Canada's Favourite Tea

SKY GIRL

By NELLIE GRAF

"He'll be up in just a minute,"

Elinor replied. 'The most important

thing just now is the story we're get-ting from Valdmirz."

As she rejoined Jack, Valdmirz was

"We won't let them near you if

jabbering, "They'll kill me. I've fall-ed. They'll torture me to death."

you'll tell us what we want to know."

"There's no more," groaned Vald-mirz. "You," he turned to Elinor in

resentment, "threw the bags away.

For a while his words were an in

distinct jabber and then, "The white pellets. I took them. The white pel-

lets will beat them. And," he snarled at Elinor, "I'll be dead before I sign your paper."

Elinor wrote hurriedly and held the

paper before the man to sign, but he slumped forward, unconscious.

Dramatic Landing

The plane was now circling over the Bellefonte airport. Elinor forced an antidote down the man's throat.

They'd have to rush him to the ho

pital when they landed. He must live

It was a dramatic landing, 'Com

pany officials and pilots rushed ou

"Why didn't you signal? We thought

Everyone was talking at once. Pass

engers climbed out. They flocked about Jack and Elinor and Grimes,

Jack gave crisp directions. "Get

As if they had dropped from the

skies, a mob of reporters appeared, milled about. They lost their usual

boredom in a flash, came to avid at-

Heroine stewardess. Pilots real

heroes. Spies, adventure! intrigue!

A government's betrayal. A great millionaire caught in the web of his

villainy. A mystery plane that warn-

ed and sped away after a girl had fallen from it. And did someone say

They pounced upon Jack, got Grimes in a corner and held him bod

ily. Following the half-distracted

Elinor to the ambulance, one fellow

more daring than the others, managed

to climb on top of the car and shout-ed questions down at her as they

"Hey, was the fellow in the silver

ship your sweetie? Is that guy Vald-

mirz dying? Did he confess? Has he

(TO BE CONTINUED)

Rich Spanish Girl

Niece of Spain's Cace Wealthiest Duke Enters Home

For Aged

Penniless and broken by illness, Dolores Tellez-Giron y Domine, daughter of the last Duke of Osuna

and member of a once fabulously

rich Spanish family, this week enter

ed a home in Madrid for aged and

destitute working women.

Her petition for admission said she

was without food or means of sup-port. When authorities granted it,

she was taken by friends from th

miserable room she had occupied to

the institution. She is 78 years old

Fabulous Estates and Castles

Her uncle, to whose title her fa

ther succeeded, was the famous Duke

or Osuna, who once was the richest

man in Spain and one of the richest

About the middle of the 19th cen

tury the Duke boasted he could travel

from either the French or the Portu gese border to Madrid without leav

The story is told that once, annoy

ed because a meal was not prepared when he arrived unexpectedly at one

of his 30 castles, the old Duke there

after ordered that meals must be pre

pared daily for him and his party in all his castles even though he visited

Leaves change color in autumn

in the world.

ing his own estates.

Is Now Destitute

moved toward the hospital.

per and pencil in her hand.

croaked yet?"

you were lost, or worse. Chicago

to sign the paper!

to meet them.

praising them.

an ambulance, Sick man."

tention. Here was a story!

But they would have exploded, we

were so high and the lightning . . . a glorious death

but this, this is failure . . ."

heartbreak of her postponed marriage to Dr. Norman Rogers by becoming an air stewardess. Dr. Rogers' mother approves an alliance between Norman wealthy Francine Bayless. Norman is jealous of Jack Newton, the pilot who helped Elinor get her job. Leola Rogers, Norman's sister, is in love with Jack, but they have quar-reled. Leola disappears, but wires Elinor a mysterious message not to fly again until she has seen her. Elinor, however, leaves on her regular flight. A foreigner, Valdmirz, is aboard. He carefully guards two small green bags and goes into a frenzy of anxiety when a silver plane is discovered following them through a heavy fog and storm. Elino watches, fascinated, as a human fig-ure creeps out on the wing of the silver plane, now flying beside them

CHAPTER X

As Valdmirz sprang at her, Elinor sought vainly to elude his clutching fingers. They closed about her throat The hoarse muttering of the man was in her ears.

"Those explosives - the papers they mean life to my country. Life or

He was choking Elinor, pounding her head against the wall. Jack tugged at him, kicked his shins, pried

at his fingers.
Finally, he got the man away, forced him into the corner and held

You, you rat!" Jack shook him roughly. "Where did you get the pa-pers and the explosives? Answer before I break that window and toss you out after your bags. Answer!"

'The Cathney Powder Companythe fellow began.
"Cathney Powder Company!" Jack and Elinor exclaimed simultaneous

"Yes, Ned Cathney was to receive a million dollars if—" Jack and Elinor started at each

other. Both thought of Leola, her strange message to Elinor, her frantic wire to Norm, her disappearance

The puzzle began to fit and form a pattern—a pitiful pattern, with Leola as the victim. She must have esthe pilot of the mystery ship was the sweetheart—no, no, the former sweet-

as the victim. one must be seen to heart of the stewardess. Romance! Oh, this story had everything. "Who employed you?" Jack shot the question at Valdmirz.

"My government." The man's teeth ceased to chatter momentarily. He made a pretense of standing erect. "What's the name of it?" Jack

"I'll never tell that." The man did not cringe or whimper now. "My country faces a great war. They need this explosive. They won't have a chance unless"—he wrung his hands —"the formula and explosives reach them. And I've failed!"

And I've failed!"

on—tell your story," Jack by his side, tense and alert, the pa-

Spies Watching Valdmirz moistened his lips, rocked back and forth. "It's a formula be longing to your government. We had to have it, and Cathney offered to sell it. When he had it perfected, I was chosen to deliver it."

"But why did you choose a plane?"
Jack asked: "Didn't you know there
was more danger of an explosion?" "Yes, but there are many spies from other countries watching. Trains and automobiles aren't fast enough or safe enough."

"And to think the Cathneys," Jack spoke scornfully, "would lend them-selves to a thing like this. Betray

their own government." "For a million," Valdmirz said scornfully, " a man will do anything." "Get a pencil. Elinor," Jack said,
"and paper. Write out the man's We'll have him sign it. When this scandal comes out, it's going to take more corporation lawyers than As Elinor got paper and pencil, she

noticed the co-pilot was signaling. She answered. "They're radioing all over about," he exclaimed. "Tell Jack to get up here and send a message."

NERVOUS WOMEN



IF your day begins
I with backache, headache or periodic pains,
"herves," irritability,
and discomforts associated with functional
disturbances, and you
are miserable, you
should try Dr. Fierce's
Favorite Prescription.
It stimulates the appetite and thru the
greater intake of food,
you're bailt up. This

some of these only once a year. chemical changes, and to the expos-ure of pigment cells formerly cover-

Bride Has Snake For a Neckpiece

Modern "Garden of Eden" Ceremony Held Near Tampa, Fla.

With snakes entwined about their necks, Hazei E. Carpenter of West Palm Beach and Joseph S. Brantley, of Arcadia, Fla., were married last week in what they called a "modern Garden of Eden ceremony."

The scene was a snake farm on the outskirts of Tampa. Rev. John R. Branscamb, pastor of the First Methdist Church, performed the cere

A Six-Foot Brute The bride wore street clothes, and for a neckplece a six-foot Indigo snake. The groom used a de-fanged rattlesnake about his collar.

"We'd been planning to get married for several months." Brantley said. "but we never could get up courage to the point of going through with it. But Hazel—that's my wife now—said she'd read somewhere that the surest way to get over being scared of something was to do something more dan-

"So we picked out this way."

Spinach Is Liked By Most Children

Comes the day of disillusionment to those who have pictured young-sters turning in disdain from a dish of spinach.

The news today is: They like it. A survey of 22,416 children be-tween the ages of six and 16 showed that spinach, with 24 per cent. of all the votes, led the list of favorite vegetables on the boys' side of the

The girls put spinach second to corn, which topped 30 per cent. of the lists.

Accent on the SOUTHERN

When we think of the South, we think first of all of the hospitality for which it has been famed. And hospitality means food before anything else. Even the thought of Southern

specialties makes one's mouth water
— fried chicken, candied sweet potatoes, baked ham and corn breads.
These are the proud cookery traditions which have given the South a unique place in song, story and the hearts of those who love good food.

However, you don't have to live in or even visit the South to develop a taste for their food. Even in these Northern climes, corn bread with a real Southern accent is popular in many homes. Here are a few selected recipes which helped to build the re putation of the South but which any housewife can use to build up her own reputation, as a hostess.

Southern Spoon Bread

cup cornmeal 1 teaspoon salt

3 tablespoons butter, melted 1 cup boiling water

1 cup milk 2 eggs, well beaten 2 teaspoons baking powder

Place cornmeal, salt and butter in bowl, add boiling water slowly and greased casserole or pan, 8 x 8 x 2 inches, and bake in moderate oven (350 degrees F.) 40 to 50 minutes.

Peter Pan Ears of Corn

1 cup cornmeal 1 teaspoon salt 2 tablespoons sugar

1 cup boiling water

cup sifted flour ½ cup sifted flour 2½ teaspoons baking powder

1-3 cup milk 1 egg, well beaten

Colorful Laura Wheeler Apron Fun to Make—Fun to Wcar



PATTERN 1683

There's sprightly charm in this apron with its appliqued pocket and gay binding. Pattern 1683 contains a transfer pattern of the apron, the motif (10½ x 14½ inches) correctly placed and applique pattern pieces; illustrations of all stitches used, material requirements. Send 20 cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide Street, Toronto. Write plainly Pattern Number, your Name and Address.

Neater Coiffure At the hospital, Valdmirz came back For Springtime

Hairdressers Forecast Canadian
Women Will Be Wearing
Theirs Up Off the Neck With

Hairdressers Forecast Canadian
man in 1740 to make stockings. A of the weaknesses and faults of men bers of your own family. He'll remin you of them. Soft Curls.

Off with the old and on with the new is the Canadian women's delightful Spring outlook. The long period of wearing winter garments becomes weary and tiresome ere the buds blossom forth. The Springt me gives us a welcome change to fresher en-

us a welcome change to fresher en-sambles, millinery and hair styles. Indications are that the 1938 Spring hair styles will correspond with our ladies' good wishes for a neater hair do—up off the neck line with soft curls to offset a too severe coiffure. The opinion is expressed that the dresed-up hair style is most fitting for middle-aged and elderly ladies and the Spring fashions offer satisfaction in that regard. For the youthful the hair is cut about three or four inches in length all over the head and dressed in waves and curls to suit the individual requirements.

It is the general opinion of Cana-dian hair stylists that hair styles created in other countries are too extreme to wear in our ever-changing climate and also that the women of Canada demand a more practicable coiffure, fitted for their various dayto-day activities, and because of this fact, it is essential that the imported styles be adapted to meet conditions

Stockings

Interesting Facts Disclosed About An Essential Feature of Dress

A museum for stockings is to be

due to the decaying chlorophyll, or established in Apolda, Germany, where green coloring matter, undergoing stockings have been made for three established in Apolda, Germany, where and a half centuries. On the sidewalks of London is con ducted the business of mending runs

in ladies' hosiery. The lady whose stocking is being mended rests her foot on a footrest provided by the woman who does the mending.

Cobwebs were used by a French

Once Were Leather

Artificial silk used in ladies' silk stockings is made from the same Chemical as gun powder. Incidentally some stockings for summer wear have been chemically treated to repe

Stockings - made from the inner tubes of automobile tires are sold in Turkey, Syria and the Balkan States. Before knitting and weaving were invented leg coverings or stockings were made of leather.

The length of the silk thread used in one pair of women's hose is about 3% miles

Household Don'ts

The Red Cross Lists a Number Things You Shouldn't Do

Don't leave toys on the staircase. Don't open cans with a knife. Don't turn on the light from the

Don't leave vour medic ne chest

Don't smoke in bed. Don't use a rocking chair for

ladder.

FOR SOUND SLEEP STRENGTHEN NERVES

PHOSFERINE quickly helps fangling, sleep-robbing nerves gain new vitality. Then you alseep soundly, and go through the day with new energy. Take last a few sconomical drops daily. Get PHOSFERINE from your druggist. 500, \$1.00 and \$1.50. PHOSFERINE THE GREAT NEITHE CONIC

Issue No. 6—'38

% cup butter or other shortening,

Combine cornmeal, salt and sugar Stir in boiling water and set aside to soll slightly. Sift flour once, measure, add baking powder, and afft again.
Add milk, egg, and shortening to hot
meal, then add flour, beating only
enough to dampen all flour. Bake in a greased corn-ear muffin pans in hot oren (125 degrees F.) 20 minutes. It makes 12 ears of corn.

If you have never made CORN GRIDDLE CAKES, these will delight

1 cup sifted flour

% teaspoon baking powder % teaspoon soda 14 teaspoon salt

tablespoon sugar 1 cup boiling water ½ cup cornmeal 2-3 cup buttermilk or thick sour

1 egg. well beaten

1 tablespoon butter or other shorten ing, melted Sift flour once, measure, add baking

powder, soda, salt, and sugar, and sift again. Pour boiling water over corn-meal and stir until smooth. Let stand 15 minutes. Add milk and egg. Stir only until smooth. Combine with flour, Add shortening, Bake on hot, well-greased griddle. Serve hot with

syrup. Makes 18 cakes. While on the subject of Southern dishes, and in case you haven't had bowl, add boiling water slowly and it for a long time, try a baked ham beat until smooth. Add milk, eggs and soon. There is nothing to equal the baking powder. Mix well. Turn into a greased casserole or new Section 2 home below. home baked ham.

Baked Ham

Scrub ham with stiff brush and, i necessary, wash in a solution of 4 teaspoon soda to 1 quart water.

Immerse ham in a kettle of bboiling water or water and cider. Reduce the temperature immediately and add sea sonings, as bay leaf, cloves and pep-percorns, also onions and carrots. Simmer gently for several hours, or until tender. Do not allow water to bubble. When ham is cooked, rub with brown sugar, insert whole cloves about 1 inch apart, and bake in slow oven (300 degrees F.) long enough to brown (usually 45 minutes to 1 hour). Crumbs may be mixed with the brown

No list of Southern dishes is com plete without Johnny Cake.

Johnny Cake

14 cups sifted flour 2 teaspoons baking powder 1 teaspoon salt

1/2 teaspoon soda 2 tablespoons sugar

1 cup yellow corn meal

1½ ccps sour milk or buttermilk 2 eggs, well beaten

3 tablespoons melted shortening Sift flour once, measure, add bakin powder, salt, soda and sugar, and sift again. Add corn meal. Combine milk and eggs. Add to dry ingredients, mixing well. Add shortening. Bake in a greased pan, \$x\$x2 inches, in hot oven (425 degrees F.) 40 minutes, or until

Unruly Tongue Causes Regrets

Here Are Some Things You Wil Be Sorry You Ever Said

You'll be sorry later—that you ad vised Mary not to marry Dick. For he will. And you will lose a friend. That you told three of your best friends' about the fight you had last night with your husband. Tomorrow when the quarrel is made up, they'l

still remember. That you passed a bit of damaging gossip along its way. For you don't really want to cause another's down-

That you told anyone anything for

"her own good". That you told your husband some bers of your own family. He'll remind

That you gave anyone a "piece of your mind." It's a piece you won't want to reclaim when your anger has worn itself down.

That you "ran down" another girl when a young man mentioned her name. The disinterested way he takes your criticism ought to show you that ou made a big mistake in voicing it. That you rearranged the truth to suit your own convenience. Chances are you'll be embarrassed by being

That you ever pretended to be some thing you aren't. It's such hard work That you started pursuing the good looking man who stopped pursuing you. You'll end up without him - and without your pride.

That you listened to the advice of

found out.

your friends. Unless they advised you to do what you wanted to do all along. That you made yourself into your dea of a "perfect wife". You'll even bore yourself.

That you put on an indifferent act for the man you've been praying will You'll be sorry—but, oh, so human!

Cure for Hiccoughs

Eating too quickly or swallowing ood that is too hot are the comm st causes of hiccoughs, which follow pasms of the muscle separating the hest from the stomach. This muscle acts as a kind of bellows when you breathe. As a rule, hiccoughs are not seri-

us, but if they persist for a long time they can cause great discom-fort. The ordinary hiccough can usually be stopped by holding the breath, but if this does not have ef-fect try a long drink of cold water. hold it out for about a minute.

They Ate Noisily For Emily's Sake

Gourmets at Formal Luncheon Where Emily Post Spilled Ber-ries Covered Up Her Error.

Emily Post, who lives in a glass house of etiquette, spllied a spconful of berries on the tablectoth at a formal luncheon last week. It was a heart-stopping moment Ninety-two members of the Gourmet

Society of New York, pretended not to notice. They went right along eat-ing, crunching their Chinese celery a little more noisily to cover the confusion. A waiter said "Jeez!" Mrs. Post came through it all right. She laughed it off, gently, and when she got up later, after the dessert of Spanish Rinosa cheese and Japanese toasted crackers, to deliver a little

lecture on "Table Manners" you would have thought that nothing had hap-An "International" Meal Mrs. Post declaimed against host-esses who have themselves served first, cocktails before dinner, smoking between courses, and the recent innovation, attributed to the experience of having watched Frenchmen eat, of tucking the napkin under the

chin.

The Gourmets called it an "International dinner." The food and wines were selected from the best offered by all the nations on earth. There were Russian hors d'oeuvres, French ragout, English pheasant, Belgian sauerkraut, American wild rice, Swiss alligator pear, Danish persimmon Italian salad, Indo-China lichee nuts Norwegian chocolate cheese, and Swedish lingerberries. Miss Post spilled the lingenberries.

She Urges Equal Pay For Women

Controller Whyte, of Windsor City Council Champions a Cause

Con. Whyte championed the cause of equal rights for women in a finan-cial sense in city council last week, says the Windsor Daily Star, when he suggested that members of the fair sex ought to receive the same salaries as men when engaged at similar

Ald. Eansor had just introduced his resolution asking for an amendment to the statutes to render exempt from payment of poll tax, students 21 years of age or over, young men paying rent or contributing to the upkeep of their homes, and persons on relief rolls. He also proposed that the statute with L'ese amendments be made applicable to women.

They Pay the Poll Tax Con. Cooper seconded the resolution and council endorsed it.

Ald. Bradley wondered why the law should apply to women. "I am in the minority," commented Miss Whyte, "but I shall always cher-isn the fact that I draw the same amount of money as you men con-trollers for my work here. In the long ru. though, women are not so well paid. Even the women school teach-

e.; are not, in comparison to men. "I am willing to pay the tax my-sel." Con. Whyte continued, "because of the equality that I enjoy on this board financially. If women are to pay the poll tax they should receive the same remuneration as men for their services."

Why Women Go In For Dress

selves

Women-at least some of them primp because they feel the need of a pick-me-up after "blue spells" or spats with their boy friends. Others put on fancy frills to punish their husbands by making them pay the bills, one of three psychologists said. Another view—and this from a woman -Miss Agnes Sharp, chief psychologist of the Psychiatric Institute of the Municipal Court, at Chicago, was that women dress just to capture the interest of the male.

"To Satisfy Herself"

The psychologists came out of sep trate mental huddles on the question of why women go in for self-adorn ment on a big scale, after Prof. Jos eph T. Casey, of the philosophy de-partment of De Paul University, had said that women primp because of

other women. "Woman," said the professor, "is ar more concerned about reactions from members of her own sex." But Mrs. Evelyn Mills Duvall, psy chologist, asserted women wear sky scraper hats and keep up on the latest styles because "way down deep every woman dresses to satisfy herself."

One Jacket Worn With Many Skirts

PARIS .- All the woollen people have thought for our budgets, by providing materials for one jacket and several frocks or skirts. They offer checks or small plaids, or other color mixtures, using several shades, for a jacket; then they exactly match each color used in the blend in a plain material to go with it. This is a new and economical version of the old ensemble idea in fabrics. Lesur, for example, offers a "pied de poule" Another way to stop an obstinate at-tack is to pull the tongue out and with two plains, one of the beige, the other of the pastel.

2 Steps in Fighting

COL



No family need neglect even minor head colds.

head colds.

Here is what to do: Take two "Aspirin" tablets when you feel a cold coming on—with a full glass of water. Then repeat, if necessary, according to directions in each package. Relief comes rapidly.

The "Aspirin" method of relief is the way many doctors now

is the way many doctors now approve. You take "Aspirin" for relief—then if you are not improved promptly, you call the family doctor. "Aspirin" tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company, Limited, of Windsor, Ontario. Look for the name Bayer in the form of a cross on every tablet.



Spring Hats Will Be Less Extreme

Tailleur Felts Are Simple, Brimmed; Smart Sailers

PARIS .- So far the spring millinery is decidedly less extreme than it has been. Le Monnier's show fol-lows the prevailing influence often stressing pretty hats. Tailleur felts are usually simple; they are brimmed, and the crowns are often pierc-ed in modernistic patterns.

Small sailors are shown for all hours; they are of a variety of ma-terials—a straight brimmed one in stiffened black net is trimmed with a large net bow edged with gold. Another evening sailor is in silver straw, it has a turned-down edge and s banded and veiled with black net-

Turbans Popular There are several expertly handled urbans; one in horizon-blue is of a new stocking silk jersey, it has a pleated roll set on a head-fitting

pleated cap. Afternoon toques are of satin ribbons in several blended shades and have loops and bows in front; some are also flower-trimmed. Several colored flat disk hats are tilted on fitting caps; some are round, some hexagonal.

Lost Love Better Than None At All

More than 50 per cent. of the stu-Psychologists Say It Is For Men, dents at Victoria College, University of Toronto, favored losing at love ralast week after a debate on the subiect:

"It is better to have loved and lost than never to have loved at all.' The vote was 80 to 37 and here's

ome of the reasons:

G. J. Aldridge, fourth-year stu-dent: "Loving and losing fulfils the highest functions of the university." W. H. Howard, third year: "I anroach the subject with an open mind—and open arms. Necking is a petty aspect of love, but a gripping question."



TIRED or NERVOUS? Is bile doing its work?

Your liver is lazy, that's why you feel so rotten half the time. Your system is not getting enough bile. Your head aches, your back aches. Your food doesn't digest properly. It stagnates and decays for lack of bile. Bile is a digestant and an antiseptic. Your liver should produce 18 to 36 fulld ounces of bile every 24 hours.

Tanol Tablets will make your liver do its work. Eased upon a small proportion of Calome blended with certain other useful medicinal ingredients, Tanol Tablets act promptly and directly upon the liver, stimulating the flow of bile. They are easy to take and provide a safe, easy way of using calomid the calomid of the calomid the safe, easy way of using calomid the calomid