"Hunter! Hunter!" he called softly.

He reached a spot where a high

of where the watcher crouched. With certainty of direction despite

Several years lapse, and the scene changed to an old hours, Owl's floor into the library.

private invistigation, and the two take Only a leather folding screen offered up residence at Owl's Croft, where the faintest chance of a hiding place.

Attendants Often Untrained Only 24 per cent, of urban commuthey are atten by an elderly cou and this, without ceremony. Digby pie, MR. and MRS. BARLOW. The threw over. couple are un-.. -factory, but Dinby

able noises and ringing of bells, and he addressed the empty-air. uncanny things happen to an ancient "Well I'm jiggered!" he gasped. non-existant. ricture of a priest. Presently, foot "Not here—but I could swear—"

The associate heard outside the library possible care to me and not be seen, ghostly hound. Digby neered with ever growing inter-

slawly the panel moved to discusse standing across the made for the dark night beyond.

a black gap be not, and behind the made for the dark night beyond, of moderate means requiring skilled wainscot a lean, white hand emerged, Blundering and falling in the rain, nursing care were able to pay for such followed by an arm and then a body. A stooping man 'epped into the room noiselessly from the aperture and puzzling the lay-out of a garden after excessive charges when nurses' annual excessive charges when the excessive charges w stood upright after a moment's survey dark can be was prodigious, he comof the apartmeWho could be be? Digby felt his through the soft earth of a flower bed heart thumping with the excitement or blundered through a net-work of Most Girls Apply

of the moment.

The figure stepped silently over to stumbled through the darkness. first one lamp and then the other, and speedily extinguished them, and then he candles.

The man, if man it was, that Digby's the gale, and he paused to wipe his

startled gaze beheld, was dressed like a monk or padre, wearing a bunched From over the lawn he beheld the

BABY

Teething Time?

For FREE sample and booklet "Hints to Mothers" write John Steedman & Co., Dept. 19, 442 St. Gabriel St., Montreal.





One- and two-burner models available. Ask your dealer or write for FREE FOLDER!

/ Issue No. 22—'38

Urges Canadian Nursing Service

Association Places Before Rowell Commission A Plan Whereby Rural Areas Would Benefit From Professional Nursing

head was enveloped in a cowl which rural communities in Canada could be grassy slope or a shady grove where largely met by a form of health insurservice was included as an integral part of medical care, the Canadian Nurses' Association submitted in a In his dressing-room he finds awaitIn his dres 46 Per cent. Without It

the table.

Pulling his hood still closer, the skilled nursing care, the commission to visit relatives or friends, it's a padre-like figure blew out the one re was informed. maining sindle and flitted across the The association felt that the present

to changed to an old hours, Owi's floor into the library.

That was Digby's cue for action. He straight that the present number of registered nurses, estimated at more than 20,000 was "probably" sufficient, is properly distributed, to provide nursing care for all who required place, is almost scared out of his wits by what scem to be psychic happe ings.

Dicty enlists the help of MAXTON HUNTF?, who has a reputation for private investigation, and the two take.

Only a leather folding screen offered.

The association felt that the present number of registered nurses, estimated at more than 20,000 was "probably" sufficient, is properly distributed, to provide nursing care for all who required it. However, necessary distribution could not be effected without some definite plan, since the average rural community was unable to provide financially for such service.

Only a leather folding screen offered.

Attendants Often Untrained

Only a leather folding screen offered Attendants Often Untrained "Come out, I've spotted you. Now the association said, although it was what's the game?" couple are unallifectory, but Digby finds that other servants he engages refuse to stay.

Once again that chilling sense of the uncanny sent cold shivers coursitagy in the house there are unaccount stay in the house there are unaccount ing down his spine as he realised that the addressed the empty-air.

"Come out, I've spotted you. Sense of generally recognized that "a large percentage of ill people can be satisfactorily cared for by an efficient visiting nurse organization. In rural areas such services was practically recognized that "a large percentage of ill people can be satisfactorily cared for by an efficient visiting nurse organization. In rural areas such services was practically recognized that "a large percentage of ill people can be satisfactorily cared for by an efficient visiting nurse organization. In rural areas such services was practically recognized that "a large percentage of ill people can be satisfactorily cared for by an efficient visiting nurse organization.

The association said that less than He paused, rooted to the spot, for outside, borne upon the gusty wind, Canadian community who needed ser-Holding his breath and taking all came that low, mournful howl of the vices of a trained nurse were able to ghostly hound.

Then it was that panic seized upon cent. of cases of "average acute illhim. Blind unreasoning panic, and ness" were cared for by untraired at stumbling across the hall-lounge he tendants. Only three of eight people

Too Much Rouge

Peter J. Vest, Make-up Artist Advises Against Lavish Use Of Lipstick

from the hall into a side room. The adjoining window was accordingly lit with the candle's faint gleam, and the law will be admired, how they will wash law and single advices and the law and single advices. The makes an outstanding characteristic of it by making it appear even more hall was adviced and and some advices. The makes an outstanding characteristic of it by making it appears and the law a

with the candle's faint gleam, and the hall was dark again.

Then came a faint sound of a smash as though something had fallen over.

"What on earth is the woman up to, fiddling with candles in that mad fashion?"

If he had moved one step as he had intended he would have hear seen seen. Seen out of ten girls used too much make-intended he would have hear seen seen.

If he had moved one step as he had intended he would have hear seen seen.

If he had moved one step as he had intended he would have hear seen seen. Of it by making it appear even more generous. People think of her mouth more than of her beauty."

Seven Out of Ten Guilty

Mr. Vest hadn't had time to pass judgment on Canadian girls, but in sizes 4 to 8 (all in one pattern); cake pans in moderate oven (375 deg. mattern stich.

If he had moved one step as he had intended, how they will wash and wear! It's likely you'll want to make several for gifts during leisure summer hours. Pattern 1782 contains directions for making the dress judgment on Canadian girls, but in sizes 4 to 8 (all in one pattern); cake pans in moderate oven (375 deg. mattern stich.

F.) 20 minutes, or until done. Makes of its preased cup-its and moved one step as he had its preased to make part of the mouth move than of her beauty."

Seven Out of Ten Guilty

Mr. Vest hadn't had time to pass judgment on Canadian girls, but in sizes 4 to 8 (all in one pattern); cake pans in moderate oven (375 deg. mattern stich.

F.) 20 minutes, or until done. Makes of the materials required; photograph of any part of the make several for gifts during leisure.

Seven Out of Ten Guilty

Mr. Vest hadn't had time to pass judgment on Canadian girls, but make several for gifts during leisure summer hours. Pattern 1782 contains directions for making the dress judgment on Canadian girls, but make several for gifts during leisure summer hours. Pattern 1782 contains directions for making the dress judgment on Canadian girls, but make several for gifts during leisure summer hours. Pattern 1782 contains the forma intended, he would have been seen by up. They tried to appear exotic, like a swiftly-moving figure which suddenly emerged from the darkness of the Natural make-up was better than a cannot be accepted) for this pattern

Write: Garfield Tea Co., Dept. 16a,
Brooklyn, N.Y.

1 Close Ave., Toronto, Cam., Dept. 15a.

Happily at this point the hall lights

Happily at this point the hall lights Happily at this point the hall lights came back again; soneone inside was who wants an ordinary studio portrait taken. If the photographer eliminates taken. form of a man, tall, hooded and cloaked. In an instant he was abreast have to retouch the picture.

the dark, the man came on, and Digby, with cat-like caution, stole behind, the

Cook stoves and sewing machines ground rough, and Digby knew they were beyond the confines of the garden and, judging by the direction of the wind and salty spray, approaching the top of the cliffs.

The sea below reflected a lighter shade than the black heavens above, and he could make out the form of his quarry.

(To be Continued)

Cook stoves and sewing machines —instead of arms and bars — are keeping the gunman's moll, the narchen intely disposed to cancer of the skin," states Dr. Franz Blumenthal, formerly of the University of Michigan Medical School, in a recent lecture in Minneapolis.

Radiation, particularly X rays, rays from radioactive substances and ultra violet light, can both produce and cure of the skin. It causes degendant of the University of Michigan Medical School, in a recent lecture in Minneapolis.

Radiation, particularly X rays, rays room radioactive substances and ultra violet light, can both produce and cure cancer of the skin. It causes degendant is substanced and fair persons who have work that exposes them continuously to these rays are definitely disposed to cancer of the skin," states Dr. Franz Blumenthal, formerly of the University of Michigan Medical School, in a recent lecture in Minneapolis.

Radiation, particularly X rays, rays room radioactive substances and ultra violet light, can both produce and cure cancer of the skin. It causes degendant of the University of Michigan Medical School, in a recent lecture in Minneapolis.

Radiation, particularly X rays, rays room radioactive substances and ultra violet light, can both produce and cure cancer of the skin. It causes degendant of the University of Michigan Medical School, in a recent lecture in Minneapolis.

Radiation, particularly X rays, rays room radioactive substances and ultra violet light, can both produce and cure cancer of the skin. It causes degendant remedy is substanced and fair persons who have work that exposes them continuously to these rays are definitely disposed to cancer of the skin."

School, in a recent lect ground rough, and Digby knew they

World's Champion
Needle-Threader

Passing a camel through the eye of a needle is a feat comparable with those performed by Mr. J. Serrelli, who proclaims himself the needle-threading champion of the world.

Not long ago an American girl read

Not long ago an American girl read of his skill, so she threaded 224 strands of cotton through the eye of buildings which look like a girl's cola standard darning needle and sent lege, and would be easy to escape of to him as a challenge. He took from.

But guards, arms, steel gates, was her garter. It was a 20-in. adder

marching prison feet all are missing.

Nearly 50 per cent. of the inmates are narcotic act violators. Another 20 per cent. have broken liquor CASA LOMA laws.

Many are released into squalid surroundings. Yet, Dr. Harris said, their training in domestic or industrial arts is so effective that few become repeaters. Only 21 of the S61 paroled in 11 years have vio-

Preparations

Hundred and thousands of Canadia amilies will be taking to the road or the 24th of May. Some may be just Nursing needs of both urban and Thousands will be bound towards a they can spread out their picnic food

and the in the sun and enjoy the weath ther.

This will probably be the first picture of the season for most of us so let's make it one of the best. The outsideous same to the best. The outsideous same to the best of the let's make it one of the best. The outsideous same to the let's make it one of the best. The outsideous same to the let's make in leaf was in let's make in let out-of-doors seems to what appetites and picnickers are ready to eat any-England, but the conversation is interrupted by the entry of three men.
who, producing pistols, demand that
of the weapon vibrating with the force
of the weapon vibrating with the force
of the impact as it buried itself into
the tribe.

At present, 90 per cent, of the trained nursing services were "readily obtainable in a geographical sense" by
only about 46 per cent, of the population, a large proportion of rural communities being presidely without
thinking of deiving into the thinking of deiving into the thinking of deiving into the property. thing by the time the food is served. good idea to take along something to whole meal perhaps, but a meat loaf,

> Nothing Cooler or Smarter Than This Laura Wheeler Crochet



CROCHETED DRESS, PATTERN 1782

Why not make your daughter a Visiting Toronto last week was Pel lowest price you ever paid for such From over the lawn he beheld the strange business of the hall lights being extinguished.

RIGHT THIS VERY MINUTE

Right

Right

Right

Right

Right

Right

Right

Tried!

Irritable!

No washat can be assumed the wish to put out the lights?

Tried!

Irritable!

**No washat can be assumed the windows. The he saw the gilmmer of a match motition: Look at your watch—note the time. The same time tomorroy come the hall into a side room. The same time tomorroy come the lawn he beheld the strange business of the hall lights being swing business of the hall lights being extinguished.

**Visiting Toronto last week was Peter J. Vest, of Hollywood, who looks more like a movie stru than a make up artist. Mr. Vest lectured at the annual convention of the Ontario Society of Photographers.

**You know," he said in an interview, "beautiful girls come at a dime a dozen in Hollywood. So beauty is no recommendation for popularity there. So what, for instance does Joan Crawford do to be unique? She's cohain loop stitch worked round and finally a lighted candle carried from the hall into a side room. The same time tomorroy come.

**Tried!*

**Irritable?*

**Now what can that mean?" he muttered, "Why should Mrs. Barlow light up artist. Mr. Vest lectured at the annual convention of the Ontario Society of Photographers.

**You know! he said in an interview, "beautiful girls come at a dime a dozen in Hollywood. So beauty is no recommendation for popularity stitch, with picot loop finish, dainty as can be, at neck and sleeves. The skirt contrasts with bodice, in a chain loop stitch worked round and finally a lighted candle carried from the hall into a side room. The same time tomorroy come.

**Tried!*

**Irritable?*

**No know." he said in an interview, "beautiful girls come at a dime a dozen in Hollywood. So beauty is no recommendation for popularity stance with proving the such carried of the same time and the such carried of the same time and the such carried for time and the strong t

In Northern Zones 1/3 cup milk With Red-Heads, They Are Particularly Sensitive to Strong Sunlight, Science Finds

Sitt Hour once, measure, and variety powder, nutmeg, and salt, and sift again. Cream butter, add sugar gradually, and cream together until light and fluffy. Add egg and raisins. Add

with cat-like caution, stole behind, the boisterous wind serving to mask the sound of his step.

He could not see his friend ahead for longer than a second or two; but his senses served him well and he hung on doggedly.

The path was cleaner, but the ground rough, and Digby knew they instead of arms and bars—are who have work that exposes them.

Where Girl Crooks

Learn How to Cook

Learn How to Cook

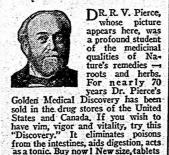
In Unusual Prison Domestic Training Helps to Reform Them

Cook stoves and sewing machines ing Helps to Reform Them

Cook stoves and sewing machines instead of arms and bars—are who have work that exposes them with milk, a small amount at a time. Drop from teaspoon on ungreased baking sheet. Bake in moderate oven (350 deg. F.) 15 minutes. Makes 2 dozen cookies.

an old New England remedy i CONNECTICUT REMEDY CO. Room 421, 73 Adelaide St. West

• • A GENIUS • • Live Garter



your prospective hostess a lot of work and makes you doubly welcome for your thoughtfulness. Here are various recipes which can be worked into your For Spring For Springtime

Savory Meat Loaf 2 thick 2-inch slices of salt pork, 2 pounds round beef, ground 2 cup quick-cooking tapioca 2 small onion, finely chopped

14 teaspoons sait

2 cups cold boiled potatoes, cut in 12-inch cubes

a tablespoon onion or chives, finely

ure. Toss together lightly and chill

Filled Jam Cookies

cup brown sugar, firmly packed

with 212-inch cooky cutter. Place 1

Gingerbread Cup Cakes

Oatmeal Drop Cookies

2 cup butter or other shortening

% cup sifted flour

1 egg, well beaten

spoon jam on a circle, and place

teaspoons baking powder teaspoon salt cup butter or other shortening

l egg, well beaten

1 teaspoon vanilla

hard-cooked eggs, chopped

5 tablespoons mayonnaise

Greatly Lightened CHROMIUM - Rub with a toth grung out in w in soapy water, which should remove most marks. Finish polishing with a soft, dry duswhich may injure the surface PARCHMENT LAMPSHADES

minutes longer, or until done. This wrung out in equal parts of vinegar loaf will slice nicely when cold. Serves of a lemon to a cup of water. This will clean and 'elp to whit'n the ivory. careful not to let moisture get be-tween the ke. --d dry thoroughly with a soft -hamois. CARPETS - Clean with a reliable

the lawn to dry and aid. Sprinkle special moth preventative powder under-neath carpets when relaying.

POLISHED FURNITURE — Clean

Or. A. Nand, of Agra, India. He is Dash of white pepper
Rub bowl in which salad is to be mixed with cut-side of clove of garlic, if desired. Add potatoes, pimientos, cnion, and eggs. Combine 1 table. cnion, and eggs. Combine I table spoon mayonnaise with vinegar, salt, and pepper, and add to potato mixture. Toss together lightly and chill

MIRRORS — Clean surface stains swears. She was a member of a re-MIRRORS — Clean surface stands were See was a memory of a rewith a leather wrung out in ammonia
ligious sect which held the belief
that it is necessary to dissociate
back of the mirror, however, resilvering will have to be done.

WALLPAPER — Slightly soiled

WALLPAPER — Slightly soiled

inside of a new loaf. Or there is a spe-cial wax-like preparation which on be-sure science can learn something g rubbed over the surface will fresh from this feat. worm-holes in furniture— Drop paraffin into holes with the aid of a matchstick, repeating several Any kind tart jam (apricot, etc.) times at intervals to make sure the Sift flour once, measure, add baking worms are destroyed. Be careful not powder and salt, and sift again. Cream to damage the surrouding wood. Afterbutter thoroughly, add sugar gradu- wards fill the holes with wood filler and touch up with a little suitable and fluffy. Add egg and vanilla; then stain before polishing. add flour, alternately with milk, a

small amount at a time. Beat after each addition until smooth. Chill until firm enough to roll. Roll 1/4 inch thick on slightly floured board. Cut Finds Twins Equal

another circle on top, pressing edges them identical twins. But even large dose of Kruschen every Satur-together. Bake on ungreased baking science is a little amazed at the day night and on Sunday, when I have sheet in hot oven (425 deg. F.) 6 to 8 unique record of Alex and Tom no work to do, the Salts act on me. who look alike and through all their rising. It is necessary that I be 'on school experience have never dif-my toes all through the day, and this fered by more than two per cent. in is the only way that it possibly can be their standings.

In this term's honor list of the Kruschen Salts is an excellent re

South Collegiate they both obtained cipe for maintaining a condition of in-ternal cleanliness. The numerous salts apers they wrote. Their teachers in Kruschen stimulate vour internal They look so much alike that they have been known to play tricks on hose who know them best.

They look so much alike that they impurities which, when allowed to accumulate, lower the whole tone of the system.

ollow These Suggestions And You'li Find Your Labors Are

Indian Woman Died For One Hour Only

wallpaper may be cleaned by rubbing lungs and heart, was so perfect that with a piece of bread taken from the

Travel Made Him Constipated

Salesman Says Kruschen Keeps writes a correspondent, "and due to In School Records ed if I do not keep myself internally clean. Kruschen Salts is the only LONDON, Ont. — Science calls ont interfere with my work. I take a



This simple fact eloquently demonstrates the worldwide confidence in the splendid traditions of British seamanship, service and discipline which continue to distinguish Cunard White Star after nearly a century of uninterrupted trans-Atlantic service. The ships of the Canadian Service fleet, sailing weekly via the short, scenic St. Lawrence route to Europe, play their part in upholding Cunard White Star's eminence in the travel world.

A wide range and frequency of sailings between Montreal, New York and Boston and the principal ports of England, Ireland, Scotland and France are maintained by a vast fleet of modern vessels, led by Britain's masterpiece the R.M.S. "QUEEN MARY" ... a fleet offering a great variety of accommodation at moderate cost.

Rates range from Cabin Class \$132. Tourist Class \$117.50 Third Class \$91. Cor. Bay & Wellington S (Elein 3471) Turonto Apply to your local frovel agent ix



Daniel 1:8-16, 19, 20: I Corinthia

9:2427 be submitted to these candidates Golden Text.—Every man that striveth in the games exerciseth self-con-trol in all things. I Corinthians 9:25.

THE-LESSON IN ITS SETTING timate of the real worth of these timate of the real worth of these youths. A magician to-day is one Time.—Daniel was carried to Baby- youths. A magician today is of lon 606 or 607 B.C. The apostle Paul skillful in tricks and magic, but rote his First Epistle to the church those days he was a learned man act Corinth before A.D. 59.

Place.—Babylon was the great city was supposed to perform some magiat Corinth before A.D. 59.

Place.—Babylon was the great city of the Mesopotamian valley, located at the lower part of the Euphrates River.
The city of Corinth was located in the southern part of Greece, and the epistle to Corinth was written from the city of Ephesus, in the province of whisper, and indicates that these men was supposed to perform some imaginary of the Mesopotamia of the was a man far more intelligent than the common people of the kingdom. The word here translated "enchanters" is from a verb meaning to breathe, or to blow or whisper, and indicates that these men was supposed to perform some imaginary of the Mesopotamian valley, located at the was a man far more intelligent than the common people of the kingdom. The word here translated "enchanters" is from a verb was supposed to perform some ingrecal rivers, he was a man far more intelligent than the common people of the kingdom. The word here translated "enchanters" is from a verb was supposed to perform some intelligent than the common people of the kingdom. The word here translated "enchanters" is from a verb was supposed to perform some intelligent than the common people of the kingdom. The word here translated "enchanters" is from a verb was supposed to perform some intelligent than the common people of the kingdom. Asia, almost directly across the Aege- "practiced their incantations by mo

drink to write brought reason to othe person to the present and the wine angines of the present and the wine angines of the proper manner (Dett. 12:22, 23) into worldliness will undo cube a carefully attended to the rules present the proper manner (Dett. 12:22, 23) into worldliness will undo cube a carefully attended to the rules present the proper manner (Dett. 12:22, 23) into worldliness will undo cube a carefully attended to the rules present the proper manner (Dett. 12:22, 23) into worldliness will undo cube the conversation of the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of a heathest end of current the post of the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of a heathest end of current the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of a heathest end of current the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of a heathest end the will be the proper manner (Dett. 12:22, 23) into worldliness will undo cube the recognition of a heathest end the will be the proper current the proper current the proper current therefore, that, in every mortified he will be the proper current the proper current the proper current the proper current therefore, that, in every mortified he will be of the king point of the particular analysis which is still point to the proper current the

and unscathed through seventy years Appeal to Self-Interest kindness and compassion in the sight not help thinking in reading this passage of a similar experience of Joseph (Gen. 39:21), who, though thrown into avor in the sight of the keeper of the of our fine running. It is given to us

Explain prison.
10. And the prince of the enunchs said unto Daniel, I fear my lord the set rength of it, we ought to live under the mastery of the Lord Jesus And provide that are of your own age? so would be enunchanged and pour faces worze looking than the youths that are of your own age? so would be enunchanged and pour faces worze looking than the youths that are of your own age? so would be enunchanged and pour faces worze looking than the youths that are of your own age? so would ye endanger my head with the king. The chief of the enunchs knew that personal good looks were an important matter with Nebuchadnezara, if they were badly nourished, these Hobrew youths would be handicapped at the provide when the prince of the eunuchs had appointed over Daniel, I fear my lord the distinct the set of the self-interest of the youths be for him, but as that does not more life would be endangered.

**Nourished the prince of the eunuchs had appointed for the mastery of the Lord Jesus Christ.

Summing Kecord

**A two-year study of American Indicates a day, exercise and a fruit juice and sald diet to cheige and a fruit juice and sald diet and the eliminate with Nebuchadnezara, in the sallow tones which most skins seem to a twinter its to place to the enunchs had a new kind of chealth schedule.

Horse Knows Lights

But Ignores Signs

But Ignores Signs

**But Ignores Signs*

**But Ignores Signs*

**But Ignores Signs*

**But there examination before the king The chief of the enunchs first appeals to the self-interest of the youths walk of the handicapped of the enunchs first appeals to the self-interest of the youths walk of the enunchs first appeals to the self-interest of the youths walk of the enunchs had a provided of the enunchs had a provided over Daniel to the examination before the king. The chief of the enunchs first appeals to the self-interest of the youths walk of the enunchs had a provided over Daniel to the self-interest of the youths walked right through a stop sign, so Gus: was haled int 10. And the prince of the eunuchs at the beginning of the race, and in

appointed over Daniel, Hananiah, Mishael, and Azariah: 12 Prove thy servants, I beseech thee, ten days; and let them give us pulse to eat, and water to drink 13. Then let our countenances be looked upon before them, and the countenance of the youths that eat of the king's dainties; and ast the at of the king's dainties; and ast thou seest, deal with thy servants.

Daniel's determination here speaks brought up. Some one must have instructed Daniel most faithfully in the letter days in the chairman kept order by ringing to get through the bottom to the carpices of his audience, and the meeting ended with the customary too of thanks to the chairman!

Throws Off Lethargy
You may have a glass of milk between each health meal, and you ought to drink six to eight glasses of water a day. You are not necessarily trying to throw too of thanks to the chairman!

As King Opens Fair

"How's your horse's record?"
Wind Good All the Way
Two miles west of Oakville the automobile ran out of gasoline, the other runners gave up and turned back. "What the heck, I figured, there's only another 20 miles or so to gc, so I might as well keep on," he explained.

"My wind was good all the way. My and was good all the way. My legs started to feel heavy around Oak will see of the next two weeks, try being a bit of a Spartan, doing setting-up exercises for ten minutes each morning, well for the home in which he was brought up. Some one must have instructed Daniel most faithfully in the or the chairman!

Throws Off Lethargy
You may have a glass of milk be tween each health meal, and you ought to drink six to eight glasses of water a day. You are not necessarily trying to throw to of thanks to the chairman!

Lithuania

Throws Off Lethargy
You may have a glass of milk be tween each health meal, and you ought to drink six to eight glasses of water a day. You are not necessarily trying to throw to five health to drink six to eight glasses of water a day. You are not necessarily trying to throw to five health to the carpicate of his audience, and brought up. Some one must have in-structed Daniel most faithfully in the things of the Hebrew faith, and probably his mother and father lived virtuous lives before him, the beauty and sincerity of which would never pass

out of his heart and mind. Simple Food Only
Daniel's simple request was that in
place of the rich food which the king other three Jewish youths who had been selected with him to live in the court, they should give him what is here called pulse. Pulse meant nothing else but vegetables, as far as we know. The word itself means "seeds."

14. So he hearkened unto them in this matter, and proved them ten days.

15. And at the end of ten days their countenances appeared fairer, and they were faiter in flesh, than all the vouths that did eat of the king's dain their dainties, and the wine that they should drink, and gave them pulse.
Superiority of Daniel
The Superiority of Daniel and

his companions over the wise men of Dan. I: 19, 20. 19. And the king commulad with them; and among them all was found none like Daniel, Hanan-lah, Mischael, and Azariah; therefore stood they before the king. 20. And in every matter of wisdom and under-standing, concerning which the king Presenting Shakespeare's "Twelfth Night" in the open zir, these amateur players celebrate the Bard Avon's birthday, in London, England.

inquired of them, he found them to times better than all the magician and enchanters that were in all hi

realm. It is not unlikely that que tions of policy and statecraft, wou

Asia, almost directly across the Aege an Sea from Corinth.

S. But Daniel purposed in his heart that he would not defile himself with the king's dainties, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself. This passage has a very definite maining, and has a lesson that we should carefully observe. But we cannot find that it.

This is exactly the same word that our cannot find that it. e. But we cannot find that it This is exactly the same word that our Says Brooklyn Neurologist-Urobserve. But we cannot find that it teaches constant abstinence from wine any more than it teaches constant abstinence from meat. That is not the point of Daniel's determination. The point of Daniel's determination. The sequential and any poly who is analyzed ally ill," Dr. Orman C. Perkins told his dian soils much has been heard during stroying it has been invented by an of Imperial Chemical Industries, he ally ill," Dr. Orman C. Perkins told his colleagues of the Medical Society of the State of New York last week, on his way to Engrecent years, and fertilizers containing higher percentages of this importance are the lives of human beings. The lives that it destroys are those of the Medical Society of the State of New York last week, on his way to Engrecent years, and fertilizers containing higher percentages of this importance are the lives of human beings. The lives that it destroys are those of the Medical Society of the State of New York last week, on his way to Engrecent years, and fertilizers containing higher percentages of this importance are the lives of human beings. The lives that it destroys are those of the Medical Society of the Medical Society of the State of New York last week, on his way to Engrecent years, and fertilizers containing higher percentages of this importance are independent and the properties of the Medical Society of the State of New York last week, on his way to Engrecent years, and fertilizers containing higher percentages of this importance are independent. drink the wine brought from the king's was exceedingly stated to undo the results the State of table? Professor S. R. Driver brings bauch was enough to undo the results since happing most of the principal reasons togeth-of weeks during which the athlete had of success."

Unhappiness Is

Mental Illness

ges Treatment of Low Spirits,

sin to be destroyed.

27. But I buffet my body, and bring it into bondage. It was probably by sheer strength of will and by the grace of Christ that Paul subdued his body. Lest by any means, after that I have Lest by any means, after that I have preached to others, I myself should be rejected. The word here translated "respected" means, literally "root stand, the translated is should be rejected. The word here translated is not stand, the translated is not stand to the respect to (Gen. 39:21), who, though thrown into a dungeon because of a terrible crime of which he had been accused, found

Jesus Christ. Salvation is not given

Claims World's

Soil Erosion Helps Keep Dentists Busy No "Chips Off

Delegates to the annual conven-

Finds Death Ray Need Phosphorus Where Crapping Is Continued merican Scientist Invents Method

That Kills Germs, Not

Without Using Fertilizers, Deficiency Results

A Meeting Held Over The 'Phone Are Very Stupid Cancer Scarcer A Planned Diet Conquers That Transvaal Farmers Are Successful Iransvaal Farmers Are Successful
In Novel Attempt When Roads
Found Impassable.

Maeterlinck and other bee admirers
notwithstanding, bees are very stupid;
even in t eir most complicated em-"Tired Feeling"

Fresh Vegetables, Salads and Fruit Will Give You Pep and Color

What sulphur and molasses were to

Once again Man's ingenuity has triumphed over Nature's unkind weather.

This time it was a North Transscal England, asserts, as quoted by the

These Open Air Players Celebrate Shakespeare's Birthday

Canadian Soils

Running Record | What sulphur and molasses were to the girls of grandmother's day, exer- Farmer's Association that did the London News Chronicle.

ed by universal adult suffrage, the ex-

ecutive being the council of ministers.

Bounded by Latvia, Poland, Ger-

square miles (a little under half the

round."

"What if your record is not accept-day. Try to get eight hours of sleep ed as official?" "Then I'll run it every night, eat lightly, drink quantiagain. It's not my fault the others ties of fru!" juice. Such a routine will declared an independent republic. To day it consists of the old Russian Govarnado and and the state of dropped out and it's not my far! make your skin clear and lovely at the same time that it eliminates the the Suvalki and Vilna Governments. The legislature consists of a single chamber Assembly (the Seim) electworn-out feeling.

The Old Block" Lithuania is approximately 20,000 Modern Refining of Food Hastens Tooth Decay

Psychiatrist Says Theory of Child
Like Parent Old-Fashioned

area of England).
The population is under 2,500,000.
Agriculture Chief Occupation tion of the Pennsylvania Dental So-ciety were told that soil crosion was It may be a sad blow to proud par-of the people. There are large fo

tion of the Pennsylvania Dental Society were told that soil crosion was indirectly responsible for increased tooth decay among the American people.

Plants growing on impoverished soil, said Dr. Fred Miller, president of the society, are deficient in calcium, phosphorous and other materials necessary for sound teeth.

Robbed of Mineral Ingredients of the society are deficient in Considered and the said that certain foods were robbed of additional ingredients of additional ingredients of a decirated and a second the sovereignty over that the child often inherits physical characteristics of his parents. But there's no such thing as "a child is just like his parent is as old-fashloned as the belief of "spare the rod and spoil the child."

"It may be a sad blow to proud parents, but New York State's Mental Hygiene Department is convinced that there's no such thing as "a child is just like his parent is as old-fashloned as the belief of "spare the rod and spoil the child."

"It's way be a sad blow to proud parents, but New York State's Mental Hygiene Department is convinced that there's no such thing as "a child is just like his parent is as old-fashloned as the belief of "spare the rod and spoil the child."

"It's way be a sad blow to proud parents, but New York State's Mental Hygiene Department is convinced that there's no such thing as "a child is just like his parent is as old-fashloned as the belief of "spare the rod and spoil the child."

"It's way be a sad blow to proud parents, but New York State's Mental there's no such thing as "a child is just like his parent is as old-fashloned as the belief of "sparents" is as old-fashloned as

By LAWRENCE HIBBERT A girl of 17 writes: "I am sending | Your husband's writing shows that you the writing of a friend of mine. he is fond of change and variety. Are He is nearly 40, but I am very fond of you sure that YOU are not to have him. My parents are opposed to our for the time he spends outside the

Is Your Problem Among Those Dealt

With Here?

shows that you are somewhat dome I know that sometimes parents show a lamentable lack of sympathy with the affairs of their children, particularly girls, and on occasion I have to express my dissent from their views. But in your case, your parents are quite right. You are too young to be seriously in love, especially with a man so much your senior. Go out with soung people, and you will find that Do YOU want to know what you From interest in the man will subside. handwriting shows of your character Have you a sweetheart, friends or re

A young married woman writes: "Is truth about? Send specimens of the

Grow In Again Show Varied Scenes

Shanghai during a bombing raid was reported by R. Montague-Smith, British business man in an interview at Winnipeg. Head of Shanghai branch June 15th, post office officials have an-

ant plant food substance are increas. The lives that it destroys are 'hose of A 1,000-pound bomb exploded 20 Tower at Ottawa; a 20-cent stamp

Among Indians



Designated First President In Ireland

my husband faithful to me? He spends writings you want analysed, enclosing the spends a lot of time outside and Lam you. a lot of time outside, and I am won-dering whether he is getting tired of Hibbert, Room 421, 73 West Adelaide New Postage Stamp Bomb Made Hair

That Saves Lives | Traveller Relates Experience In | In Canadian Life — Six Will Be Issued the Middle of June Miraculous escape from death in Four new stamps for ordinary pos

Expert Says Bees

playments, they act as pure automats. Death Rate in U.S. Found To Be Much Lower Than for Whites



Dr. Douglas Hyde, right, poses with Mrs. Hyde and Frime Minister. Eamon de Valera, in Dublin, after having been selected as the first Presi-

5-0