

« Of Special Interest to Women Readers »

Tea for every Taste

"SALADA" TEA

SKY GIRL

By NELLIE GRAF

SYNOPSIS

Elinor Ames tries to escape the heartbreak of her postponed marriage to Dr. Norman Rogers by becoming an air stewardess. Dr. Rogers' mother approves an alliance between Norman and wealthy Francine Bayless. Norman is jealous of Elinor get her job. Leola Rogers, Norman's sister, is in love with Jack, but has quarreled with him. Leola disappears, but wires Elinor a mysterious message not to fly again until she has seen her. A few days later, Elinor reads a newspaper account of Norman's betrothal to Francine Bayless. She leaves on her regular flight. A foreigner, Valdimir, is aboard. He carefully guards two small green bags and goes into a frenzy of anxiety when the plane runs into a lightning storm.

CHAPTER VIII

Fear clutched at Elinor's heart, but she could not permit herself to show it. The plane lurched crazily.

All the passengers by now had caught the realization of danger. Women began to sob and some of the men moved about uneasily.

The man in the front seat, whose name was Bailey, arose and came back to Elinor, who balanced herself as the ship banked.

"We are not in danger," he spoke loud enough for the other passengers to hear. "I've been in worse storms in the air. Now, if everyone will just keep up, we'll be all right."

The nervous little man sat gripping his bags.

"How about telling a good joke?" Bailey whacked him on the back.

Valdimir huddled deeper into his seat. "Don't know any jokes," he croaked. "Let me alone."

Elinor glanced back into the fog, but it was not the fog blanket which held her eye, made her shudder with new fear. Two great lights penetrated the fog a short distance behind them and a little to the right. The lights of another plane. It was flying faster than their ship and gaining every second!

Valdimir stiffened, gasped audibly. "What's that flyer trying to do?" he muttered. "Crash into our ship?"

"Of course not," Elinor answered with a cheerfulness she did not feel. "That's probably a Government plane off its course, trying to get its bearings by trailing us."

"It isn't a Government plane," Bailey remarked. "It isn't the right color. Looks as though it might be privately owned."

Plane In Pursuit
Elinor pressed the pilot's signal. Immediately, her signal flashed, summoning her to the pilot's compartment. She hurried forward.

"What's your trouble?" Jack asked. "A ship has been following us," Elinor explained, "just behind and a little to the right."

"Great guns," Jack groaned, "is the pilot crazy? Is he trying to . . ."

The words died on his lips. The other ship was cruising alongside on the right now, its nose even with their own liner. The noise was deafening.

"Holy cats, Jack!" yelled the copilot. "Turn left and put on speed."

Jack was already doing just that, but the other plane followed, hovering as close as it dared.

"Whoever that pilot is, he seems bent on committing suicide and murder," the copilot groaned.

Jack made a sudden turn and deft-

ly loomed ahead of the shadowing plane in a burst of speed.

"Whoa!" The copilot wiped his forehead. "Let's make for the next landing, Jack. I'm losing my grip."

After a moment of tense silence, Jack said: "We'll make it to Bellefonte." His eyes were on the fuel indicator. "Gosh, there's that plane again. Roll your window down, Grimes," he said to the copilot. "Beckon to them to clear the way."

Out On The Wing
Grimes did as he was instructed, but the pilot in the other ship could not or would not see as he kept on flying alongside, dangerously near.

"The fellow is just plain crazy!" "Go back to the cabin, Elinor," Jack said tensely.

But Elinor, whose face was pressed against the pane of the copilot's window, screamed. "Jack, that ship—it looks like it's the silver ship—you remember the one in the hangar."

"Handle the controls, Grimes!" He peered out. "It looks like that ship all right. What the . . ."

He was interrupted by a frantic pounding on the door. He opened it to find the fellow with the green bags, Valdimir, in a frenzy of fear.

"That ship!" the man screamed. "It's after me. Me! Get away from it, Hully! There's been a leak. Someone told. It's me they want!"

Bailey was pulling at Valdimir. The other passengers were huddled in their seats. Women were weeping. The men held to their safety belts with shaking hands.

Bailey was the only passenger who remained calm. He assisted Jack in forcing the fear-crazed Valdimir back to his seat. Elinor administered aromatic ammonia, but she kept glancing out at the plane flying so close through the storm, which seemed to be getting worse.

As she watched, fascinated, she noticed the emergency hatch of the silver plane lift slowly—that large glass opening above the pilot seat. A figure emerged—a slight figure. It crawled cautiously onto the wing and rested.

Elinor could neither speak nor move!

(TO BE CONTINUED)

Blue Is Favored In Spring Shoes

Leads Color Parade of Forthcoming 1938 Styles In Women's Footwear

Toes of rose, straps of strawberry pink and heels of raspberry red—that's one of the forthcoming 1938 styles in feminine footwear.

This tri-color effect, called ombre, was shown at the National Shoe Fair, Chicago, at which the industry exhibited more than 200,000 pairs of men's and women's shoes to buyers and retailers.

Blue is fashion's leading color for spring and shoes can be had in three shades of blue from light to navy incorporated in the same model. Shoes also are displayed in variations of copper and wine, two other prominent warm weather colors.

And then there are rainbow sandals in which different colors, generally five—such as purple, yellow, blue, green, red—are interwoven by means of straps.

Patent leather is the prime material for spring shoes.

Transition

The quick years pass, like birds in hurried flight, Cleaving all space with swift and shining wing. Blown 'cross the spray of cloud, to endless day Where life remains a fair and shining thing.

As if your rose had climbed the garden wall, Your eager eyes in fadeless bloom to greet, And golden stars, that were above your head, Are now about your feet.

Spanish Women's Great Courage

Wife of American Volunteer Returns From Nine Months on Aragon Front, Full of Praise For Loyalist Army.

The courage of the Spanish women is one of the principal factors in the loyalist government's stubborn defence against the insurgent armies of General Francisco Franco, Mrs. Roger Merriman, American wife of the chief of staff of the Fifteenth International Brigade—better known as the Abraham Lincoln Brigade—told the United Press when she returned to New York after spending nine months with her husband on the Aragon front.

"It is a well known fact," she said, "that it is the women who have held Madrid—by their sheer courage and determination not to give up their homes to the rebels."

They're Too Enlightened
And it is the women too, she added, who share and fully understand the modern ideology which loyalist Spain is defending. "I have talked with cultivated women and then with chamber maids and little girls in villages. They all laugh at returning to old customs, at the idea that woman is man's servant."

Spanish women are too enlightened, they have suffered too much in the last year and a half and have borne the burden of defending their homes and providing for the men at the front with too much courage now to give up their freedom of thought and action without a tremendous struggle.

Leader Is a Symbol
"La Pasionaria" (Dolores Ibarruri), whom she met in Albacete while her husband's brigade was in training there, is "the symbol of what Spanish women have become and are to become." Recalling her impression of this daughter of Asturian miners who has now become one of the great leaders of loyalist Spain, Mrs. Merriman said: "I was amazed by her very earnest personality, by her great dignity. At first it might be said that she led the people mainly by emotion, as a sort of twentieth century Joan d'Arc. But now her intellectual powers are recognized. She has an amazingly clear grasp of every situation in which she takes part."

Work Behind the Lines
As an example of the type of work Spanish women are doing today behind the lines, Mrs. Merriman mentioned the national organization called "Mujeres anti-fascistas" (Anti-Fascist Women), with whom she worked for a short time in Barcelona. This organization runs schools where women are trained to go into war industries, so that more men can go to the front.

Moreover, it has now almost completely taken over the work of providing homes, food and clothing for women and children evacuated from war-torn areas. "These women are doing marvelous work," Mrs. Merriman said.

He Threatened Queen Victoria
Peer Who Frightened Her With Letters, Is Now Dead

Memories of a national sensation—a threat to the life of Queen Victoria—were revived by the announcement of the death in Broadmoor (England) Criminal Lunatic Asylum of Harry Wyndham Carter, at the age of 83.

For nearly two generations he had been forgotten.

Forty-three years ago Carter, a bachelor and would-be aristocrat, claiming the title of the Earl of Whyncombe, saw the outside world for the last time.

Found Insane
He had threatened to kill Queen Victoria in letters he had sent her. He was found insane at the Central Criminal Court and ordered to be detained during Her Majesty's pleasure.

Three more reigns have passed, and a fourth begun, but the words "during Her Majesty's pleasure" have followed him to the end.

Carter served two terms in Broadmoor. In 1891 he was sent there after his mind had failed while serving a sentence of five years' penal servitude passed on him for shooting two men. He was released but the Queen Victoria incident led to his return.

Harry Wyndham Carter is now buried and soon will be forgotten.

Milk Gives Lime For Better Teeth

Its Greater Use In the Diet of the Ordinary Family Is Urged

The diet of many American families consists too largely of meat, potatoes, white bread and coffee. All these are low in lime, the New York State Department of Agriculture has pointed out, adding:

"On such a diet there is little wonder that dental clinics are increasingly necessary in our public schools. A quart of milk contains as much lime as twenty-eight pounds of beef, twenty-three pounds of potatoes or nine pounds of white bread."

Consumers Information Service observes that "on the whole, milk is as well, or even more thoroughly digested than other animal foods. When milk is the only food eaten by a healthy adult, decidedly less of its nutrients are digested than is the case when it forms a part of a mixed diet. Milk provides lime needed for healthy teeth and bones."

SNACKS For Ski-ers

Though most hostesses and housewives haven't the time to take an active part in winter sports along with the youngsters, they can be winners in their own field when the crowd comes home to eat. Skating, skiing and tobogganing are strenuous sports, take a lot of energy and produce ravenous appetites in sport enthusiasts. When it comes your turn to entertain the crowd, surprise them with something a little different. Waffles are a favourite dish of lovers of the great outdoors and here are a variety of ways in which to serve them.

Plain Waffles
2 cups sifted cake flour
2 teaspoons baking powder
1/2 teaspoon salt
3 egg yolks, well beaten
1 cup milk
4 tablespoons melted butter
3 egg whites, stiffly beaten

Sift flour once, measure, add baking powder and salt, and sift again. Combine egg yolks, milk and butter. Add to flour, beating until smooth. Fold in egg whites. Bake in hot waffle iron. Serve with maple syrup.

Makes 4 four-section waffles. For variety, sprinkle batter with premium shredded coconut before closing iron.

Southern Waffles
1 cup boiling water
1 cup corn meal
2 cups sifted flour
3 teaspoons baking powder
1 1/2 teaspoons salt
1 1/2 teaspoons sugar
2 cups milk
2 egg yolks, well beaten
3 tablespoons melted butter
3 egg whites, stiffly beaten

Pour boiling water over corn meal. Sift flour once, measure, add baking powder, salt, and sugar, and sift again. Add milk to corn meal, then

egg yolks and flour, mixing well. Add butter. Fold in egg whites. Bake in hot waffle iron. Serve with syrup. Makes 7 four-section waffles.

Cheese Waffles with Grilled Tomatoes
2 cups sifted cake flour
2 teaspoons baking powder
1/2 teaspoon salt
3 egg yolks, well beaten
1 cup milk
4 tablespoons melted butter
3 egg whites, stiffly beaten
1 cup grated cheese

Sift flour once, measure, add baking powder and salt, and sift again. Combine egg yolks, milk and butter. Add to flour, beating until smooth. Fold in egg whites and cheese. Bake in hot waffle iron. Place a slice of grilled tomato on each section. Makes 4 four-section waffles. Diced uncooked bacon may be sprinkled over batter before closing iron.

Sour Milk Waffles
2 cups sifted flour
1/2 teaspoon soda
2 teaspoons baking powder
1/2 teaspoon salt
1 tablespoon sugar
2 egg yolks, well beaten
1 1/2 cups sour milk or buttermilk
1/3 cup melted butter
2 egg whites, stiffly beaten

Sift flour once, measure, add soda, baking powder, salt, and sugar, and sift again. Combine egg yolks, milk and butter. Add to flour, beating until smooth. Fold in egg whites. Bakes in hot iron. Serve with syrup. Makes 4 four-section waffles.

Wheat Griddle Cakes
1 cup sifted flour
1/2 teaspoon soda
1/2 teaspoon salt
1 egg, well beaten
1 cup thick, sour milk or buttermilk
1 teaspoon melted butter or other shortening

Sift flour once, measure, add soda and salt, and sift again. Combine egg and milk and add to flour gradually, stirring only until smooth. Add shortening. Bake in hot, well-greased

griddle. Serve with syrup. Makes 12 cakes.

Ham Waffles
Prepare batter for sour milk waffles (above). Bake in hot waffle iron, sprinkling 1/4 cup uncooked ham finely diced, over batter of each waffle just before closing iron. Soft scrambled eggs may be served on waffles. Bacon may be used instead of ham, if desired. Bakes 4 four-section waffles.

Just in case you haven't a waffle iron, griddle cakes are just as good and are, perhaps, easier to make.

Bran Griddle Cakes
1 1/2 cups milk
1 cup whole bran
1 1/2 cups sifted flour
3 teaspoons baking powder
2 teaspoons sugar
1 teaspoon salt
2 eggs, well beaten
1 tablespoon melted butter

Pour milk over whole bran. Sift flour once, measure, add baking powder, sugar, and salt, and sift again. Add eggs to bran mixture. Add flour and blend. Add butter. Bake on hot, well-greased griddle. Serve with syrup. Makes 24.

Sisters Starved Despite Wealth

Refused to Spend \$10,000 In Currency and Coins

The aged sisters who suffered near-starvation in a squalid flat they had crammed with more than \$10,000 in currency and coins rested in hospital beds in Washington.

The money was discovered by representatives of the Southern Relief Society who found Miss Olivia Hale with a broken hip and her sister, Roberta, suffering from burns on the shoulder. Both women, believed to be more than ninety years old, had been injured doing housework.

Tucked In Furniture
Money was tucked in furniture, vases and cushions. Along with the cash were laboriously sketched reproductions of cheques, long since cashed, which had been given the sisters by Scottish Rite Masons and others.

The money represented contributions made to the feeble old women for many years—and unpaid. Each of the bills bore notations of the donor's name. Some of them dated back to the years immediately after the Civil War.

Ex-Wives Cost Him Over Half Income

Draws \$38,000 Annually and Distributes \$27,700

Henry S. A. Stewart, Jr., of Pittsburgh, has had four wives. His all-money budget stands at \$20,700 a year, which is more than half of his income, as stated by attorneys, of some \$38,000 annually.

The latest entry in Stewart's all-money budget is \$25 a month to Bertie J. Stewart, formerly of Nashville, Tenn., who rid herself of matrimonial bindings last winter at Miami Beach.

With the new bite on his income, ordered by common pleas court here, the budget reads:

Wife No. 1—Cash settlement, the amount unrevealed.
Wife No. 2—\$1,000 a month.
Wife No. 3—\$400 a month.
Wife No. 4—\$325 a month.

London Firm Hires Sub-normal Girls

Are Better on Monotonous Jobs Than Their More Intelligent Sisters

Secondary school girls and well-educated girls are not so good at monotonous jobs as girls of sub-normal intelligence.

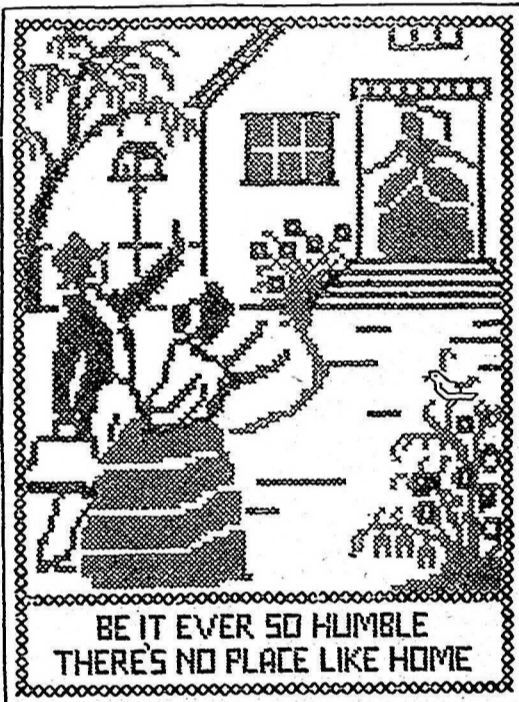
This is the view of Mr. A. H. Hill, Inspector of London, (Eng.) Special Schools, expressed at a London conference.

He said that there were firms in London making standard articles who made a point of employing mentally deficient girls.

"The girl who is well educated, gets bored with doing the same thing over and over again and her mind begins to wander," he said. "The mentally defective girl makes a steady employee in a monotonous job and employers are glad to have them."

"We've been living on stimulants, and now we're having our headache." —George Ade.

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Claims Hard Foods Cause Tooth Decay

Eight Year Experiment by Columbia Bacteriologist Leads To This Assumption

The suggestion that hard, rather than soft foods are the cause of tooth decay has been advanced by Dr. Theodor Rosebury, assistant professor of bacteriology in the Columbia College of Physicians and Surgeons. Dr. Rosebury, who has worked for eight years—experimenting with rats, and clinically with Eskimos—tentatively identifies hard, compact foods, rich in carbohydrates, as the primary cause of caries, or decay. He believes that particles of such foods are packed into fissures of the teeth under relatively strong biting pressure, are not removed in the process of eating, and ferment. The acids produced, Dr. Rosebury explains, then cause cavities in accordance with the classical theory of dental caries.

Hard But Compact
The foods having this effect, according to Dr. Rosebury, must not only be hard, but compact. Toast,

for example, though hard, crumbles when bitten without packing into crevices, and does come within this classification. The hypothesis has still to be tested on human beings under control conditions. Dr. Rosebury says, and he proposes that such clinical tests be made with groups of children. The experiments with rats, made in collaboration with Dr. Maxwell Karshan of Columbia, indicated that the only way of producing molar decay in the animals similar to that found in man was to feed them diets containing coarsely-ground raw cereal.

Chemist Advises Pastry Makers

Says Shortening of Firm Texture Gives Best Results

Pastries made with very soft shortening, even in reduced amounts, tend toward greasiness in the baked products, according to a research report made by the American Chemical Society by Adelbert W. Harvey of the Mellon Institute of Industrial Research, Pittsburgh.

"Decrease in the amount of shortening, to minimize the greasy character of the pastry, must be done with caution to prevent undue loss of a true pastry richness and texture," Mr. Harvey warns. "Bakery experience indicates that a fat of firm texture is superior to a soft fat for pastry shortening. Lard has not become important as a cake shortening because of its deficient creaming and emulsifying properties, although it has been used with butter."

"We must not be intolerant, stern or narrow in our interests, if we are to make the most of life." —Mrs. Franklin D. Roosevelt.

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This medicinal gargle will act almost like a local anesthetic on the sore, irritated membrane of your throat. Pains promptly; rawness is relieved.

"Aspirin" tablets are made in Canada. "Aspirin" is the registered trademark of the Bayer Company, Limited, of Windsor, Ontario. Look for the name Bayer in the form of a cross on every tablet.

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Plain Cats

Maltess and Persians have silkier mittens, But Tommy and Tabby are Adequate Kittens, Whatever they lack of the glorified auras

Of quaint Siamese and fluffy Angoras.

Their language is musical, pleasant and purry, Their gambols are graceful, their clothing is furry, Their eyes are appealing, their manners are gracious, Their ways are seductive, their hearts are capacious.

Oh, Tommy and Tabby, what cats could be fairer! As all would concede if your species were rarer. A sig for proud pedigrees, printed or written!

A cat is a cat and a kitten's a kitten! —Arthur Guiterman in the New York Sun.

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