

**The Markdale Standard**

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**Canada Lags In Fish Consumption**

Compared to the people of England, Canadians are poor fish eaters, in the opinion of Alfred H. Brittain, head of one of Canada's largest fish producing companies and former president of the Canadian Fisheries Association. Over in the Old Country the consumption of fish amounts to about 43 pounds per person. Here in the Dominion it is only about 21 pounds per capita. Yet, according to reports presented to the fishing industry, Canadian fish is noted the world over for its flavour and quality.

Mr. Brittain has continuously advocated an educational and advertising campaign by the government to help increase markets within the Dominion for Canadian fish. If the national consumption of fish were to be increased by only ten pounds per capita it would mean approximately another 100,000,000 pounds of fish.

With the present crusade for the increased consumption of fish now appearing in the newspapers and magazines of the Dominion that goal seems to be drawing nearer. According to Mr. Brittain such an increase would add materially to the general welfare; it would benefit the transportation companies and affiliated industries; it would increase the revenue of the primary produce; and it would provide a real stimulus for the entire fishing industry.

**WILLIAMSFORD**

The Williamsford Women's Institute held their monthly meeting on October 7th at the home of Mrs. Thos. Moore with nineteen members and five visitors present. The meeting opened in the usual manner by singing the Opening Ode and the Lord's Prayer repeated in unison. The minutes of the last meeting were read and adopted. After the business session there was singing by five women: a reading by Mrs. Spencer; community-singing, and a contest by Mrs. McGrath, Mrs. McArthur being the winner. Meeting closed by singing "God Save the King." The hostess served lunch assisted by Mrs. McGrath, Mrs. Roberts and Mrs. Moore, Jr.

**CHERRY GROVE W. I.**

The regular monthly meeting of the Cherry Grove Women's Institute was held at the home of Mrs. A. V. Bowen on Thursday, Sept. 24. After the usual opening exercises the new business was discussed, the chief feature being the dance sponsored by the W. I. to be held in the shed at Cherry Grove school on Friday, Oct. 23. Weiners and cold drinks will be sold.

Mrs. A. A. Thompson of New England was in charge of the program the chief feature being an instructive talk on W.I. work by Mrs. Fred Stafford of Williamsford, the Dist. President. Mrs. Thompson gave a talk on First Aid in case of accidents. Readings were given by Mrs. W. A. Dickie, Mrs. C. Risk and Miss Almada Lee. The meeting was closed in the usual way after which lunch was served by the hostess and her assistants.

The next meeting is to be held at the home of Mrs. Jack Bradey on Nov. 5, when the Vandeleur ladies will be our guests. All members please bring lunch.

**Recipes for Standard's Cook Book**

In order that all recipes be complete, we would ask contributors to be careful in preparing copy, giving full instructions as to mixing, baking and cooking. We desire at this time to express our appreciation for the splendid response to our request for recipes. Our book, from present indications, will be one of the best published in this locality. Those who have already contributed are asked to be patient as it will be some weeks before we have used up all now received, our space each week being limited.

**MOCK CHERRY PIE**

- 1 1/2 cups cranberries
- 1 teaspoon butter
- 1/2 cup water
- 1/2 cup seeded raisins
- 1 cup sugar
- 1 tablespoon flour
- 1 teaspoon almond extract

Line a pie tin with pastry, put in the cranberries, which have been washed and cut in halves, add the washed raisins, then the sugar, water and almond extract. Dredge with flour, place bits of butter on top and put on upper crust. Bake 40 to 50 minutes.

Mrs. Ernest Smart,  
R. R. 3, Markdale

**PRINCE OF WALES CAKE**

- 1 cup brown sugar
- 1/2 cup butter
- 1/2 cup sour milk
- 2 cups flour
- 1 cup chopped raisins
- 2 eggs
- 1 teaspoon cinnamon
- a little nutmeg
- 2 tablespoons syrup
- 1 teaspoon of soda, dissolved in a little hot water, to be put in just before going in oven.

Mrs. Ernest Smart,  
R. R. 3, Markdale

**DOUGHNUTS**

- 1 egg
- 4 1/2 tablespoons melted lard
- 1 large cup yellow sugar
- 1 large cup mashed potatoes
- 1 large cup sweet milk
- 2 heaping teaspoons baking powder
- 1/2 teaspoon salt
- flour to make a stiff dough
- Fry in deep fat.

Mrs. Nellie Myers, Markdale

**CORN FLAKE MUFFINS**

- 4 tablespoons white sugar
- 1 cup sour cream
- 2 eggs
- 1 cup crushed corn flakes
- 1 cup flour
- 3 teaspoons baking powder
- 1/4 teaspoon salt.

Mrs. Ernest Cooper,  
Cooper's Falls, Ont.

**APPLE CRISP PUDDING**

Quarter apples and place in bottom of pudding dish with sugar to sweeten.  
Mix together:  
1/2 cup butter  
1/2 cup white sugar  
1 cup flour  
Cover the apples with the mixture and bake in moderate oven till browned.

Mrs. Ernest Cooper,  
Cooper's Falls, Ont.

**BANANA CAKE**

- 1/2 cup white sugar
- 1/2 cup brown sugar
- 1/2 cup butter
- 2 eggs
- 1 cup mashed bananas
- 1 small teaspoon soda added to bananas
- 2 tablespoons sweet milk
- 1 1/2 cups flour
- 1 teaspoon baking powder

Mrs. J. T. Abercrombie,  
R. R. 1, Cedarville, Ont.

**RITE-GOOD PICKLES**

Soak large cucumbers in cold water 5 hours, cut lengthwise (without peeling) into 3 or 4 pieces, pack in quart fruit jars with 3 stalks of celery and 3 small onions in each jar. Drain off any juice after packing. Heat 1 quart cider vinegar, 1 cup sugar, 1/2 cup water and 1/3 cup of salt. When boiling pour over cucumbers and seal at once. These can be used in one month.

A. S., Hamilton

**GORING**

(Intended for last week)  
Mr. and Mrs. George White of St. Vincent visited with the latter's mother, Mrs. M. E. Parker, on Sunday.

Mr. and Mrs. Buck and family of Toronto and Miss Stella Murray also of Toronto spent the week-end with Mr. and Mrs. J. Murray.

Mr. and Mrs. A. McPhatter and family of Bognor and Mr. and Mrs. B. Shaw and family of Clarksburg were visitors with Mr. and Mrs. Ryerson Sparling on Sunday.

Mr. Ivan Sparling of Guelph spent the holiday at his home here.

Mr. and Mrs. Clare Muxlow and family of St. Vincent spent the holiday at the home of the latter's parents, Mr. and Mrs. H. E. Parker.

Mrs. M. E. Parker visited with her daughter, Mrs. Bruce Carruthers, at Kimberley on Sunday.

Misses June and Jean Williams of Blantyre are staying with their aunt, Mrs. S. Wood, and attending school for a time.

**IRISH LAKE**

Mr. and Mrs. Jack Milligan of Toronto spent Thanksgiving with the Martin family.

Miss Mae Sullivan and Mr. Jim Sullivan spent the week-end and holiday at their summer home here.

Mrs. Clarence Stafford (nee Margaret Quirk) of Toronto is spending a few days with friends here.

Misses Agnes and Blanche Sweeney spent Sunday with the Black family on the fourth line.

Quite a number from this line attended the fowl supper at Glenelg Centre on Thanksgiving evening.

Mrs. Robert Blakely of Toronto has been spending the past month at the home of her nephew, Mr. Fred. Eagles.

Mr. and Mrs. Fred. Eagles motored to Toronto on Sunday for a few days' visit with friends in the city and at Cooksville. Mrs. Blakely and Mrs. Charles Eagles accompanied them.

Quite a few friends from Hanover were present for the shower at Mr. J. McWhinney's for Mr. and Mrs. C. Stafford on Friday evening.

**STRATHAVON**

The taking up of potatoes, pulling mangels, ploughing and moving of houses are the orders of the day in this vicinity.

Mrs. Geo. Ramage, Elaine and Marjorie spent the week-end with her sister, Mr. A. Gowan, at Walters Falls.

Miss Jennie Torrie of Toronto spent a few days at her parental home.

Miss Vina Mustard has returned to Toronto after spending a week with relatives here.

Mr. E. Morgan and Mrs. Beamish of Shoal Lake, Man., are visiting with Mr. and Mrs. Wm. Morgan.

Miss Viola Torrie of Owen Sound spent the week-end and holiday with her brother, Ian, and family.

A large number from this vicinity attended the shower for Miss Islay Morgan in the hall at Walters Falls.

Mr. and Mrs. Ian Torrie and family spent Sunday with Mr. and Mrs. Sandy Morrison.

Mr. and Mrs. Art. Torrie, Clayton and Jennie spent Wednesday evening with Mr. and Mrs. Joe Mills at Temple Hill.

Married—On Saturday, October 10th, Miss Islay Morgan to Mr. Clifford Sinclair of Neustadt. Congratulations.

Mr. S. Leonard is busy moving his house to the farm.

Mr. and Mrs. Art. Torrie and Clayton visited with relatives at Elmwood on Sunday.

**Business Directory**

**LEGAL**

WALTER E. HARRIS, Barrister and Solicitor, Etc. Office on Main St., Markdale.

**DENTISTRY**

L. G. CAMPBELL, L.D.S., D.D.S., Dental Surgeon. Graduate of Ontario College of Dentistry and University of Toronto. Office over the Post Office. Office hours 9 a.m. to 5 p.m. Appointments made by phone.

DR. J. A. MCARTHUR, Dentist. Office in the Artley Block, over the Perkins hardware store. Entrance at south-west corner of building, Toronto Street.

**FRATERNAL**

L. O. L.—Markdale L.O.L. No. 1046 meets in the Orange Hall, Markdale, at 8 o'clock p.m., the first Thursday in each month. Visiting brethren cordially invited. J. W. Stoddart, W.M.; A. E. Scott, Rec- Sec.

A. F. & A. M.—Hiram Lodge No. 490, G.R.C., Markdale, meets in the Masonic Hall, Reburn Block, at 8 o'clock p.m., on the second Thursday in each month. Visiting brethren cordially invited. W. J. Halbert, W.M.; A. E. Colgan, Sec.

R. B. K.—Victoria Preceptory No. 282 meets in the Orange Hall, Markdale, at 8 o'clock p.m., the third Thursday in each month. Visiting brethren always cordially welcome. G. W. Littlejohns, W. P.; A. E. Colgan, Registrar.

**AUCTIONEER**

B. H. WALDEN, Licensed Auctioneer for the County of Grey. All sales promptly attended to. Farm sales a specialty. Arrangements for sale dates may be made at the Standard Office or with B. H. Walden, Markdale.

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