

# Exiled By A Valentine

By BOB DAVIS.

"Men have died for love, and worms have eaten them," said Shakespeare. Or was it Bacon?

On the second day of cruising through the shallow waters of this weird country, a shadow, sprawling like a forkful of hay, loomed in the east. It appeared to be dancing on the heat waves that radiated from the surface of the flat and monotonous perspective. Had the whole thing suddenly vanished like a mirage I would not have been the least surprised. Satisfied the pilot, fixed his glass upon it. "That's where the Old Man lives," said he. "What old man?" I asked. "Oh, just the Old Man," replied the pilot. "Nobody ever calls him by any other name. Nobody knows anything about him."

Within an hour the forkful of hay had burst into a grove of palm and cocot trees. A small dock and a house covered with dried marsh grass, and a green clearing alive with flowers, and a rack upon which a gilt net hung finally crept into the picture.

"Would you like to go ashore?" asked Captain Clark, who was aware of my thirst for speech with strangers. "The Old Man might talk with you. If he would only open up. . . ."

We landed, followed by Walter, the cabin boy, lugging a large lunch, which John, the cook, advised us to take along. The Old Man, not the least surprised at the arrival of strangers, received us hospitably. He asked two questions: "Where from?" "Where are you going?" and told us to make ourselves at home. Following the habit of seafaring men who find themselves ashore we ate everything in sight, smoked our pipes, stretched out under the shade trees and went to snoozing. There is no greater benediction than to lie prone upon the earth and absorb its vitality. After two hours of rejuvenating sleep I arose from the pallet of grass and walked about the clearing. In a protected inlet facing the north I came upon a mound marked by an oak headboard that once upon a time had contained a name now illegible. Returning to the pier, where the Old Man sat splicing net lines, I made casual reference to the grave in the grove. The observation elicited no reply whatever, but I noticed under the bronzed skin of the hermit a deeper flush pass like a shadow.

Evidently I was not then to be regaled with the details of that sequestered chapter, though we talked of everything else under the sun. At 6 o'clock we returned to the boat and served upper with the Old Man as our guest. About 11 I rowed him ashore in our dinghy.

"You spoke of the grave," said he, taking a seat on the thwarts after we had landed. "I wonder if you would like to hear the story?" Without waiting for the reply that was trembling on my lips he launched into the narrative.

"Forty years ago," he began, "I was living—well, no matter where. In the same town was a girl by the name of Belle—never mind her last name—but she was a beauty. All us boys were in love with her and she knew it. Belle was the kind that everybody went crazy about, but no man had the nerve to propose to. She played us strong, one against the other. Come St. Valentine's Day. Naturally Belle got more than her share; some were pretty fine. Among them was one much more beautiful and expensive than all the rest, packed in a plush box and hand colored. The sender remained anonymous. Not even Belle

knew who sent it. She showed it to all her boy and girl friends and in time that particular valentine got quite a reputation. Naturally there was a good deal of guessing as to the donor, but the mystery remained unsolved and was finally forgotten.

"Three years after, Belle, still breaking our hearts with her fickleness, gave a valentine party to those of us who had been shining up to her. Five of the young men present had always been looked upon as suitors for her hand, but the minute anybody showed signs of proposing to Belle she began to flirt with the other four. A maddening creature. Anyhow, she gave the party, and when the supper was over Belle made a little speech and said she knew who had sent the famous valentine and that she was prepared to name him. Can you guess the excitement such an announcement would make in a small town. Without wasting any more time she left her seat, walking over to Charley—you wouldn't be interested in his last name, either—and kissed him full upon the lips. . . . Pressing her red mouth to his. . . ."

Silence came over the Old Man. The noises of the night broke in upon us, a loon screamed; laughter echoed from the deck of the boat anchored off shore. The voice again took up the story:

"She kissed him—twice. Charley went pale, then flush and pale again, his eyes sparkling. Belle knew what she had done, but Charley didn't. They were married inside of two weeks and were apparently happy for ten years. Charley made money and Belle went into society. She wanted more of everything than Charley could give her. She went the pace—wrecked him, robbing him, forged his name, broke him body and soul. Left him. I came into the south, prospered, failed and came after twenty years into Okechobe. Ten years ago I learned that Charley was a broken man and that Belle had gone to hell. I sent for her victim. He came here—an empty shell—died within the year. Nothing could save him; his heart was broken. Neither of us ever spoke Belle's name to the other. With my own hands I buried him. That was the last I could do after the part I had played in his life. . . . I owed him something. . . ."

"Why?" I asked. "What did you owe him?"

"It was me," said the Old Man, tapping his forehead.

## German Engineer Has River-Cleaning Plan

Berlin—An ingeniously simple plan for purifying the water of the Spree on its course through Greater Berlin has been submitted to the municipality by Herr Pruess of Essepe, a retired naval architect. As common with river reaches within big cities, the Spree between Koepenick on the east and the western suburbs is now much polluted.

Herr Pruess would cleanse the Spree water in a manner resembling the way in which blood is "cleaned" in the lungs. That is, he would establish a pumping station at the point where the Spree enters the Havel lakes west of Berlin, pump the Spree water, there already self-cleaned and re-oxygenated, back into the Teltow Canal, whence it would flow through the Koepenick Canal back once more into the Spree at the east end of Berlin.

Keeping up this circulation would check the pollution process, which is due in large part to the city's inadequate flood-water drains, and provide the river with more oxygen.

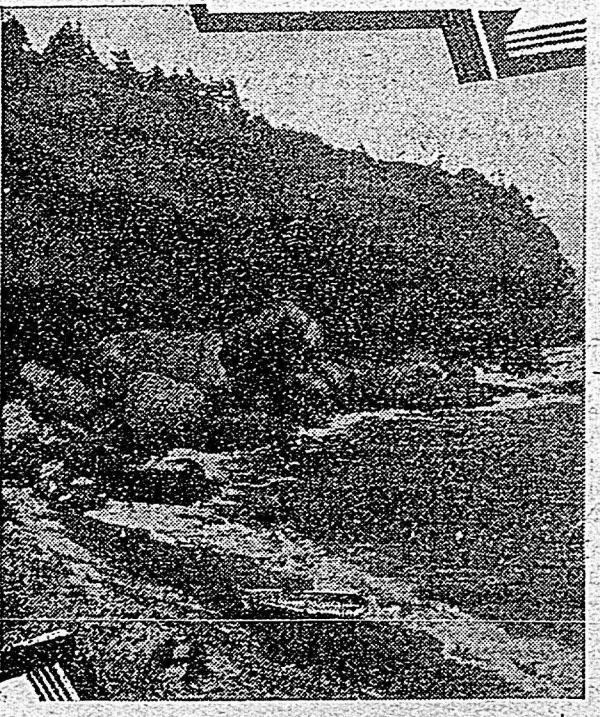
Herr Pruess estimates the cost of erecting the pumping station at 500,000 marks (\$119,000), with operating costs negligible.

Fish are rich in Vitamin D. That's one reason why it is desirable that growing children eat fish regularly.

Cod, black cod, ling cod, and red cod, are all taken in the commercial fisheries of British Columbia. Ling cod are caught in greater abundance than any other of these varieties.

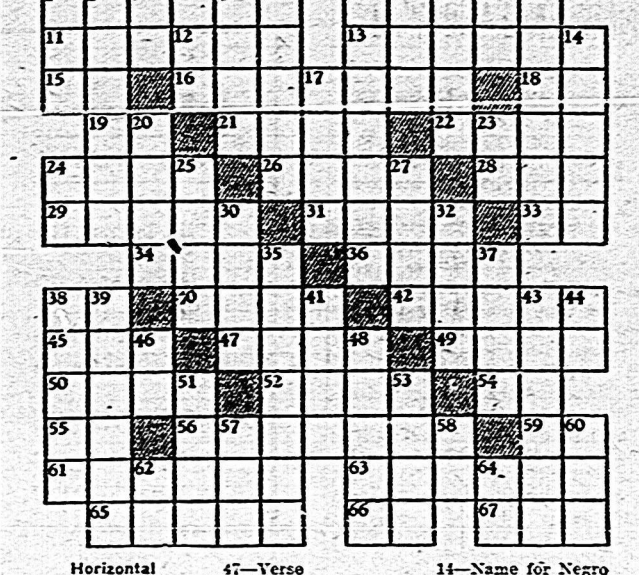
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**+ Do You Know? +**



That records discovered in France prove that the Basque fishermen were accustomed to go fishing in the Gulf of St. Lawrence as early as 1435, or 57 years before Columbus made his famous voyage? The beach shown above in the lee of Banaventure Island off the Gaspé coast of Quebec is where the lazy fishermen slept when they should have been at work, a fact which when discovered, gave to the beach the name "Bale des Marigots (Lazy Beach), which it bears today.—Canadian National Railways.

## OUR CROSS-WORD PUZZLE



- Horizontal
- 1—New Zealand bird
  - 4—Musical note
  - 5—Indian savant
  - 11—To imbibe
  - 13—Women's apartments
  - 15—Port of "to be"
  - 16—One who carries on grudge
  - 18—Parent
  - 19—Old pronoun
  - 21—Emperor
  - 22—Score at bridge
  - 24—Existed
  - 26—Mistakes
  - 28—Globe
  - 29—Revises
  - 31—Traps
  - 33—Toward
  - 34—Lay
  - 36—To smear
  - 38—Part of "to be"
  - 40—Spikenard
  - 42—A word of cheer
  - 45—Obstruction
  - 47—Verse
  - 49—Pretty
  - 50—To fall in drops
  - 52—Persian poet
  - 54—Behold
  - 55—Comparative ending
  - 56—Approves
  - 59—French article
  - 61—Station
  - 63—Pillifer
  - 65—Was fond
  - 66—Pronoun
  - 67—Consumed
- Vertical
- 1—Faery queen
  - 2—Followed order
  - 3—While
  - 4—To worry
  - 5—Ill treatment
  - 6—Cooked in milk
  - 7—Part of "to e"
  - 8—Wiles
  - 9—Pronoun
  - 10—To reveal
  - 12—Belonging to
  - 14—Name for Negro
  - 17—To repair
  - 20—Goddess of discord
  - 22—Exclamation
  - 24—Pronoun
  - 25—Kind of jacket
  - 27—To pierce
  - 30—Cooky
  - 32—Breakers
  - 35—Prepared
  - 37—Oriental god
  - 38—Found sum of
  - 39—Damaged
  - 41—Prefix: hair
  - 43—Color
  - 44—Conjunction
  - 46—Musical note
  - 48—Swamp
  - 51—Role
  - 53—Group of nerves
  - 57—Welsh river
  - 58—Thus
  - 60—Point of compass
  - 62—To depart
  - 64—Note of scale

## World's Grain Exhibition

The World's Grain Exhibition and Conference, which will be held in Regina, July 24 to August 5, in which thousands of growers will compete and which will be attended by visitors from every section of the world, is attracting the co-operation of many Canadian business houses which realize the value to the Dominion of the widest possible interest in that great agricultural undertaking.

It is generally admitted that the event is of vital interest to others than farmers and agricultural leaders, that the greatest measure of good will come from the realization by men of business and professional standing that the agricultural resources of Canada can be vastly extended by improved tillage methods.

That is the position taken by A. E. McKenzie Company, Ltd., in its new 1933 Seed Catalogue, just issued from the Company's headquarters in Brandon. Considerable space is devoted to an explanation of the Exhibition and Conference and to urging attendance by the general public, as well as those directly concerned with agriculture.

To arouse the widest possible interest in the event, the McKenzie Company announces two cash prize contests in which \$5,215 will be awarded for letters, predictions of attendance, and so on.

Many new and highly interesting varieties are offered in the McKenzie Catalogue for the first time, among them two which are of unusual importance—the Sand Cherry and Crested Wheat Grass, both plants ideally suited to Canadian soil and climatic conditions and both answering a distinct need.

The former makes a new and welcome contribution to the Canadian rural table in that it is a juicy, delicious small fruit, suitable for baking and preserving, one which is easily grown with marked success in the western provinces.

Crested Wheat Grass solves many of the feed problems which have confronted farmers in past years. It is a hardy grass, extremely long-lived and highly resistant to drought. It is in prime condition in early Spring and late Fall and may be used both as pasture and for hay. Stock are fond of it. It is Canada's most newly developed Forage Crop Plant, and now offered for the first time in commercial quantities for sale.

Answers to Last Week Puzzle

P	I	C	H	T	P	O	E	T	S					
V	E	N	E	R	A	R	N	O	L	D				
O	R	C	E	S	O	A	R	E	D	O	R			
T	R	A	S	S	U	I	T	S	S	E	T	O	I	O
L	E	R	A	P	P	L	I	C	A	P	S			
E	L	E	G	I	E	S	B	L	I	S	S			
P	I	E	R	L	I	E	N							
F	O	U	L	S	E	N	S	E	N	A	T	O	R	
R	U	D	E	S	O	B	E	R	S	L	A			
A	P	E	R	B	O	L	A	S	S	I	C			
I	S	B	A	R	O	N	P	A	V	E	R			
L	E	X	O	R	E	O	L	I	V	E	R			
T	O	W	E	R	N	O	T	E	S					

## Literary Tribute To Lady Nicotine

Poets and Prose Writers Express Mankind's Debt to Good Tobacco

Since the day when Sir John Hawkins, Ralph Lane, Governor of Virginia; Sir Francis Drake and Sir Walter Raleigh introduced and popularized smoking tobacco in England, tobacco has formed the inspiration of literary men and artists.

King James 1st is said to have voted early objection to smoking, refusing to permit his mouth to be "used as a chimney," but despite his royal prejudices, smoking became popular in England and, indeed, throughout Europe. Poets, prose writers and philosophers from the sixteenth century on have extolled its beneficence and acknowledged the comforting solace of the "blessed weed."

In modern days among those who have found a congenial theme in tobacco have been Sir James Barrie, the novelist and playwright, whose tender whimsicalities have made him a beloved figure in English letters wherever English is spoken and read. "My Lady Nicotine" will remain a classic of its kind.

Rudyard Kipling, the Poet of Empire, creator of "Kim" and "Soldiers Three," devoted several famous verses to the cigar:

"Open me a Cuba stout,  
"For ways are running crossways,  
"And Maggie and I are out.  
"A million surplus Margies,  
"Are willing to bear the yoke;  
"And a woman is only a woman,  
"But a good cigar is a smoke."

One of the most enthusiastic of modern eulogies on cigars comes from the mouth of a character in Thomas Mann's novel, "The Magic Mountain":

"With a good cigar in his mouth a man is perfectly safe, nothing can touch him—literally. It's just like lying on the beach. When you lie on the beach, why you lie on the beach, don't you? You don't require anything else in the line of work or amusement, either."

## Down in Weight and Very Pale

Mrs. Beare Thankful for Way in Which Dr. Williams' Pink Pills Helped Her Back to Health

"I can truly recommend Dr. Williams' Pink Pills for they did wonders for me," writes Mrs. Mabel R. Beare, New Westminster, B.C. "After a long and very trying illness, I was down to 90 lbs. in weight. I could not eat a hearty meal. In fact, I have had to go away from the table hungry, from a dinner I dared not touch. I was also very pale. I had often read about Dr. Williams' Pink Pills, so I thought I would give them a trial. I soon found I was able to eat with any one, and life began to look brighter. My weight came up to 118 lbs. and my lips and cheeks had lost their color. I am more than thankful I ever took Dr. Williams' Pink Pills, and I only hope others will try them."

Dr. Williams' Pink Pills actually create an abundance of new red blood, which is the reason they have given new vitality and strength to thousands of such nervously exhausted women. Equally helpful for growing girls. Try them. At your druggist's in the new glass container, 50c.

## Russia Charts Course Across Top of World

Moscow—A regular ocean route across the top of the world from the White Sea to the Pacific is planned by the Soviet government. The project sprang from the success of the ice breaker Sibirskov in negotiating this passage through the Arctic last Summer.

Professor Otto Schmidt, who commanded the Sibirskov and who, with his crew, was decorated with the Order of the Red Banner, has been named head of a special agency to chart the course and plan safeguards for navigators.

This commission will supervise erection of weather and radio stations along the coast and on some of the islands en route to keep ships informed of ice and storm conditions. The new route roughly would skirt Nova Zemla, Ob Bay, Talmyr Peninsula, Cape Cheluskina, the Lakhov Islands and the East Siberian Sea.

## Owl Laffs

After the 5-day week the next goal probably will be the 5-day week-end.

Most men who complain really dus the holes they are in.

Friend—"Don't cry, little boy. You will get your reward in the end."  
Tommy—"So-so so. That's where I allus do get it."

A woman who keeps house is apt to turn up her nose at the woman who boards—but she envies her just the same.

Morie Director—"Mills wants \$600 for playing the part of an Indian in our new film."  
Manager—"Offer him \$300. Tell him it's only a half-breed."

Pausanias—"I hear that Nero was torturing the Christians again last night."  
Demeter—"Some one ought to take that fiddle away from him."

Short Pants

The girl with personality has it on the pretty one because she doesn't have to look her best. When a baby appears in a printer's family naturally he wonders what type of child it is going to be. If you haven't been denounced by something or somebody, you're really not popular yet. The only thing a man acquires these times without considerable effort is a birthday. We often allow ourselves to get very mad about things that really don't concern us at all.

Polly—"Every time I catch my husband flirting I make him buy me something to wear."  
Dolly—"What a wardrobe you must have, my dear."

"She was only a photographer's daughter."  
"Yes, she sits in a dark room and awaits developments."

Doctor—"Don't get so despondent, dear young lady, you'll soon pull through."  
Girl—"Oh, it isn't that, Doctor. But just think of the money I've spent on apples to keep you away."

Don't think for a minute that women do all the gossiping. The worst gossip is a woman.

Sometimes a boy runs a girl ragged to get married, then expects her to go practically in rags after they're married.

Ginsberg—"Mista Ottist, I vant you should make me a doughnut sign."  
Paftner—"Certainly, Mr. Ginsberg, but I thought you were a butcher, not a baker."  
Ginsberg—"Sure, I am a butcher; I vant it a sign 'Doughnut Hendl de Feesh'."

The fisherman does not figure that he has bought the string of fish he caught even though they cost him ten times the market price.

Struggle On

You may not be doing as well as you would like, but you are accomplishing more than the one who gives up, and refuses to try.

A girl can think up a dozen reasons for getting married, but a boy never even stops to reason.

It is humbling to mankind to contemplate men capable of grasping eternal truths, fencing and debating in trivialities, like gladiators fighting with flies.—M. Nisard.

Time and Life

We live in deeds, not years; in thoughts, not breaths;  
In feelings, not in figures on a dial.  
We should count time by heart-throbs.  
He most lives  
Who thinks most, feels the noblest,  
Acts the best  
—Philip James Bailey.

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## "Ice Water Test" Detects High Blood Pressure

The latest results of experiments with an "ice-water" test that may serve to detect a tendency towards high blood pressure early in life, was described by Dr. George E. Brown, of the Mayo Clinic, Rochester. The cause of this type of blood pressure known as primary hypertension is not definitely known, but the new test is believed to reveal an inborn oversensitiveness of the nerves which go to the blood vessels and this may be the cause of that type of high blood pressure.

Everybody is subjected to heat and cold, worry and fear, and some to joy, and whereas the normal person meets those conditions and emotions without permanent harm, the person with an oversensitive system may not be able to stand the wear and tear. The strain may lead to hardening of the blood vessels and premature aging.

All this, so far, is more philosophy than fact, says Dr. Brown. If the oversensitiveness is inborn, however, it should be possible to detect the tendency to it early in life. Dr. Brown and Dr. E. A. Hines, Jr., have found that if the hands of most persons are placed in ice water their blood pressure will rise only slightly. There is a smaller group of persons whose blood pressure, when they are subjected to test, rises more than it ought. This probably is the group with the oversensitive nervous system.

The test has not been in use long enough for the persons to whom it has been applied to develop high blood pressure. However, the fathers, mothers, or other relatives of 75 per cent. of those whose blood pressure goes higher than it ought on the ice-water test, have had high blood pressure. Since it is known that there is a family predisposition to this disease, it seems likely the test will make it possible to warn susceptible people that they have a tendency to the disease, and thus make it possible for them to take measures to avoid some of its bad effects.

## Relics Found in London

London.—The days of the pleistocene age, when monsters new extinct roamed over the regions where now the tide of the world's commerce ebbs and flows, are recalled by the finding of a mammoth's tooth embedded in the clay of London. Excavations are taking place in Bartholomew Lane in the heart of the ancient city hard by the Bank of England, preparatory to the erection of new offices for the Alliance Assurance Company, and many interesting relics have been discovered in the blue clay.

Deeper even than the mammoth's tooth, was found an ammonite. In another later strata was found a Roman stone altar, dating from the first or second century, presumably a family altar. It is in excellent condition, standing about 2 feet 6 inches high, and is approximately 9 inches square at the top, with a slightly larger base. It has been presented to the Guildhall Museum, where most of the relics discovered in London's clay are preserved.

Near the altar, about 30 feet below the surface, three pieces of Belgic pottery were found, two of which bear the names of the makers.

## Women Are To Make Most of Appearance

New York.—The majority of women today do not know how to dress properly according to Professor Lillian H. Locke of the Department of Household Arts, Columbia University.

"There are always two things to be considered when a woman dresses," Professor Locke said today. "First, she should dress to make the most out of her physical appearance and bring out her best points; second, she should dress to bring out the best traits of her personality. The two are quite different things. The first has to do with the size of nose and lips, and shape of hips, while the second has to do with charm and grace."

Professor Locke listed five principles, as follows: Avoid repetition of color or lines; avoid clashing opposites of color or lines; try for transition of colors; subordinate the entire costume to the central color line; and try for symmetry of lines.

A gentleman is one who understands and shows every mark of deference to the claims of self-love in others, and exacts it in return from them.—Hazlitt.

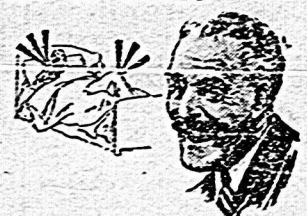
## ON HIS BACK FOR 12 WEEKS Then Active for 10 Years

Rheumatism Beaten Again

It proved beyond doubt that rheumatism simply cannot resist the regular "little daily dose" of Kruschen. This is a case that has just come to our notice.

"Some years ago now, I was taken ill with muscular rheumatism, and was on the flat of my back for 12 weeks. My daughter bought a bottle of Kruschen Salts, and I took a dose every morning. I found relief and finally recovered by persevering. From that day, which is 10 years and 8 months ago, I have never missed one dose. I would sooner go without my best meal than go without my dose of Kruschen Salts. I am now free from all muscular pains, and have never felt any signs of rheumatism since, recommending Kruschen whenever people speak about stiffness or pains in the joints."—J. N.

If your kidneys always performed properly their duty as filters, poisonous uric acid would never be allowed to pass into the blood. And this would



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Well-Dressed Men Are A Law Unto Themselves

Many of the best dressed men in London are a law unto themselves in the matter of clothes. They pay no attention to what tailors, manufacturers and stylists say, but grand examples are Earl Beatty, the Marquis of Londesberry, the Earl of Chesterfield, Sir Jack Buchanan Jardine, and Sir Walter Glaston, the most shining light of all—the Earl of Londsdale.

mean going to the end of your days without knowing what rheumatism is. Simply because it is the presence of uric acid in the blood-stream which causes rheumatic conditions.

Now the physiological effect of the numerous mineral salts in Kruschen is to arouse all the organs of elimination (including, of course, the kidneys) to healthy, regular action, so that they promptly expel through the natural channels uric acid and other dangerous waste products of digestion. Let Kruschen do this for you. Buy a bottle to-day, and begin the "daily dose" in the morning.

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Carter's Little Liver Pills will soon bring back the sunshine into your life. They're purely vegetable. Safe. Sure. Ask for them by name. Refuse substitutes. 25c at all druggists.

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## OFF COLOUR? HOW IS YOUR LIVER?

Wake up your Liver Bill  
—Without Calomel

Your liver's a very small organ, but it certainly can put your digestive and eliminative organs out of kilter; by refusing to pour out its daily two pounds of liquid bile into your bowels. You won't completely return a condition by taking salt, oil, mineral water, laxative candy or chewing gum, or roughage. When they're moved, your bowels they're through—and you need a liver stimulant.

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Racking Coughs  
in Old Age  
Checked by  
**SCOTT'S EMULSION**  
of Norwegian  
Cod Liver Oil  
Builds Resistance  
Easy to Digest

NERVOUS WOMEN  
Take Lydia E. Pinkham's  
Vegetable Compound

"I am so nervous it seems as though I should fly." "My nerves are really very bad." "How often have you heard these expressions? Many a woman who has become so tired and run-down that her nerves can no longer stand the strain. No woman should allow herself to drift into this condition if she can help herself. She should give Lydia E. Pinkham's Vegetable Compound a trial. For nearly sixty years women have taken this wonderful tonic to their nerves, renewed strength and vigor.

85 out of every 100 women who report to us say that they are benefited by this medicine. Buy a bottle from your druggist today. . . . and watch the results.

ISSUE No. 8—33

For COLDS

"I always use BABY'S OWN TABLETS to break up my baby's colds," writes Mrs. Wilbert Colquhoun, Sturgeon Falls, Ont.

"When I see a cold coming on, it is to BABY'S OWN TABLETS that I turn," writes Mrs. Robert Greenham, Phillipsville, Ont.

Mothers everywhere report in like vein of the safe, sure results that follow the use of BABY'S OWN TABLETS in treating children's colds, teething troubles, simple fevers, disordered stomach, colic, constipation, 25c. each.

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