

Secret of Cream Puffs That Puff An Fillings Revealed by Expert

Have Oven at 400 Degrees F.—Leave Puffs in Oven 5 to 10 Minutes After Baking—Two Rules for Cream Puff Perfection

By Mother
A day or two ago a recipe came to me to make cream puffs that are really perfect. I have not only made them but have also tried the secret of their puffing. This recipe is for cream puffs that are light, fluffy and do not collapse. It is a secret that has been kept for years. The secret is in the filling. The filling is made of cream, sugar, and vanilla. The cream is whipped to stiff peaks and then the sugar and vanilla are added. The mixture is then folded together and the cream puffs are made. The cream puffs are then baked in a hot oven at 400 degrees Fahrenheit for 5 to 10 minutes. After baking, the cream puffs are left in the oven for a few minutes to cool. This is the secret of their puffing.

Cream Filling.
3 cup sugar, 1/2 cup flour, 1/8 teaspoon salt, 2 cups scalded milk, 1/2 teaspoon vanilla or 1/2 teaspoon orange extract. Mix the dry ingredients in a bowl. Beat the milk in a double boiler, gradually adding the sugar and vanilla. Cook fifteen minutes in double boiler, stirring constantly until thickened, afterwards occasionally. Cool and add vanilla.

Chocolate Sauce With Almonds.
1 1/2 cups sugar, 1/4 cup hot cream, 1/4 cup salted almonds. Caramelize the sugar by stirring it in a heavy frying pan over a low flame until it has melted and colored. Add gradually the hot cream, stir until smooth and served at once. Serve over ice cream and garnish with salted almonds.

Chocolate Sauce With Pecans.
2 squares of chocolate, 1 cup of cold water, 2 tablespoons of vanilla. Cut chocolate into about five pieces, add water and stir over a low fire until smooth. Add the sugar, stir until dissolved and cook three minutes (222 degrees Fahrenheit). Remove from fire, add butter and vanilla and serve on ice cream with roasted or salted pecans.

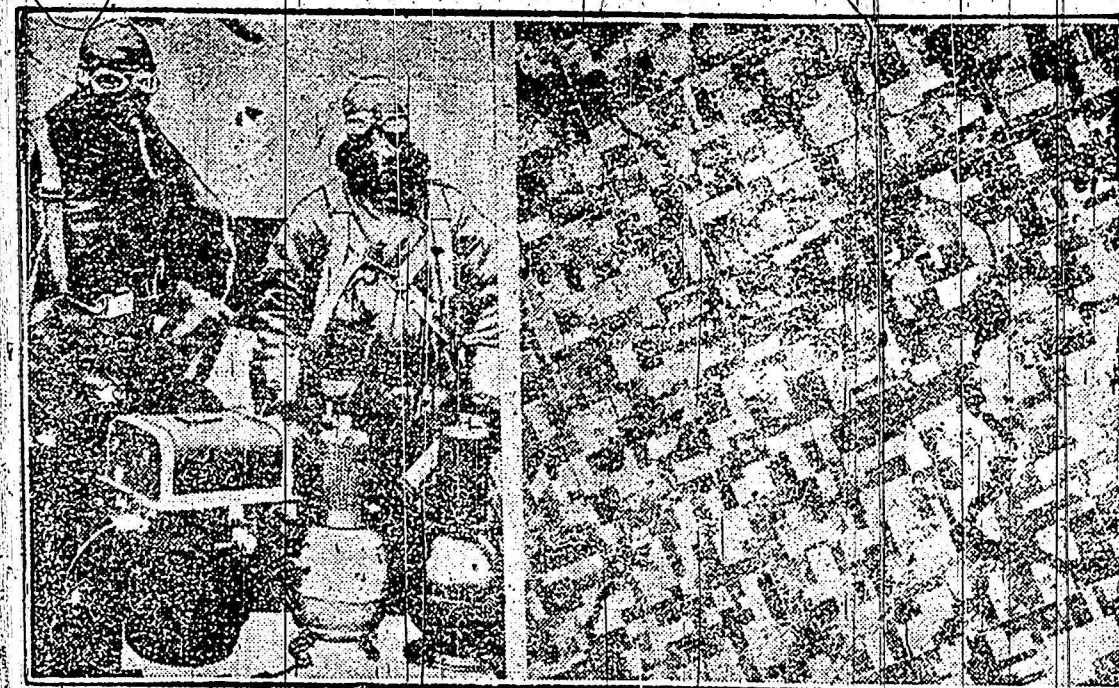
Caramel Cream Filling.
1 1/2 cups milk, 2 tablespoons sugar, 2 tablespoons cornstarch, 2 eggs, 1 teaspoon vanilla, 1/2 teaspoon salt. Caramelize the sugar, add hot milk and stir until sugar melts. Stir in the cornstarch and salt mixed to a smooth paste with milk and cook over hot water twenty minutes. Beat and add the eggs mixed with some of the hot mixture, cook two minutes longer, cool and add the vanilla.

Shops cream puff mixture a few inches long, by one inch wide by forcing through a pastry bag and tube. Bake half an hour in a moderate oven (350 degrees Fahrenheit). Split and fill with vanilla, coffee or chocolate cream filling. Frost with confectioner's frosting, to which is added one-third cup of melted fondant, dipping top of cream puffs in frosting while it is hot.

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Sun From Seven Miles Up!



THIRTY SQUARE MILES ONLY LOOKS LIKE PATCH-WORK QUILT
Capt. A. W. Stevens, army photographer, and Capt. St. Clair Street, pilot, took pictures at an altitude of 7 1/2 miles Wright Field, Dayton, O.

Tide in Earth's Crust Believed Cause of Latitude Variations

Per-... of a constant tide... the two figures would not be the same. Why? No one has known that there is a small seasonal variation in the earth's crust, probably caused by the moon's attraction on one side of the globe.

The research started by Dr. Stetson in seeking a reason why the latitude of a definite point on the globe, measured from the equator, vary widely when taken at different times. It is now established beyond reasonable doubt, Dr. Stetson asserts, that this variation is caused by the moon.

Dr. Stetson's research is a part of a larger project to determine the cause of latitude variations. He has found that the moon's gravitational pull causes a slight but measurable change in the earth's crust. This change is most noticeable at the equator, where the moon's pull is the strongest.

The research has implications for the study of the earth's crust and the moon's influence on it. It suggests that there is a constant, though small, tide in the earth's crust caused by the moon's gravitational pull.

New Candles for Old

Some where there are children, a supply of broken bits, useless for drawing, will easily be obtainable. In composition they are very like candles and may be melted and molded in exactly the same way.

A rich effect is gained by the use of metallic paint powder. Several years ago this paint was quite extensively used in the painting of dried woods and flowers, and many homes still have packages of it on hand.

The design for lighting should be shaved off to a point with a bit of wax, and will slide in its place. The fingers should be dipped into the powder and slight touches of it worked into the paint. This paint comes not only in gold and silver, but in flame, purple, blue, and many other equally beautiful shades.

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Woman's Place in India's Work Is Being Found

Gradual—Bombay Mill Hands Complain
Dombay—The emancipation of Indian women is making progress which, if steady, is extremely slow. True, practically every province has given women the vote, and some of them the right to sit in representative bodies, the panch, or village, is being gradually dropped, and women's education is forging ahead. But on both sides of the Indian—Bengal and Bihar, on the one hand, and in Dombay, on the other—the conditions under which women are employed in industry require to be drastically altered.

The case of the woman factory laborer in the Bombay cotton mills is a leader one; indeed, it is only one aspect of a condition so oppressive as to have reduced the workers to a chronic state of discontent. The mill hands in Bombay have been idle many months during the present year, and one powerful cause of this friction is unquestionably their inconsiderate treatment at the hands of the mill owners.

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Strephon to Chloe

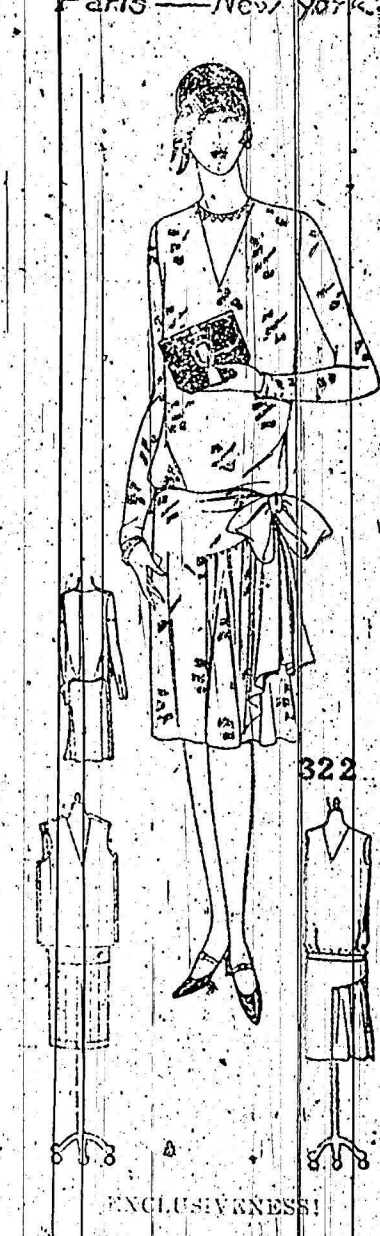
Dear, I'm not here but today I give me the lightest word I ever gave. Love is no level, put away. In velvet slippers wear it brave. Upon your bosom, I'm content. Oh, listen, listen to be kind.

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Paris—New York



322
A beautiful new mode for individuality is being developed in the fashioning of the new velvet. It is a velvet with a subtle pattern, and the new velvet is being used in a variety of ways. It is a velvet that is both elegant and practical, and it is a velvet that is being used in a variety of ways.

How to Order Patterns
Write your name and address plainly, giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number and address your order to Wilson Pattern Service, 75 West Adelaide St., Toronto. Patterns sent by an empty mail.

Action Promised

Premier Forecasts Effort to Put End to Communism
The disclosure of a conspiracy has inspired Premier Ferguson to forecast an organized effort on the part of the Province of Ontario to put down communist propaganda. Premier Ferguson declared that the province as a whole was deeply interested in the outcome of the Shubury case and would take every means possible to see that the situation was brought to justice. He intimated that he was busy at the present time collecting certain information, and that when this was available action would be taken.

Intra-Empire Trade
Toronto Globe (Lib.)—The opportunity for developing intra-Empire trade can never be seized as long as there exists a disposition to block action because some parts of the Empire may benefit more than others. What is important to realize is that all would benefit by sensible and possible arrangements. It may be that there is no present hope of adopting any uniform, all-embracing plan such as the older Chamberlain envisaged. But even the enjoyment of the Empire Marketing Board has shown what can be done in other directions if energy is efficiently and intelligently applied.

It's a feminine age. Lizards everywhere, three Rattus in Congress, and the cars run by Ethyl.
And, by the way, it might be quite a shock to one-half of the world to find out how the other half lives.

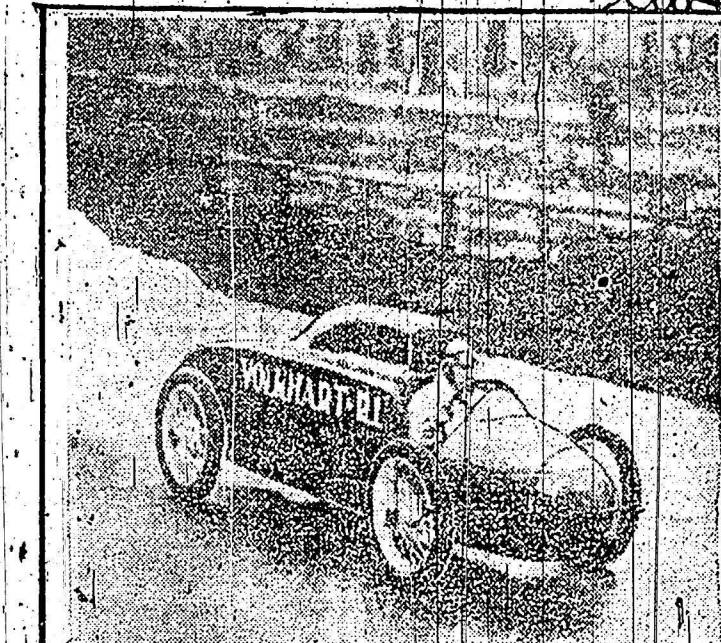
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MUTT AND JEFF—Bud Fisher



I'M SOME EDITOR! I KNOW NEWS WHEN IT COMES UP AND SHAKES HANDS WITH EACH.
MUTT: HOW ABOUT SUBSCRIBING TO THE DAILY NEWS FOR A YEAR?
JEFF: I AIN'T SEEN THE SHEET. IS IT ANY GOOD?
MUTT: GOOD? IT'S THE SWAPSTOCKS. TONK'S TONK'S AN EDITOR'S SOUP FOR ME AND GETTING BIG SCOOPS IS MY DISH. THE BUGLE IS ALWAYS FIRST IN EVERYTHING.
JEFF: ONLY THE MEANING WE WERE THE FIRST TO ANNOUNCE THE DEATH OF THE BROOKLYN BRIDGE?
MUTT: HUH?
JEFF: AND AN HOUR LATER WE WERE THE FIRST TO DENY THE REPORT AS UNTRUE. WE'RE ALWAYS FIRST.

Even So Who Would Want One?



NEW ROCKET CAR WAS GIVEN SUCCESSFUL TEST
Snapped with the engineer who built it, Karl Volkman, on the Speedway, Berlin. It is very similar to the best racing car.

Forest Conservation

Regina Leader (Lib.)—While we are pessimists who believe that Canada's timber supply will eventually be exhausted, the opinion of some of us seems to be that it can be made to last by simple and practical forestry.

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