

Diphtheria Takes 1200 Lives a Year Can Be Prevented

Three Varieties of Disease—Heart, Kidney Trouble Often Follows

This is part two of a two-part article on diphtheria, prepared by the Canadian Social Hygiene Council, in part one, toxin and antitoxin, medical science's great discoveries for combating this disease, were described.

We can classify diphtheria into three varieties—Diphtheria in the first variety begins with a slight fever and an increase in the pulse-rate. On occasions the patient feels chilled, and feels pain in the back, arms and legs. Although the throat may be sore, this is only slight at first, generally distinguished by difficulty in swallowing. Unless checked each of these symptoms gets worse.

Second variety—which is like the first, except that the throat is decidedly sore, and the diphtheria membrane appears on the tonsils and back of the throat.

Third variety—begins somewhat as the first one does, but developments are not so rapid. The throat may be sore but in some cases it is not. The pulse may increase slightly and become irregular. There is a cough and decided difficulty in breathing. As the diphtheria membrane forms on the windpipe, the patient has increasing trouble getting air into his lungs. With each breath there will be seen a deep hollow at the upper and lower ends of the windpipe. The lower part of the chest will sink in, instead of swelling with each time. This is by far the most insidious form of the disease, because sometimes it starts with a very mild case. Its whole tendency is to cut off the breath, and if not given immediate attention, it will succeed.

These are the stages through which diphtheria passes, and medical aid is essential at every stage. Unless proper and prompt attention is given to the first stage, it will promptly develop into the second and third stages and finally unless proper and timely medical care is rendered, it will pass into the fourth stage, which is fatal.

Diphtheria alone is bad enough, but diphtheria has its successors. In the third form, sometimes of heart trouble, kidney trouble, bronchitis, or perhaps an attack of pneumonia.

When a child is stricken with diphtheria, it means that an organism of microscopic proportions is growing in its throat. This organism produces a poison, which, as has been pointed out, the poison or toxin which takes the life of the victim by spreading through the system.

Two things may happen, in fact, very likely to happen unless immediate action is taken. The first thing that may happen is that the toxin may act on the heart muscle, paralyzing those muscles, killing the victim.

The second thing that may happen is that the diphtheria membrane may form on the tonsils, through shutting off the breathing.

Much Abuse

Diphtheria toxin and anti-toxin of course, have been the target of the usual abuse to which a new discovery is treated. Yet, let us consider what a man does when he has trouble with his motor car. He goes to a garage, gets a new one, and asks for a complete overhauling. The mechanics tell him what the car needs, and how much it will cost to keep the machine in good running order. The car owner gladly accepts what he is told, has the adjustments made, and goes away happy.

Is that what he does with the greatest machine ever created, the human system. As a rule, no. Yet the physicians within his reach know just as much about his system and its faults as the mechanic knows about the car. They know exactly what may happen to him, and in the case of diphtheria, they know exactly what will prevent trouble from the source.

Yet the man who gives the body is not, in many cases, as willing to be healed by the man who knows about his body, as he is ready to rely upon the mechanic who looks after his car.

If a man is to have a healthy child, the child is kept free from diphtheria. Every child should be so treated.

The knowledge of diphtheria, now by the possession of the medical profession is no more theory than is the knowledge of the man who looks after your car. In every conceivable way, this knowledge has been tested before it was considered ready to be advanced for the public's benefit. Since it has stood the test of time, which, in the cause of health measure, is the greatest trial of all.

Never lose sight of the dangers of diphtheria to the children of the nation. After playhood, watch diphtheria. It may start like sore throat or tonsillitis, but it is a lot more deadly in its effects.

It was Bartlett, a Frenchman who first discovered that bacteria cause disease, and to him we must give great credit.

The medical men through the ages developed a method of the preventive, and as they grew, we must have our heads lowered, and the big job is to spread the news and that is what all the men are doing who have the welfare of the people at heart. We owe them a mighty debt too.

Would Be Welcomed

"I am willing," said the candidate, after he had hit the table a resounding blow with his fist, "to trust the people."

"Say," interrupted a little man in the audience, "I wish you'd open a grocery store here!"

An Irishman went to an English gentleman and asked him for financial help. The latter said to Barney, "But I thought I told you the last time you came in to provide for a rainy day."

"Yes," replied Barney, "and I did provide for you, but you had two."

WHEN CHOKER COLLARS AND POMPADOURS WERE THE STYLE

Wilson's Bachelor was making a name for itself as an exceptionally enjoyable cigar.

And now—after this 25 year test... Wilson's Bachelor—100% Havana filler—is smoked and enjoyed by more men than any other ten cent cigar... mild... fragrant.



WILSON'S BACHELOR Cigar

Still most for the money

individually foil wrapped 10¢ and in pocket packs of five.

Facts of Interest

A detachment of Royal Canadian Mounted Police, one officer and 24 other ranks, the pick of the force from the different divisions throughout Canada, is en route to London, England, to take part in the International Horse Show at the Olympia, which opens on June 19th and continues until June 25th. The detachment of "Mounties" will give a display of horsemanship at every performance during the show. Each member will appear in the red tunic and southern hat, by which members of the force are so well known.

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Planes Claim North Dog-Teams "Go West"

Edmonton, Alta.—That the old mode of travel in winter time by dog team over the frozen lakes and rivers of the Far North is now being abandoned by residents of the Mackenzie River area is shown by the latest report of the Western Canada Airways, whose planes carried 750 passengers in the Far North during the five months' period of winter operations. The northern resident now prefers to leave his team of Husky dogs at home while he rides the sky lanes to and from the trading posts in Canada's hinterland.

In addition to the comparatively large number of passengers carried by the airplanes, 110,000 pounds of mail and express were delivered by air transport to northern residents in this same period. The mail carried to Aklavik on the Arctic Ocean from Edmonton during the winter season totaled some 27,000 pounds.

Year—And what parable do you like best, my son? Boy—"The one about the multitude that loafs and fishes."

The Teacher—"And now are there any questions you would like to ask? Little Bobby—"Do you think Jonah's wife fell for that fish story when he got home?"

Minard's for Insect Bites.

Grimly—"Does Brown understand the purchasing power of a five dollar bill?"

Nurses Wanted

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allard Hospitals, New York City, offers a Three Year's Course of Training to Young Women, having the required education, and desirous of becoming nurses. The Hospital has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and travelling expenses to and from New York. For further particulars write or apply to the Superintendent.

Whether or not we came from monkeys shouldn't worry us, if we can be assured we are not going to the dogs.

Mrs. Paul—"Do you tell your husband everything?"

Mrs. Gault—"Why, I can't. He won't listen to me long enough."

It is more charitable to forgive than to give.

Visitor—"Isn't it difficult to keep your household budget straight?"

Mrs. Newlywed—"My dear, it's terrible. This month I've had to put in two mistakes to make mine balance."

Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention.

One spontaneous Phillips' Milk of Magnesia neutralizes instantly many times its volume in acid. It is harmless and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier medical act. Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.



Acid Stomach

Owl Laughs

Can you remember when kids at Sunday School used to revamp an old hymn and loudly sing it as follows, to the consternation of our teachers: Bringing in the sheets, Bringing in the sheets, Bringing in the sheets, We shall come rejoicing, Bringing in the sheets.

There isn't much left in the stunt line except a horse-shoe marathon.

What is so rare as a (warm) day in June?

Then there were the absent-minded dressiest who tossed his prescriptions.

The bald man entered the barber's shop and asked for a bottle of his best hair restorer.

Barber—"Here is a preparation that will grow hair on an eggshell."

Bald Head—"Right, I'll take a large bottle and please wrap up a brush and comb with it."

The Accommodating Women

They used to wear a lot of clothes. When we were young and tender, So that a fellow had to guess If they were fat or slender; But now one does not have to guess, For you can see right through a dress.

Wife—"Powder my back."

Hubby—"How far down?"

Wife—"To where my evening gown begins."

Hubby—"I thought you said your back?"

Some women are so much afraid they are going to be tired with it, it is almost impossible to treat them politely.

Making a living is man's most monotonous occupation.

Miss Lenthy—"I'll have you know I am a model."

Miss Catty—"Yes, dear—for a stopladder, perhaps."

And then there's the absent-minded plumber who forgot his tools.

"These rocks are not what they were cracked up to be," sighed the disappointed dog digger.

Fred—"Cheer up, it's time to kiss the bride."

Harry—"You're all wrong; it's time for me to quit."

Helen—"Do you like promiscuous kissing?"

Glady—"I never had a date with him."

Pedigree Bulls for West



The above layout shows two animals which formed part of the shipment of Old Country cattle sent out to Western Canada by Canadian Pacific freight by the Prince of Wales to augment his stock at the Pekisko ranch. The upper photo shows, "Crugleton Shylcock," a dark roan yearling to be used for exhibition purposes; and the lower picture, "Crugleton Gladiator," a two-year old roan to be kept in the herd.

Sausages Too Short Says Scottish M.P.

London—When the House of Commons was discussing the Bill to set up a Consumers' Council to deal with unfair prices for food, the Kitchen Committee was solemnly listening to a complaint of a Scottish Labor member that the sausages sold in the House were too short.

Mr. A. McKinnlay (Partick, Glasgow) made the allegation that the apples, toast and sausages sold in the tea bar were too short. The committee invited him to state his case, and to the end, promised to consider what he had said.

When Mr. McKinnlay made his charge the indignation committee sent out for a case of sausages and proceeded to demonstrate—some suppose with a tape measure—that they were as long as any that could be obtained outside.

"I must be getting all the short cuts," said Mr. McKinnlay, "my appetite was poor and I felt unwell. I took six boxes of Dr. Williams' Pink Pills and they completely renewed my health."

Dr. Williams' Pink Pills are sold by all medicine dealers. The price is 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Irish Immigration Rouses Scotland

Edinburgh, Scotland—The influx of Irish immigrants into Scotland was a question which agitated the General Assembly of the Church of Scotland recently.

The matter was brought up by the Rev. John White, who was first Moderator of the United Church of Scotland in 1829. Dr. White described the large-scale immigration as a menace to Scottish civilization and culture.

The problem was not confined, said Dr. White, to the east side of the country, but he pointed out that the western part was being flooded by Irish also.

The Assembly finally decided to ask for a Government inquiry into the question.

Record Airmail Trip Established

A new record for the airmail flight between Montreal and Kingston, N.B., was recently set by H. C. W. Smith, of Canadian Airways, Limited, one of the oldest mail pilots in Canada.

Leaving Montreal at 8:45 a.m., he arrived at Kingston in two hours and 20 minutes flying time. This constitutes an air mail record for this route, which has an air mileage of 467, and usually takes about 19 hours to cover in a train.

In Memory

It had been a very convivial reunion dinner, and when the time came for the guests to do part Wilson and Robert found that their last train to the suburbs had gone, and they were faced with a five-mile walk home.

About an hour later, and just as they had passed a church which had chined out the hour of two, Wilson broke the four silence that had ensued.

"Does your wife miss you when you are late on such occasions, as this?" he asked.

"Very seldom," his friend equally replied. "There are still two large lumps on the back of my head where she hit me the last time."

Not Needed

A seaside visitor narrowly escaped walking over a concealed precipice. Naturally he was very angry, and when he saw a man working near the spot he thought he would have a few words with him on the subject.

"Do you know, my man," he commenced, "I nearly fell down that precipice? Why on earth didn't you put a notice put up?"

"Well, sir," replied the workman, "I tell you self is going to be the salvation of the nation and lengthen our days by decades. 'But our ancestors didn't go in for golf.' 'And where are they now? Dead!'"

"Let Us Forget"

The names of 12,713 officers and men who were posted as "missing" during the War are recorded on panels in a memorial which has been erected by the Imperial War Graves Commission at the "Tomb" military cemetery, near Bethune, and which is to be unveiled by Lord Terrell, the British Ambassador in Paris.

"This is one of a series of memorials of this kind, designed to commemorate those who fell in the War, but whose graves are not known. The names recorded here are for one sector only, and for the period up to the eve of the battle of Loos.

The memorial is in the form of three solid walls enclosing an open court of rectangular shape. On the four eastern—side is a colonnade, with a wall to the east of it. This wall and the colonnade extend upwards to the north and south to form a long gallery.

A school for brides is being opened in New York. Many a young married woman over there hardly knows how to set about her first divorce.

Another Father's Daughter—"She may have been a printer's daughter, but she didn't believe in 'Freedom of the Press.' She wasn't that type."

Minard's Drives Away the Headache.

Congratulations to this month's BRIDES & GROOMS

We hope you will be very happy. May we invite you to try Red Rose Tea?



RED ROSE TEA "is good tea"

Slang Puzzles

There is something about the language of the boys that is so different from the language of the girls. The teacher of the boys did not think it was necessary to explain to them that they could not go to the school in the King's school. The teacher of the girls did not think it was necessary to explain to them that they could not go to the school in the King's school.

Paris Police

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Let's Go Fishing

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DO YOU SUFFER FROM CONSTIPATION?

Countless remedies for constipation, but the most reliable and must be continued. Others contain calomel, a general drug, which settles in the system, and causes dizziness and pain. Some are harsh purgatives which leave a dazed, empty stomach. Avoid lubricants, which only grease the intestines, and cause the system to become lazy. A purely vegetable compound, such as Carter's Little Liver Pills, gently touches the liver, the bowels move, and constipation is relieved. The stomach is more active and the system enjoys a regular flow of bile and 72 pills.

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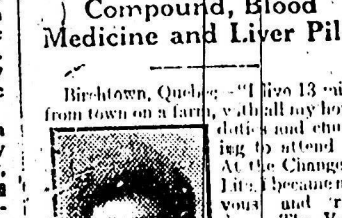
Minard's King of Pain Liniment



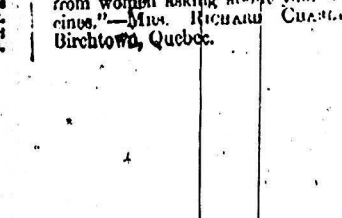
Rheumatism Cure



Pinkham's Compound



Boils and Go Ointment



Blood Medicine