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**Sunday School Lesson**

**LESSON XI. FEEDING THE HUNGRY—**

Mark 6:30-44.  
Golden Text—Give ye them to eat. Mark 6:37.

**THE LESSON IN ITS SETTING**  
Time.—April, A.D. 29.  
Place.—Bethsaida, on the shore of Galilee.

20. And the apostles gather themselves together unto Jesus. The first mission in which these apostles participated is recorded in a preceding part of this same chapter of Mark, which we have studied in an earlier lesson (vs. 7-13). This is the only place in his entire Gospel where Mark refers to the disciples of Jesus as "apostles." "The title fits well in this connection, for the Twelve are now returning from their first preaching tour. And they told him all things, whatsoever they had done, and whatsoever they had taught. We have a similar phrase about telling Jesus all things, though under entirely different circumstances, in a preceding passage in this same Gospel (5:33). It is utter foolishness, when we begin to talk to the Lord, to keep back anything from him, for he knows all things. They went over with him the things they had said. They told all to the Lord from whom they had received their power, to whom alone they were responsible.

**A Time For Rest**

31. And he saith unto them, Come ye yourselves apart into a desert place, and rest a while. The words translated "desert place," means simply an uninhabited, a lonely place, a place where he and his disciples could abide for a time without being disturbed. For there were many coming and going, and they had no leisure so much as to eat.

32. And they went away in the boat to a desert place apart. The place, no doubt, was near Bethsaida (Luke 9:10). This was a rest which the disciples had very richly earned. They had flung themselves heart and soul into their work, and now they were thoroughly ready for vacation. The rest to which they were invited was a rest of mutual intercourse. He would not go then to the rest of solitude, but to that of sweet and happy fellowship. "Come ye apart, and rest awhile."

**The Five Thousand**

33. And the people saw them going, and many knew them, and they ran together there on foot from all the cities, and outwent them. This was the time of the passover, and the roads naturally were full of people. A great multitude hurried around the north side of the lake, crossing the Jordan River, to find the Lord. The prefix in the verb "ran" means that they all ran together in a body. The crowd grew as they passed one town after another on the populous shore.

34. And he came forth and saw a great multitude, and he had compassion on them. The English word "compassion" means "to suffer with." It means pity towards those who are in trouble, who are suffering, who are unfortunate, who are in need. Because they were as sheep not having a shepherd. See also Matt. 9:36. Sheep are, in themselves, helpless creatures; they cannot defend themselves against ravenous beasts that prowl about; they do not seem to have sense enough to find pasture and water themselves. It is the shepherd who guides them, who protects them, who delivers them. Our Lord saw all these people as without any true spiritual guide. Somehow men never find His way back to God himself, as every heathen religion professes, even the noblest and greatest of them. The Lord Jesus came as the Shepherd of the sheep, to lead them to God, to feed them with bread which cometh down from heaven, to deliver them from their sins, to protect them from the evil one.

**Work Of Teaching**

And he began to teach them many things. At once the Lord Jesus begins his shepherding work by instructing these people to whom his heart was so powerfully drawn. They could not be brought back to God as Jesus Christ alone could reveal him. They would not be repentant of their sins.

35. And when the day was now far spent, his disciples came unto him, and said, The place is desert, and the day is now far spent. 36. Send them away, that they may go into the country and villages round about, and buy themselves somewhat to eat. In their haste and eagerness to follow Jesus the multitude had neglected to bring anything with them, and in their absorption in his teaching they had forgotten their

ordinary wants. The disciples had their compassion also for the people. 37. But he answered and said unto them, Give ye them to eat. We see how Jesus is trying to lead his disciples to think of his almighty power, and to place their reliance on him, on his wisdom and on his thoughtful care. But with a hint as broad as this command for them to furnish the food, they remain in the dark. And they say unto him, Shall we go and buy two thousand shillings' worth of bread, and give them to eat? The word here translated "shilling" is the word denarius, which was the day's wage of a laborer in Palestine at this time. It would be a sum quite beyond their means, so that the question is meant to imply the absurdity of the whole thing.

38. And he saith unto them, How many loaves have ye? go and see. And when they knew, they say, Five, and two fishes. The loaves were barley cakes, the food of the poor, like a large, flat pancake, with a more or less hard crust. The fish were a mere relish, and probably pickled or cooked.

**Small Loaves and Fishes**

40. And they sat down in ranks, by hundreds, and by fifties. This separating of a vast company into small groups arranged in rows was a wise precaution. The vast assemblage was thus subdivided and broken up into manageable portions; there was less danger of tumult and confusion.

41. And he took the five loaves and the two fishes, and looking up to heaven, he blessed.

And brake the loaves; and he gave to the disciples to set before them; and the two fishes divided he among them all. Always there were more pieces to break off; the bread grew in Jesus' hands. The bread was given to the disciples to set before the people. They had the task of being the waiters at this miraculous meal.

42. And they all ate, and were filled. Undoubtedly the people were hungry, having eaten nothing all day. When the Lord does something, he never does it scimping, so, when the Lord fed these people, he gave them all that they needed for the complete satisfaction of their hunger. In a higher and loftier way the Lord satisfies us "with the bread of heaven."

43. And they took up broken pieces, twelve basketfuls, and also of the fishes. 44. And they that ate the loaves were five thousand men. According to John's record of this miracle, it was the Lord himself who commanded the disciples to pick up the fragments, that nothing be lost. This which remained over must have immensely exceeded in bulk and quantity the original stock; so that we have here a visible symbol of that love which exhausts not itself by loving, but after all its outgoings upon others, abides itself far richer than it would have done but for these.

**Tons of Gum**

The chewing gum trade found 1937 a good year. Exports of jellutong latex—the raw material of chewing gum—from British Malaya to the United States were more than 4,600 tons, valued at nearly \$7,500,000.

**IS THIS YOUR BIRTHDAY?**

By A. R. WEIR

What the Stars Foretell for Those Born on March 12, 13, 14, 15, 16, 17 and 18

If you were born on any of the days mentioned above, marriage is important to you. You need a partner who is strong both physically and mentally otherwise you are inclined to drift. You are generous and good natured and at all times hospitable. There are times, however, when you are gloomy and despondent—as a matter of fact you rather enjoy your personal gloom. Forget it—it only hinders you and keeps you back. About the middle of the year there should be an improvement in your financial position probably through some important news from a long distance. You should also receive some assistance from relatives. Mauve or lavender is your lucky color.

**Calls Faulty Diet Form Of Suicide**

Eminent Doctor Believes Average Man Eats Twice as Much As He Needs

The average man should be able to live to at least 50 years of age, and proper diet should bring about this lengthening of the life span, Dr. Victor G. Heiser, United States public health authority and author, said at Montreal last week.

"We have increased the average life span already," Dr. Heiser told reporters, "but we have increased the average only by cutting down infantile and child mortality. We have not increased the actual span of life very much. The man of between 25 and 40 today stands just as much chance of dying as he did 100 years ago."

Experimented With Rats

Next great task of medical science will be to keep man from committing slow suicide as he does at present, said the doctor, adding that he intended to devote the remainder of his life to the study of diet.

Doctor Heiser expanded to reporters on the importance of diet. He told how Sir Robert McCarrison in England fed 1,000 rats a balanced diet for two years and fed a similar number the same kind of food as the people in his English town. He killed the rats and made a post-mortem examination of each. There was no sign of disease or organic disorder. In those fed the balanced diet. The others, who had eaten "just what they wanted," had all the diseases to be found in an average hospital.

Excess Fuel Wears Man Out

"They had enlarged adenoids, gastritis, bad tonsils, arthritis—all the diseases common to the people of the neighborhood," said Dr. Heiser.

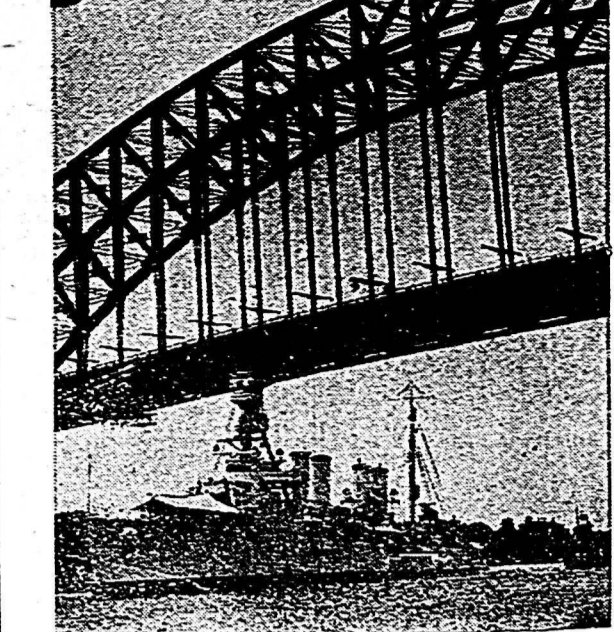
"This bears out my belief," he said, "that the average man eats at least twice as much as he needs, and that the excess food acts just as excess fuel does on a boiler. It wears him out."

Man's fight against disease knows no national boundaries, he said in his club address. Public health authorities all over the world fought shoulder to shoulder against disease.

Research studies were made in such separated localities as Tennessee and China in tracing down the hook worm's origin, found to have its seed beds in Madras, India, one of the world's greatest exporters of labor. Steps were being taken at Madras to stamp out the disease.

"Racial and religious fanaticism have killed in a generation the goodwill which centuries of time have fostered."—John Haynes Holmes.

**Arriving At Sydney For Australian Fete**

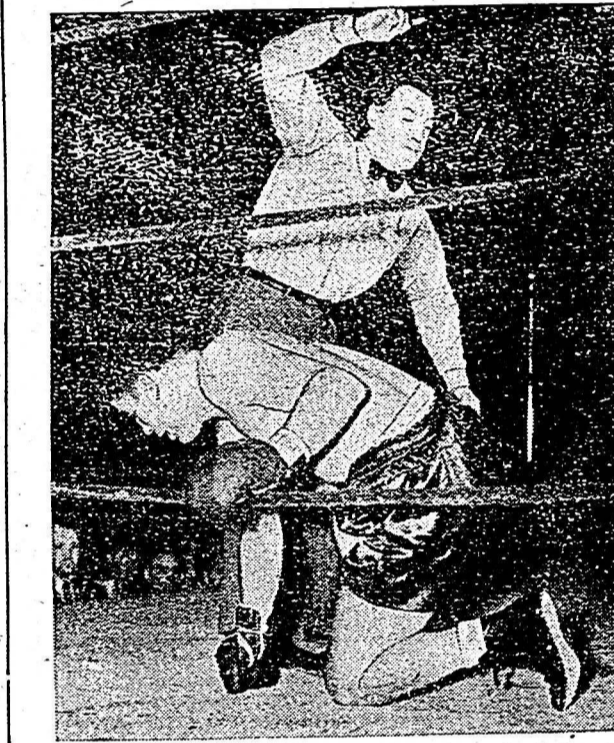


The U.S.S. Memphis passes under the bridge at Sydney, Australia, as she arrives to take part in the celebration commemorating the hundred and fiftieth anniversary of the founding of Australia.

"The well-being of the United States may spell not only the well-being, but also the safety, of all sorts and conditions of men."—Winston Churchill.

"Because we are a peace-loving nation, we should be a fighting nation, ever belligerent in the cause of happiness and contentment and security."—J. Edgar Hoover.

**Mann Takes the Rap in Fight With Louis**



Hanging on the ropes, Nathan Mann is counted out by Referee Arthur Donovan, only to be saved by the bell, at end of second round against Joe Louis in New York City. The challenger for the heavyweight title was kayoed in the third.

**Debs Model Spring Hat Styles**



Eileen Herriek, left, wears a new version of a Gay Nineties creation, while Henrietta Colgate models an up-to-date adaptation of a sombrero, at a charity style show in New York.

**Tradition Is Served at Eton College**



Across fields and brook come contestants in annual traditional run which inaugurates the athletic season, England's classic Eton College. Classmates of contestants line their path (foreground) while more fortunate ones perch in trees for unrestricted view of the competition.

**Around The Dial**  
RADIO HEADLINERS OF THE WEEK  
By FRANK DENNIS



The three lads whose group picture heads our business this week are Blaine Mathe, violinist; Bert Pearl, Gangster No. 1, and Bob Farnon, Gangster No. 2. Messrs. Mathe, Pearl and Farnon are the chief members of the Happy Gang, heard over the National Network of the CBC daily at 1.00 p.m.

While we are on the subject of Bert Pearl, we must say a word or two for his work on the Dr. Jackson Show "Airbreaks." Recently this show celebrated its first semi-final in which Eddie Allen, Donald Stubbs, Tony Izott, Dorothy Price and May Joyce participated. The mail was so heavy that the winner was not decided upon until an hour before that name had to be announced to radio listeners. At that, Eddie Allen won by exactly one vote. The close second was Donald Stubbs. Eddie sings and plays the accordion. Several of his relatives play in name bands in England. Donald Stubbs hails from Orillia, and played his harmonica well enough to run a race to a photographic finish. Eddie Allen qualifies for a place in the finals. Each person that appears on this program is paid a regular professional fee—so if you would like an audition just drop a card or letter to Dr. Jackson, CFRB, Toronto. We understand that novelty acts are more than welcome. Airbreaks may be heard on Fridays, CFRB, 5:30 p.m. Bert Pearl, Roy Locksley and his 16-piece band, Maurice Boddington and a new array of talent each week. A fine variety show.



Jean Hersholt, stage and screen veteran, currently starring in the CBC dramatic series, Dr. Christian, will mark the 25th anniversary of his arrival in Hollywood with a gala program broadcast over a nationwide Columbia Network, Thursday, March 10, 10:30 to 11:00 p.m. Mary Pickford, Edward G. Robinson, Edward Arnold, Henry King, Robert Montgomery, Tyrone Power will join in the celebration.

**Better Heating**

"Banking a fire properly at night is a simple process," says James Stewart, "blue coal" Heating Expert, "yet it is one which many do not understand, and through improper methods they lost both comfort and fuel." Mr. Stewart, whose talks on home heating are a regular feature on the very popular "Shadow" program over CFRB each Wednesday, is offering free to every householder a copy of the book "First Aid to Better Heating"—a little volume full of practical advice on how to get the utmost value for every dollar spent for fuel. Just send your name and address to "blue coal", 217 Bay Street, and a copy of this book will be promptly mailed to you.

**Your Handwriting Tells The Truth About Your Character!**  
By LAWRENCE HIBBERT  
(Psychologist, Character-Analyst and Lecturer)

(Ed. Note: Intense interest is being shown in our new series of articles, of which this is the third).

**AN OPEN LETTER TO A SCOFFER!**

When I opened my mail the other morning, a letter drifted out on to my desk. I am answering it in the form of an open letter, because it is, I think, of interest to many of my readers. Here is the letter:

"Dear Sir—At a fair in Atlantic City I got a handwriting analysis. It was so utterly ridiculous that I have no further faith in the idea. . . I enjoy your articles immensely but please don't try to convince me that there is any truth in it. It's too far-fetched!"

(ent) talent that you may have. That is for you to accomplish.

What a character-reading will do for you is to reveal the inexorable truth about your innermost characteristics and propensities. It is a signpost that points the road you should take towards the heights of self-accomplishment.

That is exactly what a handwriting analysis does. It not only adds to your knowledge of yourself, but it assays the characters of others, in whom you are interested, at their true worth.

Would YOU like to learn the truth about your character? And perhaps you have friends, relatives or a sweetheart whose real character you would like to know? Be frank in stating your problems. Send specimens of the handwriting you wish analyzed, and enclose 10c for each specimen (coin or postal note preferred). Enclose with stamped addressed envelope to: Lawrence Hibbert, Room 421, 73 West Adelaide St., Toronto, Ont.

I wonder whether my incredulous correspondent would hesitate to consult a doctor, if he were sick, or stigmatise the whole medical fraternity as "humbugs" merely because he had been taken in by a mendacious vendor at a market fair, and had bought a bottle of "colored water" instead of "the elixir of life?"

Or is he like the people of old who scoffed at the idea that any further land lay beyond the horizon?

I am not going to weary my readers with technical reasons to justify the claim that handwriting does reveal character. But it is a concrete fact that the impulse to write comes either from your mind or your heart. In both cases, the directing urge is controlled by the brain, from which flow the thought waves that motivate the hand in writing.

Character-reading from handwriting is no magic wand that, in the nimble hand of a magician, will work miracles. There is no sleight-of-hand about it. It will not produce rabbits out of a hat; nor will it transmute dress into gold.

It cannot, of itself, overcome your weak tendencies, or cultivate the la-

"It should be kept in mind that the employer still retains his right to discharge a worker for just cause."—Frances Perkins.

**LISTEN...**  
on Friday Night  
**"CANADA-1938"**  
IMPERIAL TOBACCO'S  
INSPIRING PROGRAM

**EVERY FRIDAY NIGHT**  
On a National  
Coast to Coast Network