

37 lbs. of Fat Gone

No Wonder She Looks Younger!

"How much younger you are looking!" What a pleasure to hear that compliment from your friends' lips—as this woman did.

"Since I started taking Kruschen Salts," she writes, "I have reduced myself by 37 lbs. I am still going down and hope soon to be normal weight. My health has greatly improved. My friends see such a difference in me now. I look younger, and I know how to look younger about my face which I never used to have. I take my usual food, but my first drink in the morning is my little dose of Kruschen Salts, which I will never be without." — (Mrs. K.)

The six salts in Kruschen keep the organs of elimination in perfect trim and so ensure a regular, gentle and natural clearance of all fat-forming food refuse.

"Early to Rise" Is Unpopular In Bermuda

"Isles of Rest" Veto Bill for Daylight Saving Time—Red Chamber Objects

HAMILTON, Bermuda—The rest of the world can get up an hour earlier and yawn all day if they want to but Bermudians have no desire for daylight saving time, according to members of the Legislative Council who turned down the bill amending the Time Zone Act, giving it "six months' hold."

Speaking against the bill, Hon. F. G. Gosling said that Bermuda was situated roughly about half way between the latitude of London and the latitude of countries to the south. In London, daylight saving might be beneficial, but in countries where there was an excessive amount of sun it was found necessary to declare a siesta in the middle of the day.

Majority of Two
"We are perhaps as fortunately situated as any spot on earth with regard to this matter," he said. It had been tried in 1917 with resulting inconveniences, Mr. Gosling continued. Major the Hon. R. W. Appleby, supporting the bill, repeated: "Early to bed, early to rise, makes a man healthy, wealthy and wise."

President Sir Sydney Rowan, of Hamilton—"The world has become no wiser nor better since that was said." And the bill was thrown out—by a majority of two.

Mollisons Enter

LONDON—Capt. James Mollison has entered in the England-to-Australia air race. He will fly with his wife, the former Amy Johnson.

Learns to Fly

TORONTO—J. A. Wilson, controller of civil aviation at Ottawa, arrived in Toronto recently to learn that his daughter Leontia, had taken her first flying lesson at the Toronto Flying Club airport. He discovered his daughter was learning to fly when he received a certificate for her medical examination in the usual official manner.

STOMACH TROUBLES

Relieved at Home

Most cases of stomach ulcers caused by gastric hyperacidity, acid stomach, constipation, gas distress after eating, stomach pains, sour stomach, indigestion, etc., respond to

VON'S CANADIAN PINK TABLETS
They help re-create the proper "chemical balance"—thus freeing you of pain and distress. No rigid diet—you can eat all wholesome foods and regain your strength.

Send 10c for Trial Offer and full particulars.

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TRAVEL IMPRESSIONS



CAPT. F. H. REID

Markets of London

Many incidents occur in the course of travel; unexpected happenings that give zest to your trip. Perhaps the best of these are the trivial things that you stumble upon, but in which there is much of human interest. A sojourner in London, for instance, will—if he has eyes to see—find much that is uncommon. Whether it be a visit to Caledonian Market—the official name of which is the Metropolitan Cattle Market—or to Mid-dlesex Street—commonly known as Petticoat Lane—or to any one of the street markets, where from barrows at the side of the curb, every conceivable article is sold, you will meet queer characters and see strange sights in abundance. In other words, you are embarked upon a personal voyage of discovery.

Caledonian Market

Caledonian Market is the largest cattle market in the kingdom. Monday is market day and normal arrivals comprise about 1300 cattle and over 5000 sheep, sent from the pasture lands of England, Scotland and On Tuesdays and Fridays, however, the great square is thrown open to pedlars who expose for sale everything that can be paid for and taken away. On the pavement is spread a conglomeration of articles, small and large, that defies description. Books, pictures, hardware, clothing, old tyres (as the Englishman spells them), bric-a-brac, silverware, gold rings, tools, sporting goods, animals and birds—too many things to enumerate. At various places in the market are booths, where delicacies such as snails, winkles and eels are sold and the patrons of such booths sprinkle these with vinegar and eat them on the spot with much relish. A strange set of people congregate in and about the market; much good humour is exhibited and it is certainly an interesting cross section of London life. There is an unwritten law concerning Caledonian Market—you must not enquire regarding the origin of anything exposed for sale; if you want it, have the money to pay for it and can take it away, ask no questions.

Petticoat Lane

The Sunday morning market that rejoices in the name of Petticoat Lane is located in and around Middlesex Street. A seething mass of humanity—as closely packed as an Exhibition Midway crowd on Labor Day—passes along the centre of the street, on each side of which there are stalls and barrows, closely set together and presided over by shouting salesmen and women who wish to draw attention to their wares. Here the articles are, for the most part, new but the variety of things being offered is as great as in the Caledonian Market. It is a veritable bedlam, and if you do not enjoy crowds, noise and excitement, stay away. In both places many bargains may be had if one is prepared to do a little dickering and put up with some bantering talk. All this adds to the enjoyment and I would personally advise anyone visiting London to go to one or other of these most intriguing spots.

Other Markets

Berwick Market in Soho is much patronized by the foreign element of London, and also, so far as millinery, furs and drapery is concerned, by the young ladies of London generally. It is also a street market, located not far from Piccadilly Circus, in the heart of London. Another curious Sunday morning market is the Rag

Minister's Son Invents Invisible Ear Drum

The Invisible Ear Drum invented by A. O. Leonard, a son of a widely known Methodist minister, for his own relief from extreme deafness and head noises, has so greatly improved his hearing that he can join in an ordinary conversation, go to theatre and hear without difficulty. Inexpensive and has proven a blessing to many people. Write for booklet to A.O. Leonard, Inc., Suite 189, 70 Fifth Avenue, New York City. advt

Enterprising Boy

Anticipating a busy summer, a young boy is already soliciting business in cleaning white shoes. His plan is rather novel for the present time and is meeting with enthusiasm among many busy people of his neighborhood. He collects shoes left in boxes outside the door, cleans the shoes, and returns them early the next morning.

Are You Sluggish?

To Throw Off Energy-Stealing Impurities, enjoy a glass or two each week of

energizing, effervescent

ANDREWS LIVER SALT

In TINS—35c and 60c
NEW, LARGE BOTTLE, 75c

Issue No. 22 '34

is dyslexia. It is sometimes exceedingly difficult to detect, particularly when the faulty image is wrong at only one angle, which may have any direction.

The new device has revealed cases of dyslexia in individuals whose eyesight had not been under suspicion. It is described to the American Association for the Advancement of Science by Walter F. Dearborn and Forest D. Comfort, of Harvard University. They credit the pioneer work to Professor Ames and the staff of the Dartmouth Medical School.

The eight pinholes are set in a circle around a hole three-eighths of an inch in diameter. Behind the pinholes are a series of tiny lights and a series of black backgrounds.

These are arranged so that when a person looks at the large central hole his right eye sees the tiny lights behind the pinholes. But the left eye does not see these lights at all. Instead, it sees only the black backgrounds.

Dots and Light Displaced
The result is that one eye sees a hole surrounded by black dots, while the other sees the same hole surrounded by pinpoint lights. If vision is perfect the black dots and the glowing points superimpose and to the brain they appear to fuse.

But if there is any of the distortion of dyslexia, black dots and the bright points separate. They separate in the direction in which the vision is faulty whether it is at one angle or a general distortion.

Lenses are placed in front of the eyes until dots and points of lights fuse, and that gives the correct prescription for corrective eyeglasses.

The troubles thus corrected include complaints of sleepiness when reading, words jumping about and blurring on a page and skipping of lines.

A SMILE

The clerk had just completed a quarter century of faithful service. At the end of the day the boss handed him an envelope inscribed, "In token of this memorable date."

The clerk opened the envelope, and inside it he found a portrait of his employer.

"Well, what do you think of my gift to you in recognition of your devoted service?" the proprietor asked. "It's just like you," was the reply.

Unique Display Will Draw Crowds at CNE

Ceylon now joins numerous other far-distant countries, which will come into the Canadian National Exhibition in a big way this year with a government-sponsored exhibit. The Ceylon Tea Bureau, which is a governmental department, has engaged four thousand square feet of space in the Governments Building, and will have a display which will be altogether unique and quite unlike anything hitherto attempted in that interesting structure.

A huge shipment of emeralds, sapphires, rubber and rubber products cocoa, cinnamon, rice, native handicrafts such as pottery, fabrics woven in grass, hand-hammered brass in addition to tea, has been shipped from the port of Colombo en route to Toronto. The exhibit will be accompanied by English-speaking natives in costume and aside from being designed to stimulate trade between Ceylon and Canada is highly educational.

Appropriately enough this year marks the 100th anniversary of a concerted campaign on the part of growers of Ceylon to introduce tea throughout the British Empire. Included in the shipment which occupies fifteen huge crates, are two dioramas with elaborate lighting and sound effects depicting the tea plantations with Cingalese natives and elephants at work and showing the picking curing and shipping processes.

Your Liver's Making You Feel Out of Sorts Wake up your Liver Bile — No Calomel needed

When you feel blue, depressed sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and elimination are being slowed up, food is accumulating and decaying inside you and making you feel wretched. Merit bowel-movers like salts, oil mineral water, laxative candy or chewing gum, or roughage, don't go far enough. You need a liver stimulant. Carter's Little Liver Pills is the best one. Safe. Purely vegetable. Sure. Ask for them by name. Refuse substitutes. 25c. at all drugists.

Beware of Weed Seeds

Weed seeds find their way to the manure pile through the digestive systems of animals and in bedding. When fresh manure is hauled out and spread on the land viable weed seeds may be spread with it. If weeds are present allow the manure to remain in the pile for at least one month before spreading and thereby avoid the danger of increasing weed infestation. Tality will run much higher, but we feel reasonably certain that in all Ontario apple orchards sufficient larvae will have survived in sheltered spots to necessitate the application of the spray outlined in the Ontario spray calendar.

Oil Imports Gain But Cost Is Less

Ottawa—Canada imported 1,068,463,553 gallons of petroleum in the fiscal year ending with March, valued at \$25,173,238, an increase in gallons but a decrease in value compared with the previous year. Imports were up sharply in March, 73,981,459 gallons coming in compared with 54,657,687 gallons in March last year.

"Blue" Spells

Reduce some women to the pearly shadow of their own smiling selves. Others take the Vegetable Compound when they feel the "blues" coming on. It steadies quivering nerves; helps to tone up the general health; gives them more pep; more charm.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Classified Advertising

WILD ANIMALS WANTED
BABY BEARS — Paying \$5.00 pair above other buyers. Hold—write. Crowe, Wayne, N.J.

FOR QUICK SALE—POWER PUMPS
ELEVEN only left at special Jubilee Price. Greatly reduced. Cost far less. Pump water night and day. Exceptional value. Write to-day for prices giving depth of well. Mr. A.J. Holbrook, Beatty Bros. Limited, Fergus, Ont. Box 239-W

The attention of the citizens throughout Ontario is called to the importance of seeing that their names are incorporated on the Voters' Lists for the Provincial Election, to be held on June 19th. Chief Election Officer, I. A. Humphries, is taking special steps to see that everyone enjoying the franchise will be in a position to exercise it at the polls.

The Voters' Lists have been posted conspicuously in all the electoral districts and abundant opportunity is provided for individuals to examine these lists and learn if their name is included. In each district a Revising Officer will sit on specified dates to consider applications or complaints in regard to omission of names. It is incumbent upon each voter to satisfy himself or herself that their name is included. In cases where names are left off or corrections are needed such persons are advised to attend the Revising Officer's sitting, in person or to obtain Notice of Complaint forms and to file two days in advance of the aforementioned sittings.

It is especially urged upon the electorate that each voter should make the inclusion of his name on the list a matter of personal responsibility. Adequate machinery is provided and every care will be taken but individual co-operation is sought.

Mr. Humphries, Chief Election Officer issues a message to be public in the following terms:

"You enjoy the franchise. Exercise it. You should co-operate in order to see that your name is on the Voters' List.

"The responsibility is yours. Do not delay. Don't put it off until Election Day and then blame someone because your name is not on the Voters' List."