"Fresh from the Gardens"

Let Children Help Themselves

Never Discourage Child's Natural Impulse to do Things

"Coodness. Rose, you can't let him go that way!" she cried. "His cap is on backward and his overshoes are..." "Sh!" whispered the baby."

on backward and his overshoes are—""Sh!" whispered the baby's mother.
"He's all right. He loves to put his
things on himself and I let him, I'll
find some excuse later to fix things."

Little by little his mother got him
oriented, at time when his attention
was distracted by conceiling interest. was distracted by something interest-

He had done a job and a good on for his age. He had shown a willing-ness to help himself, and wasn't his mother wise to take the little see and treasure it and let it grow?

Talking of seeds! Suppose we p one in the ground and then told it shat to do-dug around it every day and scolded, "No. little seed, you mustn't do it that way, do it my way, Why that little sprout is all crooked and it's going in the wrong direction See, come up straight to the light There, that's better!"

By the time the seed got through minding us it would sign. "It's too hard. I just can't do it right. I'm trying as hard as I can to live but it's trying as hard as I can to live but it's no fun this way, too much trouble. I was happier asleep. I'll just go back to sleep again." And that is the end of that one little life germ.

So it is with children. True, some are weeds, and need to be treated as each but most of the wrose that error.

such, but most of the urges that crop out in tiny children can be watered into real plants or flowers if we let na-

ture alone and do not start in dictat-ing whys and wherefores.

In a few short months this baby will have established a habit, the best habit in the world, that of helping himself. Moreover his own quick eyes will show him how to improve on him self. Children learn faster by their own observation in early years than they do by pages of telling.

selves completely. Children are not the helpless folk we think they are. They cannot do things our way, but

it is by our way we judge them.
"No, no, that's not the right way!" has spelled defeat for so many infant urges it is a wonder they have any heart left, for anything. Children suceed in spite of us, not because of us

Gems from Life's Scrap-book "God has prohibited despair."-Mme

Swetchine.
"We never need to despair of a onest heart."-Mary Baker Eddy.

"Despair is the greatest of our er -Vauvenargues. "He is the truly courageous man

who never desponds."—Confucius.

"He that despairs measures Provi dence by his own little contracted -South. "It is impossible for that man

"It is impossible for that man to despair who remembers that his Helper is omnipotent."—Jeremy Taylor.

Remember: Helen Keller was not overcome by the many obstacles in her path—she conquered them.

Sometimes its not what the prize fighter does but what the referee says that counts.

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trifle like a split cent could

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Keeping in Shape

Miss Minna Gombell, Hollywood feature player, keeps in good shape for her work by plenty of strenuous exercise.

Gold-Rush Days in Africa

A new Eldorado in the heart of Africa? The London press is asking this question; and English eyes are focused on Kakamega, in the heart of Kenya Colony. Any day now, the more sanguine hope, we may hear of a gold strike "rivaling in importance that of Alaska." Writing in the London Daily Mail, Capt. Hugo Dunkerley vividly describes the picturesque "gold rush" to Kakamega, 200 miles from Nairobi, capital of Kenya Colony, and north of Lake Victoria:

"The gold-fields are about thirty miles long by fourteen miles broad. and already prospectors are going far-ther afield in the hope of making fresh discoveries.

"Kakamega is different from any other gold-field. The prospectors are amazingly varied. On one claim will be found a retired Indian Army colonel who happened to be farming at Eld oret but, having been eaten out by ocusts, decided to look for gold.

"Next door may be a hard-bitten veteran who has seen the rushes in Australia in the early days and later, nigrating through South Africa and the Rand, eventually fetched up in

"Another is an ex-naval officer who gave up the sea after the war in or-

der to try his luck ashore.

"Lawyers, doctors, architects, surveyors—all types are there with the one ambition to find the main reef. At first they were content with alluvial gold, and many made a living right from the start, but to-day the definite evidence that there are reefs waiting evidence that there are reefs waiting to be found holds out the prospect of of one of his former Yale classmates, of one of his former Yale classmates, new a discouraged young bond salesman, with whom he had kept in touch. "You want to borrow my name and would be more at home in a London my kid sister?" Jimmy Randelph had before. They are a good type, quiet, decent-living folk, many of whom would be more at home in a London

"The women, too, are as keen as the men. Many have adopted trousers for working at Kakamega, simply because they are more convenient, and there is not so much time for washing frocks as there used to be on the

Why Unhappiness Makes People Sick

possible physical explanation for the fact that many people are made ill by being unhappy, rather than un-happy because they are ill, was sug-gested in a recent address in London by Dr. Langdon Brown, professor of nedicine at Cambridg Says Dr. E. E. Free, in his Week's Scence (New York):

"Like the majority of present-day physicians, Dr. Brown admits that he grew up in the purely materialistic school of medical theory which insists that every disease must have a physical cause. Experience has convince him that this is not true. Purely men-tal distress may make a patient just as truly ill as a broken bone or a germ infection. Many people who have such mental illness are unwilling to admit this fact and manufacture for themselves symptoms which really are figments of the imagination but which spring from a desire to find a tangible reason for being sick."

Salt Lake Frozen

Salt Lake City. - The great Salt Lake, which contains nearly one fourth salt and manages not to freeze in zero weather, had patches of ice two inches thick on it during the recent warm spell. It's like warmer weather thaws the ic on the tributaries and permits fresh water to flow rapidly into the bine. The fresh water remains on top long enough to freeze.

Hole Nine Miles Deep

In Floor of Atlantic San Juan, Puerto Ricc. - Dr. Paul Bartsch, head of an oceanographic expedition operating off Puerto Rico, has eported the discovery of a new Atlantic depth of 44,000 feet — nearly

The hole in the ocean floor is nea Mare's Deep, about 75 miles north of Puerto Rico, he said. Nautical charts show the deepest spot hitherto known in the Atlantic as 27,972 feet, in thi

Murder at Bridge

By ANNE AUSTIN.

CHAPTER XLL

The white-haired, smartly-dressed buyer accepted the sheaf of photographs Bonnie Dundee was offering. "I'll do my best, of course," she began briskly, then raled and uttered a sharp exclamation as her eyes took in the topmost picture. "This is Juanita Leigh, isn't it? ... But—" she shuddered, "how odd she looks—as if.—" "Yes," Dundee agreed gravely. "She

dered, "now odd she 100ks—as II—
"Yes," Dundee agreed gravely. "She
was dead when that picture was
taken. Did you know Mrs. Seim?"
"No," the woman breathed, I er eyes "No," the woman breathed, I er eyes still bulging with horror. "But I've seen so many pictures of her in the papers. . . To think that it was one of our dresses she chose for of our dresses she chose for her shroud! But you want to know when the dress was sold to her, don't you?" she asked, brisk again. "I can find out. We keep a record of all our French originals and of the number of copies made of each. . Let me think! I've been going to Paris myself for the firm for the last fifteen years, but I can't remember buying this Pierre model. . . . Oh, of course! I didn't go over during 1917 and 1918, on account of the war, you know, but the big Paris designers managed to send us a limited number of very good models, and this must have been

one of them. Otherwise, I'd remember buying it. . . If o.'ll excuse me a When she returned about ten minites later, Miss Thomas brought him a penciled memorandum. "This Pierre nodel was imported in the summer of 1917, several months in advance of the winter season, of course. Only five copies were made—in different colors and materials. The royal blue colors and materials. The royal office velvet copy was sold to Juanita Leigh in January 1918. I am sorry I cannot give you the exact Coy of the month."

"You have been immensely helpful Miss Thomas, and I thank you with all my heart," said Dundee. Before he could follow the case

Before he ctcld tolows the farther, however, Dundee Lad an appointment to keep. After arriving at his hotel that morning he had made two telephone calls. He smiled now as he recalled the surprise and glee

chortled. "Hop to it, old sport! But you might tell me what you want with such intimate belongings of mine."

such intimate belongings of mine."
"You may not know it," Dundee had retorted, "but young Mr. James Wadley Randolph, Jr., scion of the famous old Boston family, is going to namous oid boston namily, is going to visit that equally famous school, Forsyle-on-the-Halson, to see whether it is the ideal finishing school for his beloved young sister, Barbara. She's about 15 now, isn't she, Jimmy?"

"Going on 15

"Going on 16, and one of Satan's prize hellions," Jimmy Randolph had answered. "And the family would be eternally grateful if you could get Forsyte to take her, but make them promise not to have any more chorus you!

The second telephone call had se-The second telephone call had secured an appointment at the Forsyte school for "Mr. James Wadley Randolph, Jr., of Boston," and Dundee rather relishing his first need for such professional tactics, relaxed to the 10-mile drive along the

taxi swept up the drive toward the big, gray-stone, turreted building, sedared ask.

dately lonely in the midst of its valu

"Miss Earle says to come to the office," a maid told him when he had given his name, and led him from the rast hall to a fairly large room whose long windows looked upon a tennis court, and a hose walls were almost covered with group rictures of graduating classes, photographs of mateur theatrical performances, and portrait studies of alumnae.

A very thin, sharp-faced woman of about 40, with red-rimmed es which feered near sightedly, rose from an ld-fashioned roll-top desk and came

forward to greet him.

"I am Miss Earle, Miss Pendleton". private secretary," she told him, as he shook her thin, clarmy hand. "I ne snook ner inin, tiarmy nand. I should have told you when you teld phoned this morning that both Miss Pendleton and Miss Licon sailed for Europe yesterday. We always have our commencement the last Tuesday. in May, you know. . . But if there is anything I can do for you—" "I should like to know something a

first hand of the history of the school its-well, prestige, special advan-tages, curriculum, and so on," Dunded

began deprecatingly.

"I should certainly be able to an swer any question you may wish to a , Mr. Randolph, since I have been with the school for 15 years," Mis-Earle interrupted tartly.

"Then Forsyte must take younge pupils than I had been led to believe Miss Earle," Dundee said, with hi most winning smile.

most winning smile.
"I was never a pupi, here," the sec-retary corrected him, but she thawed visibly. "Of course, I was a mere child when I finished business school, but I have been here 15 years—15 years of watching rich society girls

years of watching rich society girls dawdle away four or five years, just because they've got to be somewhere before they made their debut. But I musn't talk like that, or I'll give you a wrong impression, Mr. Kandoiph. Of its kind, it is really a very fine school—very exclusive; riding masters, dancing masters, a golf 'pro' and our own golf course, native teachers for French. Italian, German and for French, Italian, German and Spanish. . . Oh, the school is all right, and will probably not suffer any less of prestign on account of ther loss of prestige on account of that dreadful murder out in the Middle

West_"
"Murder?" Dundee echoed, as if he had no idea what she was talking

"Haven't you been reading the pa pers?" Miss Earle rallied him, with a coquettish smile. "But I don't sup-pose Boston bothers with such sordid pose Boston Bothers with a thin-lipped things," she added, her thin-lipped mouth tightening. "Miss Pendleton was all cut up about it, because Mrs. Selim, or Juanita Leigh, as she was known on Broadway, had directed our Easter play the last two years, and the reporters simply hounded us the the reporters simply hounded us the first two days after she was murdered out in Hamilton, where a number of our rich girls have come from—"

"By jove!" Dundee exclaimed. "Was also with this

the Selim woman connected with this

school, really?"
"I wish," Miss Earle interrupted tartly, fresh tears reddening her eyes, "that people wouldn't persist in referring to her as 'that Selim woman', When I think how sweet and friendly when I think how sweet and the Dun-she was, how, how kind!" and to Dun-dee's surprise she choked on tears before she could go on: "Of course I know it's dreadful for the school, and I ought not to talk about it, when you've just come to see about putting your sister into the school, but Nita was my friend, and it simply makes

me wild—"
"You admired and liked her very much?" Dundee asked, forgetting his role for the moment.
"Yes, I did! And Miss Pendleton

Bab would be sure to be mixed up in the mess. . . I suppose that's the job you're on, 701 flat-footed dick, suppose that the mess in school here, admired her so suppose the tot here to the tot here to the tot here. much she took her to Hamilton with much she took her to Hamilton with her to direct plays for a Little The-atre. . . Why, I never met anyone I was so congenial with!" the secre-tary went on passionately. "The girls here snub me and make silly jokes about me behind my back and call me nicknames, but Nita was just as It was a quarter to 12 when his even Miss Pendleton herself! "Were you with her much?" Dunder





Get Rid of That

Any little soreness in the throat grows rapidly worse if neglected. Crush some tablets of Aspirin in some water, and gargle at once. This gives you instant relief, and reduces danger from infection. One good gargle and you can feel safe. If all soreness is not gone promptly, repeat. There's usually a cold with the sore throat, so take two tablets to throw off your cold, headache, stiffness or other cold symptoms. Aspirin relieves neuralgia, neuritis, too. Use it freely; it does not hurt the heart.

ASPIRIN



"With her much? . . I should say I was!" she asserted proudly. "I have room here, live here the year 'round and both years Nita shared my room Say! you aren't a reporter are you?"
"A reporter? I should say not!"
Dundee denied. Then he made up his mind swiftly. This woman hated the school and all connected with it—and she liked Nita Leigh Selim better than anyone she had ever met. The opportunity for direct questioning was to miraculous to be ignored. So he changed his tone suddenly and said changed his tone suddenly and said very earnestly: "No, I am not a re-porter, Miss Earle. But I am not James Wadley Randolph, Jr. I am James F. Dundee, special investigator attached to the office of the district attorney of Hamilton, and I want you to help me solve the mystery of Mrs Selim's murder."

"But I shan't and can't tell you girls who plan to get murdered, as liked her, too. And ou can imagine directors of their amateur theatricals. how clever and popular she was, when now that she got \$10,000 for double crossing some awful racketeer, but I know she didn't get the money that band was, and it was too expensive to

know she didn't get the money that way! She was too good—" "Have you any idea how she did get the money?" Dundee asked. Miss Earle shook her head. "I don't know. . . Maybe she found her hus-band and made him pay alimony—"
"Did she tell you all about her marriage and divorce?" Again Miss Earle shook her head.

"The only time she ever spoke of it was last year. I asked her why she didn't get married again, and she said



she couldn't—she wasn't divorced, be cause she didn't know where her hus go to Reno.'

"She must have got a divorce, since she was planning to be married again to a young man in Hamilton," Dunded assured her.
"If poor Nita had belonged to a rich

family," Miss Earle stormed, "they would have spent a million to hush up any scandal on her! . . I've seen idone!" she added, darkly and venom ously.

(To be continued.)

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