

HOW ONE MAN LOST 19 lbs. FAT

Now Feels Absolutely Fit

A fat man is commonly supposed to be good-natured, easy-going. But there is many a fat man who finds the going far from easy. The following letter describes one typical instance:

"I began to put on weight this year, and developed stoutness in the stomach which was very ugly. I took Kruschen Salts each morning for a month, and reduced my weight 13 lbs. So I kept on, and have now reduced 19 lbs. altogether. Apart from that, it has also relieved me of headaches, and I feel absolutely fit each morning, ready for a hard day's work."—H.M.

Taken every morning, Kruschen effects a perfectly natural clearance of undigested food substances and all excessive watery waste matter. Unsettled nature is regularly expelled. Nature will eventually store it up out of the way in the form of ugly fat. Once Kruschen gets into the blood you will soon see that double chin begin to go, and that too prominent abdomen begin to disappear.

Trade in Furs Is Still Lively

North Ontario Trappers Get \$1,566,055 Worth of Pelts in Year

Toronto — Trappers in Northern Ontario during Ontario's past fiscal year took pelts worth \$1,566,055, the report of the legislature's standing committee on fish and game reveals. In addition for farmers sold skins of silver and black foxes worth \$570,300.

Profit of the game and fisheries department, administered by Hon. George H. Chalmers, increased by \$25,000 despite a decline in revenue derived from licenses and royalties. The increase was made possible through curtailment of expenditure, the report said.

It asserted a study of conditions affecting fur-bearing animals reveals the necessity of maintaining existing closed seasons on animals if the resources of the province are to be maintained.

YOUR LIVER'S MAKING YOU FEEL OUT OF SORTS

Wake up your Liver Bile

No Calomel needed. When you feel blue, depressed, sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and elimination are being slowed up, food is accumulating and decaying inside you, making you feel wretched. More bowel-movers like salts, oil, mineral water, leave you easily or cheaply, but they don't go far enough. You need a liver stimulant. Carter's Little Liver Pills is the best one. Safe. Purely vegetable. Sure. Ask for them by name. Retail everywhere. 50¢ a all drug stores.

Back Exercise Improves Posture

The beautiful figures of the world belong, without exception, to women with perfect posture. If you learn to stand correctly with stomach pulled in, slight elevation in a straight line and torso resting in the hip sockets, you're sure to look poised and graceful as well as much slimmer.

A protruding stomach and hips that seem too heavy make a girl appear to weigh more than the scales actually say. To maintain a graceful bearing and a slender appearance, practice this exercise every day until you get into the habit of keeping the backbone straight. Then do it once a week to check up on yourself.

Lie flat on the floor with knees pulled up, weight of the legs resting on the balls of the feet, weight of the body resting in the center of the backbone. Flatten the spinal column, except the last two vertebrae, against the floor. Those last two vertebrae should be in a rounded position. Holding that position (it's quite comfortable after the first few minutes), raise the arms from the sides, until they are stretched high above your head. Inhale as you raise them and pull the stomach up and in. Move the arms back to the sides, exhaling slowly. Repeat several times, keeping the backbone pressed against the floor. If your position is correct, there will be no hollow in the center of your back.

Two Film Couples Are Quietly Wed

Hollywood, slipping quietly out of Hollywood over the week-end two film couples eloped and were married, they reveal—last week.

Martha Sleeper, film actress, and Harrie Albright, young film juvenile, were married at the Mission Inn in Riverside, Cal.

Alberta Caughn, actress who began her screen career as a "baby star" was Clara Bow in 1926, eloped with Joseph Egli, an assistant casting director at a studio, to Yuma, Ariz.

"Experience has given me confidence in Omega Oil. It excels as a fresher and strengthener of the muscles." —Bob Fitzsimmons, famous for the power of his punch, found that Omega Oil goes deeper. As a household liniment Omega Oil is invaluable. It may be rubbed into the sore, itching muscles without blistering the skin. Yet it is stronger and more penetrating than ordinary liniments. All druggists have Omega Oil or can easily get it for you. 35 and 50 cts. Sole Agent: John A. Houston Company, Limited, Toronto.

YUANHEE SEE LAUGHS

by Sax Rohmer

Removal of five crates of opium from the liner Wallaroo carrying 2,000,000 dollars' worth of gold to Australia—discovery of a large cache of opium in the possession of a Chinese agent—Hsieh See, the biggest "financier"—the murder of Detective Sergeant Norwick—these are all the events of the week.

Chapter XXII—(Cont'd.) "Enormous," repeated Aswami Pasha. "I need not tell you what the folly of one man may mean to all of us. Failure is always paid for here in one way or another. But failure to-morrow would certainly mean death for every man concerned. We shall sail at four o'clock in the afternoon; every man jack of us with a nose around his neck—and so every man will watch his neighbor. And a short shrift, say, to any backsliders."

MINING — FINANCE

Note and Comment

There is no need for alarm in the present gold situation. Mr. Rhoads's New Tax does not alter the Potential Paying Possibilities of Canadian mines.

Practically every business in Canada is taxed to an extent, and Gold Mining falls in line with its increased production as Bon-fide Taxable industry.

The splendid rally in Gold stocks last Thursday afternoon after the tremendous selling flurry in the early morning shows firm belief and optimism in Canada's Gold situation. With all due consideration to the fact that 10% of any mines gold will go to the Government (providing gold is selling over \$20 an ounce) it will not interfere to any noticeable extent to the earning power of the mine. The following table of the New Tax will show this clearly.

Table with 2 columns: Gold Price, Tax Rate. Rows show prices from \$30 to \$40 and corresponding tax rates from 0% to 20%.

American money is flowing into Canada these days for investment in Canadian mines. This is a great thing for Canada and no doubt is the major cause of the activities on the exchange. The "NRA" and "Brain Trust" with their talk of legislation to curb all speculative activities on the United States Exchange, are scaring the American investor.

Canadian mines offer a real inducement to Americans no longer available in the United States. Let us as good Canadians welcome this money and except our obligations of honesty, decency and courtesy, and again prove the standard of Canadian straight dealing and ethics in business.

Many Mining Areas Will Be Surveyed. The number of geological parties which will go out into the mineral regions of Northern Ontario this year has been increased in keeping with the great interest in gold mining and in expectation that large numbers of prospectors will take the field this year.

Harold Colman Rickaby, senior pre-Cambrian geologist of the Mines Department, has been appointed provincial geologist to succeed the late

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"Brown," he said coldly. "Therefore I have no choice but to refer your protest to—" Kid Brown sprang forward and he grasped the outstretched hand. "It's all right," he whispered hoarsely. "Aswami drew his hand away. "It is the cargo we want, not the ship," he said. "And now that you have come to your senses, a word of warning: Mac is being watched by Mr. King."

The Kid drew back, biting his thick underlip. "To-night," Aswami continued, "the Armenian, Joseph, from Port Said, joins us, taking the place—at the same pay—of the Portuguese sent to us by Polodoo. I knew, when I interviewed him in Paris, that this man from Siamboul would fail us, as he failed us before. Very well, you have taken a gross liberty to-night. You shall have a chance to make good. I leave to you with Mr. King to the ship. See this fellow Joseph, and instruct him in his duties. Remember—with the Jackal, he will be in sole charge outside during our absence. You will be responsible."

Kid Brown turned and made for the door. "I may collect women, Brown," came the smooth voice, "but I study men." And in a small room situated in a wing of the rambling mansion, Macles was kneeling beside a neat bed trying to pray. There is no more desperate character than that of a religious man gone wrong. And James Macles, ex-chief engineer of a famous liner, was a deeply religious man whom an irreligious woman had driven down to hell.

But never a word would come. The motorboat swung into a reef-sheltered harbor, the truth leaped at last to Dawson Haig's brain. A suspicion, which for weeks past—longer, perhaps since that day when the existence of the former Marquis Yu'an Hee had thrust itself upon his attention—had clamoured for recognition at last drove home.

Drug smuggler—slave dealer—receiver of stolen property—yes! but at the whole scope of this devil's activities presented itself like a revelation.

The American yacht a year ago! And less than a year earlier, the big German freighter, with a cargo insured for a quarter of a million! Both had vanished, leaving never a survivor, somewhere in the Red Sea. There had been talk about a shifting shoal; an official survey had been made.

Yu'an Hee was a pirate—a modern pirate!—holding strictly to the motto of that ghastly trade, "Dead men tell no tales."

This was the man, with his damnable organization, in whose power Eileen lay! And he wanted to pray for strength to remain sober long enough to save his poor soul from this last black sin.

His body was icy cold, but his brain raced like an engine. He clenched his fists. What should he do? What could he do? Where did his duty lie? He had deliberately snapped the link between himself and official support. He was alone—alone against an organized group of absolutely callous scoundrels—operating under the orders of the most evil man that ever came out of Asia.

This last astounding recognition had brought everything into order. QUIVERING NERVES

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HOW TO FIND OUT IF YOU HAVE ACID STOMACH

HERE ARE THE SIGNS: Nervousness, Frequent Headaches, Neuralgia, Feeling of Weakness, Indigestion, Sleeplessness, Loss of Appetite, Mouth Acidity, Stomach Nausea, Auto-Intoxication

WHAT TO DO FOR IT: TAKE 2 teaspoonfuls of PHILLIPS' Milk of Magnesia in a glass of water every morning when you get up. After 30 minutes get up and walk about before you go to bed. OR—Take the new PHILLIPS' Milk of Magnesia Tablets—one tablet for each teaspoonful as directed.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts at once to neutralize the acids that cause headache, stomach pains and other distress. Try it. You'll feel like a new person.

But—be careful you get genuine Phillips' Milk of Magnesia, or Phillips' Milk of Magnesia Tablets when you buy—25c and 50c sizes. ALSO IN TABLET FORM Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.

"SALADA"

Orange Pekoe Blend TEA Fresh from the Gardens

His futile journey to Singapore with its nearly fatal termination—how near he had been then to the truth! And what bloodshed and sorrow he might have averted had he not failed. Now—was he to fail again?—with all the facts at last in his hands? Eileen!

Eileen he could not think about and remain sane. Turning to the taciturn negro who accompanied him, he asked "Do we go fast?" He fully appreciated the position of Joseph in the scheme of things. Joseph was a nominee of the old villain, Mohammed, at Port Said. He had been given a chance to prove himself. There for, he was about to be received by—whom?

Surely not by the man who laughed. No. Yu'an Hee was too cunning for that. He would be met by some chief of the staff. A horrible idea flashed through his mind—Polodoo! The Greek tempter, a man with an excellent brain; a man of culture. And it was Polodoo who had taken charge in Limehouse during the critical hours which preceded the sailing of the Wallaroo.

He remembered how he had cudgeled his brains for an explanation of where the leakage had occurred between Scotland Yard and Sydney. It was painfully clear now. The consign-

ment of drugs—a minor matter—had been removed, because at the last moment this greater scheme had suggested itself to the master mind. "There," the negro replied, and he pointed. Ahead on the right, a long high wall began. Beyond it, where the negro pointed he saw twinkling lights.

There massive gates heavily reinforced with scuffed iron-work, opened onto a courtyard. A big negro in uniform stepped forward and a quick interchange of remarks, meaningless to the listener, took place between Haig's guide and the guardian of the gate.

He was ushered into a carpeted and well furnished room. The guide disappeared. But the man in uniform stood before him. "Chief engaged," he said, in his thick negroid voice. "Some one sees you presently. Have a drink?" "Thanks," said Haig, dully. "Have you got a whiskey and soda?" The man grinned and disappeared. Dawson Haig looked about him, weighing his chances. This was headquarters—Yu'an Hee See's base! "The girl is safely on her way," Joseph had said; undoubtedly, on her way here.

What was the most and best that he could hope for—to get in touch with Eileen, and then? To get her away and bring help. What was the worst danger in sight?—That one of the Hee See group should recognize him.

The negro returned carrying a tray upon which was a bottle of whiskey, a siphon of soda water, and a cut-glass tumbler. He placed this upon a low table before Haig, grinned again, and withdrew.

Haig mixed himself a stiff drink, took a sip, and wondered. What action was to be looked for from a modern and highly efficient pirate, when, in his own headquarters, he found himself unexpectedly by a detective inspector of the Criminal Investigation Department.

At that moment entered a bull-necked deep-chested man, wearing a gaily colored pull-over, grey flannel trousers, and gymnasium shoes. His low skull was closely cropped, and his face bore the scars of battle.

To be continued

A philanthropist is one whose generosity is praised because he left what he couldn't take with him.

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Little Junior (on return from dentist's)—The doctor told me before he began that if I screamed, cried or hollered it would cost me a dollar, and if I was a good boy, it would only be 50 cents.

His Mother—Did you scream, darling? Junior—How could I? You only gave me 50 cents.

Waiter—All right, sir, all right. You will get served in time. Diner—Yes, but I'm anxious to get through this meal before you raise the prices any more.

Little Grace—Why are there no marriages in heaven, Daddy dear? Daddy (after stalling playfully around)—Because that would not be heaven, my dear.

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