Rich in body and delicate as blossoms in its flavour

"SALADA"

(GREEN)

JAPAN TEA

'Fresh from the gardens'

Nurses Mix Babies Mother's Frantic

Solomon himself would have been hard put to it to find an equitable solution of the quandary in which two married couples in Chicago recently found themselves. Two women gave birth at the same time to babies, and the nurses got the identification labels mixed up, so that now nobody knows which baby is which. The uncertainty seems to have upset the mothers to a far greater degree than it has affected the fathers. All sorts of scientific tests have been family likeness will enable them, they declare, to make certain identification. In case they should then find that a mistake was actually made and that each has got the wrong child, they will exchange children, and all will be well, they believe.

But will it? The methods of upbringing vary in every individual household. A child brought up for a few years in one home may find that to be suddenly transferred to another means all the difference in the world between happiness and a vague discomfort not to be translated into words. Moreover, surely during the intervening years the respective mothers will have grown so fond of the children they are individually bringing up that they will not want to make any change, no matter what sort of family likeness develops. This matter of mixing baby identification tags is getting serious. Some other method must be adopted. A rubber stamp, with the name and the doctor's signature affixed, would perhaps held a whole lot—so long as the wrong baby was not stamped.

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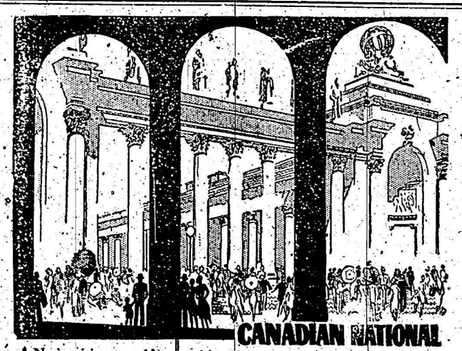

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A Drowning Person Is Crazy – Be Firm

Don't try to rescue a drowning man—unless you are a good swimmer yourself.

Remember "a drowning person is generally insane for the time being, and is liable to drag you to your death, unless you are capable of swimming with a heavy load."

The advice is that of Frank E. Dalton, a swimming teacher, and son of a famous English Channel swimmer. He gives it in "Swimming Scientifically Taught".

Counsel on rescue for drowning is timely just now. Among the many bits of advice given by Mr. Dalton are the following:

Of the many different ways of saving life, the safest and best method is to swim as near the person as possible, then dive under and come up behind him; otherwise he is liable to grab you around the neck with a death clutch from which it is extremely difficult to escape.

When swimming up behind the person, grab his biceps and force him on his back; the more he struggles, the more he helps himself to keep afloat.

To prevent being clutched by a drowning person, the following rules should be carefully studied, Mr. Dalton tells us, adding that "every action, however, must be prompt and decisive, otherwise this method will be of no avail." Reading on:

If grasped by the wrists, turn both arms simultaneously against the drowning person, thumbs outward, and attempt to bring your arms at right-angles to your own body. This will dislocate the thumbs of the drowning person, and he must let go his hold.

If clutched around the neck, immediately take a deep breath, lean well over your opponent, place the left hand in the small part of his back and draw your right arm in an upward direction until in line with his shoulder, and pass it at once over his arm. Then with the thumb and forefinger catch his nose and pinch the nostrils close; at the same time place the palm of your hand on his chin and push firmly outward. This will cause him to open his mouth for breathing purposes, and he being under you, will swallow water. Choking ensues, and not only is the rescuer freed, but the other is left so helpless as to be completely under control.

If clutched around the body and arms, take a deep breath, lean well over your opponent and throw the right arm in an upward direction at right-angles to the body, or draw it up between your body and that of your opponent. Then with the thumb and forefinger catch the nose and pinch the nostrils close, and at the same time place the palm of the hand on the chin and bring the right knee as high as possible up between the two bodies, placing it, if possible, against the lower part of your opponent's chest; then, by means of a strong and somewhat sudden push, stretch your arms and legs out straight, at the same time throwing the whole weight of the body backward. The sudden motion will press the air out of the other's lungs, as well as push him off, no matter how tightly he may be holding. He may then be seized from behind and rescued.

Mint for Remembrance

The smell of mint brings back to me
A kitchen with its homely clatter,
The whitest table one could see,
A chopping-knife, and wooden platter;
And somebody who lightly laid
The herb in heaps and started chopping;
Rap-rap-a-rap! the busy blade
Went through the mint-sheaf, hardly stopping.

Though I should journey far and see
Wide fields to forage and grow rich in,
The smell of mint will ever be
A memory of that old kitchen;
So dear they were, those distant days,
They call me back again, a vagrant
From simple joys and country ways
With poignant whiff most sweet and fragrant.

—Elizabeth Fleming.

"History, when we are young, is what came to an end before we were born."—Arthur Ransome.

A Willesden woman stated that she was separated from her husband but had taken him in as a lodger.

Every base occupation makes one sharp in its practice, and dull in every other.—Sir Philip Sidney.

Another Air-Minded Prince

Prince George arrives with Squadron Leader Don at Radlett, England, to officate at opening ceremony of new Hanley-Page Aerodrome there.

Rural Club Founded By Canadian Women

The women of Canada must have had a more than ordinary interest in the International Conference of Rural Women held a few weeks ago in Vienna, Austria. The first rural women's club to be formed anywhere in the world came into being at Stoney Creek, Ontario, over thirty years ago. It was organized for the purpose of improving the status of home life in rural districts. The movement quickly spread to other provinces and to other countries. The first convention of representatives of these institutes in Canada was held at the Agricultural College, Guelph, Ontario, in 1906, in a small hall on the top floor of the Macdonald Institute Building at the College. At the present time it requires a large hall to accommodate a convention of any one of the five districts in the province. The movement was started in the British Isles by a Canadian woman, Mrs. Alfred Watt, during the Great War, and is now well organized there. From Britain it was carried into the countries of Europe, and the first international convention was held in Belgium in 1929, with delegates from Canada, the British Isles, the United States, Australia, New Zealand, Germany, Czecho-Slovakia and India, and the chairman was Mrs. Watt. Women in the rural districts throughout Canada are now organized under different names, but all are the result of that first organization at Stoney Creek over thirty years ago.

"Occasionally a man gets a break when he least expects it."

Prince Flies Solo

London—The Prince of Wales, according to an announcement in a London paper, has recently made flights unaccompanied by a pilot or any other person. The Prince's solo flights according to the Daily Telegraph, have been made at Northolt Aerodome in a "Tomtit" military training plane. He did not stray far from the landing field, but during a number of short flights demonstrated marked ability in taking off and landing.

East Losing Glamour-Veil And Fez Gone

One by one our treasured traditions are being taken from us, are being transformed, blotted out by the utilitarian. It is well that the poet who sang, "East is East and West is West, and never the twain shall meet," added the thought that under certain circumstances "there is neither East nor West."

The East has always been a land of mystery, and many a novelist has utilized this part of the globe as one of the chief tools of his stock-in-trade. Who has not read of a deeply veiled figure walking along the dark and narrow streets of, say, Cairo or Constantinople, all that was visible being two flashing eyes! Gone alas, to a large measure, is the veiled figure, and what do we get instead? Western short skirts, a flat that strikes a note of incongruity and an unveiled face in which the eyes seem no longer to flash. Then logically, of course, the purdah has also gone, that wall which aforetime secluded the veiled woman being no longer necessary with the disappearance of the veil.

Then again the fez in many parts of the East is as rare as the dodo, and its place is being quite generally taken by the derby. This unpretty headpiece is generally several sizes too large, and is apparently balanced on the ears. In the same way the romantically flowing robes of the male easterner are being discarded for unromantic and baggy-kneeded pants.

Even the animals are being affected by this distressing wave of westernization. The camel, with his supercilious snout and contemptuous stare will soon cease to "pad" silently across the sands of the desert, his place being taken by the more noisy automobile and tractor.

These blows at the picturesque are coming thick and fast, the latest being struck by the King of Siam's estimable desire for progress. No longer shall we be able to visualize an Asiatic queen reclining on multi-colored cushions, while she is kept cool by the slow-swaying to and fro of the air-disturbing punkah, the punkah-wallahs being "swarthy Ethiopians," to use a term much loved of the lady novelist. Its place has been taken, horrible to relate, by a commonplace, up-to-date American refrigerating plant. One shudders at the picture, almost devastating in its desecration of the traditions of the East. That it will, of course, be much more efficacious does not enter into the picture.

And so, in view of all these more or less tragic happenings, it will be well to prepare oneself to withstand the shock of reading in the paper one of these mornings that Dalai Lama of Tibet has been seen in the streets of Lhasa attired in a tall hat, spats and a monocle. Truly "there is neither East nor West."

"When a duty comes to us, with it comes a power to enable us to perform it."—Calvin Coolidge.

University Head Says Overproduction Of Trained Men and Women Impossible

San Francisco.—"There is no danger of overproduction of trained men and women."

This was the statement of Dr. Robert G. Sproul, in a declaration of policy on taking office as the new president of the University of California.

He emphatically declared against limiting the enrollment of the institution, now considered the largest in the country.

"As far as numbers are concerned," he said, "I feel that the most important question is that the qualifications of our entrants to do adequate university work be maintained, and that the quality of work in the university be not impaired with any idea of making it possible for an increasing number of students to meet the requirements.

"Subject to these two limitations, I believe that the university should welcome those who desire to come to us. An increase in numbers, if quality be maintained, cannot but be desirable."

Discussing the experiment now being projected at Leland Stanford Jr. University—that of eliminating the freshmen and sophomores and tending toward a graduate university—Dr. Sproul said:

"I do not believe that many institutions should adopt a new policy until its success has been demonstrated in at least one.

For instance I should like to see one institution demonstrate over a period of years the desirability of eliminating the freshmen and sophomores of the traditional American university before committing the University of California to such a program. That seems likely soon to be tried in this State and we shall watch the results with great interest and be guided by them in our future policy by them."

Dr. Sproul favors both athletics and student self-government. After stating that there have been "undoubtedly grave abuses" in intercollegiate competition, he stated, "nevertheless such competition has also made great contributions to student life. The taint of professionalism or commercialism in sports at California they will not be tolerated in the future."

He closed his discussion with the statement: "The youth of today are not worse than the youth of yesterday—if anything they are better. We will try to send them out of this institution with ideals."

Maizolith-Product of Chemical Magic

Maizolith, a substance hard as stone and stronger than most kinds of wood, is one of the newest products of chemical magic, working on cornfield wastes. Says Science Service's News Bulletin (Washington):

"It can be made from any part of the corn plant, but most advantageously from corn-cobs. It is one of the things that has been made by the chemists of Iowa State college at Ames and has recently been undergoing tests on a semicommercial scale at the U.S. Bureau of Standards.

"It is prepared by chemically digesting the corn-cobs, reducing them to a uniform jellylike pulp in certain standard paper-mill machinery, and pressing the jelly in a mold. The resulting solid material is a dense, hard, bone-like substance, ranging in color from a golden tan to a deep ebony. It is somewhat stronger than the hardwoods, and is a good electrical insulator. It can be machined and polished into non-metallic gears, washers, panels, and other objects such as are now made from hard rubber and bakelite.

"It is estimated that a commercial plant with a production capacity of five tons per day could manufacture it at a cost of about $240 a ton. The cost might be cut if it is manufactured as a by-product in other cornstalk industries.

"Its trade name, maizolith, Englishes into 'corn-stone'."

"And you really consider yourself an expert swimmer, Reggy?"

"I must be! When I go to teach a girl how to swim she invariably tells me in a few seconds that she has learned perfectly and can get along without me."

Beware of Insect Bites

Insect bites sometimes have serious results, the chief danger being that of secondary blood-poisoning. Here are precautions you should take when bitten:—

A little strong liquid ammonia will stop the irritation. Then the bite should be painted with tincture of iodine, which will also lessen irritation, besides destroying any germs lurking in the pores of the skin.

If this does not prevent swelling and inflammation, baths the bitten part alternately with hot and cold water, or apply cold compresses at three-hourly intervals. If matter forms and starts to discharge itself, apply hot fomentations and consult a doctor.

Scientists Vision Workless World

To abolish Adam's curse, science needs is a method to [illegible] 40,000,000 degrees of heat ce[illegible]

And it isn't as preposterous sounds, for a mild warmth of [illegible] 000 degrees has already been [illegible] ated by laboratory means.

Given the extra 39,000,000 and mankind may hope to [illegible] factory whistle, for the labo[illegible] lions of men may conceiv[illegible] done with the subatomic one[illegible] latent in "a teacupful of [illegible]

Such are some of the pra[illegible] sions with which the World [illegible] Conference in Berlin was sp[illegible] the other day by Prof. Sir [illegible] Stanley Eddington, "foremo[illegible] astrophysicist," and profess[illegible] tronomy at Cambridge Univer[illegible]

"There is enough energy in [illegible] of water," he told the conferen[illegible] furnish 200 horse-power for a [illegible]

But the poor old universe is [illegible] probably dying, according to the [illegible] authority. In fact, it is beca[illegible] the general cosmic break-down [illegible] breakup, that these illimitable [illegible] vohrs of power are awaiting re[illegible] if science can only find the [illegible] key.

Why that key might be [illegible] to lurk in a temperature of 40,[illegible] 000 degrees is explained in a [illegible] righted Berlin dispatch in the [illegible] York Evening Post. Sir Ar[illegible] quoted thus:

"We needn't travel far to find [illegible] paradise of power; the one [illegible] which I am speaking exists [illegible] antly in everything we see an[illegible] handle. Only it is so securely [illegible] ed away that for all the good [illegible] us, it might as well be in the re[illegible] star—unless we can find the key [illegible] cupboard is locked, but we ar[illegible] resistibly drawn to peep through [illegible] keyhole, like boys who know a [illegible] the jam is.

"Let us now consider whether [illegible] tronomy has anything to say con[illegible] ing the conditions of the relea[illegible] subatomic energy.

"The answer is that if you wa[illegible] tap any really large supply of [illegible] atomic energy, you must heat m[illegible] to a temperature of 40,000,00[illegible] degrees, centigrade."

Sir Arthur acknowledged the prospect is not very bright for commercial development of subatomic energy, and remarked that if a oratory attempt were made [illegible] matter to 40,000,000 degrees would take care not to be on the laboratory when the experiment is tried.

Why 40,000,000 degrees? Well, the figure is approximate, it appears, symbolizes a sort of cosmic boiling point, "at which matter seems to yield its energy prolifically," in words of Sir Arthur, as quoted by the New York Times correspondent. The true figure may be nearer 30,000,000 degrees. It is supposed to tally with the internal temperature of the sun and stars, where energy is being generated at a great rate.

Eddington's contribution to the conference was second in interest only to that of Einstein, on whose discoveries the British astronomer's research is largely based. Concerning the constant annihilation of matter, The Times quotes Eddington as saying:

"The possibility, or perhaps probability, that the universe is slowly dissolving into radiation raises the question of whether there is any counter process. May not the radiation traversing the world somehow collect and form itself anew into protons and electrons? On this point one may guess what you will; I have no light to throw.

"But don't forget that, although we might provide in this way for the renewing of matter that has dissolved away, and for the renewing of stars that have died out, there is an inexorable running-down of the universe as energy is degraded from organized into a more disorganized form.

"Subatomic energy may extend the life of the universe from millions to billions of years; other possibilities of rejuvenation may extend it from billions to trillions. But unless we can circumvent the second law of thermodynamics—which is as much as to say that unless we can make it run backward—the universe must ultimately reach a state of unchangelessness."

"No woman is truly beautiful if she is half starved or angular and bony."—Florenz Ziegfeld.

A man fined 10s. at Preston for improperly using a limited trade [illegible] wrote to the magistrate: "C[illegible] pects some discrimination betw[illegible] advertent miscomprehension a[illegible] liberate circumvention.

Sunday School Lesson

August 10. Lesson VI—Hannah (A Godly Mother)—1 Samuel 1: 9-18, 24-28; 2:19. Golden Text—My son, hear the instruction of thy father, And forsake not the law of thy mother.—Proverbs 1. 8.

ANALYSIS

I. A CHILD OF PRAYER, 1: 1-23.
II. A SONG OF THANKSGIVING, 2: 1-10.
III. GIVEN TO GOD, 2: 11, 18, 19; 3: 1-18.

INTRODUCTION—In the story of Hannah we find ourselves still in the period of the Judges. The story takes us away from the conflicts of those days from wars, and courts, and armies, to the simple and sweet piety of a country home. Like the story of Naomi and Ruth it takes us among the common folk of Israel, and then from the home in Ramah to the tempe at Shiloh. We may very [illegible] believe that there were many such homes in Israel, and that from them came very much of what was best in the life and in the thoughts of that remarkable people to which the world owes so much. We are mentioned again, as we read, of the infinite possibilities for good which are bound up in the relations which exist between a good mother and a child. Named the child of Hannah's prayer, educated in the prophetic school, called to be a prophet, chosen as judge by the people, witnessing to a pure life by his Nazirite vow, finally maker and counselor of kings, stands forth in Bible history as one of the purest and noblest [illegible] moved by the [illegible] of the great prophetic [illegible] teaching [illegible]

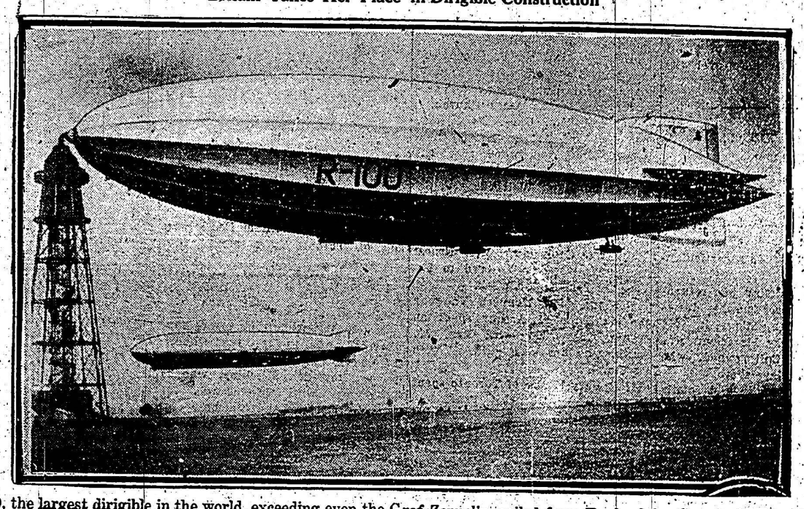
[illegible]

Washing Chiffon

Many women are afraid to use chiffon for wearing apparel, as they are often disappointed after washing it.

To wash chiffon extreme care is required. Take the material, fold it two or three times, according to length, then tack it together—long stitches and with a fine cotton. Dissolve your soap, and, using warm water, wash by constant squeezing. Iron on the wrong side with a thin cloth between the chiffon and the ironing cloth. If desired, stiffen with gum water.

Britain Takes Her Place in Dirigible Construction



The R-100, the largest dirigible in the world, exceeding even the Graf Zeppelin, sailed from England for Canada Monday last week.