

For 77 Years approved by the mothers of Canada



Christie's Arrowroots

Super-Bee With Sweeter Nature And More Nectar Capacity Sought

New York.—The United States Department of Agriculture is attempting to develop a new race of superior honeybees. Specialists in the government bee laboratory near Washington are testing and attempting to improve various methods for the artificial insemination of queen bees devised within the last few years in this country and abroad. One such technique is made more practicable they will assemble specimens of the more important races of honeybees and will make insemination crosses in an effort to combine the desirable characteristics of all of them into one of two new races. The bee breeders hope their work will go even farther than this by producing new types with the desirable traits developed to a greater degree than in any races now known. First, breeders would like bees with considerably larger honey stomachs so they can carry more nectar on each trip. They hope for a bee with a bigger thorax and a greater wing ex-

Canada Joins Ranks In World Aviation

Canada is one of the world leaders in aviation. Owing to the vast areas to be covered and the characteristic climatic conditions of the north, the Canadian flyer has had most valuable experience. This not only calls for all the courage and stamina to be found in man, but also shows how urgent is the need for ever-improving scientific instruments to guide him where his senses are thwarted by fog, darkness and foul weather. The advance in scientific research, therefore, has been rapid and, at the present time the instrument board of an aeroplane is often dotted by more than twenty different dials to be read by the aviator as the occasion demands. In Canada the investigation, testing and standardization of aeronautical instruments is performed by the Physical Testing Laboratory of the Topographical Survey, Department of the Interior, which also carries on the maintenance of instruments used in the Government service. Laboratory tests in which the conditions of temperature and pressure are duplicated, reveal any possible source of error and cover a wide range of instruments, such as altimeters, air-speed indicators, magnetic compasses, engine-speed indicators, thermometers, pressure-gauges, level-flight indi-



EAGLE BRAND CONDENSED MILK
NURSE your child, of course, if possible, but don't experiment with all sorts of food that you know little about. Eagle Brand has been the standard infant food since 1857. It is entirely pure, it is exceedingly digestible and there is an ever ready supply at any dealer's no matter where you live or where you go. *Best baby food and the only one.*

THE DORRIN CO., LIMITED
140 St. Paul St., Montreal
Send Free Baby Book to:
NAME _____
ADDRESS _____

Additional Historic Sites to be Marked

Department of the Interior Continues Work of Preserving Our National Historic Ruins
Since the year 1919, when the Historic Sites and Monuments Board of Canada was instituted, the Department of the Interior through its National Parks Service has marked, by the erection of suitable memorials, 150 sites appertaining to the history of the Dominion. From time to time, among the various sites acquired are those of Fort Wellington at Prescott, Ontario; Fort Chambly at Chambly, P.Q.; and Fort Lenox, near St. Johns, P.Q., on which are situated interesting structures erected by the French and the English for defensive purposes along the Katchewan and St. Lawrence rivers. Considerable restoration and improvement work has been carried out at these sites and today they are visited by streams of tourists. It is the intention of the Department of the Interior ultimately to mark throughout Canada, all those sites that have a distinctive bearing on the history of the Dominion.

During last year, among the number of monuments unveiled was one erected on the site of Fort York, near Peace River, Alberta, from which Sir Alexander Mackenzie set out on May 8, 1793 on his quest for the Northwest Passage, which resulted in the first crossing of the continent of North America. At the annual meeting of the Historic Sites and Monuments Board of Canada the following were chosen as the most outstanding sites or events for preservation and commemoration: St. Peter's Canal, N.S.—This canal connects St. Peter's bay with Bras d'Or lake, thereby shortening the distance to the east coast of Cape Breton. It was first surveyed in 1825, and completed in 1829. At Bridgetown, N.S.—Site of the engagement at Bloody creek in 1757, during the Seven Years' War. Temiscouata Portage, at Cabano, P.Q.—Here is one terminal of the longest and most difficult portage in the world, the route between the St. Lawrence and the Saguenay. The portage is a double-walled aboriginal fort. Its antiquity and origin remain unknown. Near Brantford, Ont.—A tablet to commemorate the loyal services of the Six Nations Indians to the British Empire in the Seven Years' War, the War of the American Revolution, and in the defence of Upper Canada in 1812-14. Fort Mississauga, Niagara-on-the-Lake, Ont.—A tablet will be placed on this fort which was built by military labor in 1814 for the defence of the Niagara frontier. It was used as a military post until 1845. Starting Point of the First Dominion Lands Survey, near Winnipeg.—To mark the site of the first survey monument erected in 1871 in connection with the establishment of the survey of Dominion lands. Churchill, Man.—To mark the site of the fort built in 1859, then the most northerly post of the Hudson's Bay Company, and the starting point of numerous Arctic explorations organized by the company. Fort Chipewyan, Alta.—To commemorate the voyage of Sir Alexander Mackenzie in 1789, from Fort Chipewyan on Lake Athabasca northward to the Arctic Ocean, and the discovery of the Mackenzie river. Furon Gold Discovery, Dawson City.—To perpetuate the memory of the indomitable prospectors who paved the way for the discovery in 1896 of the rich gold fields of the Yukon.

German Vacation Cos. Paid in Installments
Schweizerzogen—If goods can be bought on the installment plan why not also vacations? This city, famous alike for its parks and its gardens and for its apparatus, has decided to issue coupon tickets, good for a two weeks' visit, half to be paid down and the balance in monthly installments of ten marks (\$2.40). The coupons include not only board and lodging but also excursions to Heidelberg and the Neckar Valley, the Rhenish Palatinate, noted palaces in Baden, and an automobile trip through the Odenwald.

Berlin Has More Cars And Fewer Deaths
Despite the fact that there were about 18,000 more motor vehicles in use in the city of Berlin last year than in 1928, the number of persons killed in motor accidents declined by a dozen to a total of 204 in 1929, according to data recently made public in the German capital. Compared with 1925, when there were only about 35,000 motor vehicles in the city, the number of fatal accidents had risen only about 50 per cent, against a tripling of the number of vehicles. This is held by the Berlin papers to be due mostly to improved traffic control and partly to increased agility on the part of the public. It is pointed out that 93 per cent of the accidents last year resulted from violations of traffic rules. From the beginning of this year to July 1 the number of motor vehicles registered in Berlin rose from 36,082 to 107,212. A feature of the registration in May and June was the fact that 10 per cent of the licenses were issued to women, against about 5 per cent last year.

Douglas Fairbanks was confronted by an armed youth and meekly handed over the contents of his pockets. Doug will never be the same again to a multitude of juvenile admirers. Have Minard's Liniment on your shelf. A certain foot of air taxicabs in Germany will carry three persons for a fare of 8 cents per mile per person.

LUMBAGO?

A pain in the lower part of your back can torture you. But not for long, if you know about Aspirin! These harmless, pleasant tablets take away the misery of lumbago, rheumatism, neuralgia, headaches, toothaches, and systemic pains of women. Relief comes promptly; is complete. Genuine Aspirin cannot depress the heart. Look for the Bayer cross, thus:

Chinese Use Bean As Source of Milk

How can we get along without milk? Yet in a large part of the world its use for human food is unknown. In China its place is taken by a liquid prepared from the soy bean. And the cow, the almost universal source with us, is replaced elsewhere by a formidable list of other animals; for milk is the food of all young mammals. "The Uses of Milk in the Home" is the subject of one of eight radio talks issued in pamphlet form by the University of Pittsburgh under the title, "Science in the Kitchen." This talk was given by Lawrence W. Bass of the University, and runs, in part, as follows: "Few of us realize the important place of milk in our diet. Yet the total consumed annually per person in the United States exceeds fifty-five gallons. The products of the dairy industry are now estimated to have a value of about three billion dollars a year. "Large as these figures are, our per capita consumption is exceeded by that of several European countries. "To American minds the cow is the provider of this necessary food. In other lands the animal producing milk varies according to locality. Goats, sheep, buffaloes, yaks, zebras, mares, asses, camels, mules and reindeer all share in the manufacture of this foodstuff that contains carbohydrates, proteins, fats, mineral substances, and vitamins. "A diet must fulfill several essential requirements. "It must yield sufficient fuel value, and it must contain nutrients to repair, replace and build tissue. It must have roughage, and water to act as a carrier. It must possess the necessary minerals and vitamins. It must be digestible and appetizing. Milk comes nearest of any food to fulfilling all these needs, and for the first short period of our lives it is our only food. "Milk is easily and completely digested by young persons, and fattening, if the rest of the diet is correctly adjusted, although butter and cream may help to put weight on. "Clean, covered, cool—these three points, says Mr. Bass, must always be kept in keeping milk. This care must begin at the purchase, and milk should be bought in bottles, not from a bulk supply. As soon as possible it should be placed in a refrigerator or other cool place, and if it is not kept in the original bottle, it should be transferred to clean, fresh, sterilized vessels. Under these conditions, he tells us, good milk should remain sweet for 24 hours at least, and ordinarily for 12 hours or more. "If kept in a refrigerator it is not only safe, but it is also clean and the milk should be in that part that is coolest and best protected from flavors and odors, because of the well-known absorptive tendency of butter-fat. "Milk should never be mixed with anything unless for immediate use. "Now comes the question of how much of it we should have. "Many authorities recommend that each day one quart for each child and one pint for each adult should be used by the family. When the home manager has a family of five, she does not have to allow for waste. "Milk costs about 2.2 cents per 100 calories, roughly half as much as lamb, eggs, or sirloin for the same quantity of energy producing materials. "Milk should occupy an important place in our diet throughout our lives, beginning with our first appearance in the world."

Keep Children Well During Hot Weather

Every mother knows how fatal the hot summer months are to small children. Cholera, infantum, diarrhoea, dysentery, colic and stomach troubles are rife at this time and often a precious little life is lost after only a few hours illness. The mother who keeps Baby's Own Tablets in the house feels that she has a sure way of preventing stomach and bowel troubles, or if trouble comes suddenly as it generally does—the Tablets will bring the baby safely through. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Was Run Down Now Well Again

Takes Pleasure in Recommending Dr. Williams' Pink Pills.
To the woman in the home illness is almost a calamity. Many a woman keeps on with her household duties when she is feeling ready to drop. Her head aches, she is easily tired, is depressed and nervous and has no appetite. In a word, she is anaemic and needs help—the healthiest help that only Dr. Williams' Pink Pills can give her. These pills make rich, red blood which brings new strength and energy to weak, despondent sufferers. "Concerning them, Mrs. Paul Rail, Coin du Banc, Que., says: "I was badly run-down, nearly dead, and unable to sleep as when I went to bed. My appetite was poor and I felt miserable. I took six boxes of Dr. Williams' Pink Pills and they completely renewed my health."

Radio Step Forward

In I-3 Control
Recent reports by incoming steamships of icebergs in the North Atlantic recall the fact that, although eighteen years have passed since the Titanic struck an iceberg and sank off the Grand Banks of Newfoundland, the iceberg peril still exists despite the intensive effort of scientists to solve this dangerous problem. Experiments have been conducted with sounding devices and radio equipment ever since the great sea disaster, but as yet no instrument has been proved sufficiently practical to pay for its installation on liners. Under the auspices of the Navy Department, investigators have succeeded in developing sounding apparatus which will detect submerged icebergs for a mile or more. With the great speed of modern ships and the lack of exactness in measuring their distance, these instruments have not, however, succeeded in achieving control over the iceberg peril. "Steamers today have one distinct advantage over those of a few years ago in warding off distress from icebergs. Because of the development of the radio compass or direction finder, rescue ships today are able to reach a ship in need of help much more quickly. Vessels equipped with the radio compass may follow this direction finder directly to the disabled ship without taking time to work out its position by longitude and latitude. Minard's Liniment removes warts. There are something like 1,000 rooms in the British House of Commons.

Dirty Water Menace To Public Health

Dirty water is always dangerous. It may contain the germs of disease. The carol bathers avoid badly managed swimming-pools and streams full of city sewage. If he does not, he runs countless risks. In France at present, a special and dangerous germ has been identified transmitted by rats and lurking especially in the muddy bottoms of streams, where it is stirred up by careless bathers and particularly by hardy divers. In Candolle (Paris), a French physician, Dr. Tomes, writes as follows of it and its effects: "For several years past, attention has been directed to the dangers sometimes present in certain swimming-pools. Cases of ear and sinus troubles and of angina have been reported, arising from these conditions. Reference is not made here to maladies due to simple chilling, resulting from imprudence, but to contagious diseases, such as diphtheria and conjunctivitis. "In swimming pools there is rarely any water, it is renewed at fixed intervals—very frequently, no less, at least we venture to hope so, it has been remarked, nevertheless, that after a day's service chemical analysis discovers noxious organic products. "But even bathing in rivers has its inconveniences; it may also cause diphtheria. In a recent report, a French case of the Selo was to be mentioned, but the same trouble has been observed elsewhere, especially following floods, when the danger of pollution is great. "What shall we do? "To give an bathing would be a remedy worse than the disease. "Baths in the open water must still be recommended, but with some exceptions. In rivers, regions far from centers of population are to be preferred. And if the bottom is muddy, the surface water is turbid, the renewal of the water in intervals is not enough, there must be running water, disinfected if necessary."

Boys Turn Green Parents Frantic

Ansonia, Conn.—Health authorities and private physicians here were besieged recently with telephone calls from frantic mothers who exclaimed, "Oh, doctor, what shall I do? My son has turned green!" Eight boys who had gone to bed one night, appeared at the breakfast table with light green hair, green eyebrows and green eyelashes. The first attempt to restore the boys, who ranged from eight to thirteen years of age, to their natural colors, was made with soap and water, but the green appeared to be fast. All that a good shampoo did was to add some iridescent gleams to the greenness. Some of the boys, as they passed from sun to shade, altered their hues like the chameleon. By this time the startled parents were seeking medical advice. Physicians were baffled to explain why a faxen-haired child should suddenly turn to a greenish opalescence. The clinical thermometers showed no signs of fever, but some of the boys showed marked quickening of the pulse as they looked in the mirror at their changed hair. In dark rooms a dim ghostly phosphorescence could be observed. Cases were recalled of hair growing white in a single night but not green or luminous. As different hues chased one another over the head of one patient, a physician recalled having seen the same effect on the head of an aging dandy and he pronounced that the boy had been inexpertly but rather splendidly dyed. In the meantime the news was spreading about Ansonia and the extent of the epidemic of northern light was realized. But what was the cause? Had some beauty shop been experimenting with a new recipe? At once several persons hit on the theory that the lads had been swimming in the Naugatuck River, which is virtually one large vat of chemicals. The runoff water from factories is discharged, laden with compounds, into the river. The drug used as a green dye in one great knitting factory is colorless itself, but develops a series of handsome greens after it dries. This renders gorgeously on blonde hair, but does not affect the black.

When One Woman Lost 47 Pounds of Fat

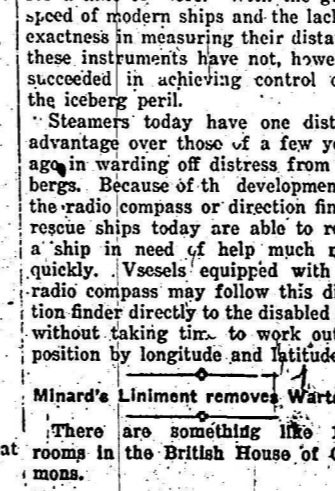
"I have been taking Kruschen Salt for nearly 3 months. I have continued taking one teaspoon in warm water every morning. I then weighed 217 pounds, was always bothered with pains in my back and lower part of abdomen and sides. Now I am glad to say I am a well woman, just much stronger, years younger and my weight is 170 pounds. I do not any longer feel but I look better, so all my friends say. "I shall never be without Kruschen Salt all my life, taking my daily dose and more than glad to highly recommend it to all my friends who are in the same predicament as I was. "P. S. You may think I am exaggerating on writing such a long letter on 'my' case, so I enclose to you or putting up such wonderful cures, but I cannot say enough."

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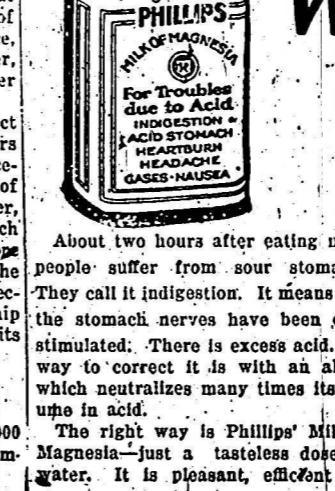
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"Please Teacher"

Only teacher trying it is with a...
What a relief when, during a cup of tea, nothing is tired now.

RED ROSE TEA

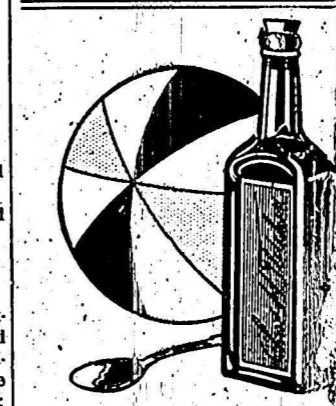
"is good tea" 106
TWO QUALITIES -- RED ROSE & ORANGE PEKOE

Summer Forests

The trees in summer glory stand. Forest on forest through the land. To watch the sun-gold morning light. Shade on the forest land endow. Gently their branches fan the air. Rocking the languid cradles there. And when the sunset sheds a glow. Of gold and rose on the deepest grove. Then do the trees look best to find. Glimmering gold in the greenery.

Minard's Liniment for Neuralgia

We learn a lesson from failure. Often discover what will do by trying out what will not do; and probably he who never made a mistake never made a discovery.—Satan Smiles.
"If I'd been a frog instead of a man, New York might now have other mayors."—James J. Walker.



If baby has COLIC

A CRY in the night. Colic is a cause for alarm if Castoria handy. It is pure vegetable preparation brings quick comfort, and never harms. It is the sensible thing when children are ailing. Whether the stomach, or the little bowels, or constipation, or diarrhoea. When tiny tongues are coated, or breath is bad. Whenever there is a gentle regulation. Children like the taste of Castoria, and its mildness makes it safe for frequent use. And a more liberal dose of Castoria is always better for growing children than strong medicine meant only adult use.

Fletcher's CASTORIA

Cuticura Toilet Preparation

Daily use of Cuticura, slightly deviated toilet preparation—a most reliable method of cleansing and beautifying the skin and hair. 25c each everywhere. "Sample free of Cuticura." Box 2616, Montreal, Canada.

Before Her Baby Came

"I have used several bottles of Lydia E. Pinkham's Vegetable Compound and find it helps me wonderfully, especially before childbirth. I have five lovely children. After my last baby came I had a miserable pain in my right side so I bought another bottle of the Compound and I feel fine now. I work outside during the fruit season in addition to my housework."—Mrs. Charles Slingerland, R.R. #4, St. Catharines, Ontario.
Lydia E. Pinkham's Vegetable Compound
"It is the quick method. It comes almost instantly. It is a proved method. You will never another when you know. Be sure to get the genuine Pinkham's Milk of Magnesia prescribed by doctors for 60 years in correcting acids. Each bottle contains directions—any druggist."

Classified Advertising FOR SALE

A 1924 SEATED TOUR CAR, BUICK, for sale in perfect condition, very fast, mounted on extra wide tires, equipped with special sedan top, owner getting larger model. Also an old touring car. Write for particulars to: The Montreal Free Press, Box 27.

SITUATIONS VACANT

Cinnamon Ovens
Mix 1 egg, 2 cups sugar, 1 cup molasses and 2 cups cream. Bake in 15 min. oven. Then add 1 cup molasses, 1 cup sugar, 1 cup butter, 1 cup cream and 1/2 cup flour. Bake in 15 min. oven. Many a man who has been in the army, has this.

The Handy Bottle

Minard's is the best in the Handy Bottle. For aches, pains, bruises, burns, etc.

MINARD'S "KING OF PAIN" LINIMENT

AEROXON With The Pin

The Honey Fly Catcher
You Must Do Your Bit in the war against the fly, carrier of germs and breeder of disease. It is proven that AEROXON is one of the most convenient and most efficient means of catching the fly. It is convenient, because it is easy to use. It is hygienic, because it never acts upon the fly. Each spray gives three weeks' perfect result.

La Cie C. O. Gerard & Co., Limited



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