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Lack of systematic brushing which our mothers and grandmothers gave their long tresses is said to be responsible for young women of to-day having grey hair five years earlier than their mothers and ten years earlier than their grandmothers.



A Santa Fe Ticket to Will take you through

Phoenix

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You leave on the Santa Fe and arrive on the Santa Fe.

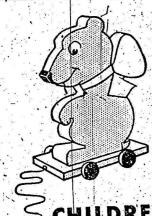
Warm days in the desert and along a sunny seachore.

0 0 0 Golf and horseback riding keep the pep up' and the pounds down.

. . . . Fred Harvey dining service another exclusive feature Make your Pullman reservations early.

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The "Chief" Railway



CHILDREN CRY FOR IT

CHILDREN hate to take medicine: as a rule, but every child loves the taste of Castoria. And this pure vegetable preparation is just as good as it tastes; just as bland and just as harmless as the recipe reads.

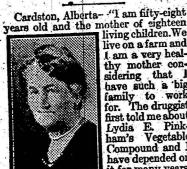
When Baby's cry warns of colic, a few drops of Castoria has him soothed, asleep again in a jiffy. Nothing is more valuable in diarrhea. When coated tongue or bad breath tell of constipation, invoke its gentle aid to cleanse and regulate a child's bowels. In colds or children's diseases, you should use it to keep the system from clogging.

Castoria is sold in every drugstore; the genuine always bears Chas. H. Fletcher's signature.



FROM MOTHER OF EIGHTEEN

Read How This Medicine Helps Her .



ive on a farm an t am a very heal-thy mother considering that I have such a big family to work for. The druggist first told me about Lydia E. Pink-ham's Vegetable Compound and I have depended on

it for many years. When I had this picture taken, the photographer was telling me about his wife's ailments and after I told him about the Vegetable Compound he went to the drug store and bought her two bottles." Mas, Berria Sallens BACH, Sa., Cardston, Alberta.

Customs of Victorian Age Defended By Lady Leconfield on hammer cloths and footmen behind were seen no more.

Says Girls Were Bound by Strict Rules, But Had Gay Times and the Period Was One of Progress

The author of the following article, trees in Berkeley Square eating ices, which appeared recently in the New but more often the day ended with a York Times, is the widow of the first drive around the park, then-as many Lord Leconfield and a sister of the can still remember crowded with carfifth Earl of Roseberry. She was born riages open and closed, barouches on in 1846-nine years after Queen Vic- C springs, sociables, charlots (with toria came to the throne—and had the coachman on a hammercloth, the reached the age of 55 when Victoria footman hanging on behind), four-indied in 1901. Now, when so much is hands driven by amateur coachmen being written about the Victorian Age, with their friends clustering on the she comes to its defense by placing on back seats, the solitary male in a sne comes to its defense by placing on pack seats, the solitary male in a record her memories of some of its phaeton of a cabriolet, sometimes even is There a Baby in a tandem, plum-pudding dogs runmanners and customs.

I feel compelled to write on this sub- ning behind the carriages of their ject because of all that I read in the owners, a royal carriage often to be present day about the reign of Queen seen making its way through the Victoria, written by those who per throng; all this gave the park a more haps scarcely remember the days of festive appearance than the rush of Edward VII., and who are pleased to motors and taxis can do now. associate the word Victorian with all - But let no one suppose that our pro-that is ugly and uninteresting. I am gress through the streets was unimqualified to speak, having been born peded. When I read in the papers before Queen Victoria had been nine now about the traffic problem I reyears on the throne; and having member the half hours we often spent reached the age of 55 before I saw in trying to get round Hyde Park Corthe accession of another sovereign. I ner, or in struggling to get through feel, therefore, that I can claim to the narrow neck of Park Lane. This

know something of the manners and was the only thoroughfare between that end of Piccadilly and Oxford customs of the period. forget that other sovereigns reigned sac; and the turn from Grosvenor in the nineteenth century besides Place into Piccadilly being through a Queen Victoria. Much of the furni- sharp angle, with traffic struggling to as I can prove from a house furnished by my grandfather in 1819, which remained untouched during my youth. There you found the straight, hard- written, that the girl of the period had packed armchairs and sofas now dub- but a poor time, but youth generally bed Victorian, but in the '60s we had manages to enjoy itself, and the Viceasy chairs and couches well stuffed torian maiden found a partner for life with horsehair, kept down by buttons, in spite of all old-fashioned notions. and the prevailing taste was for light At balls, quadrilles and lancerscolors, white-painted furniture, and square dances as they were called-

imagined. -

varnished wood for bedrooms, with alternated with waltzes and gave op-

Pleasures of Youth

also was enjoyed in tete-a-tete, then

Nor was sun-bathing considered a

objectionable, especially when sitting

enter a crowded carriage, but it had

don even by young girls and always

everywhere on Sundays; even the

maidservants were forbidden to ap-

Progress of the Age

So far I have written only of the

pear in church in a hat.

bright, shiny chintzes for covers. portunities for conversation; supper Gilt and Plush Chairs Little gilt chairs found their way evening parties drums as they were into drawing rooms, and silk-uphol-then called-garden parties (for some stered furniture, concealed by chintzes inscrutable reason called breakfasts), in the daytime, but uncovered for riding in Roten Row, where one's evening parties. Then came a craze chaperons often had a friend of their for plush, for velvet-covered mantel own and left one at liberty to talk to pieces, for brass nails, for fringes and a friend of one's choice; all these alassets, for woolwork, for little velvet lowed time for cultivating friendships, tables with twisted legs. It was a reaction from what was called the Maquet did not discourage flirtation. The hogany Reign of Terror, and led to present generation also ignore all the many sad acts of vandalism, old ma- agitations of a cotillor at the end of hogany four-posters being cut down a ball, but here memory recalls the into half-testers, Chippendale chairs blank of an evening when no favors banished into servants' rooms, and I were received, so the subject has best have heard of at least one industrious not be dwelt upon. lady who painted a whole set of ma- Then as to dress. Much of the pity

I now turn to that oit-debated sub- that we walked out with our skirts ject-the girl of the period, of whom hanging over our arms, as the modern I was one. I can assure the public maiden is said to have at Ascot this that we never fainted-unless from year. On the contrary, in the early illness, that we rode, even hunted, that sixties we had an arrangement by we walked (I admit in button boots), which we looped up our skirts over a that we played games—though neither bright-colored petticoat when we went tennis nor golf; and if croquet be ob- out, and later on ankle-length skirts jected to as being non-athletic, I-would came into fashion for walking. I adask any modern girl to stand with a mit that this involved a certain mallet in her hands, often for fo amount of toil. hours at a stretch, in the hope of be. A a country house party you came ing able, when her turn came, to drive do. to breakfast with gloves on and a hall through an iron hoop. It was in a long gown, changed into a short a test of endurance if not of active one for walking. Then began the

Dances and Chaperons

We also really danced at balls. The dinner required yet another dress. wo-step waltz of my youth carried Nothing, I admit, was ever shown one along much faster than the fox- above our buttoned boots. I rememtrot- and there was no sitting out in ber one day in my early teens seeing my young days. We returned after my mother and her sister-in-law reeach dance to stand in front of our turning from a walk and, bounding to mothers, and when it was first whis- ward them, was received with looks of pered that a girl had been seen sitting grave displeasure. "My dear, young upstairs with a partner, the matter, ladies do not show their legs like it was felt. I ad best not be talked that," said my aunt. No, in those days about in public. It would be hard for we did not. the present generation to realize how strict were the rules laid down for necessity. The sun, when it appeargirls in those days. It would have ed, shone on us through our clothing been considered unthinkable for her and ho one invited us to take it off. to go out with a man at any time un- Mrs. Grundy is supposed to be a proess engaged to him; indeed, girls duct of the Victorian age, but I would were not allowed to walk out alone in point out that ever since the days of London except with a maid, nor even our first parents some form of garto go in a four-wheeler without a foot-ment has been in use by the civilized, man on the box. An omnibus was, of and it is hard that we old people course, unthinkable. I even remem- should be ridiculed because we still ber elderly ladies walking in the park hold this view.
with a footman following, and I re Then the abuse that is heaped upon member my grandparents proceeding the crinoline. I hold no brief for this to church with a footman carrying garment; it was in most ways most the prayerbooks, but these were then old-fashioned customs and had quite

died out after I grew up. Carriage exercise was a great fea- its points, as it allowed unfettered ture in Victorian times, and I spent liberty to one's legs, and I remember, many long afternoons of my youth in as a little girl, thinking it very combarouche, the large open carriage fortable for running in. It gradually drive would sometimes be enlivened comfortably in the carriage under the

Ion COUGHS and COLDS BUCKLEY'S'

DON'T SUFFER WITH DANGEROUS INDIGESTION

Do you suffer after meals with a belehing, from sour and acid stomach? Many believe they have heart trouble and tremble with fear, expecting any minute to drop dead. This condition can be prevented, likewise relieved. Take Carter's Little Liver Pills after meals and neutralize the gases. Sweeten the sour and acid stomach, re-

lieve the gas and encourage digestion. The stomach, liver and bowels will be cleansed of poison, paints and cangerous indigestion disperars and the system enjoya a time effect. Don't delay. Ask your druggist for a 25c pkg. of Carter's Little Liver Pills. to the victoria and landau, the old chariots and coaches with coachmen

princes went about in broughams. I. With ne'er a care or worry, can even claim that a motor had And that you get much worldly made its appearance before 1901. Lawn tennis had become popular, golf | And get it in a hurry. had come south to remain, and as the We wish for you an outlook bright century grew to a close, conventions A past that's free from trouble; became less strict; the maiden went We hope you guessed the marke out alone in Belgravia, and rather more freedom was allowed generally. So time goes on, we mark the changes, but those who live through them re-

In Your Home? ure for you.

baby or young children Is there in your home? If there is you should not be without a box of Baby's Own Childhood ailments come Tablets. quickly and means should always be at hand to promptly fight them. Baby's Own Tablets are the ideal home remedy. They regulate the bowels; sweeten the stomach; banish constipation and indigestion; break up colds and simple fevers—in fact they relieve all the minor ills of little ones. Concerning them Mrs. Moise To begin with, many now seem to Street, Hamilton Place being a cul de Cabotte, Makamik, Que., writes: "Baby's Own Tablets are the best remedy in the world for little ones. My baby suffered terribly from inditure, for instance, now labelled Victorian, belongs to an earlier period, control, the consequences may be soon set her right and now she is in soon set her right and now she is in perfect health." The Tablets are sold by medicine dealers or by mail at 25c. a box from The Dr. Williams Medi-It may be thought, after what I have cine Co., Brockville, Ont.

The Nameless Saints

By Edward Everett Hale What was his name? I do not know his name. only know he heard God's voice and

Brough all he had across the sea To live and work for God and me; Felled the ungracious oak; Dragged from the soil

With horrid toil The thrice-gnarled roots and hubborn rock; With plenty piled the haggard moun-

tain-side; And at the end, without memorial, No blaring trumpets sounded out his fame,

He lived-he died-I do not know his 50 hogany furniture gray with her own bestowed on us for our clothing is wasted. Do not let any one suppose No form of bronze and no memorial

Show me the place where lie mouldering bones._, cheerful city stands Builded by his hardened hands. Only ten thousand homes

Where every day The cheerful play Of love and hope and courage comes. These are his monuments, and these

memorial stone. fashion for tea-gowns-to be put on in the afternoon when you came in, and

Where Thou, good God of angels, wilt send me? Some oak for me to rend; some sod

Some rock for me to break, Some handful of His corn to take And scatter, far afield Till it, in turn, shall yield Its hundredfold

Of grains of gold

send me.

rolls. Count me among all Faithful Souls.

Overwork or Worry

Taxes the Health of Thousands of Young Girls.

the "teen-age" years when or office work is exacting and down in a hurry, or in attempting to school outside activities ase up so much enmany girls undermine their health and spoil their happiness for years to come.

At such a time Dr. Williams Pink of those days. In hot weather the altered its shape, became flat in front Pills will be found most valuable. They purify and enrich the blood; and finally merged into the bustle of by a stop at Gunter's, where we sat the eightles; but all this can best be build up the nerve cells and correct studied in old fashion plates, as can run-down conditions. Concerning also the fashions of evening gowns, them Miss Margaret Torrey, Indian which contrast much with those of the Road, Toronto, Ont., says: "When present day, much of what is now left was attending high school I suffered bare being then covered, while the a complete breakdown. My hear shoulders, now always concealed by would palpitate at the least exertion; at least a strap, were then always I could not sleep and nothing I at shown. A little cap was co: dered agreed with me. I began taking Dr suitable in the morning for even a Will ams Pink Pills and before long young matron and bonnets were al. I gained in weight and every dis

ways worn in the afternoons in Lon- tressing symptom left me." Dr. Williams Pink Pills are sold by medicine dealers or by mail at 50 cents a box from The Dr. William Medicine Co., Brockville, Ont.

Minard's Liniment for Frost Bite:

80s, and as I remember them, but it General Sir Henry Rawlinson, whose is well to realize that the Victorian father was famed for his discoveries age was not a stagnant pool, icebound among the ruin's of the ancient kingin conventions and prejudices, as some now seem to think, but on the dom of Chaldaea, says that the latter used to assert that the oldest joke in contrary a time of steady progress, the world was the one about the Irish not only in politics, science and mat-ters ecclesiastical, which would reman who had a run of bad luck and decided to commit suicide. A man quire volumes to themselves, but in discovered the Irishman a few hours the manners and customs of which I on the last thirty years of Queen Vic. Walst and was dangling from a tree. "What are you doing?" asked the toria's reign to realize the changes Man. "I'm hanging myself," replied that they brought. The white print, the Irishman. "You can't hang your way to Morris cretonnes, to green and self by putting the rope around your even black paint, the taste for man walst," said the man. "You should put hogany revived. and country shons it around your neck." "Ooch!" replied and old cottages were ransacked for the Irishman. I tried it that way, but I couldn't breathe." This story, insist-Inhale Minard's Liniment for Asthma. Babylonian tablets of 2,000 B.C.

Owl Laffs

CHRISTMAS WISHES Ladies drove in hansoms and We hope you have abounding healt wealth.

right And saw yor profits double. So may your skies unclouded he And sunny be your weather. And it you meet adversity, May it weigh as a feather.

If the Christmas spirit does not mean making others happy, then the Yuletide will not hold much real pleas-

ANOTHER INVITE A very, sub-debutante sent the following message to Santa Claus the

Mr. Santa Claus Your presents are requested Miss Genevieve Van Geldenhessen on the

Evening of December 25th at 7704 Lakeview Avenue.

Consider the Christmas toy; its life s brief, but it certainly does get the breaks.

S. V. P.

George-Oh, Gladys, dear, this will be the jolliest Christmas I have ever spent. Now that we're engaged. think only of the future. Gladys-Do you? Well, at this time

of year, I think only of the present May He who in the manger lay . Bring to your heart this Christmas

day The peace that never fails to bless, The joy that makes true happiness.

The most embarrassing situation one can think of is to wake up on Christmas morning and find that a girl you hadn't even considered has sent you a Christmas gift.

They were talking about modern music and dancing. "I don't like dancing to juzz," said he added, "I'm going to try the the girl. "It's nothing but hygging ond hole."

set to mulic."
"Well," asked the man, "what is there about that to which you object?" "The music," she said.

Mandy-'Don't you think it's extravagant to eat bread and butter and Sandy—"Of course, not It's econ-the reply from the young wife, "but omical. The same place of bread there's a young couple next door who

does for both" The leason why it is so hard for collect graduates to find jobs is because most firms already have presidents and general managers!

Two little boys were talking. One said to the other: "Aren't ants finny little things? They work and work,

and never play." "Oh; I don't know about that," replied the other. "Every time I go on There is no form of bronze and no a picnic they are there."

A financier says that the busines slump is caused by a change in our Is there some desert or some pathless spending habits. Well, anyhow, a change in our spending habits has been caused by the slump.

A scientist says that bow legs are hereditary. It is quite obvious, however, that they don't descend in a direct line.

CHEERFUL REMINISCENCES In their younger days they had been To feed the waiting children of my sweethearts. Now there was silver in her hair and snow on his, and they Show me the desert, Father, or the sat and talked of the times when they were young-their first meeting, their Is it Thine enterprise? Great God, first quarrel, their last kiss, their last quarrel. Perhaps they both warmed And though this body lie where ocean a little over the recollections. At length he said, "Ay, Maggie, an' I hae no loved onybody since you! I hae never forgotten you!" "Andrews" she said, with a little moistening of the eyes, "you're just as big a leear as ever-an' I believe ye just the

same!" Mother-That boy of ours gets more like you every day.

Father (meekly)-What's he been up to now?

GABBIE GERTIE



"Many a woman cries because she eels better 'after the bawl is over'."

Graf Is Laid Up Friedrichshafen, Germany. - Dr

Hugo Eckener announced recently that the Graf Zeppelin had finished its later. He had a rope tied around his 1930 flying season. It will be deflated and given a thorough overhauling during the winter months.

"There is nothing so satisfactory as a clear conscience." "No," answered Senator Sorghum; "and the next best thing is a good lawyer."

Minard's Liniment for all Pain. ISSUE No. 49-30

Bachelor is the largest selling • 10c cigar in • • Canada. Smoke one and you will understand why.

une in every Wednesday 18 P.M., E.S.T. 9 P.M. Atlantic Time • Stations KGW-Toronto • CJGC-London CKAC-Montreal

BACHELOR Cigar

THE MONEY FOR STILL MOST

Beginner's Luck

Brown was trudging along the road, a smile of triumph on his face, and his station. golf clubs swinging over his shoulder. when he was confronted by King, a

fellow club member, "Hallo!" sand King. "How did you get on in your game today?" ding La "Oh, not so badly," replied Brown, named. "I took sixty-three."

"Sixty-three!" echoed King. "And you just a beginner Why, that's amazing." "Yes," said Brown. "I thought "was rather good myself. Tomograw,"

Disappointment Mrs. Golders was in conventation

with a young married friend. "Well, and how do you like your new house?" she asked. "Oh, I suppose it's all right," came

quarrel all day." "How very unpleasant that must be for you, to have to listen to that," said Mrs. Golders.

"Yes," said the young wife, 'and the wors, of it is they're French, and my husband and I can't understand a word they say."

On With the Game

The village football match was about to commence, and the opposing captains were inspecting the ground. "Don't like it," said the visiting skipper, shaking his head.

'What don't you like?' 'asked home skipper. "The ground," replied the other. 'Hardly a blade of grass to be seen." !Well, you didn't come 'ere to graze, did yer?" was the home skipper's re

tort.

Minard's Liniment aids Sore Feet.

Matrimony's most dangerous period s about the twenty-fifth year, according to one German expert, who adds' that many of these belated marriage tragedies occur because husband or wife is too devoted to the children and

EASYSHAVE Canada's New Shaving Sensation

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Not So Customary Fred net Dick ex . h

I you manage to a a ding La lended as best man." The 'c +1-

"Just' because I kies d my dear old man." exclassed it's friend, "it's the custom for the -t Lien to kiss the bride." Blek but his hand to his injured eye.

I know it is, he repired. to ! five years after the

Milestone of the Air Karachi, the Indian erful "milestine" way and distance Bagdad, Bombay, de

BLACKHEAD

King Frost nips at all unprotected bar. frost bite, rub weil with Mach bills the main divide





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"YOUR SCALES NEED FIXING" Said a Fat Woman—Indignantly

"Better get these scales fixed," ex-claimed a rather stout, fashionally day," dressed woman in a drug store the other day—"they make me weigh 12 sait the scholarly facking many

weight."

"It's an inexpensive way to take of what you said."

dressed woman in a drug store the other day—"they make me weigh 12 pounds too much."

"All of which goes to show," remarked the good-natured druggist, "that women take on fat so rapidly that they don't realize it."

"If that woman doesn't watch out," he continued, "when she comes in two weeks from now, the scales will be wrong about 20 pounds."

"Is there anything that will take off fat outside of three or four hours of strenuous exercise every day?" asked a scholarly looking man who was buying a tube of ointment for his lame knee.

"Not many things," answered the dispenser of drugs, "but lately there has been a big demand for a combination of vitalizing mineral salts that many of my fat customers are entauted to the work for I can see for myself that many of them are louing "That's good enough for me," said the prosent of the work for I can see for myself that many of them are louing "That's good enough for me," said the prosent of the work for I can see for myself that many of them are louing "That's good enough for me," said the prosent of the many of them are louing "That's good enough for me," said the prosent of the work for I can see for "That's good enough for me," said the prosent of the work for I can see for "That's good enough for me," said the prosent of the work for I can see for "That's good enough for me," said the prosent of the work for I can see for "That's good enough for me," said the prosent of the work for I can see for "That's good enough for me," said the prosent of the work for I can see for "The said the work for I can see for "The said the prosent of the said the weight and I can see for "The said the work for I can see for "The said the said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I can see for "The said the work for I

must do the work for I can see for " 'lad you came in," said the promyself that many of them are losing prictor. "I'll tell my fat customers

fat," continued the drug store man, K uschen Salts is obtainable at all "for one bottle, even with big D ug Stores at 45c, and 75c, per builds

m

doc ore yot the