factory. Superior Products Limited, 15 Nelson Street, Sarnia, Ontario.

YOU RECEIVE THE WORTH OF your money when you buy Johnson's chicks. They are bred to lay and are good table fowl. Prices for June and to the end of the season: Barred Rocks, Pullets $11.95, pullets 15 cents, cockerels 7 cents. Leghorns 8 cents per cent, pullets 17 cents, cockerels 2 cents. All our blood tested. Breeds are bred from O.B.S. stock. Leghorns are the Egg strain. Safe arrival guaranteed. 10 per cent with order. J. D. Johnson, Pembroke, Ont.

JULY PRICES ON TOP NOTCH Chicks, all from hand-picked Pullet stock. Barred Rocks, Quality White Leghorns, $2.95 per 100. Pullets $12.95. Barred Rocks, New Hamps, Light Sussex, Buff Rocks, Cockerels $4.95. New Hamp. Cockerels $4.95.