The Good-Night Kiss

Mrs. Nestor Noel

Have you ever heard mothers say: "As you were naughty to-day I will not kiss you good night?"

Some mothers do say this. The little child who probably has forgotten how she was naughty may cry herself to sleep and thus lose much of the good which a night's rest should bring.

Why keep up an unpleasantness with a child over night? The child might have been suffering from some childish indisposition. There is always a reason for a child's naughtiness. Perhaps we have been feeding her too highly concentrated food. Perhaps we have upset her during a meal. Perhaps some playmate annoyed her. There are so many possible reasons. We, ourselves, may be one of them! Were we feeling our best? Some days we overlook a great deal more than we do on other days.

Whosesoever the fault, bedtime should be a time of peace, a time when Mother forgets the little hurts and grievances of the day. Quickly the child who feels your loving confidence will resolve never to offend again. This is a chance to show your understanding, that wonderful understanding about which mothers boast!

To dwell on an injury inflicted by a friend is bad enough; to harbor ill will because of the peccadilloes of a little child is cruel. It is bad for the child's health, bad or its temper, bad for its character. Mothers should forgive and forget.

I have heard some say: "Of course I have forgiven my little girl, but she must be taught to remember." If so, try some other time than bedtime for reminding her.

To-morrow will be a new beginning. You do not want your child to be burdened with the wrongs of yesterday or to-day.

Do we like to sleep under a heavy cloud, ourselves? Do you remember ever crying yourself to sleep? If so, never subject your child to the same misery. It is a real tragedy to a child to have to go to sleep without a mother's good-night kiss.—Issued by the National Kindergarten Association, 8 West 40th Street, New York City. These articles are appearing weekly in our columns.

Claims Newsprint Production Had Origin at Phelpston

That the first newsprint manufactured from pulpwood had its origin at Phelpston, Simcoe County, is the claim of a correspondent writing on the Homemakers' Page of a recent issue of The Globe.

"You all know that newsprint is manufactured from pulpwood (spruce), but this is not an old process. In the early part of 1875, A. J. Phelps of the N. & A. J. Phelps Lumber Company, operating a large mill at Phelpston, Flos Township, County of Simcoe, received from John Riordan, who owned and operated the Lincoln Paper Mills at Merritton, an order for one carload (8,000 feet) of spruce for experimental purposes. The late Matthew Lawson Jr. and William J. Patton, who now resides in Hamilton, felled the trees and cut them into logs. As the G.T.R. would not carry round timber, the logs were taken to the mill, where slabs were sawed off, after which they were hauled to Barrie, loaded and shipped on the old Northern Railway to Toronto and transhipped from there to Merritton on the Grand Trunk.

"Experiments proved that spruce could be bleached and manufactured into newsprint, and that was the first carload of spruce (or any wood) used for the purpose. Since then it has been found that poplar, basswood and other woods can also be used. Prior to 1875, pine (sawdust and shavings) were used with rags, felt, rope, etc., in the manufacture of wrapping paper, which was not like the fine quality papers used for this purpose nowadays.

"In the book", "Pioneers of Simcoe County", "you may read of A. J. Phelps, but you'll not read of the carload of spruce, I got the story from my father, W. J. Patton, who is still hale and hearty, although November 20 marked the seventy-eighth milestone of his life's journey."

Evening Make Up Should be Flattering

Evenng make-up should be flattening. A light, inconspicuous, easy-to-apply make-up is perfectly all right for the street, but it will look like nothing at all under artificial lights. Then you need a little more color and a bit of eye make-up which you wouldn't ordinarily use on the street or in the office.

Have a good light over your dressing table and stand so that it shines on your face while you are making up.

Clean your face and neck with cleansing cream and skin tonic before you get into your bath. If your skin feels at all dry, put on a nourishing cream and leave it on until you step out of the tub. Be sure and remove every trace of it before you use a foundation lotion.

A good foundation lotion is a necessity both at night and during the day. It's a good idea to have one which matches the tone of your skin and be sure and put it on your neck as well as your face.

After the foundation, blend on either liquid or cream rouge. See that there are no rough edges and that it is not placed too low on your cheeks.

Powder follows the rouge and then an eye-shadow. Be careful not to get powder on your eye-lids. Brush your brows and lashes after you have powdered. Eye shadow should not extend out on the cheek bones.

Mascara and eyebrow pencil, if you use them, are the next to the last steps. Lipstick is the final one.

Each man is a hero and an oracle to somebody, and to that person whatever he says has an enchanted value. —Emerson.

Royal Bank Annual Statement Shows Strong Liquid Position

Liquid Assets At $362,471,645 Are Equal To 55.76 Per Cent. Of Liabilities To The Public—Total Assets At End of Year Were $729,260,476 — Gratifying Increase Of Over $18,000,000 In Canadian Savings And In Demand Deposits — Many Businesses Evidently Showing Large Turnover.

The Annual Statement of The Royal Bank of Canada covering the fiscal year which ended November 30th last should afford satisfaction to the public, as well as to shareholders. The statement discloses a very strong position, with an increase in liquid assets to a total of $362,471,645, equal to 55.76% of liabilities to the public. It is understood that a particularly interesting feature of the year was an increase in Canadian Savings and Demand Deposits. A lower volume of commercial loans and increase in the portfolio of Government bonds is in line with expectations in view of the reduced demand for banking accommodation. The necessity for investing larger amounts in Government bonds is one of the causes contributing to a reduction in earnings, but after making full allowance for all bad and doubtful debts and providing for cost of management, profits were amply sufficient to cover the payment of dividends and the usual appropriations, leaving $216,650 as a further contribution to profit and loss account. The unsettled state from which business is now emerging, has emphasized the usefulness of strong inner reserves. The directors' recognition of this fact is evidenced by a transfer of $15,000,000 from Reserve Fund to reimburse the inner reserves of the bank, and to provide reserves which they consider adequate for future contingencies. This action is in line with adjustments which have been made by many of the leading and most powerful banks in all parts of the world, and will be regarded as a prudent and constructive move. The published Reserve Fund is maintained at the substantial figure of $20,000,000 and $1,383,604 is carried forward to the credit of profit and loss account.

Strong Liquid Position.

Total assets shown by the Statement for the fiscal year which ended November 30th last are $729,260,476; liquid assets of $362,471,645 aggregate 55.76% of liabilities to the public; cash and bank balances total $157,699,215, equal to 24.26% of public liabilities.

The total of $106,850,615 invested in Dominion and Provincial Government securities represents an increase of $17,401,771 compared with the previous year. A small decrease is shown in Canadian municipal securities and British Foreign and Colonial public securities.

While certain lines of business are less active than a year ago, other industries have experienced a keen demand for their products in recent months, with the result that inventories have been brought down to abnormally low figures. Both these factors have contributed to reduce the need for banking accommodation, and this is reflected in a decrease of $44,442,954 in loans and discounts. Commercial loans now stand at $316,119,392 against $360,562,286. Call loans in Canada and abroad were reduced by $3,598,571 during the twelve months period.

Canadian Deposits Increase

A feature of the Bank's year was an increase of $18,610,694 in Canadian demand and savings deposits. As Canadian demand deposits represent in the main the working balances of business and farming customers, the substantial upward move in these figures is of particular interest as an indication of increased commercial and industrial activity.

Shareholders will be interested in seeing that despite the lower level of interest rates which particularly affected the return from liquid assets maintained at reserve centres, profits for the year were $3,901,649. This amount fully covered dividend requirements of $2,975,000, contribution to Officers' Pension Fund, $200,000; appropriation for bank premises, $200,000; reserve for Dominion Government taxes, $310,000, and left $216,650 to be added to profit and loss account, making a total of $1,383,604 to be carried forward to the next fiscal year.

The Annual General Meeting of the shareholders will be held at the Head Office of the Bank in Montreal on Thursday, January 11th.

A "Watch" Story

A priceless account of rehearsals, as conducted by David Belasco, given by Achmed Abdullah, novelist and playwright (in his very lively reminiscences, "The Cat Had Nine Lives"—in which Achmed goes the Cat a few better, but that's another story.) The personal performance of Belasco during rehearsals of a new play, it seems, never varied. Always before the rehearsal downstairs, he would rehearse himself upstairs. He would go over each gesture, each intonation, each sign, each word of praise or blame, each pyrotechnical display of temperament which he could turn on and off like a tap.

Flattery, during the first week was the order of the day. Came the second week of rehearsal—and promptly Belasco changed his tune. He would work himself up to a fine frenzy.

"And finally," chuckles Achmed Abdullah, "in a terrifying, frenetic rage, a rage so beautifully rehearsed and yet so well stimulated that he deceived everybody and possibly, at least for the moment, deceived himself in the bargain, he pulled a watch from his pocket. He slammed it to the ground. He jumped on it, stamping, grinding, so that it lay shattered in a thousand powdered pieces.

"There was complete silence. The actors exchanged frightened looks. Then he stumbled back a step. He stared at the ruin on the floor. He drew an arm over his eyes.

"'Dear Lord—' he mumbled — and sobbed once—'my mother's watch — my dear, dead mother's last gift to me. . .'

'He trembled. It was superb. The entire company, including myself (it was a play by Achmed Abdullah under rehearsal), was profoundly affected.

"He looked up.

"'Forgive me, children,' he whispered humbly. 'I—oh—I am ashamed of myself. So ashamed. I—I am my own very worst enemy.' Again he sobbed. He mumbled disconsolately: 'My dear, dead mother's watch. . . .'

"Another silence. A single tear rolled down his cheek. He smiled sadly. Then he went on:

"'And now—children—will you try —to work—for me? I—I am so old— and tired. . .'

"And they threw themselves into it, with renewed enthusiasm and vigor and, really, doing beautifully, while Belasco pulled at my sleeve and — winking at me broadly, forgetting the insults and bullying of the past week —spoke to me in confidential undertone:

"'That went over big, you damned heathen—eh?'

"'You bet!' I agreed.

"He continued: 'Remind me to buy another one of those dollar watches tomorrow—will you?'

"I laughed. 'Guv'nor,' I suggested, 'you can't break your mother's watch twice in the same place.'"

"But he almost did one time; during the rehearsal of 'The Comedian.' At the very last second I stopped him. Even so, I have an idea he would have got away with it; would have exclaimed quickly, after smashing the second watch:

"'Ah—my grandmother's watch — my dear, dead grandmother's last gift to me. . . .'"

Genius may be swifter than perseverence, but the latter wins in the long run.

"Even the game of golf has its evils," says a writer. And its upheavals.

Heroine of Fire Given Reward and Watch

A fine gold watch with an inscription and about $400 has been awarded by the Carnegie Foundation to Gunhild Leimer, aged 15, of Stockholm, Sweden, for her heroic deed in saving her five younger sisters and brothers from being burned to death.

Gunhild was in charge of the other children in the upper storey of the home in Stockholm, the lower part of which was in flames. She took the children one by one by their hands, stretched down as far as she could from a window and in that way helped them to escape unharmed. One of the children, a 10-year-old girl, refused to risk the jump. Although already surrounded by flames and smoke Gunhild took time to let her down to the ground by means of a sheet.

When the plucky girl herself was ready to jump she was already badly burned and the fire and smoke blinded her so that she fell on her back and fractured two vertebrae, with the result she became an invalid for life. The reward will make it possible for her to get medical treatment and learn some trade that may enable her to make a living.

Dr. Knud Rasmussen, Arctic Explorer, Dies

Copenhagen, Denmark. — Dr. Knud Rasmussen, Danish Arctic explorer, is dead after a long illness brought on by food poisoning contracted on his last expedition to Greenland. He was 54 years old.

Dr. Rasmussen was seriously ill when he was brought home November 3. He was removed from the ship to his residence in an ambulance. It was said at that time that only a transfusion aboard ship had saved his life.

Dr. Rasmussen was born at Jakobshavn, Greenland, June 7, 1879. His ancestors on the maternal side were Eskimos.

After making his first expedition to Greenland in 1902, he visited all of the known Eskimo tribes between 1905 and 1924, studying their customs.

Later, he announced he had ascertained that the Eskimos originally were Indians who had wandered east and west from the coast.

Last year, the explorer was at the head of an expedition which surveyed 12,500 miles of Greenland's southeast coast, and measurements taken by that expedition proved that Greenland was moving westward 20 yards a year.

The immediate cause of the explorer's death was a blood clot which stopped his heart after he had appeared well on the road to recovery from an attack of botulism.

Taxis for Officials, British Guiana Plan

Georgetown, British Guiana. — The British Guiana Government will dispense with its departmental motorcars next ear if the recommendations of the Traveling Allowances Committee are adopted by the Legislative Council.

The committee holds that the Government should us more hired cars in view of the cheap rates, which are as low as 12 cents a mile. It proposes a fixed allowance up to $24 a month—with an additional $16 a month if the officer is authorized to employ a chauffeur—for officers who travel an average of 200 miles and over and who are required to keep and use their own cars for the purpose.

Officers who have to travel less than 200 miles and who have cars of their own are entitled to an allowance of up to 12 cents a mile. The motorcycle allowance is $15 a month, the bicycle allowance is $2 a month.

A Lucky Young Man

Youngest of film stars and a group of featured motion picture players at a giant benefit performance sponsored for Los Angeles relief work. The benefit was held at the Shrine auditorium, Los Angeles. Left to right: Lucille Lund, Daisy Neyse, with baby Leroy and Lois January.

Immortal Child

"I hope you will be a child still when I see you next."—In a letter from Carroll.

That was his wish. How many years ago
Were the words written? Into what small hand
Fell that enchanted letter? Did she know,
As Alice did, the way to Wonderland?
Some clocks run backward, whether we accept
The shadow on the dial, the years that pass;
And time will never touch us once we've stepped
Across his threshold, through the Looking-Glass.

I like to think he found her still the same,
And that she read between his twinkling lines
More than pretending, more than just a game.
Undimmed by any doubt of ours, there shines
A light that child has given us to hold.
When darkness gathers and the story is told.

—Leslie Nelson Jennings, in The New York Sun.

Muff Bags Among New Accessories

Chicago.—Muff bags can be had for daytime and evening wear. They are developed in fur, fur-like fabrics, feathers and fabrics. Either utilitarian like wools, or dressylike velvets.

Most of the new styles in daytime bags are not discernible as a muff, resembling instead a moderate sized pouch bag, which closes at the top with a zipper, clip, or tricky fastening. The muff is in the fulness of the pouch.

The little evening muffs of feathers are the darlings of fashion right now. They were seen in several styles and in the range of this season's popular after-dark colors. These little feather bags are effective compliments to feather-trimmed frocks, or to feather capes.

To Live to Be 100

We may listen with especial interest and respect to the advice to women given by Dr. Marie Charlotte de Coliere, Davenport, who was born, so she says, one hundred and nine years ago, in the Russian City lately known Leningrad, and is now astonishingly going about on a lecture tour observes the Providence Journal. These are the six points of Dr. Davenport's doctrine of the Long Life, as she imparted them to an audience of women in South Bend, Indiana, the other day: 'Never get angry; learn self-control; develop agility; be quick and lithe, not musclebound; avoid excesss in all things; don't put anything on your face that you wouldn't put in your stomach; don't let your mind die."

Mrs. Todd: A tactful wife keeps many little household secrets from her husband.

Mrs. Babb: Yes; even the fact that she has all the brains.

Native Born Australian is Governor of Victoria

London. — First native-born state governor in Australia was appointed recently in the person of William Charles Vanneck, fifth Baron Huntingfield, as governor of Victoria.

He was born in Queensland in 1883, son of W. A. Vanneck of Suffolk, England, and his wife, Mary Armstrong of Queensland. He succeeded his uncle, the fourth baron, in 1915, and has lived in England for many years. From 1923 to 1929 he was Conservative member of Parliament for the Eve division of Suffolk.

Write For Information and Map on
UNIVERSAL GOLD SYNDICATE
1201 Central Bldg., Toronto, Ont.

A Girl at the Helm!

Ivy Wambolt is Twenty-two Year Old Owner and Captain of Freighter Plying Between Nova Scotia and the West Indies

Sailor beware!

Women are taking the helm to-day. There's a three-masted weather-beaten schooner that sets sail from Newfoundland regularly with a Canadian girl at the helm. But she is a timid lass and if you bring your boat alongside she may call to one of the eight members of her crew to steer awhile while she goes to cover.

Ivy Wambolt, the 22-year-old owner and captain of the E. P. Theriault, a 432-ton auxiliary freighter, which plies between Nova Scotia and the West Indies and Nova Scotia and New York, can pilot a vessel's course, take the helm, or take the ship's bearing.

Enjoys Cooking

Miss Wambolt has spent most of her life following the sea. Instead of destroying feminity, it has preserved it.

"I couldn't ever appear in shorts or knickers," she says. "I like dresses, feminine things. And I love to sew. Cooking is fun, too. We have a chef but I like to make special desserts. Mince, apple and custard pies are favorites on the schooner."

She keeps the cookie crock filled, too. Anybody may have a ginger cake or a sugar cookie at any time.

The feminine mariner has wavy reddish brown hair, merry brown eyes, and admits that she powders her nose but has never owned a lip-stick in her life.

"It was natural for me to go to sea," she explains. "My father and my brothers all went."

Sea-Going Family

Her father is a Newfoundland fisherman. His three brothers and one son went down to Davy Jones' locker but it's a family tradition to carry on.

"Following the sea is much more exciting than sitting at a desk," the girl who handles cargo says. "I go places, see things and know that my ship is my own."

She likes her crew. She doesn't mind being the only woman on board.

Miss Wambolt doesn't smoke or drink. She likes to sew and her cabin is gay with curtains and cushions.

"I'll stay with the sea as long as I enjoy it," she says. "Maybe I'll write a book some day. But just now I think it would be nice to turn the freighter into a passenger cruiser and take people to see new places. I don't see that it is unusual for a girl to be a captain. It happens to be my job."

It's a Queer World

A Helingsfors firm of tailors is employing a camera as tailor's assistant. Two photographs, full-face and in profile, are taken of the client. The two photographs are then projected life-size on to a specially squared screen, so that the tailor has a life-size model of his client continually before him. The client is thus saved innumerable fittings.

In Philadelphia, Negress Maude Roberts gave £12 to "Prince" Ali Baba" for a "vanishing powder" so that her sister could vanish from a Washington prison; had Ali Baba arrested when she failed to vanish.

In Tenino, Washington, D.M. Major, publisher, justice of the peace, published this advertisement in his newspaper:

Marry a poor girl
And settle down.
Marry a rich girl
And settle up.
We do the job aristically.
Major & Co., hitchers.

The longest case in Maltest legal history ended recently when a number of Maltest were sentenced for being in possssion of "seditious matter" including works by Karl Marx, Tolstoy, Bernard Shaw and Sidney Webb (Lord Passfield).

The aweto, a New Zealand caterpillar, develops with a parasitic fungus in its body that eventually causes a vegetable plant, sometimes 8 in. in height, to grow from the back of its neck.

In Japan, the art of decorative and symbolic flower arrangement is an important part of the education of every girl [illegible] and courses in it are taught [illegible] is and colleges. There are e[illegible] for the dress and behavio[illegible] dowermaster while he is a.

African Giantess Dies At Hundred and Twenty

A native woman, Mxgabela Coeba, reputed to be 120 years old, died recently near Queen's Town, South Africa. She was eight feet high, and had 11 children and numerous grand-children and great-grand children. She had vivid memories of the incident known as the "Vision of Umhlakaza," who was a chief's counsellor, said that she had a vision of the ruin of the white man and the triumph of the native. She told the native people to kill all their stock, promising that it would come to life again. Every morsel of food was destroyed by the natives who faced utter starvation.

Gems from Life's Scrap-book

Doubt

"Never do anything concerning the rectitude of which you have a doubt." —Pliny, Junior.

"Human knowledge is the parent of doubt."—Lord Grenville.

"When you doubt, abstain."—Zoroaster.

"Let neither fear nor doubt overshadow your clear sense and calm trust."—Mary Baker Eddy.

"Doubt indulged becomes doubt realized."—F. R. Havergal.

"Doubt is the accomplice of tyranny."—Amiel.

"Doubt is hell in the human soul."—Mme. de Gasparin.

CAST OFF UGLY FAT

Woman Loses 28 lbs. in 3 Months

"Three months ago," a woman writes, "I was persuaded to try Kruschen Salts to reduce my weight, which was 222 lbs. I had tried other things, but all to no avail. Now I know that Kruschen Salts are different. In three weeks I lost 5 lbs., and I felt five years younger. I really must say I feel a different woman. I have now lost 28 lbs. to date."—(Mrs.) S. G. B.

If you are overweight take one half-teaspoonful of Kruschen Salts in a glass of hot water before breakfast every morning. There will be no rapid or alarming loss of weight, but just a steady decrease of that flabby fat which is as unhealthy as it is unsightly. Kruschen is a scientific blend of six mineral salts found in the waters of those European spas that have been used by generations of overstout people to reduce weight.

More Whites Living In Dutch East Indies

Amsterdam.—Europeans living in the Dutch East Indies have increased by 300 per cent in the last 50 years, according to statistics published here recently, showing the present European population numbering nearly 240,000.

This growth of white inhabitants coincides with marked economic, cultural and educational development of Netherlands India. In Java there are about 40,000,000 native inhabitants, so that Java is 10 times as densely populated as, for instance, Cuba which is about equal in size, form and topography.

With the support of western research work, far-sighted government provisions, and the construction of irrigation works, the population of Java has arrived at a greatly increased potential productivity. An extensive system of railways, tramways and air lines, an efficient educational system, a national credit organization and an official pawnshop service which liberates the natives from the bondage of usurers, have been built up.

Planning Menus A Week Ahead is Economical

A week's menu planned in advance is a definite means toward economy. Money, time and labor all are saved. The tendency toward extravagant marketing is checked and the frantic haste when it is nearly meal time and nothing is planned is done away with. In many instances it also enables one to double up on cooking processes. Enough potatoes can be boiled at one time for the immediate meal and a potato salad or creamed potatoes for the following one.

A meat pie, tinbales, hash of croquettes are planned to take care of the left-overs from a roast.

Trying to quell a woman's wrath is like sitting down on a bunch of lighted fireworks to prevent them going off.

The weight of a coat of paint makes so much difference in the weight of a transport plane that manufacturers are careful to select colors which will cover well. Light colors requires more coats to produce a lasting finish.

...SMILES...

It's not what you'd do with a million if riches should fall to your lot. But what you are doing at present with the $1.35 you've got.

A word to the wise may be sufficient but it might be wise to say it over the radio to make sure and certain.

Next to illiteracy, the saddest sight in the world is the man with more education than he can use.

Next to making mistakes, the easiest thing in the world is to criticize the mistakes of others.

A dog has nothing to give his master but faithfulness and a good appetite, but he gives both to the fullest extent.

Noticed a newspaper headline the other day which read: "A Sad Death." Well, who ever heard of a merry one?

A man is as old as he feels before breakfast and a woman is as old as she looks before breakfast.

Experience

"Know anything about cars?"
"Been mixed up with em a bit."
"Mechanic?"
"No—pedestrian."

No Reply

"Look at the telephonist at the next table."

"How do you know she is a telephonist?"

"I have said 'Hello' twice and got no reply."

Women teachers don't get a fair deal. They should be paid enough to support a husband on before they get too old to want to.

We'll have faith in the sincerity of the rich man who desires to die poor when he takes to writing poetry for a living.

A man's success is not measured by the number who cheer him, but by the number who envy him.

A lad says that while sitting out in the moonlight may be bad for one, it appears to be all right for two.

There are folks willing to blame their troubles on the Lord and expect manna from the same source.

In the old days the youngsters used to be troubled with the whooping cough. These days they have the whoopee cough.

The two most-unsatisfactory things in the whole world are sour and lees that have grown cold.

You trust your wife. That's confidence. Your grocer trusts you. That's confidence, too. You trust yourself. That's a mistake.

When we have universal finger printing it will certainly go hard with the small boy who samples his mother's jam.

Cider is very much like a man in one respect. The more it works the harder it kicks.

A rabbit is a little four-legged animal that grows the fur that other animals get the credit for when made into a woman's coat.

A man begins to be money-wise when he doesn't want anybody to lend him any money.

Maybe they named it "Call" money because somebody wants some every time the front door bell rings.

Jim—"They say there are more marriages of blondes than brunettes. I wonder why."

John—"Naturally, the light headed ones go first."

Father—"You are going to marry that insignificant little fellow, Percy! Why, you used to say you would never marry a man less than six feet high."

Daughter—"I know, dad. But I decided to take off twenty per cent. for cash."

Housework Often Causes Ache at Back of Neck

Housework duties usually mean a good deal of stooping. This may account to some extent for that dull ache at the back of the neck and head that is so common in many women, especially after middle age.

After the day's work the head feels heavy; it is a job to keep it up, and what a relief to lie down!

Drugs to ease the pain should never be taken unless under a doctor's express instructions. Much the best treatment is massage. Bathe the painful part with hot water, dry well, then rub gently. As the pain lessens, or you feel you can stand it, firmer rubbing may be tried. Massage of this kind should be carried out every day if it is to be of value.

A good liniment is of value, but be careful with it. The skin of the neck is tender, and careless rubbing may cause it to become inflamed.

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Instruction

Beauty forgotten yet is beauty still.
For nothing lovely ever upon earth,
Not Helen's face, nor Alexander's will,
Passing to death, but comes again to birth.
In some new brain the sleeping dust will waken.
Courage and love that conquered and were done.
Called from a night by thought of man forsaken,
Will know again the gladness of the sun.

And all things we have known for beauty here,
All little things fugitive and forgot,
Quick blossoms that have fallen year by year,
Kisses that even the dawn remembered not.
All these are now the judgment that we bring
To know the heart of every lovely thing.

—John Drinkwater, in The Cincinnati Classmate.

Can Immunize Against Infantile Paralysis

New York.—The World-Telegram says an immunizing vaccine has been developed which gives concrete grounds to believe that science is on the verge of conquering infantile paralysis.

It has proved effective in immunizing three-fourths of the animals tested—a ratio fully as high as that of standard vaccines, such as that used against diphtheria.

Discovery of the vaccine was announced last night in a paper read at the Academy of Medicine by Dr. Sidney David Kramer. He has been for years a research worker on poliomyletis, as the terrible disease is called.

"We have reason to expect," he said, "that this vaccine will be effective in human beings."

Get Rid of That
Cough or Cold
For Only a Few Cents

In these days when even pennies count, it's great to have a remedy like BUCKLEY'S MIXTURE that banishes coughs and colds so quickly that the cost is only a few cents.

One dose of BUCKLEY'S MIXTURE gives unmistakable relief. Two doses very often knocks out a cough or cold for good. No matter how long your cough or cold has hung on, Buckley's will stop it—*quick!* That's why people say, "It acts like a flash—a single sip proves it." Beware of substitutes. Buckley's is sold everywhere.

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Nothing Better for Daily Use
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