

"Sportsman Flies High"

By Lawrence Keating

Synopsis: Dan Colwell of the Gruber-Vaal private detective agency is assigned the job of following McDonald who is believed to have murdered his enemies and plotting to murder him. McDonald is killed in a fight with Colwell's watchful eyes. With McDonald's wife and a gangster ring which he had become disorganized, Colwell risks his life to be as evidence by playing one against another.

CHAPTER XVIII

Presently the buzzer sounded. "Sit tight," Colwell warned. "Let's have the deal over and no funny business. You're getting a bargain as it is." Gun in hand, he walked to the door and after a preview through the slot, he saw a man in a suit. "Thanks, Al. We'll have a buck for your trouble. So long!"

He brought the fat parcel back and placed it on the desk beside the money. "Now Otto, don't look so greedy. You'll get it. Let's say through the slot, he saw a man in a suit. "Thanks, Al. We'll have a buck for your trouble. So long!"

"Oh, it is, Otto, it is." He made the exchange and stuffed the bills into his coat pocket while Gruber breathlessly ripped open the package. He sighed vast relief. "We made a deal, eh, Otto?"

"Sure, we're fed, all right," Colwell grinned. "Dang, you even suspect it? Looks like we made a sweet pinch—really! I thought a witness was a hard transaction. And the same gang ought to take to your friend Lety Quinn, eh? I see now why I made the price so attractive? Just stand there till I get my breadsticks." He tugged at a drawer of the desk. "Why, Otto, didn't you know what it says on my front door? The Federal Bureau of Investigation has a plain warning like this."

He had been over-confident—the tremendous success of his victory after months on this most ticklish of all cases. Gruber's passion mounting like a storm, Colwell's words came out made the man a bull. He went berserk. He could scarcely have known what he risked but he succeeded by very madness.

When! Gruber! A bullet flicked Colwell's sandy hair and splashed cracks in the outer window. The second shot struck Dan's belt buckle. It would have wounded him. The impact sent him off balance and he crashed against the wall.

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Issue No. 2 — 39

7 Simple Rules Of Good Health In Winter Time

By Lawrence Keating

Following Studies That Were Made Among Employees

During the last 21 years the Bell Telephone Company of Canada has paid out over \$3,600,000 in the form of sickness benefits to its employees. A study of the more than 40,000 cases of illness involved has revealed that ailments of the respiratory system—such as colds, laryngitis, influenza, bronchitis and tonsillitis—were responsible for 45 per cent of the expense of this expenditure.

1. Keep room temperature around 72 degrees.

2. Keep air moist—will radiator pans with water regularly.

3. If you have a coal fire, be sure gases are burned off before closing dampers for the night.

4. Avoid going out into the cold when you are perspiring.

5. If you have a coal fire, be sure gases are burned off before closing dampers for the night.

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10. Avoid going out into the cold when you are perspiring.

11. If you have a coal fire, be sure gases are burned off before closing dampers for the night.

12. Avoid going out into the cold when you are perspiring.

13. If you have a coal fire, be sure gases are burned off before closing dampers for the night.

Ate Her Meals, Feet In Oven

By Lawrence Keating

Frank Dobbs, Western pioneer in recalling the hardships of life on the Prairies, as a bride, 50 years ago.

Mr. and Mrs. Dobbs have just celebrated their golden wedding anniversary at Vancouver, B.C. Mr. Dobbs is a veteran of the Red River and the North-West Mounted Police.

The bride's house of 50 years ago was such a chilly log affair that the bridegroom threw pillows of cold water over it to freeze up the chinks on the outside.

"Yes, and I ate breakfast with my feet in the oven and my plate on the stove and at that we weren't different from anybody else," said Mrs. Dobbs.

She recalled her wedding day at Shoal Lake, Man., was a beautiful day, 40 below zero.

"We didn't mind," she said. "My feet were in the oven in those days and when we went out to work they had to wear a fur cap."

Swimming Pool For Princesses

Buckingham Palace Has New One

The new swimming pool at Buckingham Palace which is being specially constructed for Princess Elizabeth and Princess Margaret Rose will be ready for the use of the little girls to have their first swim in the early this year.

Of Interest to Women Readers

START THE MEAL RIGHT

Starts Are Popular at Lunch or Dinner Time

By Katharine Baker

Heart-warming and body-warming are soups, especially on cold winter days. They can get you up to a good start—be the substantial part of a slim meal; best for a cold or salad meal, or just a flavourous beginning for any meal. For invalids or convalescents who haven't any appetite, try one of the following soups—it will be noted.

1. 1 cup onion, sliced
2. 1 cup celery, sliced
3. 1 cup carrots, sliced
4. 1 cup parsley, sliced
5. 1 cup mushrooms, sliced
6. 1 cup tomatoes, sliced
7. 1 cup green beans, sliced
8. 1 cup peas, sliced
9. 1 cup corn, sliced
10. 1 cup lima beans, sliced
11. 1 cup kidney beans, sliced
12. 1 cup lentils, sliced
13. 1 cup chickpeas, sliced
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618. 1 cup chickpeas, sliced
619. 1 cup garbanzo beans, sliced
620. 1 cup pinto beans, sliced
621. 1 cup black beans, sliced
622. 1 cup navy beans, sliced
623. 1 cup cannellini beans, sliced
624. 1 cup borlotti beans, sliced
625. 1 cup adzuki beans, sliced
626. 1 cup mung beans, sliced
627. 1 cup split peas, sliced
628. 1 cup lentils, sliced
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630. 1 cup garbanzo beans, sliced
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