ick Corner

a letter in verse
s. McNeil which
itself. Any com-
your other gifted
s?

DO YOU STAMMER?

Don't suffer under this handicap any longer. Successful pupils everywhere recommend our methods of treatment. Write for free advice and literature.

THE ARNOTT INSTITUTE
KITCHENER, ONT., CANADA

We Watch With Interest

All Canada Keeps An Eye On the New Steps Taken by Saskatchewan

The Western provinces are awaiting with interest the outcome of Saskatchewan's latest and greatest step in public health organization in rural and semi-rural districts.

"Full Time Health District Number One," was organized just a few weeks ago. It unites eight rural municipalities, fourteen villages and one town —Gravelbourg—in a fight to prevent disease. It will be run very much like the health department in a big city, and will employ a full-time medical officer of health, a public health nurse and a sanitary inspector.

This development is quite in line with the most advanced thinking in public health circles, where it is commonly conceded that the present system of taking care of public health in municipalities especially, is, in the words of one eminent authority, antiquated and inadequate. This new S[illegible] unit is expected to achieve [illegible] results [illegible] reduced [illegible] for example, [illegible] county health units [illegible] the same time much sickness [illegible] prevented.

Saskatoon was already has the low[illegible] in the British Empire, and it is [illegible] that this forward step will be [illegible] the first of many to be [illegible] in the province.

Under [illegible] Health District passed [illegible] ...ved by [illegible] ...of the [illegible] ...e time [illegible] ...a the Rock[illegible]

What Will you do

When your Children Cry for It

There is hardly a household that hasn't heard of Castoria. At least five million homes are never without it. If there are children in your family, there's almost daily need of its comfort. And any night may find you very thankful there's a bottle in the house. Just a few drops, and that colic or constipation is relieved; or diahhrea checked. A vegetable product—a baby remedy meant for young folks. Castoria is about the only thing you have ever heard doctors advise giving to infants. Stronger medicines are dangerous to a tiny baby, however harmless they may be to grown-ups. Good old Castoria! Remember the name and remember to buy it. It may spare you a sleepless, anxious night. It is always ready, always safe to use; in emergencies, or for everyday ailments. Any hour of the day or night that Baby becomes fretful or restless, Castoria was never more popular with mothers than it is today. Every druggist has it.

Mother's CASTORIA

Portion of Galley Now Above Water

Stern of Larger of the Two Craft Clear of Surface

LAKE NEMI FALLING

Veil Over Dim Past of Roman Emperor Being Drawn Aside.

Rome.—Visitors to Lake Nemi were able to see the upper part of the larger of the galleys on which more than 19 centuries ago the profligate Emperor Caligula and his court of favorites spent their summer evenings.

Although about 16 feet of water still and the lower part of the galley from the sight of archeologists working to recover the ancient craft, the luxury and magnificence of the Imperial pleasure boats were indicated by the few objects which have been found already.

A terra cotta slab, apparently part of the richly laid deck floor in which slave girls once danced for the pleasure of Caligula, was found near the larger craft. Interesting particulars of the inner construction of the galley also were visible. The whole stern now stands out about the water, remarkably preserved in spite of the centuries of submersion, with copper nails [illegible] and plates holding the tim[illegible]

Insulating Asbestos.

[illegible] bronze [illegible] were [illegible] wood, [illegible] of the [illegible] which was above water, ordered that the stern be adequately propped so as to prevent its sinking into the mud when the rest of the water was drained off from the lake.

The work of draining the lake, [illegible] been going on for some time at great expense to the State. Several times before attempts had been made to raise the boats, but not until the present Government undertook the task and any progress been made in that direction.

The [illegible] of the galley [illegible] under water.

Ess Emperor

[illegible]

Trade Discrimination

Van[illegible] [illegible] Journal (Cons.): [illegible] vari[illegible] [illegible] The Empire [illegible] effective way [illegible] by the [illegible] [illegible] prevent the occurrence of such [illegible] as appeared in Vancouver [illegible] week when a British ship, bright in to a Vancouver drydock for all $8,000 repair job, was, on orders from London, moved to an American drydock for these repairs. And, this happened in spite of the fact that the tender of the Vancouver drydock was appreciably lower than any others. How does Britain expect Canadians to enter, with any degree of enthusiasm, into a celebration to promote inter-Empire trade when a British firm discriminates so flagrantly against Canadian institutions in favor of American ones?

Canada and the Tariff

Ottawa Journal (Cons.): The first duty of a Government, its fundamental duty, is to look after its own citizens. That is all that is being done by the Government of the United States. And because that is the long and short of it, Canada has really no cause for protest or complaint. All that Canada can do, and what she should do, is to take a leaf out of the book of the United States and look after Canadian citizens. There is no question at all of retaliation. Neither is there need for the slightest of bad feeling. All that the situation demands is that the Government of this country take sensible and courageous steps to meet the conditions the new United States tariff will create. This should be done not in the [illegible] but in [illegible]

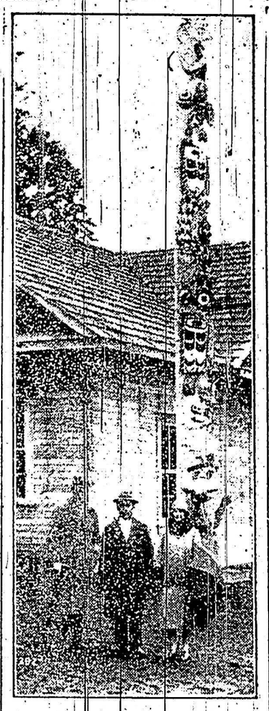
When Food Sours

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been overstimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and harmless. It has remained the standard with physicians the 50 years since its invention.

It is the quick method. Results come almost instantly. It is the approved method. You will never use another when you know.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.



Vice Regal Totem

Their Excellencies Lord and Lady Willingdon are photographed with [illegible] who on behalf of the Indians of Friendly Cove, presented the forty-foot totem pole on the occasion of their tour of the west coast of Vancouver Island on the royal voyage of the Canadian Pacific S.S. Princess Norah.

NO MEDICINE LIKE BABY'S OWN TABLETS

Once a Mother Has Used Them She Will Use Nothing Else.

[illegible]

[illegible] GILLAFFS

[illegible]

[illegible] Have you any [illegible] her milk."

[illegible]

Re[illegible] baby, on the tree top
When you grow up, we'll make you a cop.

Some of our modern wives are more skillful in spending rolls than in baking them.

When duty calls a lot of folks suddenly become hard of hearing.

BUILD A LITTLE FENCE

Build a little fence of trust
Around to-day.
Fill the space with loving work
And therein stay
Look not between it's sheltering
Bars upon to-morrow.
But take whatever comes to thee
Of joy and sorrow.

The world may owe every man a living but it often defaults in the payment of it.

It is [illegible] everybody belongs to the [illegible] except the local millionaire. He doesn't belong to it; it belongs to him.

The boss never asks you to worry and fret. That's your own idea.

A friend is one who can forgive you [illegible] except finding above [illegible]

[illegible] man is [illegible] people say: [illegible] When he marries [illegible] "Poor bride". When he [illegible] "Poor widow."

Husband (looking over fence): "Is this your ball?"

Another Golfer: "Is any window broken?"

Householder: "No."

Golfer: "That's my ball, then."

Anybody can make a house but it takes a woman, a baby and a puppy to make a home.

Ruth: "I noticed your husband was frothing at the mouth this morning. He must have a terrible temper."

Winie: "It's not that. I fed him Lux this morning by mistake, instead of corn flakes."

When you say Bill can't stand prosperity, you mean he is spending money the way you would if you had it.

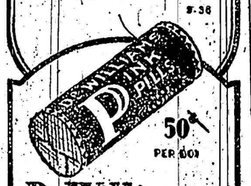
Minard's Liniment for cuts and bruises

Does rheumatism hinder your work?

"WHILE working in a quarry as a driller," writes Mr. John J. Hogan of South March, Ont., "I was seized with rheumatism in the left shoulder. I followed treatments for some time without relief. I had heard so much concerning Dr. Williams' Pink Pills that I decided to give them a trial. They were certainly the medicine that I needed for it was not long before I was as well as ever. Now I take them every Spring as a tonic."

This is one of hundreds of cases in which these blood-enriching pills have proved effective in eradicating rheumatism. Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine, or by mail, 50 cents, postpaid, from The Dr. Williams Medicine Co., Brockville, Ont.

F-38



50¢ PER BOX

Dr. Williams' PINK PILLS

"A HOUSEHOLD NAME IN 54 COUNTRIES"

Woman Plowing

She [illegible] married to the Soil
So long has never known
A lover knew how sore she [illegible]
To [illegible] instead of stone.

Day after day she wonders as
She plods with low-bowed head,
Why fair we make of children, grave
For all her dreams, born dead.

O she would gladly lie with Death
And yield him Blood and bone—
But hold a sample to the Soil,
For [illegible] grain.
—Robert [illegible] in The [illegible]

The only thing that comes to him who waits is dust.

Use Minard's for the rub down.

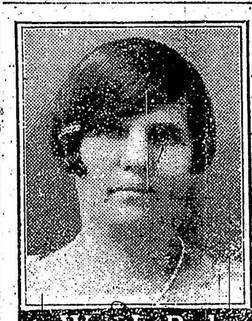
A London banker says he would enjoy reading a newspaper column for just one day. And what we could do to a bowl of just an hour!—New York Evening Post.

Easy running Mowers that cut with razor-like keeness.

A Smart's Mower will keep your lawn trim and neat

Thoroughly reliable, absolutely guaranteed. **At your hardware dealers.**

JAMES SMART PLANT
BROCKVILLE ONT.



Was In Bed All Summer

"I have to work in the store and do my own housework, too, and I got nervous and run-down and was in bed nearly all summer. The least noise would make me nervous. I was told to take Lydia E. Pinkham's Vegetable Compound and I have taken seven bottles. It has made me stronger and put more color into my face. I am looking after my store and housework and my four children and I am getting along nicely now."—*Mrs. J. Malin, R. R. No. 5, Barton St. East, Hamilton, Ontario, Canada.*

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Med. Co., Lynn, Mass. U. S. A., and Cobourg, Ontario, Canada.

Companions of the Cliff

It has cleared, and the sun is shining with a luminous warmth that makes the whole island glisten with the splendor of a gem, and fills the sea and sky with a radiance of blue light.

I have come out to lie on the rocks where I have the black edge of the north island in front of me, Galway Bay, too blue almost to look at, on my right, the Atlantic on my left, a perpendicular cliff under my ankles, and over me innumerable gulls that chase each other in a white circus of wings.

A nest of hooded crows is somewhere near me, and one of the old birds is trying to drive me away by letting itself fall like a stone every few moments, from about forty yards above me to within reach of my hand.

As I lie here hour after hour, I seem to enter into the wild pastimes of the cliff, and to become a companion of the cormorants and crows. Many of the birds display themselves before me with the vanity of barbarians, performing in strange evolutions, as long as I am in sight, and returning to their ledge of rock when I am gone. Some are wonderfully expert, and can succeed figures for an inconceivable time without a flap of their wings, growing so absorbed in their own dexterity that they often collide with one another in their flight, an incident always followed by a wild outburst of abuse. Their language is coarser than Gaelic, and I seem to understand the greater part of their cries, though I am not able to answer.—J. M. Synge, in "The Aran Islands."

Minard's Liniment relieves pain.

Marrying an heiress is almost as unsatisfactory as any other get-rich-quick scheme.

NEVER wait to see if a headache will "wear off." Why suffer when there's always Aspirin? The millions of men and women who use it in increasing quantities every year prove that it does relieve such pain. The medical profession pronounces it without effect on the heart, so use it as often as it can pare you any pain. Every druggist [illegible] has genuine Aspirin tablets for the prompt relief of a headache, cold, neuralgia, lumbago, etc. Familiarize yourself with the proven directions in every package.

BAYER ASPIRIN

Aspirin is a Trademark Registered in Canada

Not For Sale

Victoria Times (Lib.): Once [illegible] a member of Parliament at O[illegible] has suggested that Canada should [illegible] nex the West Indies. There was [illegible] suggestion some time ago that the British West Indies [illegible] be sold [illegible] to the United States as part [illegible] ment of Great Britain's debt to [illegible] republic. . . . People who talk [illegible] annexing said trading countries [illegible] do not belong to them seem to [illegible] an important point. They leave [illegible] of the question the [illegible] of the people who would have [illegible] be [illegible] the transaction. W[illegible] the people of the West Indies seek to be annexed to Canada or sold to the United States will be time enough to [illegible] proposal seriously.

Citizenship

All the experience of [illegible] be they good or evil, are [illegible] of worthy character. What [illegible] in themselves, that will [illegible] the world. Life is [illegible] echo—a uplifting [illegible] deafness. The [illegible] achieved by [illegible] ing.

Expectations

It is very difficult [illegible] much we ought to [illegible] low-men. [illegible] it is [illegible] on the side of expectation [illegible] too much. It is [illegible] to do all [illegible] or unfavourable [illegible] incapacity.

Simplicity

Purity [illegible] as every [illegible]

The Indian [illegible] African [illegible]

Minard's Liniment—good for [illegible]

"Before accepting [illegible] you [illegible] one of my pieces is in [illegible] "Oh, that's all right. [illegible] ought to be."

Aching Feet

Swollen and [illegible] days [illegible] relieved, [illegible] bottle in [illegible] them.

MINARD'S "KING OF PAIN" LINIMENT

People who prize the finer things of life usually demand Red Rose Orange Pekoe Tea. A money-back guarantee with every package. 60

RED ROSE TEA "Good tea"

RED ROSE ORANGE PEKOE is extra good

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BABY CHICKS

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[illegible] BABY CHICKS [illegible]

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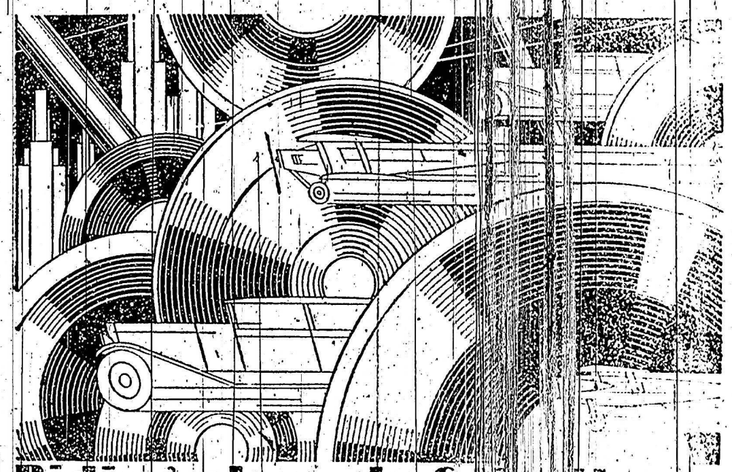
[illegible] FEDERATED [illegible]



Riding abreast of [illegible]

You expect more from your motor car today than you [illegible] years ago. And you get it. Greater speed, smoother [illegible] and more responsive performance are common to [illegible] as a result of the development of higher speed, high [illegible] pression motors.

These improved engines demand a better oil—[illegible] with greater resistance to heat and wear.

To ensure a better motor oil, Imperial Oil [illegible] the way to Peru for the crude from which to [illegible] Marvelube is made from a base that is rich in [illegible] necessary for better lubrication of the mod[illegible] today the oil standard for high-speed motor [illegible] coast.

Marvelube is preferred by over half a million motorists in Canada and is the choice of aircraft operators [illegible] superior lubricating qualities.

There is a grade of Marvelube refined to meet exactly the specifications of your car, truck or tractor. Consult the Marvelube Chart at Imperial Oil stations and dealers.

Marvelube

From far Peru comes a better crude to make a better motor oil

IMPERIAL OIL LIMITED
EVERYWHERE IN CANADA